Welcome to College of Marin Community Education, Lifelong Learning and International Education

Invest in yourself with College of Marin’s Community Education classes – it’s easy, fun and cost-effective, too. Whether you want to meet new people, learn something new, keep your mind active and engaged, follow an exercise regime, or develop professional skills, we know that you will find a class (or two) that is just right!

Correction: We want to thank the Joseph Campbell Foundation for their permission to use the quote “Follow your bliss®” in the fall 2011 edition of the COM Community Education Class Schedule. More information about the Joseph Campbell Foundation is available online at http://jcf.org.
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On the Cover

Community Education Conversational Italian Instructor Lido Cantarutti enjoying a cappuccino at the Emporio Rulli Cafe in Larkspur. In addition to being one of our most popular Community Education instructors, Lido is a true ambassador of Italian culture. He has been honored twice with Italian knighthoods. The first time with the title of “Cavaliere” or “Knight” of the Order of Merit of the Italian Republic and more recently as “Cavaliere Ufficiale” or “Knight Officer.” Lido’s labor of love, the annual Italian Film Festival, which started in the COM Community Education program, has grown over its 30 years into a perennial favorite in the San Francisco Bay Area.

Special thanks to: Emporio Rulli, 464 Magnolia Avenue in Larkspur, for providing the location for the cover photo.
Weekend Workshops

Invest in yourself and do something just for you on the weekend! Community Education offers many educational and entertaining Saturday workshops for which you can register in class with the instructor. The date shown below is the start date for the class. See page listed for more information.

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A registrAti on form is At th e center of this booklet.

Art

Note regarding class supplies: Supplies will be discussed in class. Please bring whatever related materials you may already have to the first class meeting. Students are expected to provide their own materials unless otherwise noted below.

GET READY TO PAINT: BEGINNERS REALLY WELCOME!

This class is an orientation designed for the enthusiastic, but apprehensive novice painter who wishes to start in acrylics. Even ‘beginners welcome’ painting classes can be intimidating when you don’t know the difference between a ‘bright’ and ‘filbert’ or the basics of color mixing.

Come learn the scoop about brushes, supports, additives, how to prep a canvas and mix paints, and you’ll be ready to jump into your first landscape or still life class with confidence. Through presentation and hands-on activities you will ‘get ready to paint’ in a supportive and relaxed setting. Wear comfortable painting clothes and bring your lunch.

Please contact the instructor at m@maryvalente.com for the supply list.

Mary Valente, now an exhibiting artist, remembers how lost she felt at her first art class when she realized that she was the only student who truly didn’t know a thing about painting.

Saturday, 10am–3pm
Jan. 28
Kentfield Campus, Fine Arts Center 301
Fee $65 (Includes $2 materials fee)
CRN# 15094 EC

ABSTRACT PAINTING

“In a successful painting everything is integral...all the parts belong to the whole. If you remove an aspect or element you are removing its wholeness.” Richard Diebenkorn

This course is designed for students of all experience levels who wish to strengthen their skills in abstract painting in any medium. Through lectures, demonstrations, discussions, critiques, and in class painting, we will deconstruct modern and contemporary themes as students work to develop a unique voice in their paintings. Topics include: materials, color theory, composition, depth, form, movement, and paint application.

See Note regarding materials under Art heading above. Bring a notebook and pencil to the first class. New students welcome.

Michael Azgour, MFA, is an exhibiting artist and art instructor.

6 Mondays, 6:10–10pm
Jan. 30–Mar. 12 (No class Feb. 20)
Kentfield Campus, Fine Arts Center 301
Fee $158 (Includes $5 materials fee)
CRN# 15001

FIGURE PAINTING

This studio course is an opportunity to explore materials, color, composition, and agenda in any medium while painting the figure. Class time will be primarily devoted to painting but will also include discussions, demonstrations, and critiques as interest dictates. You will work from undraped models every session and also have the option of working on your own projects from your own photos.

See Note regarding materials under Art heading above. Course includes critique.

Larry Bencich, MFA, works primarily with the human figure in his own drawings and paintings. His teaching style references composition and perspective in the Renaissance tradition, and he has had extensive experience with students with a broad range of skills.

6 Saturdays, 9am–1pm
Feb. 4–Mar. 17 (No class Feb. 18)
Extended class on Mar. 17, 9am-5pm
Kentfield Campus, Fine Arts Center 301
Fee $231 (Includes $53 models fee)
CRN# 15002
**DRAW YOUR DOG – PAINT YOUR POOCH**

Draw or paint your canine best friend. Express your love while learning valuable drawing and painting skills. You will learn how to capture expression and character, how to check and measure proportions, and how to get accurate shapes. Lectures and demos will include topics such as the creation of form through light and shadow and basic color theory. We will also discuss pencil and charcoal techniques.

Students will work from photos of their pets; please, do not bring your dog to class.

