Our Urban Agriculture Program

NEW CLASS: LEARN THE BASICS OF CANNIN
REGISTRATION PROCEDURES
You may register in person, by mail, or by fax. Turn to page 26 for directions. Or, you may register online at MyCOM.marin.edu as described below.

MYCOM STUDENT PORTAL WORKSHEET

Current Students
If you have registered in a Community Education course within the last two years, your application is on file and you do not need to submit an application. If you have never done so, you will need to complete the one time, Set-Up process. Please call 415.485.9318 or email community.ed@marin.edu if you need your Username and temporary Password emailed to you. To register and pay online, follow instructions under To Register for Classes and To Pay for Classes.

New Students
If you have not registered in a Community Education course within the last two years, please complete the Online Application as outlined under To Apply Online. Once you receive your Username and temporary Password, complete the one time, Set-Up process. To register and pay online, follow instructions under To Register for Classes and To Pay for Classes.

To Apply Online
Go to www.marin.edu/CommunityEducation. Click on Apply and Register. Then click on Online Application. Complete and submit the application form online. All questions must be answered in order to process your application. Please allow up to 5 working days for your application to be processed. An email with your Username and temporary Password will be e-mailed to you. Then, go to To Register Online below.

To Register Online
Once you have completed the application process with the college, you may register online. To register online, go to MyCOM.marin.edu.

Set-Up
The first time that you register online, you will be asked for the Username and temporary Password that were sent to you when your application was processed. Enter your Username and temporary Password, then click the Submit button. Once you hit the Submit button, you will be alerted that your temporary Password has expired. Be prepared to enter a permanent Password from 8 to 20 characters and including at least 1 number. Example: Giselle16. The next step is to answer the security questions. Once you do that, your Set-Up is complete.

To Register for Classes
On the main screen that says: Welcome to MyCOM Portal (your MyCOM Portal home), there are 3 tabs: Home, Student and Tutorials. Click the Student tab. On the left hand side of the screen, it gives you several options. Click: Register, Add or Drop Classes. Select a term. Example: Winter 2011 Community Ed. (Term must include words “Community Ed.”) The next screen will say Add or Drop and will give you 10 boxes to add classes. Enter the Course Registration Number (CRN) for each class selected. Once you have entered your classes, click on Submit Changes to register.

To Pay for Classes
After you select Submit Changes as described above, click CHECKOUT (in blue), at the bottom of the page. This takes you to Registration Fee Assessment and shows total fees owed. Payment is due at the time of registration. Click on Payment Options. Click on the E-Cashier logo, and then on Proceed. Complete all the E-Cashier payment steps. Once you have paid for your classes, go back to MYCOM Portal home and find the center box that says: My Courses. Click on My Courses Click here to view the classes in which you are now registered.

Need Help?
Contact our Community Education Office at 415.485.9305. We are happy to help you!

Cover art: Topsy Turvy multi-media painting by local artist and designer Stephanie Jucker, who teaches T-Shirt Design. See page 23.
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Invest in yourself and do something just for you on the weekend!
Community Education offers many educational and entertaining Saturday workshops for which you can register in class with the instructor. The date shown below is the start date for the class. See page listed for more information.

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COLLEGE OF MARIN
SUPERINTENDENT/PRESIDENT
David Wain Coon, Ed.D.

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ART

Note regarding class supplies: Supplies will be discussed in class. Please bring whatever related materials you may already have to the first class meeting. Students are expected to provide their own materials unless otherwise noted below.

Abstract Painting
“In a successful painting everything is integral...all the parts belong to the whole. If you remove an aspect or element you are removing its wholeness.” Richard Diebenkorn

This course is designed for students of all experience levels who wish to strengthen their skills in abstract painting in any medium. Through lectures, demonstrations, discussions, critiques, and in class painting, we will deconstruct modern and contemporary themes as students work to develop a unique voice in their paintings. Topics include: materials, color theory, composition, depth, form, movement, and paint application.

See Note regarding materials under Art heading above. Bring a notebook and pencil to the first class. Bring your own standing or table easel if you have one. New students welcome.

Michael Azgour, MFA, is an exhibiting artist and art instructor.

- 5 Mondays, 6:10-10pm
- June 20-July 25 (No class July 4)
- Kentfield Campus, Fine Arts 214
- Fee $132 (Includes $5 materials fee)
- CRN# 65001

Figure Painting
This studio course is an opportunity to explore materials, color, composition, and agenda in any medium while painting the figure. Class time will be primarily devoted to painting but will also include discussions, demonstrations, and critiques as interest dictates. You will work from undraped models every session and also have the option of working on your own projects from your own photos.

See Note regarding materials under Art heading above. Course includes critique. There will be a half-hour lunch break on July 30. Bring your own easel or table easel if you have one.

Larry Bencich, MFA, works primarily with the human figure in his own drawings and paintings. His teaching style references composition and perspective in the Renaissance tradition, and he has had extensive experience with students with a broad range of skills.

- 5 Saturdays, 9am-1pm
- June 25-July 30 (No class July 9)
- Extended class on July 30: 9am-4:30pm
- Kentfield Campus, Fine Arts 214
- Fee $199 (Includes $53 models fee)
- CRN# 65030

The California Landscape in Acrylic
Learn to paint and find your own style while capturing the natural beauty of California landscapes. Using a “paint along” technique where you are shown step by step how to paint with the instructor, you will learn a variety of brush work and paint applications with on-going demonstration and supportive critiques. Projects are developed from landscape photographs, and composition, color theory, and perspective will be explored, along with how to paint still and moving water, trees, grasses, and other natural features, and how to convey mood.

See Note regarding materials under Art heading above. Bring any acrylic paints and brushes that you may have to the first class; a starter supply list will be distributed at the first meeting.

Bernard Healey’s paintings of his beloved Marin County are viewable in a collection called Land, Water, Sky: The Art of Bernard Healey.

- 5 Mondays, 2:10-5pm
- June 20-July 25 (No class July 4)
- Kentfield Campus, Fine Arts 214
- Fee $94
- CRN# 65002
Watercolor Basics and Beyond
A comprehensive class welcoming all skill levels. For those just starting out, the basics will be covered: color mixing, washes, wet-dry approaches — just handling the paint itself! More advanced students are welcome to bring in their own projects or to consult with the instructor for direction. We will work from studio still life and landscape. All subject matter welcome, including abstraction.

See Note regarding materials under Art heading above. Bring whatever watercolor supplies you may have to the first class.

Marty Meade
- 6 Fridays, 10:10am-1pm
- Kentfield Campus, Fine Arts 312
- Fee $79
- CRN# 65041 EC

Nancy Johnson
- 6 Saturdays, 10:10am-1pm
- Kentfield Campus, Fine Arts 312
- Fee $79
- CRN# 65042 EC

The Flow of Watercolor: Travel Sketching and Plein Aire Painting
Experience a wonderful way of integrating travel, art, the outdoors, and life! Using watercolor, pencil, and ink, make your travel sketchbook a work of art. Learn to simplify the complexity of scenes in natural daylight with watercolor. As you paint your feelings about what you’ve seen, the memories of your trip will become indelible. We will paint at COM every other class meeting and on location for three class meetings. All levels welcome.

Continuing students may choose to work independently. Individual attention will be given as time allows. See Note regarding materials under Art heading above.

Julie Cohn has been an exhibiting painter and teacher for over 25 years.
- 6 Wednesdays, 2:10-5pm
- June 22-July 27
- Kentfield Campus, Fine Arts 312
- Fee $89 (includes $8 materials fee)
- CRN# 65029 EC

Expressive Mixed Media: Watercolor, Fluid Acrylic, Image Transfer, and Collage Techniques
This expressive arts class is ideal for beginners and artists seeking fresh insight into their work. Renew your art spirit with wet-into-wet water media techniques that offer the amateur and professional painter the broadest expressive range. Demonstrations and discussion will include wetting the paper or canvas, color, brushwork, compositional energy, atmospheric effects, edge tinting, textual elegance, and the use of watercolor crayon, acrylic ink, and mediums. Whether your work moves in realistic or abstract directions, innovative teaching methods will build self-confidence and skill. Course includes visual presentations and emphasis on developing your unique voice as an artist.

Please bring watercolor supplies to first class or email the instructor at carol@art-treks.com for information.

Carol Duchamp, MA, encourages experimentation in a supportive environment that nourishes the intuitive power of self-expression. An exhibiting artist, her training includes healing and transformative arts.
- 2 Tuesdays & 2 Thursdays, 6:10-9:30pm
- Kentfield Campus, Fine Arts 214
- Fee $107
- CRN# 65069

Chalk Pastels and Mixed Media Summer Workshop
This intensive workshop combines drawing and painting in chalk pastels with other media in a format that is designed to expand your ideas and your skills. The first week after an initial introduction to pastels, we will concentrate on projects introducing you to a specific medium (gouache, watercolor, brush or pen and ink, collage, monoprint, etc.) to use with the chalks. During the second week you choose the media and the projects. The atmosphere is experimental and emphasizes your individual expressive potential. Slides, videos, and discussions are included.

Bring paper, a drawing board and any pastel supplies you may already have to the first class. Bring a bag lunch.

Mariana Goodheart is an exhibiting artist who has been teaching Chalk Pastels since 1982.
- 2 Tuesdays, 2 Wednesdays, 2 Thursdays
- Tuesdays & Thursdays, 10:10am-3pm
- Kentfield Campus, Fine Arts 312
- Fee $199
- CRN# 65003
Mural Painting Intensive

This studio class will provide you with the basics of mural painting. Whether your objective is a small accent or an entire wall, this class will be full of valuable information. You will design and fabricate a 2’ x 3’ mural which can be used as a finished piece or serve as the basis of a large-scale wall rendering. You will learn about different techniques: perspective, trompe-l’oeil, color selection, faux, and stencil and glaze applications. We will also cover: wall preparation, sealing, and the selection of materials. This class is intended for both the professional and the home owner.

Materials are provided in class. Wear clothes you don’t mind getting dirty. Bring a bag lunch. Questions? Please call 707.321.1257 or email linda@lindashea.com.

