Visit the Delta Dental web site*
www.deltadentalins.com

Our web site makes it easy for you to manage your dental plan. Tools, services, information, forms – you’ll find everything you need just a click away.

Convenient services and information you can access without logging in:

- **Oral health information**
  Read dental health tips to keep your smile healthy
- **Just for kids**
  See our kids’ web site
- **Dental Wire**
  Subscribe to our online dental health newsletter

Other tools and information:

Visit the “Use Your Dental Plan” page for a helpful plan support guide and answers to frequently asked questions.

- Download and print a claim form
- Find general information about how your plan works
- Get instructions for using our web site

Log in to:

- Check benefits, eligibility and claims status
- Print your ID card
- Find the average cost of a dental procedure in your area

Find a dentist:

- Select your plan
- Enter options such as state and ZIP code
- Search for a dentist and link to a map with driving directions

Delta Dental en Español:

- Visit a Spanish version of our web site

Forms and support:

- Find quick links to claim, grievance and customer service request forms

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*The web site www.deltadentalins.com is the home of the Delta Dental companies listed on the reverse side and their subsidiaries and affiliates. For other Delta Dental companies, visit the Delta Dental Plans Association web site at www.deltadental.com.
Q: How do I log in to the web site?
A: Simply enter your user name and password in the designated boxes and submit. If you don’t already have a user name or password, click the “Register Today” link to complete the quick registration process.

Q: What if I have trouble logging in to the web site or I don’t have Internet access?
A: You can check your benefits, eligibility and claim information on our interactive voice response telephone line or speak to a Contact Center agent Monday through Friday by calling Delta Dental toll-free. For DeltaCare® USA enrollees, please call 800-422-4234. For Delta Dental PPO® and Delta Dental Premier® enrollees, please use the appropriate number listed at the left to call your local Contact Center.

Q: Can I contact Delta Dental through the web site?
A: Yes. You don’t have to log in to contact us from the web site. Simply click on “Contact us” at the top of the home page and follow the appropriate links for your plan. You’ll be presented with a number of contact options, including online customer service request forms for specific issues.

Q: How can I check on the average cost of a dental procedure in my area?
A: Log in by entering your user name and password and click on “Fee Finder” in the main navigation menu.

Q: How current is the information on the web site?
A: The “Find a Dentist” directory is updated weekly. The “Eligibility & Benefits” records are refreshed nightly and reflect any updates made the previous day. All other information on the web site is updated as needed.

Q: What if I have more questions?
A: For detailed instructions on checking your benefits and eligibility, finding a dentist, printing an ID card and submitting a claim form, visit the “Use Your Dental Plan” page of our web site for these and other helpful topics.