Acrylic paint, especially ‘Open Acrylics’, watercolor, pastels, various pencils, and charcoal are all welcome at this class. Please, no oil paints or solvents. Bring whatever you may already have to the first class.

Diana Belenky, MFA from the New York Academy of Art, has been teaching fine art for the past ten years. She has won the Posey Grant in Painting and exhibits in galleries.

**Classes start Monday, Jan. 31.**

6 Fridays, 10:10am–1pm  
Feb. 3–Mar. 16 (No class Feb. 17)  
San Geronimo Valley Community Center  
6350 Sir Francis Drake Blvd.  
Fee $98 (Includes $16 special fee)  
CRN# 15005 EC

**Nancy Johnson**  
7 Saturdays, 10:10am–1pm  
Feb. 4–Mar. 24 (No class Feb. 18)  
Kensfield Campus, Fine Arts Center 215  
Fee $89  
CRN# 15006 EC

**THE CALIFORNIA LANDSCAPE IN ACRYLIC: FOCUS ON EARLY CALIFORNIA ARTISTS**

Learn to paint and find your own style while capturing the natural beauty of California landscapes. Using a ‘paint along’ technique where you are shown step by step how to paint with the instructor, you will learn a variety of brush work and paint applications with on-going demonstration and supportive critiques. Projects are developed from landscape photographs, and composition, color theory, and perspective will be explored, along with how to paint still and moving water, trees, grasses, and other natural features, and how to convey mood.

See Note regarding materials under Art heading above. Bring any acrylic paints and brushes that you may have to the first class.

Bernard Healey’s paintings of his beloved Marin County are viewable in a collection called Land, Water, Sky: The Art of Bernard Healey, now available in the Library.

**WATERCOLOR BASICS AND BEYOND**

A comprehensive class welcoming all skill levels. For those just starting out, the basics will be covered: color mixing, washes, wet-dry approaches — just handling the paint itself! More advanced students are welcome to bring in their own projects or to consult with the instructor for direction. We will work from studio still life and landscape. All subject matter welcome, including abstraction.

See Note regarding materials under Art heading above. Bring whatever watercolor supplies you may have to the first class.

**Marty Meade**

6 Fridays, 10:10am–1pm  
Feb. 3–Mar. 16 (No class Feb. 17)  
San Geronimo Valley Community Center  
6350 Sir Francis Drake Blvd.  
Fee $98 (Includes $16 special fee)  
CRN# 15005 EC

**THE FLOW OF WATERCOLOR: A PLAYFUL APPROACH TO PAINTING**

With inspiration from the colorful and imaginative paintings of Henri Matisse and Paul Klee, playfully develop paintings of the still life, landscape, and interior. Tap into your inner feelings and flair for design while combining exciting color, line, and pattern with flowing watercolor techniques.

All levels welcome. Continuing students may develop their own projects and work independently. Individual attention will be given to all students. See Note regarding materials under Art heading above.

Julie Cohn has been an exhibiting painter and teacher for over 25 years.

7 Wednesdays, 2:10–5pm  
Feb. 1–Mar. 14  
Kensfield Campus, Fine Arts Center 301  
Fee $99 (Includes $7 materials fee)  
CRN# 15007 EC
**NEW DRAWING IN COLOR AND MIXED MEDIA DRAWING**

For beginners and experienced artists, this class combines the discipline of drawing with the experimental mixing of materials. Use a variety of media to create powerful and colorful images! Develop an eye for composition, color, and perspective in a group of diverse elements. Learn how to apply light and shade, texture, and scale through juxtaposition. Each week we will begin with a still life and see where it takes us.

This class will help you build a strong portfolio. It is also an excellent class for those who have never painted or drawn before!

Individual instruction will be given as time allows. Bring any drawing art supplies you may already have to the first class. Materials will be discussed in class.

**Alison Hathaway** is an accomplished artist and art teacher who emigrated to the Bay Area in 1997.

7 Monday, 7:10-9:30pm
Jan. 30-Mar. 19 (No class Feb. 20)
Indian Valley Campus, Bldg 13, Rm 122
Fee $113
CRN# 15140

**NEW FROM COLLAGE TO PAINTING**

Discover the exciting possibilities of collage, a technique where different materials are assembled together to create a new work of art. Whether you’re a beginner or an experienced artist, this class will guide you through the technical and creative aspects of using collage. Learn about the variety of materials that can be used, like printed papers, fabric, metal leaf, photos, and found objects. Experiment with using different surfaces and discover how to combine it with painting media, such as acrylic and even oil. We’ll review work by collage’s major proponents, from Modernists like Braque, Picasso, Lichtenstein, and Romare Bearden to contemporaries like Eddie Colla and Swoon.

Please also bring a variety of collage materials that interest you to the first class. A list of materials will be provided in class. Materials may cost $35-$40.

**Stephanie Jucker** is an exhibiting painter who uses collage, mixed media and printing techniques in her paintings. With an MFA in painting she also has 20 years of teaching experience.