Linda Shea is a professional designer/faux painter and maker of murals. She has taught art since 1991.

- 3 Saturdays, 1:10-5pm
- Kentfield Campus, Fine Arts 312
- Fee $137 (Includes $45 materials fee)
- CRN# 65070

Jewelry and Metalsmithing

The beginners/beginners plus class will focus on fundamentals of soldering, forming, construction, use of hand tools, and finishing techniques. The number of projects will be at the discretion of the instructor. The goal of the intermediate/advanced class is the refinement of the fundamentals of jewelry making with a focus on the development of the student’s personal design ideas. There will be one-on-one discussion between student and instructor and an evolving menu of new techniques.

Class size is limited to 20; early enrollment advised. See Note regarding materials under Art heading above.

A nationally recognized artist, Lisa D’Agostino has been designing, making, and selling her work in her one-person studio for 31 years.

For each course listed below:

- Kentfield Campus, Fine Arts 123
- Fee $99 (Includes $20 materials fee)
- CRN# 65071

Art in the Age of Enlightenment: Rococo to Romanticism

We’ll begin with the Rococo: the fetes galante of Watteau and the sensual paintings of Boucher and Fragonard contrasted with the humble genre scenes of Chardin. In Italy, we will revel in glorious fresco cycles by Tiepolo and learn how Rosalba Carriera developed the pastel portrait. In England, we’ll examine the phenomenon of Hogarth’s ‘Progresses’ and the portraits of Gainsborough. Jacques-Louis David will provide the focus for Neo-Classical History painting introduced in Rome by Angelika Kauffmann and Benjamin West. We’ll see how David became the pageant master of the French Revolution. The rise of Palladian architecture in England and America will be followed by our final focus: Romanticism. We’ll see how artists, responding to prevailing literary themes, made the transition from the heroic and rhetorical to subjective, often tragic subjects.

- Kerrin Meis
- 6 Thursdays, 2:10-4pm
- Kentfield Campus, Fine Arts 201
- Fee $64 (Includes $1 materials fee)
- CRN# 65073 EC
**BUSINESS/MARKETING**

**Internet Marketing Strategies**

This course offers the essentials for entrepreneurs building a business online, or for those who want to know the basics of how to create a targeted, searchable, and reputable online presence. Students will have the opportunity to bring questions and concerns to the table for analysis and group discussions. This class will provide hands-on web projects including opportunities to bring your questions and concerns to the table for analysis and group discussions. We will cover:

- Strategic marketing online and how it has changed over the last ten years
- The importance of market research and where to begin
- How branding gets mixed into an online strategy
- Fundamentals of search engine marketing
- Social Media: Twitter, Facebook, LinkedIn, YouTube, blogs, email marketing, etc.

The class will be conducted with large screen display.

**Martha Lee**, MBA, is a web strategist with ten plus years experience in the online marketplace.

- 6 Thursdays, 6:10-8pm
- June 23-July 28
- Kentfield Campus, Learning Resources Center 53
- Fee $84
- CRN# 65004

**COMPUTERS**

Community Education’s computer courses are designed to offer exposure to a specific program or application. All courses are hands-on and taught with one student per computer, offering one-on-one instruction. Courses are offered at a variety of times throughout the quarter for your convenience. There is no homework and no grades.

This summer, Community Education’s computer labs are being moved to a new, improved location as a result of College of Marin’s Modernization program. Computer classes will resume in the fall in Building 7, rooms 190 and 192 (the old Pomo cluster). Please register for fall classes beginning August 1 at www.marin.edu/CommunityEducation and take advantage of our ever-expanding, vibrant computer program.

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**DANCE**

**Introduction to West Coast Swing Dance**

If you are between 18 and 80, with no previous dance background, and would like to learn the basic and social skills of West Coast Swing, then come and join the fun! In addition to learning the basic steps, you will also be exposed to a variety of styles and techniques not usually presented in an introductory class. You will be given ample time to practice to music.

Go to our website for driving directions, or call 415.485.9318 to request them.

**Kelly Casanova** was inducted into the National Swing Dance Hall of Fame in 2004 and is a national West Coast Swing competitor, instructor, judge, and chief judge with 25 years experience. She is the 1988 US Open Classic Champion and has won numerous other championship titles.

- 4 Tuesdays, 6:30-8:15pm
- July 5-26
- Almonte Clubhouse
- 105 Wisteria, Mill Valley
- Fee $55
- CRN# 65005

**Argentine Tango: Beginning Class and Practica**

Join our sizzling Argentine Tango classes and discover a dramatic new world of music and dance! This course is designed to accommodate both novice tango dancers and those with more experience. It provides an introduction to the social form of Argentine Tango as danced in Buenos Aires and will teach you a code of movement that will get you started with this improvised dance. The Practica part of the class will be a time to practice what you have learned with individual attention from the instructors as time allows. A ‘challenge figure’ will be presented to the more experienced students each week.

**Debbie Goodwin**, MA (Dance Education) and **John Campbell** specialize in Argentine Tango, studying dance both in the US and in Buenos Aires with renowned Argentine Tango Masters since 1996.

- 5 Fridays, 7-10pm
- July 1-29
- Knights of Columbus Hall
- 167 Tunstead Ave, San Anselmo
- Fee $60
- CRN# 65031
African Dance

African Dance is an exploration of electrifying choreography and easy-to-follow improvisational patterns from the African diaspora. This course is open to all levels and promises to engage beginners and intermediate dancers alike. Focus will be on developing an ‘ear’ for polyrhythmic percussion body conditioning exercises to support African dance movement and traditional dances from the Sene-Gambia region (Ghana), Haiti, and Cuba.

Classes will be accompanied by live drumming.

- 6 Tuesdays, 7:10-8:30pm
- June 21-July 26
- Kentfield Campus, Physical Education Center 22
- Fee $92 (Includes $43 special fee)
- CRN# 65045

Traditional Hawai’ian Dance

Learn to dance the Hula Kahiko, the ancient style of Hawai’ian dance which predates the missionary era. In the four classic choreographies to be presented, we will explore elements of hula tradition and the history and culture of our 50th state.

Lisa “Pua” Saunders, MA (Ethnic Dance), is a kumu of a professional hula performance company. She is a national presenter of indigenous dance for the American Orff-Schulwerk Association and has studied with some of the world’s most renowned masters.
- 6 Thursdays, 7:10-8:30pm
- June 23-July 28
- Kentfield Campus, Physical Education Center 22
- Fee $74
- CRN# 65046

Belly Dance for Fun and Fitness

Belly Dance can develop postural alignment, core strength, and flexibility while exploring facets of feminine sensuality and the exotic musical nuances of Middle Eastern music. Designed to teach you the basic movements of the art form, we will begin each class with warm-ups transitioning into steps and combinations. Practice will include a variety of hip movements in stationary position, the development of arm work for a polished look, how to travel across the floor, and different styles of shimmies. Learn to dance to a drum solo and to identify various Arabic rhythms.

Latifa is an experienced teacher and performer of Belly Dance.
- 5 Fridays, 6:10-7:30pm
- July 1-29
- Kentfield Campus, Physical Education Center 22
- Fee $63
- CRN# 65006

Traditional Samba and Capoeira Workout

Enjoy an evening workout using a combination of Samba and Capoeira, two traditional Afro-Brazilian art forms which blend music, dance, and exercise to promote health and well being. The warmup will consist of the Tai Chi-like stretching exercises of Capoeira and then move into the aerobic Samba circle dance. Class will be accompanied by traditional Brazilian instruments such as the surdo, the timbau, the berimbau (a gourd with one string), and pandeiros (tambourines).

Maestre Samuka was born and trained in Bahia, Brazil, and is the director of a Capoeira and Samba dance group. Samuka has dedicated his life to teaching the therapeutic combination of samba, Capoeira, and massage therapy.
- 3 Mondays, 7:10-8:30pm
- July 11-25
- Kentfield Campus, Physical Education Center 22
- Fee $52
- CRN# 65010
Samba for Fun and Health
This class teaches traditional Samba, an Afro-Brazilian art form which blends music, dance, and exercise to promote wellness. Each class includes stretching, a warm-up, and a cool down. We will work in different levels, on the floor, standing, and stretching. Accompanied by traditional Brazilian instruments such as the surdo, the timbau, the berimbau (a gourd with one string), and pandeiro (tambourines), you will learn and practice the basic steps of a traditional samba circle dance. Some easy Zumba steps are included.

Please wear comfortable clothing suitable for a good workout and dancing exercise.

Maestre Samuka
3 Mondays, 8:40-10am
July 11-25
Kentfield Campus, Physical Education Center 22
Fee $34
CRN# 65007 EC

Dance for Fun and Fitness for Active Seniors
Ready to cha-cha, fox trot, and open dance? This playful course is designed for students at all levels of fitness to let the heart and soul dance for fun and fitness. Enjoy a selection of tunes from Broadway musicals as you warm-up, stretch, and practice box step, side step, swing, and tango — everything from waltz to Zumba. Partners are not necessary.

Students must be able to stand comfortably for 15 minutes at a time, and chairs will be used to rest and stretch during class time.

Dr. Megan Scott has degrees in Exercise Physiology and has an extensive background in sports therapy. She teaches dance with passion and for fun, personal growth, and conditioning for students of all ages.

5 Mondays, 1:10-2pm
June 20-July 25 (No class July 4)
Kentfield Campus, Physical Education Center 22
Fee $37
CRN# 65032 EC

DRAMA/STAGE & SCREEN

Voice Overs: The Big Picture
This is a chance to have time on the mic with a critique from Terry McGovern, as well as learn everything you’ve ever wanted to know about the business and marketing side of being a successful voice over actor. This experiential and informational workshop includes a guest speaker from the industry who will be available to answer questions.

Scripts provided! Bring a bag lunch; we will work through the lunch hour.

Terry McGovern, the voice of Launchpad McQuack from Ducktales and Darkwing Duck fame, the voice of “These are not the droids you’re looking for.” from Star Wars, the voice of Sega NFL, will share with you his knowledge of the Voice Over business.