**7 Tuesdays, 7:10-9:30pm**
Jan. 31-Mar. 13
Kentfield Campus, Fine Arts Center 301
Fee $113
CRN# 15062

**ALSO OF INTEREST...**

**T-SHIRT DESIGN**

See page 41.

**EXPRESSIVE MIXED MEDIA: WATERCOLOR, FLUID ACRYLIC, IMAGE TRANSFER, AND COLLAGE TECHNIQUES**

“Thank you for your great energy, your poetry, your Qi Gong, your creativity and your kindness!” Deirdre

Renew your art spirit with wet-into-wet water media techniques that offer the amateur and professional painter the broadest expressive range. Demonstrations and discussion will include wetting the paper or canvas, color, brushwork, compositional energy, atmospheric and textural effects, edge tinting, visual awareness, and the use of inks and mediums. Innovative teaching methods will build self-confidence and skill whether your work moves in realistic or abstract directions. Focus on transparency, spontaneity, improvisation, iconography and visual balance.

Please bring watercolor supplies to first class or email the instructor at carol@arttreks.com for information.

**Carol Duchamp**, MA, encourages experimentation in a supportive environment that nourishes the intuitive power of self-expression. She is an exhibiting artist with special training in transformative arts.

**6 Wednesdays, 6:10–9:30pm**
Feb. 1-Mar. 7
Kentfield Campus, Fine Arts Center 301
Fee $160
CRN# 15121
CHALK PASTEL PAINTING
Chalk pastels are used to create densely layered painting, delicate drawings, spontaneous sketches, and all the possibilities in-between. This quarter will concentrate on pastels as a painting medium—using the chalks in a variety of ways to achieve painterly results. Included will be basic information on materials, techniques, color theory, and composition. Emphasis is on individual exploration and experimentation for expressive potential.

See Note regarding materials under Art heading above. Bring paper and a drawing board to the first class. Materials may cost from $30 to $100. Enrollment limited.

Marianna Goodheart is an exhibiting artist who has been teaching Chalk Pastels since 1982. She is also a sculptor and has worked in public and private collections in the United States, Canada, and France.

7 Fridays, 1:10-4pm
Feb. 3-March 23 (No class Feb. 17)
Kentfield Campus, Fine Arts Center 214
Fee $134
CRN # 15008

FRENCH IMPRESSIONISM
For most of the 20th Century, Impressionism was described as an art of pure vision. The Impressionist artist, we were told, demonstrated more interest in the light and atmosphere surrounding the subject than the subject itself. The goal was to capture just that received on the retina of the eye at a certain “fleeting moment.” Thus Impressionism stood as a complete contrast to the content-laden, Romantic or didactic art of the earlier part of the 19th Century.

Today we are more interested in the political, social, and economic milieu in which the artists worked and in which the subjects they chose to paint. It is this interest in the “whys” of Impressionism that will be our focus in this slide/lecture course.

Kerrin Meis
7 Fridays, 2:10-4pm
Feb. 3-March 23 (No class Feb. 17)
Kentfield Campus, Oehme Hall 105
Fee $69 (includes $1 materials fee)
CRN # 15158 EC

JEWELRY AND METALSMITHING
The beginners/beginners plus class will focus on fundamentals of soldering, forming, construction, use of hand tools, and finishing techniques. The number of projects will be at the discretion of the instructor. The goal of the intermediate/advanced class is the refinement of the fundamentals of jewelry making with a focus on the development of the student’s personal design ideas. There will be one-on-one discussion between student and instructor and an evolving menu of new techniques.

Class size is limited to 20; early enrollment advised. See Note regarding materials under Art heading above.

A nationally recognized artist, Lisa D’Agostino has been designing, making, and selling her work in her one-person studio for 31 years.

7:10–10pm
Kentfield Campus, Fine Arts Center 123
Fee $138 (includes $25 materials fee)

Beginners/Beginners Plus
7 Tuesdays, Jan. 31–Mar. 13
CRN # 15009

Intermediate/Advanced
7 Wednesdays, Feb. 1–Mar. 14
CRN # 15010

Discover
COMmunity Ed
JOIN US FOR
PREVIEW DAY
Saturday, Jan 14, 9am-12noon
Cafeteria, Student Services Building
Kentfield Campus

• Meet COMmunity Ed instructors
• Explore new COMmunity Ed classes
• Sign up for classes
• Get help with registration
• Learn about Emeritus College
• Mingle and have a good time!

This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
Business/Marketing/Professional Development

INTERNET MARKETING STRATEGIES
This course offers the essentials for entrepreneurs building a business online, or for those who want to know the basics of how to create a targeted, searchable, and reputable online presence. Students will have the opportunity to bring questions and concerns to the table for analysis and group discussions. This class will provide hands-on web projects including opportunities to bring your questions and concerns to the table for analysis and group discussions. We will cover:

• Strategic marketing online and how it has changed over the last ten years
• The importance of market research and where to begin
• How branding gets mixed into an online strategy
• Fundamentals of search engine marketing
• Social Media: Twitter, Facebook, LinkedIn, YouTube, blogs, email marketing, etc.

The class will be conducted with large screen display.

Martha Lee, MBA, is a web strategist with ten plus years experience in the online marketplace.

7 Thursdays, 6:10–8pm
Feb. 2–Mar. 15
Kentfield Campus
Learning Resources Center 53
Fee $89
CRN# 15012

Professional Development

DARE TO CREATE ‘WHAT’S NEXT!’
This fast-paced workshop is ideal for those wanting to generate new ideas for a new business, or revitalize their professional or personal life. Based on new research in brain science and the Stanford ‘Creativity in Business’ program, you will experience why this was voted their most popular MBA course for over twenty-five years. We will cover key tools to:

• Increase confidence in risk-taking, innovative problem solving, and consistent breakthrough thinking.
• Develop a vision and action plan around goals and challenges.
• Relax, de-stress, and improve brain fitness while generating ‘What’s next!’

Recommended text: Creativity and Vitality by Malaya V. Quinn will be available at the College Bookstore.

Malaya V. Quinn, MA, is a certified Creativity In Business educator/coach, artist, expressive arts therapist, and has been an entrepreneur for over twenty-five years.

Saturday, 10am–4pm
Feb. 4
Kentfield Campus, Harlan Center 172
Fee $89 (includes $2 materials fee)
CRN# 15063

ALSO OF INTEREST...

THE ‘ACCIDENTAL’ EX-PAT: LIVING IN FOREIGN LANDS
See page 41.
Computers

Community Education’s computer courses are designed to offer exposure to a specific program or application. All courses are hands-on and taught with one student per computer, offering one-on-one instruction. Courses are offered at a variety of times throughout the quarter for your convenience. There is no homework and no grades.

If you wish to build skills, College of Marin offers credit classes. The goal of these classes is to provide in-depth understanding of the subject through textbook study, homework, and lab assignments. Credit Classes are graded, and you can work toward a certificate or associate degree. For more information, please refer to the Credit Schedule.

COMPUTER LABS
Starting this fall, Community Education has two new computer labs on the Indian Valley Campus in Building 7, Room 192 (the PC lab) and 190 (the Mac lab). See map at the back of this schedule. It is two miles to the nearest eatery from IVC; we recommend that you bring something to eat and drink.

Some Saturday computer classes are also offered on the Kentfield Campus. Course locations are clearly noted in each description.

College parking on both campuses is $3 per day and free on Saturdays. All parking permit machines accept any combination of dollar bills and quarters.

REGISTRATION INFORMATION
Please register and pay for your classes following procedures described on page 45 of this schedule or go directly to www.marin.edu/CommunityEducation.

TEXTBOOKS FOR COMPUTER CLASSES
Students are expected to purchase their own textbook prior to the first class meeting. The same textbook will be used for all classes within a subject area, i.e., all classes on Excel will use the same text. Some classes do not require texts. This will be clearly stated in the course description.

A Computer Textbook Source List of local bookstores and online sources for textbooks is available. Please call 415.485.9318 and request that it be mailed to you. Remember to leave your mailing address.

Occasionally a class is cancelled. When this happens, please look for the class in the next quarter when the same textbook will be used.

To order a textbook online from the College Bookstore, please see page 47.

IMPORTANT INFORMATION
You are expected to have:
• Windows proficiency before enrolling in any PC application course. If you do not have these skills, we recommend that you take Intro. to Windows 7.
• Mac proficiency before enrolling in any Mac application course. If you do not have these skills, we recommend that you take Intro. to Macintosh.

A USB port plug-in storage device, i.e., flash drive or thumb drive, is recommended if you would like to save your work.

Hands-On Computer Classes

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>2007 Excel Expert!</td>
<td>13</td>
</tr>
<tr>
<td>Computer Fundamentals I &amp; II</td>
<td>11</td>
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<tr>
<td>Dreamweaver, Intro &amp; Intern</td>
<td>15</td>
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<tr>
<td>Excel 2007, Intro &amp; Intern</td>
<td>12-13</td>
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<tr>
<td>Illustrator, Intro &amp; Intern</td>
<td>16</td>
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<tr>
<td>InDesign, Intro &amp; Intern</td>
<td>16</td>
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<tr>
<td>iPhone/iPod Touch Apps, Intro</td>
<td>14</td>
</tr>
<tr>
<td>Macintosh, Intro &amp; Intern</td>
<td>11</td>
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<tr>
<td>Photoshop I &amp; II</td>
<td>16-17</td>
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<tr>
<td>PowerPoint 2007, Intro &amp; Intern</td>
<td>13</td>
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<tr>
<td>QuickBooks Pro 2010, Intro &amp; Intern</td>
<td>10</td>
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<tr>
<td>Social Media 101</td>
<td>14</td>
</tr>
<tr>
<td>Squarespace.com: Fast, Easy Website Creation</td>
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<tr>
<td>Windows 7, Intro to</td>
<td>12</td>
</tr>
<tr>
<td>Word 2007, Intro &amp; Intern</td>
<td>12</td>
</tr>
</tbody>
</table>
COMPUTER FUNDAMENTALS I
This is an introduction to the PC for the first-time computer users and is designed to reduce feelings of intimidation. We will teach you how to turn on the computer and the first steps to Touch Typing; how to hold, move, and click the mouse, computer hardware identification, open a window, launch a Windows program, start an Internet browser to access several websites, and how to turn the computer off.