2 Saturdays, 10am-5pm
July 16 & 23
Kentfield Campus, Fusselman Hall 120
Fee $99 (Includes $2 materials fee)
CRN# 65047

FILM APPRECIATION

Vacations and Get Aways
It’s summer, a time of year to think about vacations. Whenever we take those vacations, getting to know a new environment and new people, refreshing our bodies and minds, and becoming reacquainted with ourselves are the reasons we need to get away from our usual haunts and companions. Sometimes what we find is not what we thought we were looking for. Three of the films for this series are: Shirley Valentine (U.K. 1989), A Walk on the Moon (U.S.A. 1999) and Mr. Hulot’s Holiday (France 1953).

Suresa Dundes, MFA (Theatre), M.A. (Education), has worked as a Literary Manager, director and designer in films, video, and theatre. Experienced in teaching Acting, Voice, Film Appreciation, and Art Direction, she writes fiction, screenplays, and creative nonfiction.

6 Thursdays, 2:10-5pm
June 23-July 28
Kentfield Campus, Harlan Center 169
Fee $79 (Includes $1 special fee)
CRN# 65051 EC

• Complete registration information, page 26. •

In this one-day workshop geared for young adults, you will gain a better understanding of money basics and your finances, and how to apply these concepts in your everyday life. Demystify banking services and how to save and use credit responsibly. Depending on the interests of those present, we will consider real-world financial scenarios, such as getting an auto or home loan, renting an apartment, paying for college, starting a small business, and/or how to maintain a good credit score. Protect yourself from identity theft and scams, and learn to assert your rights as a financial consumer. Lecture, discussion, and basic, fun hands-on activities.

John Wright has a J.D. from Yale Law School and serves as Chief Regulatory Counsel at a major bank in the Bay area. He also serves as Trustee for the Tamalpais Union High School District and has a sincere interest in making financial literacy accessible to all.

- Saturday, 10am-4pm
- June 25
- Kentfield Campus, Harlan Center 161
- Fee $57
- CRN# 65033

FOODS & WINE

ARTISAN CHEESEMAKING PILOT PROGRAM

Certificate Program Requirements

The College of Marin Artisan Cheesemaking Certificate Program in Dairy Arts at Indian Valley Campus teaches and mentors beginning cheesemakers in the fine art and science of making artisan cheese. Through lectures and hands-on workshops with experienced cheese and dairy professionals, students will gain the knowledge and skill needed to identify, evaluate, and produce artisan cheese. This pilot program is being developed in collaboration with the California Artisan Cheese Guild.

Thank you to the California Artisan Cheese Guild and the Artisan Cheesemaking Program instructors for a superb culmination of the pilot program’s first year! The program will be continued in the 2011-2012 school year with classes resuming in the fall.

Also of interest ...

Canning Basics: Pickling
Canning Basics: Preserves
See page 23.
Title 22: First Aid for Public Safety Personnel (FAFPSP)

This class is a Department of Transportation (DOT) approved Advanced First Aid course. Designed for public safety personnel, it serves as the prerequisite for COM’s EMT-1 course, Fire Tech 112; for information, go to www.marin.edu/firetech. It also serves as a bridge between basic and more advanced training. The Title 22 course is perfect for lay responders, first responders and is a good refresher course for professional rescuers. This course is set up to provide the advanced first aid training as well as the CPR for the Professional Rescuer (CPR-Pro). Participants who do not already have this certification (CPR-Pro) will pay an additional $25. Use appropriate course number below when registering.

There will be an hour lunch break.

A text is not required for successful completion of this class; however, related texts will be available for purchase at the class.

Alexander Bolias
- Friday, 4-10pm
- Saturday, 8am-6:30pm
- Aug. 5 & 6
- Indian Valley Campus, Building 27, Room 112

For those with valid CPR-Pro Certification
- Fee $125 (Includes $25 materials fee)
- CRN# 65008

For those without current, valid CPR-Pro Certification
- Fee $150 (Includes $50 materials fee)
- CRN# 65009

Suresa Dundes (MA Education, MFA Theatre) has been teaching writing to college and high school students for many years. She is a partner in a private college counseling service, where she specializes in working with students developing college entrance essays. She writes fiction, screenplays, and creative nonfiction.

- 3 Thursdays, 10-11:30am
- June 30-July 14
- Kentfield Campus, Harlan Center 161
- Fee $48 (Includes $1 materials fee)
- CRN# 65052

HISTORY

Masterpieces of Luxury: Lifestyles of Kings and Queens During the 19th Century

Join us in this entertaining class to discuss “masterpieces of luxury” which were created for the nobility during the 19th Century. We shall discuss the history of Baccarat crystals and admire the beauty of several pieces; the famous coral covered with 5,000 precious stones belonging to Frederic August, Elector of Saxe; the jewelries and history of the House of Faberge; Marie Antoinette’s cameos; and Napoleon’s watches. We will talk about the largest jewel ever created in the world by the brothers Cartier in 1928 for the Maharadja of India. Our discussion will include the furniture ordered by King Louis XIV to the cabinetmaker Charles Boulle; and the new luggage designed by Louis Vuitton to fit the fashion created by Empress Eugenie in 1853.

Erika Harkins, MA (French Literature)
- 6 Thursdays, 10:10-12pm
- June 23-July 28
- Kentfield Campus, Harlan Center 169
- Fee $64 (Includes $1 materials fee)
- CRN# 65036 EC

Also of interest ...

The Lives of Famous People
See page 13.
INTENSIVE ENGLISH PROGRAM (IEP) INDIAN VALLEY CAMPUS

College of Marin’s Intensive English Program has more than 30 years of success educating English language learners. We welcome new and returning F-1* international students, F-1 transfer students from other schools, au pairs, and local residents who wish to improve English language skills. Students who complete the advanced level are guaranteed admission into College of Marin Credit Program, without the TOEFL requirement.

- SMALL CLASSES
- FIELD TRIPS
- 8 or 16 WEEK Program
- TOEFL PREPARATION
- FRIENDLY STAFF WHO HELP WITH VISAS and SCHEDULING NEEDS

Fall Semester 2011
August 16-December 12 (*16-week program required for F-1 students)
$2500 (*F-1) (20 hours)
$2325 Other full-time students
$1925 (15 hours)
$1425 (10 hours)
$775 (5 hours)

Session A: August 16-October 7
(8 weeks)

Session B: October 11-December 2
(8 weeks)
$1175 for 8 weeks (20 hours)
$975 (15 hours)
$725 (10 hours)
$375 (5 hours)

Courses meet 5 hours per week:

Writing with Grammar Practice
Tuesday/Thursday 9:10-11:35

Speaking/Listening/Pronunciation
Wednesday/Friday 9:10-11:35

Grammar for Oral and Written Communication
Tuesday/Thursday 12:30-2:45

Reading and Vocabulary Development with Topics in American Culture
Wednesday/Friday 12:30-2:45

For more information or to apply:
Call 415.883.2211, ext. 8579
Fax: 415.883.2632
E-mail: intensive.english@marin.edu
For schedule and downloadable F-1 application: www.marin.edu/iep. New F-1 and F-1 transfer students, contact paulette.foster@marin.edu with your visa questions.
For questions about International Education at College of Marin, contact janice.austin@marin.edu.

LANGUAGES

French for Leisure Travelers: Social Etiquette and Cultural Awareness
Learn to navigate your way through France without fear of making common faux pas. This course will teach you everyday survival French vocabulary and, also, general cultural and social etiquette of France. In a typical French ambiance, accompanied by French music, cheese, crackers, and seltzer, you will be able to practice your skills in a social setting. Get tips on ‘do’s and don’ts’ in typical situations: ordering from a French menu, restaurant dining, the art of gift-giving in France, the role of conversation, and more.
We will break for lunch.
Shirin Teysier is a cross-cultural Human Resource Professional with over 20 years of international experience.
Saturday, 10am-4pm
June 25
Kentfield Campus, Student Services 111 (Deedy Lounge)
Fee $59 (Includes $8 materials fee)
CRN# 65076 EC

LITERATURE/HUMANITIES

Short Story Masterpieces
The short story is a compressed psychological event. The writer drops us into a situation and carries us swiftly toward a pivotal moment that will change all that follows. Authors such as Tolstoy, Melville, Faulkner, Henry James, Yukio Mishima, and Doris Lessing have reached some of their highest achievements in this form. In our reading, discussion, and film viewings, we’ll consider why the short story is regarded as the most artistic of all narrative forms and why stories that are so brief have such a strong emotional impact.
Margo Fields, MA, MFT, is a psychologist and teacher of comparative literature. Her poetry and fiction have appeared in national magazines and literary journals.
6 Fridays, 10:30am-12pm
June 24-July 29
Kentfield Campus, Harlan Center 170
Fee $63
CRN# 65077 EC
The Lives of Famous People
Explore the lives and times of six heroes who, through their existence, energy, convictions, and accomplishments, left eternal marks on the world:
• Berenice: proud and dignified daughter of King Agrippa I, lover and would-be wife of Emperor Titus, instrumental in the Fall of Jerusalem.
• Henri IV of France: French National Hero, famous for ending the Religious Wars between Huguenots and Catholics during the Renaissance.
• Otto von Bismarck: 19th Century Prussian statesman, world affairs figure. As Prime Minister of Prussia, he oversaw the unification of Germany.
• George Sand: French novelist and early feminist during the Romantic Era; friend of Franz Liszt and lover of Frederic Chopin.
• Albert Camus: Famous 20th Century French philosopher, novelist, playwright, key representative of Existentialism and Absurdism. Noble Prize recipient.

Also of interest ...
Masterpieces of Luxury: Lifestyles of Kings and Queens During the 19th Century
See page 11.

MARIN ADVENTURES
Note: Marin Adventures courses are conducted in the field; students provide their own transportation. There may be incidental entrance fees to parks. Wear comfortable shoes and dress for weather; bring drinking water and snacks — and your binoculars! Come prepared for fun!

Itineraries: If you register at least eight working days prior to the first class meeting, the Class Itinerary, which includes directions to sites, will be mailed to you. Otherwise, call 415.485.9305 and press 4 when you hear the automated voice. Please leave a detailed request, including the class title for which you are registered for and your name and mailing address. The itinerary for Bird-Watching in Marin will be distributed at the first class meeting.