Instruction in this class is not textbook-based. This is a beginning class and no prior computer experience is expected.

Tom Millard
Monday, 1:30–4:30pm
Jan. 30
Indian Valley Campus, Bldg 7, Rm 192
Fee $52 (Includes $11 materials/special fee)
CRN# 15095

COMPUTER FUNDAMENTALS II
In this course you can get more familiar with the PC by learning the fundamental elements for successful computer literacy. We will cover computer system basics, tips on buying a computer, revealing the secrets of computer terminology, and using application programs to create, edit, save, retrieve, and print documents. Along the way you will learn to navigate Windows by using menus, toolbars, and dialogue boxes.

Instruction in this class is not textbook-based. This course builds upon skills that are learned in Computer Fundamentals I.

Tom Millard
2 Mondays, 1:30–4:30pm
Feb. 6 & 13
Indian Valley Campus, Bldg 7, Rm 192
Fee $92 (Includes $11 materials/special fee)
CRN# 15096

Take Beginning Computing or Computer Fundamentals first if you are unfamiliar with the mouse and keyboard and opening and saving files. See page 11.

INTRODUCTION TO THE MACINTOSH
Become productive with the Mac in the shortest time possible! This course is designed for the beginning computer user. We will cover how RAM chips and hard disks work together; opening, closing, and resizing windows; Finder/desktop navigation; creating a navigational alias; creating and saving documents; accessing online help; file organization and backup; using the find utility; exploring System Preferences.

This is a beginning class and no prior computer experience is expected.


Steve Salzman
3 Tuesdays, 7:10–10pm
Jan. 31-Feb. 14
Indian Valley Campus, Bldg 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 15122

INTERMEDIATE MACINTOSH
This course will take you to the next level of Mac usage. We will cover advanced Finder options, Smart Folders, System Preferences and Spotlight searches, installing and switching among Applications, an overview of Apple Mail, iTunes and iPhoto, backup options, and where to get help.

This course builds upon skills that are learned in Intro. to the Macintosh.


Steve Salzman
3 Tuesdays, 7:10–10pm
Feb. 21-Mar. 6
Indian Valley Campus, Bldg 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 15123

Please see information regarding Textbooks for Computer Classes on page 10.
INTRODUCTION TO WINDOWS 7
Learn about the basic features of Windows 7, Microsoft’s latest desktop operating system. This course covers customizing windows, folders, icons, and the mouse; desktop navigation, running programs, browsing the Internet, and getting online help. Learn how to manage files and folders using Windows Explorer to copy, move, delete, and restore deleted files. You will be given other basic information to help prepare you for our software application classes.


Tom Millard
3 Mondays, 1:30–4:30pm
Feb. 27–Mar. 12
Indian Valley Campus, Bldg 7, Rm 192
Fee $129 (Includes $10 special fee)
CRN# 15097

INTRODUCTION TO WORD 2007
If you are looking for a job in today’s market, this is the software program to learn. This course will explore techniques used to create letters, reports, and other text-based documents. Learn how to use shortcut keys; create, save, print, and edit documents; move, copy, find, and replace text; enhance a document by formatting text; use efficiency tools such as spell checker, auto correct, and auto text. This course uses the Windows Operating System.


Tom Millard
3 Wednesdays, 1:30–4:30pm
Feb. 22–Mar. 7
Indian Valley Campus, Bldg 7, Rm 192
Fee $129 (Includes $10 special fee)
CRN# 15099

Take Beginning Computing or Computer Fundamentals first if you are unfamiliar with the mouse and keyboard and opening and saving files. See page 11.

INTERMEDIATE WORD 2007
This course will help you become more productive with the program. We will review and then we will turn our attention to templates, envelopes and labels, styles, headers and footers, toolbars, creating and formatting tables, working with columns, and inserting graphics into your word documents.