Bird-Watching in Marin: A Field Exploration
Learn to recognize local birds by sight or sound! This class is a field exploration of birds and birding localities of Marin County. The first class will meet in the classroom for a slide show and lecture, featuring local seasonal birds, to be followed by a bird-watching walk. All other classes will meet at field sites.
An itinerary and directions to field sites will be distributed at the first class meeting. Students are responsible for their own transportation. Please see Note above.

Lisa Hug, MEd, is an experienced birder in Marin and Sonoma Counties who co-leads pelagic trips and teaches seminars at the Point Reyes National Seashore. Careful! Her passion for birds is contagious!
• Orientation: Tuesday, 9:10am-1pm
• June 21
• Kentfield Campus, Learning Resources Center 53
• Plus 4 field trips
• Tuesdays, 8:30am-12:30pm
• June 28-July 19
• Fee $99
• CRN# 65011 EC

Beginning Hiking
Curious about the many trails to hike in Marin, but don’t know where to start? Explore some of the many open spaces in our County on these four to six mile hikes. Along the way we will discuss plants, birds, insects, and whatever else may catch our eyes. Participants must be in good physical condition and capable of hiking, without undue fatigue, at a 30-minute mile pace on uneven terrain with about 1000 feet of elevation gain.

Please see Note under Marin Adventures heading above. Please, dogs are not invited to this class. Please bring a bag lunch.

Naturalist Sharon Barnett is a thoughtful and enthusiastic trail guide. She leads programs for Marin Nature Adventures, Point Reyes Field Seminars, and Marin Art and Garden Center.
• 3 Saturdays, 10am-2pm
• June 25-July 9
• Last class, 10am-4pm
• Locations: See Itineraries Note above
• Fee $69
• CRN# 65081 EC
Easy Summer Evening Hikes

Enjoy Marin’s gorgeous summer evenings and stunning sunsets in good company. Hikes will be around four miles. Along the way we will discuss plants, birds, insects, and whatever else may catch our eyes. Participants must be in good physical condition and capable of hiking, without undue fatigue, at a 30-minute mile pace on uneven terrain with about 1,000 feet of elevation gain.

Please see both Note and Itineraries above. Please, dogs are not invited to this class.

Naturalist Sharon Barnett is a thoughtful and enthusiastic trail guide. She leads programs for Marin Nature Adventures, Point Reyes Field Seminars, and Marin Art and Garden Center.

- 3 Wednesdays, 6-9pm
- June 22-July 6
- Locations: See Itineraries Note above
- Fee $69
- CRN# 65082

Surfing 101

During this introduction to surfing, you will learn basic water safety and surfing fundamentals, including an understanding of wave formation, tides and wind, surfing etiquette, and basic maneuvers, as well as surfing history and ecological and philosophical principles. Catch a wave at an ocean beach (to be determined in class).

Our first meeting will be in the classroom and will include a swim test in the pool. You are expected to be able to swim for at least 75 yards. The last four sessions will meet at Stinson Beach. Students provide their own transportation.

Bring your own wet suit and board, or rent them ($30-$45). Rental information will be provided in class. Bring your lunch, drinking water, and sunscreen. You will need a swimsuit at the first class. Be prepared for sun.

Jon Gudmundsson has been surfing for over 20 years and is a certified Life Guard.

- 5 Saturdays, 9-12noon
- July 2-30
- July 2: Kentfield Campus, Physical Education Center 92
- Plus field trips: Stinson Beach
- July 9-30, 9am-12pm
- Fee $158
- CRN# 65012

The Beatles: The Rock Group that Changed the World

An in-depth overview of the history of the Beatles, the most popular and influential rock group of all time. Using both common and rare recordings and video clips, the course will trace their artistic evolution from the dawn of their career in the early 1960s through their breakup about a decade later. The development of the numerous styles they pioneered and mastered will be explored in detail, from the relatively simple Merseybeat of their first recordings through the folk-rock, hard rock, psychedelia, and progressive art rock they delved into as the 1960s progressed. The Beatles were among the most important agents of social change of the 20th Century, and the course will also examine their massive effect on the popular music and culture of their era.

Richie Unterberger is a speaker and award-winning author of ten books on popular music history, including The Unreleased Beatles: Music and Film.

- 6 Tuesdays, 7-10pm
- June 21-July 26
- Kentfield Campus, Learning Resources Center 53
- Fee $86 (Includes $3 materials fee)
- CRN# 65083
PERSONAL DEVELOPMENT

PARENTING

FOSTER AND KINSHIP CARE EDUCATION PROGRAM
Patty Cala, Program Director
This program deals with all aspects of becoming a foster or adoptive parent. Special programs are designed for grandparents and other relatives caring for children. On-going seminars and support groups are offered to help in the day-to-day caring for these children. Professionals, foster parents, and guest speakers address topics identified by the Foster and Kinship Care Education Advisory Board. Call Patty Cala at 415.457.8811, ext. 8239, for further information. These courses are funded by a grant from the Chancellor’s Office, California Community Colleges.

Introduction to Foster and Adoptive Parenting
Especially for those new to foster and adoptive parenting, or those beginning the process. Couples and single parents will learn about the court process, behavioral issues, and emotional stresses for foster children and their new family; how to work with the agencies involved; the parent’s role in the child’s life; and the different ages and problems of the children. Offered in Spanish and English. For information, call Patty Cala at 415.457.8811, ext. 8239.

PERSONAL DEVELOPMENT

Living Your Legacy
How can you be more memorable? This class will give you the tools to explore what makes you who you are, what gives your life meaning, and how to live richly and fully and in a way that you may be proud of yourself. This class is for anyone who wants to tap into their own uniqueness and begin to live their own legacy. Topics to be covered include:
• Creating a ‘Portrait’ of Your Life
• What Is Important? What Is Not Important?
• Your Essential Self, Your Social Self, and Your Destiny
• The Map of Change: Catalysts that Transform You
Text: Start Living Your Legacy, Janet Benjamin, will be distributed in class. Please bring a 3-ring binder.
Janet Benjamin has been in sales, owned her own ‘green’ company, is a certified arthritis aquatics instructor, and has been a successful fundraiser for well-known Marin nonprofits.

Also of interest ...

A Contemporary Introduction to Enlightenment
See page 16.

Thriving with Adult ADHD: Relationships
The course is designed for adults with ADHD who seek to improve the quality of their relationships with others — both at home and in the workplace. Set yourself up for success by learning to anticipate difficulties and managing your responses. In this class, you will learn how ADHD symptoms contribute to many relationship challenges and develop strategies to work with them. Improved communication skills will result in more win-win situations. Course content will address: forgetfulness, task initiation and completion, communication, empathy, compassion, and ways to enhance the overall well-being of your self and others.
 Cristine Pollock, MS (Special Education), ADHD Coach, works with adults to help them overcome challenges to achieve personal, professional, and academic goals.

Also of interest ...

A Contemporary Introduction to Enlightenment
See page 16.
PHILOSOPHY

A Contemporary Introduction to Enlightenment

Americans are dedicated to the ‘pursuit of happiness,’ but how does this pursuit serve us? Based on Advaita Vedanta, a 5,600 year old spiritual tradition relatively unfamiliar to the West, this highly pragmatic course offers a promising alternative approach to happiness. Designed for ‘thinking individuals’ utilizing common sense and logic, our explorations facilitate gaining Self-knowledge, which addresses and resolves our issues with mortality and contentment. To achieve our goal, the class maintains a dynamic equilibrium between theoretical underpinnings and overarching perspective on one hand and getting up-close-and-personal with values, practices, and day-to-day implications on the other.

Thomas Froitzheim has studied Self-Realization and practiced meditation for thirty years with internationally known teachers of enlightenment and non-duality, including Taisen Deshimaru, Roshi Philip Kapleau, Toni Packer, Francis Lucille, Byron Katie, Dr. Carol Whitfield, Swami Dayananda, Swami Tattvavidananda, and Swami Viditatmananda.

- 6 Wednesdays, 7:10-9pm
- June 22-July 27
- Kentfield Campus, Harlan Center 173
- Fee $84 (Includes $1 materials fee)
- CRN# 65053

PHOTOGRAPHY

Digital Photography for Travelers

The course is for those who want to take better pictures while traveling. It is strongly recommended that you have a solid understanding of your camera’s basic features and functions. We will cover:

- Buying the right camera for the right trip
- Utilizing more advanced camera settings
- Composing better images
- Using natural and artificial light
- Capturing people in candid situations
- Avoiding the pitfalls of traveling with camera gear
- Why you need Medical and Personal articles insurance

Please bring your digital camera and its manual, a notepad, and a pen to class.

The second meeting is a field trip/camera walk to practice what we have learned in class. Students are responsible for their own transportation.

Recommended text: Hank Miller, Digital Photography for Travelers Notebook, will be available at the college bookstore.

Hank Miller is a professional photographer and freelance writer.

- Monday & Tuesday, 10am-1pm
- July 11 & 12
- July 11, Kentfield Campus, Harlan Center 169
- Field trip: July 12
- A Taste of Rome Cafe
- 1001 Bridgeway, Sausalito
- Fee $59 (Includes $2 materials fee)
- CRN# 65054

PHYSICAL FITNESS

Note: Please check with your physician before you register for any P.E. class(es). If you have any questions about the level of difficulty of the class, please call 415.485.9305, press #4 to reach a staff person, and ask to leave a message for the instructor. Please see our Refund Policy on page 28.

Transformational Feldenkrais Movements

Learn how The Feldenkrais Method™ can help you improve your functioning, balance, flexibility, coordination, posture, and sense of well-being. These lessons increase the capacity for easier and more effective movement in everyday activities. We will cover:

- Restoring functioning due to injuries, aging, or trauma
- Improving posture through learning a dynamic alignment
- How to relieve aches and pains
- Minimizing stress and tension
- Enhancing physical and emotional wellbeing

Each class will include time for discussion. Handouts will be distributed. You must be able to lower and raise yourself from the floor independently.

- Kay Pepitone
- 6 Thursdays, 1:10-2pm
- June 23-July 28
- Kentfield Campus, Physical Education Center 22
- Fee $56 (Includes $1 materials fee)
- CRN# 65088
Functional Fitness

This fitness course offers opportunities to enhance cardiovascular endurance, muscular strength, flexibility, balance, coordination, and over-all sense of well-being while participating in movement activities with music while sitting or standing in a safe and friendly environment. The curriculum is designed to be appropriate for adults with physical disabilities and those who prefer a gentler, yet challenging, approach to exercise. No prior experience necessary.

- Diana Scranton, MA (Education), ASFA certified, Dance for PD Instructor
- 5 Mondays & 6 Wednesdays, 9:10-10am
- Kentfield Campus, Physical Education Center 50
- Fee $79
- CRN# 65048

A New Way to Exercise for Pain Relief and Physical Repair

Come to a friendly exercise class that welcomes your pace and problems. The original exercises learned in class give pain relief and push limits for new strength and flexibility without irritating existing problems. The floor exercises use a fully supported pain relieving position of comfort. You will learn to set up your exercise position using the wedges and pillows in class. The exercise position gives even long-standing, complicated, and chronic problems the movements of pain relief and physical repair.

We make sounds, jiggle, shake, and yawn. Leg exercises build protective flexibility up and down the spine while hamstrings lengthen and hips and thighs tone. Breathing muscle exercises flatten the belly, improve posture, change scoliosis, and give your lymph nodes and vessels the expanding, contracting, and relaxing motions of immune enhancement.

- Meg Margolis
- Ruth Corwin, PhD
- 5 Mondays & 5 Wednesdays & 6 Fridays, 3:40-4:30pm
- Kentfield Campus, Fusselman Hall 120
- Fee $67
- CRN# 65013 EC

Energy Warm-ups for the Active Older Adult

A gentle, yet effective stretching and strengthening class for active adults which uses non-strenuous movement to increase flexibility, mobility, range of motion, and improve balance. Class will include a few minutes of light weight training to increase upper body strength, as well as breath and relaxation techniques to reduce stress and increase positive feelings of well being.

For each course below:

- Erik Riswold
- Fee $39
- 6 Fridays, 9:10-10am
- June 24-July 29
- Kentfield Campus, Physical Education Center 22
- CRN# 65014 EC

Exercise for Fitness and Pleasure for the Active Older Adult

Maintaining and improving general health and fitness are the goals of this class for the active adult. Join us in stretching, toning, strengthening, relaxation techniques, and rhythmic activities set to music.

- Erik Riswold
- 6 Tuesdays, 3:40-4:30pm
- June 21-July 26
- Kentfield Campus, Physical Education Center 22
- Fee $39
- CRN# 65016 EC
Yoga for Stress Release

In these changing times we are prone to developing stress, which affects us in profound ways. This yoga class will restore the whole body towards dynamic stillness and increased stamina. You will experience:

• Deeper, more refreshing sleep
• Healthier joints by nourishing the connective tissue around bones
• Healthier cardiovascular function by releasing tension
• Feeling refreshed, replenished, and rejuvenated in heart and mind
• Increasing stamina
• Bring a yoga mat. Blocks and bolsters provided.

Ananda Ma, RYT, CMT is a certified yoga teacher with 17 years teaching experience in the San Francisco Bay Area. Her classes are a richly textured presentation, which is a creative integration of knowledge she has acquired from two decades of yogic studies.

- 6 Thursdays, 5:10-6:30pm
- June 23-July 28
- Kentfield Campus, Physical Education Center 60
- Fee $74
- CRN# 65017

Yoga for Every Body, Yoga for Every Mind

Practice Iyengar yoga postures with attention to the connection of mind, spirit, and breath. Increasing flexibility and strength restores the body’s freedom of movement and alignment. Physical and mental tensions are released, and energy is increased. People with special health and fitness needs are welcome. Be ready to explore the possibilities that yoga has to offer.

Note: If you are new to yoga or registering for the Intermediate class for the first time, contact the instructor before registering at susyoga2@yahoo.com or 415.388.1549.

Susy Stewart has studied yoga for 30 years including in India with the Iyengars and Integral yoga at the Sri Aurobindo Ashram. She is certified in Integrated Yoga Studies by the California Institute of Integral Studies.

For each course listed below:

- 4 Saturdays
- July 2-23
- Kentfield Campus, Physical Education Center 60

Beginner

- 10-11:30am
- Fee $54
- CRN# 65018

Intermediate

- 8-9:45am
- Fee $59
- CRN# 65019

Yoga and Meditation

This class is designed to help the student improve strength, flexibility, breathing, concentration, deep relaxation, and meditation. Yoga changes our body and meditation changes our attitudes and mind, leading us to optimal physical, psychological, and spiritual balance. The class is approximately 70% Hatha Yoga and 30% deep relaxation and meditation. Beginners are welcome.

Recommendation: Do not eat within two hours prior to class. Bring a yoga mat, wear comfortable non-binding workout apparel to class.

Paul Landrum, PhD, has been teaching yoga at the College of Marin since 1988.

- 6 Tuesdays & 6 Thursdays, 5:40-7pm
- June 21-July 28
- Indian Valley Campus, Building 20, Room 106
- Fee $96
- CRN# 65055
Introduction to Pilates

This popular mind/body exercise conditioning program was developed by Joseph Pilates. We will focus on deep breathing while strengthening the core muscles of the trunk of the body, allowing the limbs to move more freely and in proper alignment. Pilates tones muscles, creates self-body awareness, promotes focused movement, increases flexibility and control, and improves posture. Learning to move through Pilates training allows for better function and control of muscles for sports and is now practiced by many athletes, dancers, and office workers, not only to increase performance, but also to rehabilitate the body after injury.

Please bring your own mat to classes at the Indian Valley Campus. Be sure to arrive on time for warm-ups to prevent injury.

For each course listed below:

- **MinJae Laws**
  - **Fee $57**
  - **Kentfield Campus, Physical Education Center 22**
  - 6 Tuesdays, 10:10-11am
    - June 21-July 26
    - CRN# 65056
  - 6 Wednesdays, 10:10-11am
    - June 22-July 27
    - CRN# 65057
- **Indian Valley Campus, Building 15, Room 170**
  - 6 Tuesdays, 6:10-7pm
  - June 21-July 26
  - CRN# 65058

Cardio Pilates

A fun, fat-burning workout that develops cardio endurance, deep core strength, and flexibility. The class starts with a full body cardio workout using various equipment and props such as stretch bands, stability balls, and more. The second half of the class will focus on alignment, flexibility, and deep core strengthening with Pilates mat work. Be sure to arrive on time for warm-ups to prevent injury.

For each course listed below:

- **MinJae Laws**
  - **Fee $57**
  - **Kentfield Campus, Physical Education Center 22**
  - 6 Tuesdays, 9:10-10am
    - June 21-July 26
    - CRN# 65059
  - 6 Wednesdays, 5:40-6:30pm
    - June 22-July 27
    - CRN# 65060

Wild Goose Qigong

Wild Goose Qigong is an ancient practice, 1700 years old. It is a non-strenuous discipline which generates health and balanced well-being. This summer will be an introduction to beginners and a review for experienced students. We will practice a lovely set of 64 flowing movements that imitate the daily activities of the wild goose, a bird much venerated in China. Warm-up stretches, self-massage of acupressure points, and meditation are included in this daily routine of self-care.

Please dress appropriately in loose, comfortable clothing, and bring clean shoes to protect the floor.

**Dove Harris Govrin**, MS, BC-DTR, is a Certified Qigong Instructor with over 20 years teaching experience.

- **3 Fridays, 10:10-12noon**
- **July 1-15**
- **Kentfield Campus, Physical Education Center 60**
  - **Fee $39**
  - **CRN# 65049 EC**

The Joy of Tai Chi

The purpose of this tranquil class is to sample a series of gentle, health-giving exercises in a relaxed and playful environment. Tai Chi combines the flow of dance with stretching movements that tone and trim the body and improve circulation, balance, and vitality. The mind is focused and one experiences a general sense of well being as the *chi*, or life force, is strengthened. A sampling of Qigong exercises is included. The course is open to all ages.

- **Katherine Rolston**
  - **Beginning/Intermediate**
  - **Fee $39 (Includes $1 materials fee)**
  - **CRN# 65038 EC**

1. **4 Mondays, 3:40-5pm**
   - June 20-July 18 (No class July 4)
2. **5 Tuesdays, 10:45am-12:15pm**
   - June 21-July 19
3. **The Redwoods**
   - **40 Camino Alto, Mill Valley**
   - **Fee $44 (Includes $1 materials fee)**
   - **CRN# 65087 EC**
Advanced Tai Chi

An advanced class is being offered to practice in a group the natural flowing movements of this ancient exercise. Continue to fine tune your movements as well as emphasize the meditative aspects and strengthen your chi. This is an opportunity to relax and enjoy the benefits of previous Tai Chi discipline while you enhance your physical vitality, confidence, and well being. Some Qigong exercises are included. Strongly recommended: Beginning and Intermediate Tai Chi.

- Katherine Rolston
- 5 Fridays, 2:10-3:30pm
- June 24-July 22
- Kentfield Campus, Physical Education Center 60
- Fee $44
- CRN# 65039 EC

Qigong and Women’s Health

Join Denise Aubin, Certified Medical Qigong Therapist, to obtain powerful tools for self healing. Qigong is a healing art form that strengthens your immune system and reduces stress, anxiety, and depression. Designed for women of any age, we will focus on breast and reproductive organ health, balancing female hormones, detoxification, and the cultivation of energy for the promotion of health and well being. These simple, yet profound movements can be easily learned and incorporated into your daily life. The gentle, low impact exercises build strength, restore balance, and increase flexibility. These classes will also include self massage, acupressure points, and meditation.

Qigong can help you feel relaxed, happy, and invigorated. Handouts will be provided. Please wear clothing for ease of movement. Weather permitting, we will practice outdoors under the open sky.