Tom Millard
3 Wednesdays, 1:30–4:30pm
Feb. 22–Mar. 7
Indian Valley Campus, Bldg 7, Rm 192
Fee $129 (Includes $10 special fee)
CRN# 15099

INTRODUCTION TO EXCEL 2007
A spreadsheet is a powerful, yet easy-to-use tool to keep track of anything that can be counted. In this course you will learn the basics of creating, modifying, printing, and formatting worksheets, working with basic formulas and functions, and enhancing worksheets using styles and auto formats. This course uses the Windows Operating System.

Your personal laptop computer with appropriate software is permitted in this class. If you have a laptop with said software, please bring it to class. Your cooperation in this way may permit a student on the wait list to join the class. Wait-listed students with laptop and appropriate software will be seated if a seat is available.


Levi Allen
3 Mondays, 6–9pm
Jan. 30–Feb. 13
Indian Valley Campus, Bldg 7, Rm 192
Fee $129 (Includes $10 special fee)
CRN# 15100
INTERMEDIATE EXCEL 2007

In this course you will learn how to become more productive using Excel's financial and logical functions. You will learn how to create tables, apply custom and conditional format options, use protection features, and create templates for printing worksheets. You will also learn links, hyperlinks, and explore quick and easy chart techniques.

This class builds upon skills that are learned in Intro. to Excel 2007.


Susan Henning
3 Mondays, 7–9pm
Feb. 27-Mar. 12
Indian Valley Campus, Bldg 7, Rm 192
Fee $91 (Includes $10 special fee)
CRN# 15101

2007 EXCEL EXPERT!

Become an Excel expert! The techniques you will learn include: importing data, creating a database query, data validation, pivot tables, using the ‘What If’ data analysis tools, nesting functions, using the LOOKUP function, Goal Seek and Solver tools, Macros, and how to work with the Scenario Manager.

This course builds upon techniques presented in the Intermediate Excel 2007.


Susan Henning
Tuesday, Wednesday & Thursday, 7–9pm
Mar. 13-15
Indian Valley Campus, Bldg 7, Rm 192
Fee $91 (Includes $10 special fee)
CRN# 15102

INTRODUCTION TO POWERPOINT 2007

This course will give you a solid foundation for creating and delivering effective and dynamic presentations through a visual, full-color approach. Learn how to create a presentation from scratch as you build, create a layout, slide theme, and master, designing each slide using text, graphics, color, animation, and sound.


Susan Henning
3 Thursdays, 6:30–9:30pm
Feb. 2-16
Indian Valley Campus, Bldg 7, Rm 192
Fee $138 (Includes $19 special fee)
CRN# 15103

INTERMEDIATE POWERPOINT 2007

In this course we will take a closer look at PowerPoint with an emphasis on building content using digital media sources. Learn how to insert digital images, integrating images from a camera, scanner, and the Internet. Also covered will be different ways to use sound, create custom animations, and develop timing methods.

This course builds upon skills that are learned in Intro. to PowerPoint.


Susan Henning
3 Thursdays, 6:30–9:30pm
Feb. 23-Mar. 8
Indian Valley Campus, Bldg 7, Rm 192
Fee $138 (Includes $19 special fee)
CRN# 15104

Please see information regarding Textbooks for Computer Classes on page 10.
**INTRODUCTION TO QUICKBOOKS PRO 2010**

In this course, you will learn the major features of the program including new company set up; how to have a perfect chart of accounts; how to use the features of lists; set up bank accounts and credit cards and how to reconcile these accounts; invoice your customers, receive payments, and make deposits; enter and pay bills; overview of reports for AR, AP, and basic financials. All QuickBooks material is taught with an emphasis on best practices in accounting.

SKU 411036. The textbook will be used for both the Intro and Intermediate classes and is available at the Kentfield Campus Bookstore.

**Pamela Lyons**

**Indian Valley Campus, Bldg 7, Rm 192**

Fee $140
(Includes $21 materials/special fee)

- 3 Tuesdays, 1–4pm
  Jan. 31–Feb. 14
  CRN# 15145
- 2 Saturdays, Feb. 4 & 11
  Feb. 4, 9am–4pm
  Feb. 11, 9am–12noon
  CRN# 15146

**SOCIAL MEDIA 101**

Do you want to catch up with old friends or long-lost family? Wish you knew what a tweet was? This course will give you an overview of the most popular social networking sites, including Facebook, Twitter, YouTube, LinkedIn, and Blogging. Learn how to build your personal profile, upload family photos, and connect with colleagues and friends.

- Facebook: Profile set-up, upload pictures, learn to navigate the site and talk briefly about privacy settings and preferences
- Twitter: An introduction to the microblogging service with examples of how individuals use it, including demystifying terms like and retweet
- YouTube: The basics on uploading and sharing videos
- Blogs: An introduction to blogs and blogging platforms
- LinkedIn: Includes the basics of LinkedIn's functionality and a discussion on making and accepting connection requests

Be sure to bring your passwords to sites you already belong to. Handouts will be provided in class.

**Melinda Molloy**, MS (Educational Psychology), has been a Social Media User since 2005.

- 2 Tuesdays, 6:30–9:30pm
  Feb. 28 & Mar. 6
  **Indian Valley Campus, Bldg 7, Rm 192**
  Fee $91 (Includes $10 special fee)
  CRN# 15124

**INTERMEDIATE QUICKBOOKS PRO 2010**

We will build on skills learned in the introductory class and take QuickBooks to the next level. You will learn payroll, inventory and sales tax and how to: track time for your services; process payroll; perform year-end payroll functions; setup and track sales tax to enable QuickBooks to pay your sales tax; inventory setup, purchase orders, and adjustments to inventory; data management of files, including backup procedures; reports and financial analysis.

This class builds upon skills that are learned in Intro. to QuickBooks Pro 2010. We highly recommend completing the Introduction before taking the Intermediate class.

SKU 411036. The textbook will be used for both the Intro and Intermediate classes and is available at the Kentfield Campus Bookstore.

**Pamela Lyons**

**Indian Valley Campus, Bldg 7, Rm 192**

Fee $140
(Includes $21 materials/special fee)

- 3 Tuesdays, 1–4pm
  Feb. 21-Mar. 6
  CRN# 15147
- 2 Saturdays, Feb. 11 & 25
  Feb. 11, 1–4pm
  Feb. 25, 9am–4pm
  CRN# 15148

**INTRODUCTION TO IPHONE/IPOD TOUCH APPS**

Transform your iPhone or iPod into the true mobile computers these devices have become and access their full internet capability and mobile connectivity. During this class, we will view applications from the Apps Store: Some of the categories are Books, Business, Education, Entertainment, Finance, Games, Healthcare, and Fitness,
A registrAti on form is At th e center of this booklet.

Lifestyle, Medical, Music, Navigation, News, Photography, Productivity, Reference, Social Networking, Sports, Travel, and Utilities. We will also look at iTunes U with the large number of free audio and video courses from the leading colleges and universities around the world. All course material can be loaded and viewed on the iPhone/iPod Touch, iPad.

There will be plenty of time for Q&A. Bring your iPhone or iPod Touch to class. You will receive a disc with links to iTunes Apps.


Steve Salzman
3 Saturdays, 1–4pm
Feb. 4–25 (No class Feb. 18)
Indian Valley Campus, Bldg 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 15125

SQUARESPACE.COM: FAST, EASY WEBSITE CREATION
Design and construct your own website using Squarespace, a fully hosted, completely managed environment for creating and maintaining a website, blog or portfolio. Squarespace allows point and click control over every design element and its flexible platform can power all kinds of sites of all sizes, perfect for personal or small business websites. Squarespace is completely web browser based and works with all popular web browsers, including Internet Explorer, Firefox, and Safari. We will cover:
• Site setup and page style template selection
• Customization of style templates
• Creating page content and links
Page modules include photo, forms, blog discussions, file transfers, and Google maps, and more. Site management and web traffic reports are extensive and included. Squarespace has a free iPhone App for posting content and managing your site.

Steve Salzman
3 Saturdays, 1–4pm
Mar. 3-17
Indian Valley Campus, Bldg 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 15126

INTRODUCTION TO DREAMWEAVER
This course introduces you to the fundamentals of the leading software for creating and maintaining web sites in one well-integrated package. This course is for anyone who wants to design visually compelling Web sites without having to hand-code their pages. We will cover formatting text, preparing and placing images, and using dynamic media files. Learn how to easily create links, rollovers, and image maps for site navigation. Dreamweaver’s powerful site management feature allows you to quickly access and manage all the pieces that make up your web site.


Steve Salzman
3 Wednesdays, 7–10pm
Feb. 1–15
Indian Valley Campus, Bldg 7, Rm 192
Fee $138 (Includes $19 special fee)
CRN# 15127

INTERMEDIATE DREAMWEAVER
Take Dreamweaver to the next level by using the new CSS Layout objects, (Cascading Style Sheets). Build & script online forms for accurate collection of information. Build rollovers to control different (remote) image areas on your web page. Learn to use Dreamweaver’s new Spry Framework to create interface effects like popup menus and tabbed interfaces. Go more in-depth with site management and uploading/maintaining your website via the built in FTP client.

This class builds upon skills that are learned in Intro. to Dreamweaver.

Recommended text: Teach Yourself VISUALLY Dreamweaver CS5 (Teach Yourself VISUALLY [Tech]). Visual; 1st edition (July 26, 2010)

Steve Salzman
3 Wednesdays, 7–10pm
Feb. 22-Mar. 7
Indian Valley Campus, Bldg 7, Rm 192
Fee $138 (Includes $19 special fee)
CRN# 15128

Please see information regarding Textbooks for Computer Classes on page 10.
INTRODUCTION TO INDESIGN
Learn the professional layout and design tool used by most graphic designers, magazine, book, and newspaper publishers, and ad agencies around the world. InDesign is tightly integrated with Adobe’s Photoshop, Illustrator, and Dreamweaver applications. Learn to set up master pages, create style sheets, import photos and graphics, and employ effects such as drop shadows and blending modes, gradient tones, and drawing — all in one program. By the end of the course, you will have created either a small brochure or newsletter.