- Denise Aubin
- 6 Saturdays, 9:10-10am
- June 25-July 30
- Kentfield Campus, Physical Education Center 22
- CRN# 65020

Aqua Exercise for Older Adults

The purpose of this tranquil class is to experience gentle, health-providing exercises in a relaxing medium: the water. Active adults will especially enjoy this kind of exercise because it releases all pressure from the skeletal system. At the same time it loosens painful joints and muscles, while improving flexibility, strength, endurance, and the whole cardiovascular system. Enjoy your body in movement, floating weightless while meeting others in a playful environment.

You must be able to get in and out of the pool on your own. No assistance is available.

- Kentfield Campus, Pool
- Jillian Ruppenstein
- 5 Mondays & 6 Wednesdays, 10:10-11:30am
- June 20-July 27 (No class July 4)
- CRN# 65023 EC
- $51

- 6 Tuesdays & 6 Thursdays, 10:10-11:30am
- June 21-July 28
- CRN# 65024 EC
- $56

Indian Valley Campus, Pool
- Russell Robles
- 5 Mondays & 6 Wednesdays, 10:10-11:30am
- May 23-June 29 (No class May 30)
- CRN# 65061 EC
- $51

- 5 Tuesdays & 5 Thursdays, 10:10-11:30am
- Aug. 2-Sept. 1
- CRN# 65062 EC
- $46

Indian Valley Campus, Pool
- Russell Robles
- 5 Mondays & 5 Wednesdays, 9:10-10:30am
- Aug. 1-31
- CRN# 65063 EC
- $46

- 5 Tuesdays & 5 Thursdays, 9:10-10:30am
- Aug. 2-Sept. 1
- CRN# 65064 EC
- $46
Fitness Swim

Swimmers of all levels, from novices to competitive athletes, are invited to join a fun and motivating Masters-style group workout to improve their fitness and get into great shape. Highly skilled instruction will help you to learn or improve stroke technique and build fitness. The focus will be on the freestyle stroke (craw) with additional instruction in non-freestyle strokes as well (backstroke, breaststroke, and butterfly). Workout levels vary according to swimmers’ abilities. Some swimming experience highly recommended. What to bring: swim goggles (required); swim cap (optional); and water bottle (recommended).

- Jillian Ruppenstein
- 6 Tuesdays & 6 Thursdays
- June 21-July 28
- Kentfield Campus, Pool
- Fee $99
- 6:40-7:45am
  CRN# 65025
- 7:10-8:15pm
  CRN# 65026

Wado Ki Kai Karate

“At the end of a long day, it feels so good to move and stretch while learning something new!” Christina

Wado Ki Kai means ‘to learn from all things.’ Originating in Japan, this school of karate includes Tai Kwan Do kicking and Shotokan hand techniques. The class is open to everyone interested in learning martial arts techniques; there are no prerequisites. Building self-confidence, integrity, humility, physical strength, coordination, agility, and a powerful sense of awareness are all attributes to this class. Karate attire is optional. Class ends on a Monday.

Hursey Baker holds a fourth degree black belt in Karate and has been teaching students of all ages for 18 years. Hursey is certified by the American Teachers Association of Martial Arts and the American Aerobics and Fitness Association, as a group exercise instructor.

- 5 Mondays & 6 Wednesdays, 6:40-8pm
- June 20-July 27 (No class July 4)
- Kentfield Campus, Physical Education Center 60
- Fee $99
- CRN# 65021

Also of interest ...

Traditional Samba and Capoeira Workout
See page 8.

Boxing for Fitness

Train in the Art of Boxing, and feel healthier and more alive! This fitness class is suitable for any reasonably active adult. It offers a work out that will build strength and endurance and help you to lose weight. Using boxing skills and drills, you will increase your muscular and cardio endurance and engage your core. Both the upper and lower body will be toned and strengthened. Exercises will be tailored to student’s level of fitness. One-on-one training and style development as time allows. This class will not include contact.

Edward Green, Executive Director of Marin Boxing Club, created the “One Kid at a Time” boxing program.

- 6 Tuesdays & 6 Thursdays, 6:40-8pm
- June 21-July 28
- Kentfield Campus, Physical Education Center 60
- Fee $106
- CRN# 65022

Have Fun and Be Fit Over 50

Have fun getting fit! Increase your strength and endurance and improve your balance and flexibility with a variety of exercises using hand weights, resistance bands, and your own body weight. This class is designed to provide a comprehensive and safe strength-training program for older adults who want to begin a strength program or continue in their current conditioning program. We will focus on exercises that apply to daily functional activities.

Participants must be able to get down to and up from the floor independently. Weights, mats, and resistance bands are provided. Please bring a towel and exercise mat, if you have one.

- Ellen Goldman, MA (Education), NCSF-CPT
- Kathy Catalano
- 5 Mondays & 6 Thursdays, 11:40am-12:45pm
- June 20-July 28 (No class July 4)
- Indian Valley Campus, Building 20, Room 106
- Fee $68
- CRN# 65084 EC
Strength and Fitness Training

Improve your quality of life, prevent — or even reverse — typical trends of aging, and have fun along the way. For adults of all ages. These classes provide sensible and safe exercises for improving your strength, cardiovascular endurance, flexibility, body composition, posture, and balance. The instructors, co-authors of an internationally acclaimed fitness textbook, will help you personalize the workout to meet your individual needs and goals. You will also be kept up to date on the latest research for enhancing your health and wellness.

In the Beginner/Intermediate class you will learn a comprehensive routine to keep you in fit condition. In the Advanced class the instructor facilitates more individualized and independent fitness programs, taking you from physically fit to physically elite. Before signing up for the Advanced class please contact the instructor at kjones@mycom.marin.edu.

Beginner/Intermediate

- Betsy Best-Martini, MS (Recreational Therapy), SFA certified
- 6 Wednesdays & 6 Fridays, 7:30-9am
- June 22-July 29
- Kentfield Campus, Physical Education Center 22
- Fee $79
- CRN# 65065 EC

Advanced

- Kim Jones, MS (PE-Exercise Physiology), ACSM, SFA certified
- 6 Tuesdays & 6 Thursdays, 7-8:45 a.m.
- June 21-July 28
- Kentfield Campus, Physical Education Center 20
- Fee $94 (Includes $1 materials fee)
- CRN# 65066 EC

Weight Training

This course is designed to teach students several training methods that can be used for building muscular strength, dynamic flexibility, speed and explosion, lateral agility, and endurance. This type of training is best suited for athletes who are looking to enhance their athleticism and performance in their respective sport. A variety of training methods will be used during this course, such as: resistance, cardio, circuit training, and functional.

- Conor Bird
- 5 Mondays, 6 Wednesdays & 6 Fridays, 1:10am-2pm
- June 21-July 28 (No class July 4)
- Kentfield Campus, Physical Education
- Fee $86
- CRN# 65085

PUBLIC SERVICE

Fundraising 101: How to Ask for Money

Most people are afraid to ask for money even though these gifts are for a cause they deeply care about. “I’ll do anything but ask for money” is frequently heard among most non-profits and other organizations. This six-hour workshop will remove the mystique and examine the fear of why we are afraid to ask for money. In addition, the class will help identify, cultivate, solicit, and steward potential contributors regardless of the organization.

We will work through the lunch hour. Please bring a bag lunch and a notebook.

Janet Benjamin is currently a National Major Gifts Officer for Guide Dogs for the Blind and works with CEO’s, celebrities, and philanthropists. She has also been a fund raiser for the California State Parks Foundation and the Marin YMCA.

- Saturday, 10am-4pm
- July 9
- Kentfield Campus, Harlan Center 161
- Fee $58 (Includes $1 materials fee)
- CRN# 65040
TEXTILES

T-Shirt Design

Discover a variety of ingenious T-Shirt design techniques, including silkscreen printing, stamping, bleach out, and appliqué. Whether you’re a beginner or an experienced artist, this class will guide you through the design process and the technical steps required to transform fabrics and create one of a kind T-Shirts and Hoodies. You will learn how to transfer a design onto a silkscreen using stencils. Have fun experimenting with different fabric printing techniques and color applications. We’ll explore the possibilities of recycling old clothes, embellishing new ones, and creating unique T-shirts.

Art supplies will be provided in class. Bring your own old or new T-shirts and/or hoodies.

Stephanie Jucker is an exhibiting painter and fashion designer who has produced her own line of T-Shirts since 2005. With an MFA and degree in fashion design she also has 20 years of teaching experience.

- 6 Tuesdays, 7:10-9pm
- June 21-July 26
- Kentfield Campus, Fine Arts 312
- Fee $129 (Includes $46 materials fee)
- CRN# 65067

URBAN AGRICULTURE

Canning Basics: Pickling

Pickling is a great way to preserve the bounty of summer, whether from your own garden or the local farmers’ market. In this class, the instructor will demonstrate how to make dill pickles and pickled mixed vegetables. You will go home with recipes, an equipment list, and a sample of the day’s cooking.

Wendy Kaplan grew up in Marin County. As a child, she learned water-bath canning from her Aunt and has been pickling and making jams and jellies ever since.

- Saturday, 1-4:30pm
- June 25
- Marin Youth Center (The MYC)
- Fee $89 (Includes $50 materials fee)
- CRN# 65090

Backyard Beekeeping

Learn the basic fundamentals of beekeeping — including a holistic understanding of honeybees, their cycles, human-bee interaction, nutrient and housing needs, and ways of supporting colony health through natural methods. Class will include visual presentation, hands-on demonstration, and techniques to approach a hive in a calm, centered manner. You will learn how to begin keeping bees in your own back yard and to harvest honey and wax. The first two weeks of indoor classes do not involve live bees. For the last class, we meet at the MAGC parking lot where we can observe a hive and enjoy a honey tasting!

Students are responsible for their own transportation. Handouts will be distributed in class.

Kalle Cook has operated a small beekeeping business since 2007, removing unwanted feral colonies, relocating them to more appropriate sites, and educating people about bees.

- 3 Saturdays, 10am-12noon
- July 16-30
- Kentfield Campus, Harlan Center 169
- Field trip: July 30
- Marin Art & Garden Center (MAGC)
- Fee $59 (Includes $3 materials fee)
- CRN# 65068
WRITING

The Best Little Grammar Class Ever!
Do I use who or whom! Is it affect or effect! What do I do with a semicolon! This course has all the answers to the most common grammar questions and issues. Designed for professionals, job seekers, recent graduates, students, and anyone who would like to be more confident when writing and speaking, the course begins with the basics such as parts of speech, parts of a sentence, punctuation, and capitalization. Using fun quizzes, lectures, and class discussions, we will cover dead words, parallel structure, often-confused words, commonly misspelled and mispronounced words, and how to write paragraphs, letters, and reports.

Recommended text: The Best Little Grammar Book Ever! by Arlene Miller is available at the college bookstore. Arlene Miller, MA, is president of big-words101, has taught English for seven years, and has over 20 years of experience as a writer and editor.

- 5 Thursdays, 6:10-7:30pm
- June 23-July 21
- Kentfield Campus, Harlan Center 161
- CRN# 65027

Elements of Creative Writing
“There are three rules for writing well. Unfortunately, no one knows what they are.” - Somerset Maugham

Somerset Maugham might have been right, but that’s no reason to be discouraged. For 25 years, this course has offered excellent, encouraging critiques for writers of all ages and at every level. All genres are included. Some students have gone on to publish their work and win awards. Each class begins with a piece by a notable author and a brief discussion. This is an ongoing workshop; new students are welcome.

Thomas Centolella is a Lannan Literary Fellow and the author of three books, including Terra Firma, winner of the Bay Area Book Reviewers Award, and Lights and Mysteries, winner of the California Book Award from the Commonwealth Club. His work has been featured on National Public Radio and in many national anthologies.

- 5 Mondays, 5:30-8:30pm
- June 20-July 25 (No class July 4)
- Kentfield Campus, Harlan Center 161
- Fee $59 (Includes $2 materials fee)
- CRN# 65086 EC

The Poetic Pilgrimage:
Writing Poetry as Spiritual Practice
As we rush through our days, the urge to root ourselves in something deep and sustaining intensifies. The writing of poetry not only serves this urge, but has many similarities to traditional spiritual paths: focus on presence, development of compassion and detachment, sincere truth-telling, surrender to something beyond ourselves. In this class we will use poems and sutras from various traditions to lead us into such topics as: The Inner Ear, Luminosity, Rhythm (& Blues), and The Art of Being Surprised by Our Own Poems. And we will read and write poems to our hearts’ content.

Prartho Sereno’s publications include Call from Paris, which won the 2007 Washington Prize in The Word Works’ national poetry competition. She is also author/illustrator of the poetry collection, Causong a Stir: The Secret Lives and Loves of Kitchen Utensils, bronze medalist in the 2008 national Independent Publisher’s Awards.

- Monday-Thursday, 10:10-1pm
- June 20-23
- Kentfield Campus, Harlan Center 165
- Fee $59 (Includes $2 materials fee)
- CRN# 65086 EC
**EMERITUS COLLEGE**

Emeritus College is a unique program designed to meet the needs of the County’s lifelong learners who already have their degrees and/or are retired or considering retirement. Emeritus College classes and the Emeritus Students College of Marin (ESCOM) actively support the principles of quality of life, lifelong learning, and creative retirement.

**EMERITUS COLLEGE CLASSES**

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<td>The Poetic Pilgrimage: Writing Poetry as Spiritual Practice</td>
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**EMERITUS STUDENTS COLLEGE OF MARIN**

**A STUDENT ORGANIZATION FOR MARIN’S MATURE ADULTS**

Join the 500 members of Emeritus Students College of Marin (ESCOM), established in 1974, and discover a world of opportunity to support lifelong learning and network with like-minded individuals. Members are from all social and educational backgrounds. Purchase of a $15 Student Activities Card entitles you to:

- Participate in ESCOM’s stimulating and recreational clubs and social events
- Take part in the ‘Take One, Leave One’ Book Exchange
- Receive a monthly newsletter
- Attend ESCOM-sponsored film presentations, art shows, and social events
- Serve on the ESCOM Council and other committees
- Advocate for new programs and course directions
- Serve on COM’s participatory governance system
- Subsidize low-enrolled classes

**EMERITUS CENTER**

**Kentfield Campus:** 415.485.9652; **Indian Valley Campus:** 415.457.8811, ext. 8322

Please visit the Emeritus Center on the Kentfield Campus and Emeritus North on the Indian Valley Campus. Both centers offer a lounge for ESCOM members and a place for ESCOM committees and clubs to meet. ESCOM volunteers welcome you at both locations. The Emeritus Center, Kentfield Campus, Student Services Building, room 146, is open Monday through Friday, 9:30am-3:30pm, and is staffed by volunteers. Emeritus North, on the Indian Valley Campus, is located in the Administrative Services complex, Building 10, Room 140. To schedule use of Emeritus North, please call 415.883.7805.
ESCOM TUITION GRANTS

The ESCOM Council awards tuition grants, funded by the COM Foundation, to eligible students for any COM Community Education course. You must be a minimum of 55 years of age and submit a statement of financial need. Only partial grants are awarded due to limitations of funding.

New this quarter: You must now register and pay for a class prior to submitting your grant application; vouchers are no longer available. Please call 415.485.9652 to request the new application procedures and an application mailed to you, or come to the Emeritus Center. Completed application forms must be received at the Emeritus Center on the Kentfield Campus no later than the end of the business day, Monday, June 6.

ESCOM CLUBS

Participation in ESCOM clubs requires an ESCOM Student Activities Card.

Adventurers: R. King, 415.898.5845
Bocce Ball: J. Kouns, 415.332.5929
Book Banter: Len Pullan 415.381.6952; Karen Hemmeter 415.883.9120
Bridge: L. Mason, 415.456.2508
T. Metzger, 415.479.8290
Current Events: J. Weisman, 415.383.1831
J. Kennedy, 415.388.3939
French: D. McMurtry, 415.472.4738
Global Issues: C. Rose, 415.898.0131
Italian: M. Weed, 415.453.6054
IVC Book Forum: L. Kerr, 415.883.2823
IVC Film Noir: R. Ramirez, 415.491.0522
IVC Great Books: D. Polhemus,
415.883.3567
IVC Humanities: R. Ramirez, 415.491.0522
IVC Philosophy: L. Witter, 415.883.6889
Moral, Ethical, Legal Issues: C. Posard,
415.491.4118
Opera and Beyond: G. Deane,
415.456.2853
Scrabble: M. Knox, 415.459.1427
Shakespeare: V. Carter, 415.388.6335
Sing Along: M. Knox, 415.459.1427
Writers Workshop: M. Knox, 415.459.1427

REGISTRATION INFORMATION

REGISTRATION INFORMATION

Registration Begins Monday, May 16, at 8 a.m.

Apply Online: NEW Students

If you have NOT enrolled in a Community Education, Noncredit or Credit class at College of Marin subsequent to Summer 2008, go to www.marin.edu/CommunityEducation and click on Apply and Register. Click on the link for the Online Application form. Once your application is processed by Admissions, you will receive an email with your Username and Password for the MyCOM portal where you can view the Community Education course listings and register and pay for classes. Applications received through the website may take up to five (5) business days to be processed. Once your application has been processed, you do not need to re-apply each Community Education term. Simply access your MyCOM Portal account to register and pay your fees.

Register Online: CONTINUING Students

If you have enrolled in a Community Education, Noncredit or Credit class at the College of Marin subsequent to Summer 2008, you may register and pay for your Community Education classes online at the MyCOM Student Portal at https://MyCOM.marin.edu.

MyCOM Portal

Please see MyCOM Student Portal Worksheet inside the front cover on page 2.

Register In Person

You may register in person for Community Education classes at the Admissions Offices on either campus.

Register by U.S. Mail

Please mail your registration at least eight (8) business days prior to the first class meeting to ensure that your name appears on the instructor’s roster. The mailing address is College of Marin, Community Education Registration, 835 College Ave., Kentfield, CA 94904.

Register by Fax: 415.460.0773

Faxed registrations will be processed within five (5) business days.

Confirmation of Enrollment

A confirmation of enrollment may be obtained through the MyCOM Portal at https://MyCOM.marin.edu.
Payment of Fees

For all registration methods, you may pay for classes with a MasterCard or Visa number; please include the expiration date. If you prefer to pay by check, please enroll in person or by U.S. Mail. Be advised that the college charges $15 for all returned checks. Fees are not transferable between quarters.

Vouchers

Please be advised that we no longer accept or issue Vouchers.

Registration Forms

A registration form is at the center of this schedule. Additional forms may be Xeroxed or downloaded from www.marin.edu/CommunityEducation. Click on “Apply and Register.” Registration forms are also available at the Office of Admissions and Records on either campus.

For All Methods of Registration

Please answer all questions on the registration form to be sure that your registration can be processed. Registrations are processed in the order received.

Early Registration Recommended

Early registration promotes successfully enrolled classes and avoids unnecessary cancellations. Register early to ensure your place in class. For classes that begin the first week of the quarter, be sure that your registration is received by the COM Admissions Office no later than Tuesday, June 14.

Waitlist Procedures

If you attempt to register for a full class, your name will be placed on a waiting list and you will NOT be charged. If you mailed a check, it will be returned to you. Unless specified otherwise in the course description, you may attend the first class and check with the instructor for possible admittance. If the instructor has room for you in class, please follow directions under “To Register after Class Begins” below.

Waitlist Option

If you are on the waitlist for a class and a space opens, you will be notified by e-mail that is sent to your MyCOM.marin.edu e-mail account. New Waitlist features:

- You have 72 hours to respond to e-mail with registration opportunity.
- You have 72 hours to respond to e-mail with registration opportunity.
- Failure to act by the 72-hour deadline will result in your name being removed from the waitlist.

To Register after Class Begins

If you would like to register for a class which has already begun, please go to the class and ask the instructor for an authorization code and reference the code when you register, whether online, in person, or through the mail. Your admission into the class is at the instructor’s discretion.

Verification of Enrollment/Registration Policy

For verification of your enrollment/registration in classes, please go to: http://mycom.marin.edu and put in your log-in information. The courses will be listed under the heading “My Courses,” and show what courses in which you are currently enrolled. Print this and attach your fee payment information.

GENERAL INFORMATION

Changes May Occur Without Notice

College of Marin has made every reasonable effort to determine that information stated in its publications is accurate, but the College reserves the right to alter fees, statements, and procedures contained herein without notice. Fees and procedures are subject to change at any time by the State Legislature and the College Board of Trustees. It is the student’s responsibility to meet and remain informed of College requirements. When changes occur they will be printed in the next regular publication of the schedule, or posted online at www.marin.edu/CommunityEducation. Classes may be cancelled for insufficient enrollment at the discretion of the College.

Faculty Evaluation Questionnaire

Evaluating faculty is an essential element in maintaining our high standards. You may be asked to spend a few minutes completing a faculty evaluation questionnaire in class. We appreciate your honest and thoughtful assessment of your instructor and of your experience with us.

Students Under 18

Minors 13 years of age and under must obtain the verbal consent of the instructor prior to registration. To contact an instructor or if you have questions, please call 415.485.9318.

Attendance at First Class Meeting

If you are registered but cannot attend the first class meeting, please call the Community Ed Office at 415.485.9318 or e-mail community.ed@marin.edu to get a message to the instructor.
Refund Policy

Classes canceled by College of Marin will be refunded in full. All refunds are disbursed in the form of a check mailed to the address you have on file with the college. Refunds take approximately six (6) weeks to process.

To Request a Refund

We will gladly process your request for a refund if it is received in our office at least three (3) business days prior to the starting date of the class. There is a $10 service fee for all processed refunds. We cannot accept requests for refunds, regardless of the reason, if they are received less than three (3) business days prior to the class start date.

To request a refund, please submit a letter containing all pertinent information (name, address, daytime phone, student identification number, course title, course number, and your signature). Requests may be e-mailed to community.ed@marin.edu or faxed to 415.456.5086. Requests may also be mailed to: College of Marin, Refunds/Community Education, 835 College Ave., Kentfield, CA 94904. Requests sent by U.S. mail must be postmarked at least three (3) days prior to the start date of the class. Refunds take approximately six (6) weeks to process.

DIRECTORY

Community Education Office
415.485.9305
Emeritus College Office
415.485.9368
Intensive English Program
415.457.8811, ext. 8579
Admissions & Records Office
415.457.8811, ext. 8822
Counseling
415.485.9432
Bookstore
415.485.9394
Library Services
415.485.9656
Media Center/Language Lab
415.485.9645
Disabled Students Program
415.485.9406

Equal Opportunity Statement

The Marin Community College District is committed by policy not to discriminate on the basis of, or the perception of, race, ethnic group identification, ancestry, color, religion, age, gender, national origin, sexual orientation, disability (mental or physical), marital status, medical condition (cancer, genetic characteristics, or pregnancy), and status as a veteran in any of its educational and employment programs and activities, its policies, practices, and procedures. Students who believe that this policy has been violated have the right to file an internal complaint or a complaint with the Office of Civil Rights.


College of Marin policy 5.004 prohibits verbal, physical, visual, and sexual harassment of any applicant, employee, or student by any District employee on the basis of any category or combination of discriminatory categories prohibited by state or federal law. Nonemployees while on District property are also expected to follow these guidelines. It is further the policy of this District to ensure equal opportunity in all of its programs and in all aspects of employment. The lack of English skills will not be a barrier to admission to and participation in vocational education programs.

Contacts

Equal Opportunity Employment/A.D.A. Compliance Officer—Linda Beam
Executive Dean, Human Resources (or Designee)
Administrative Center, Kentfield Campus
415.485.9504
Title IX/Section 504 (Disability) Coordinator—Director of Student Affairs—Arnulfo Cedillo
SS Center, Rm. 251, Kentfield Campus
415.485.9375
Gender, Equity Coordinator—David Cook
Director of Financial Aid SS Center, Rm. 263, Kentfield Campus
415.485.9409

Open Enrollment Policy

It is the policy of College of Marin that every course section or class, for which attendance is reported for state aid, shall be fully open to enrollment and participation by any person who has been admitted to the college and who meets such prerequisites as may be established pursuant to Chapter II, Division 2, Part VI, Title V of the California Code.
Kentfield Campus Map and Directory

College of Marin
Kentfield Campus
835 College Avenue
Kentfield, CA 94904
Emergency: Dial 911
Urgent: 415.485.9696
Kentfield Police Business: 415.485.9455

Summer 2011 Parking Notice
While our campus is under construction, parking lots 3 and 4 are closed this semester. Lots 12 and 15 typically have spaces available, and lot 13 remains a “free” lot. We appreciate your patience during our construction.

Parking
Vehicles on campus are subject to parking and traffic regulations by the Board of Trustees, Marin Community College District. All cars must have a parking sticker, or display a daily parking permit which may be purchased from the parking ticket dispensers located in parking lots.

Motorcycle and handicap parking are available with no fee. Parking permits are required at all times, except Saturdays, Sundays and school Holidays, and in Lot 13. Please note: the old Fine Arts building is now the Performing Arts building, and is designated as “PA” in the schedule (examples: PA 120, PA 150). The new Fine Arts building is designated as “FA” (examples: FA 201, FA 301).

AC
Administrative Center
Children’s Center

BC*
Business and Management Center

FA*
Fine Arts (new building)

FH*
Fusselman Hall

HC*
Harlan Center

ESL Program/College Skills Office

Humanities

Health Sciences

HS
Health Services

LC*
Learning Resources Center

Library

Bookstore

Disabled Students

CY
Maintenance Offices

MS3*
Dance Center

OH*
Olney Hall and Auditorium

PE*
Physical Education Center

Gymnasium

Pools

PA*
Performing Arts (formerly Fine Arts)

Box Office

Theatres

Art Gallery

Portable Village (PV)*

Modernization Office/Classrooms

SC*
Science Center

SS
Student Services Center

Registration

Cafeteria

Emeritus/Community Services

TB-1 (TB)*

Temporary Building

Campus Police

Marin County Sheriff Substation

*Building contains classrooms

Directions from Highway 101: Kentfield Campus, 835 College Ave., Kentfield

From Highway 101, take the San Anselmo exit (northbound) or the Sir Francis Drake Blvd. exit (southbound) and follow Sir Francis Drake Blvd. to College Ave. (seventh stoplight). For the Physical Education (PE) complex, the Science Center (SC), the Learning Resources Center (LC), and the Student Services Center (SS), turn left on College Ave. For SC, LC, and SS, continue to second campus parking lot entrance on your right. The Emeritus Center and Admissions and Records are both in the SS building. For PE, continue to stop sign by Woodlands Market and turn left into parking lot. For Harlan Center and Fine Arts, stay on Drake Blvd., crossing the College Ave. intersection, and turn right on Maple Ave. to parking lot.

See information about parking on the next page.
Indian Valley Campus Map and Directory

Indian Valley Campus Map

DIRECTIONS FROM HIGHWAY 101: Indian Valley Campus: 1800 Ignacio Blvd., Novato
From Highway 101, take Ignacio Blvd. exit in southern Novato and continue on Ignacio for approximately two miles to the Indian Valley Campus entrance. For the Administrative Services Cluster (Admissions & Records, Emeritus North), park in Visitor’s space (watch for flag pole); for the Ohlone Cluster (Computer classes) park in lot 26 or 7 and, for the pool, park in lot 27.

PARKING
Parking permits are required for parking Mon.-Fri., all day; they are not required Sat. or Sun., or holidays. The semester parking permit may be purchased for $50 (subject to change), $25 for summer semester, in the College Bookstore or at Indian Valley Campus. As an alternative, you may pay a $3 (subject to change) daily parking fee through parking permit dispensers located near the entrance to each lot. Dispensers accept both $1 bills and quarters and are designated by stars on campus maps. Semester permits must be attached inside the vehicle on the lower left of the front windshield; daily permits must be visible on the dashboard on the driver’s side. Permits are valid at either campus. Be sure to read parking rules posted at entrances to parking lots. All vehicles improperly parked will be ticketed. No parking permits are required for disabled students provided they display a State of California Department of Motor Vehicles-issued disabled placard or license plate. Students receiving Financial Aid are permitted to purchase parking stickers at half price. Student police cadets when available may be requested to escort staff and students to and from their cars at night. Cadets also assist regular patrol officers with traffic and parking enforcement. For further information, contact the Campus Police at 415.485.9455 (Kentfield Campus) or 415.883.3179 (Indian Valley Campus).
KENTFIELD CAMPUS POOL
Monday – Sunday, 1–6 pm
June 20 – August 14
Closed July 4

INDIAN VALLEY CAMPUS POOL
Monday – Thursday, 12noon–4 pm
June 20 – August 11, 2011
Closed July 4

FALL PUBLIC SWIM
(ONLY AT KENTFIELD)
Saturdays & Sundays only, 1–6 pm
August 20 – September 25

DAILY RATES:
Adults: $5
Children under 13/Seniors (55+)/Disabled: $3
Cash or Check Only — NO REFUNDS

PURCHASE SWIM TICKETS AND PASSES AT THE POOL
LIFEGUARD ON DUTY
PARENT OR GUARDIAN MUST SIGN WAIVER FOR MINORS TO USE THE POOL.
DAILY PARKING PERMITS AVAILABLE IN PARKING LOTS: $3 PER DAY

Do you have a skill or talent to share?
Are you an expert on some fascinating subject?

Consider joining our dedicated, quality faculty. Our instructors are experts who meet and often surpass the needs of Marin’s lifelong learners.

E-mail community.ed@marin.edu and request a course proposal form.
Our Urban Agriculture Program

NEW CLASS: LEARN THE BASICS OF CANNING

These one-day workshops will show you what you need to know to put up your own produce safely and confidently!

Canning Basics: Preserves shows you how to make delicious jams and jellies, from summer’s berry and fruit harvest.

Canning Basics: Pickling makes the most of your summer garden’s tasty vegetable abundance, with dill pickles and fun vegetable combinations.

Instructor Wendy Kaplan demonstrates the secrets of successful canning, sharing her family’s long tradition of making truly delicious jams, jellies, dill pickles, and assorted pickled vegetables. Both immensely practical and creatively satisfying, this art will become an important part of your own backyard gardening and your pantry!

FIND OUT MORE ON PAGE 22