Lynda Banks
4 Thursdays, 6:30–9:30pm
Mar. 1-22
Indian Valley Campus, Bldg 7, Rm 199
Fee $155 (Includes $19 special fee)
CRN# 15150

INTERMEDIATE INDESIGN
You will learn the book feature that makes managing long documents a breeze, explore many typographic refinements, create tables for both data and visuals, add animation and interactivity, and how to export your document to a PDF with customized presets and package files for the printer or as interactive files.

This course builds upon skills that are learned in Intro. to InDesign.


Lynda Banks
4 Thursdays, 6:30–9:30pm
Feb. 2–23
Indian Valley Campus, Bldg 7, Rm 199
Fee $155 (Includes $19 special fee)
CRN# 15149

PHOTOSHOP I
In this introduction, learn the basics of Photoshop while we cover the fabulous digital photography features, basic approaches to repairing damaged photos, correcting color, and enhancing details of digital and scanned photographs. Adobe Bridge/Browser functions will be introduced to learn to make global edits on multiple RAW, TIF, and JPG files. Color bit-depth, resolution, file formats, and file compression issues will also be explained. Learn about the basics of editing digital photography and fine art for print and the web.


Jazmine Loiselle
2 Thursdays, Feb. 2 & 9
Feb. 2, 9am–4pm
Feb. 9, 9am–12noon
Indian Valley Campus, Bldg 7, Rm 192
Fee $138 (Includes $19 special fee)
CRN# 15105

Please see information regarding Textbooks for Computer Classes on page 10.
PHOTOSHOP II
Discover techniques of unlimited image editing using selections, layers, type masks, clipping layers, and clipping paths. Learn about Adjustment Layers and simple tricks that allow you to take advantage of paths as selection strategies.

This course builds upon skills that are learned in Photoshop I.

Jazmine Loiselle
2 Thursdays, Feb. 9 & 16
Feb. 9, 1–4pm
Feb. 16, 9am-4pm
Indian Valley Campus, Bldg 7, Rm 192
Fee $138 (Includes $19 special fee)
CRN# 15106

ALSO OF INTEREST ...

PHOTOSHOP ELEMENTS: THE DIGITAL DARKROOM
See page 32.

Dance

ARGENTINE TANGO: BEGINNING CLASS AND PRACTICA
Join our sizzling Argentine Tango classes and discover a dramatic new world of music and dance! This course is designed to accommodate both novice tango dancers and those with more experience.

It provides an introduction to the social form of Argentine Tango as danced in Buenos Aires and will teach you a code of movement that will get you started with this improvised dance. The Practica part of the class will be a time to practice what you have learned with individual attention from the instructors as time allows. A ‘challenge figure’ will be presented to the more experienced students each week.

Debbie Goodwin, MA (Dance Education) and John Campbell specialize in Argentine Tango, studying dance both in the US and in Buenos Aires with renowned Argentine Tango Masters since 1996.

4 Fridays, 7–10pm
Mar. 2-23
Knights of Columbus Hall
167 Tunstead Ave, San Anselmo
Fee $55
CRN# 15013

AFRICAN DANCE
African Dance is an exploration of electrifying choreography and easy-to-follow improvisational patterns from the African diaspora accompanied by LIVE DRUMMING. This course is open to all levels and promises to engage beginners and intermediate dancers alike. Focus will be on developing an ‘ear’ for polyrhythmic percussion body conditioning exercises to support African dance movement and traditional dances from the Sene-Gambia region (Ghana), Haiti, and Cuba.

Please see Note regarding Portable Village on page 33.


7 Tuesdays, 7:10–8:30pm
Jan. 31–Mar. 13
Kentfield Campus, Portable Village 6
Fee $109 (Includes $50 special fee)
CRN# 15141

Discover COMmunity Ed
JOIN US FOR PREVIEW DAY

Saturday, Jan 14, 9am–12noon
Cafeteria, Student Services Building
Kentfield Campus

• Meet COMmunity Ed instructors
• Explore new COMmunity Ed classes
• Sign up for classes
• Get help with registration
• Learn about Emeritus College
• Mingle and have a good time!

This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
TRADITIONAL HAWA’IAN DANCE
Learn to dance the Hula Kahiko, the ancient style of Hawai’ian dance which pre-dates the missionary era. In the four classic choreographies to be presented, we will explore elements of hula tradition and the history and culture of our 50th state. Please see Note regarding Portable Village on page 33.

Lisa “Pua” Saunders, MA (Ethnic Dance), is a kumu of a professional hula performance company. She is a national presenter of indigenous dance for the American Orff-Schulwerk Association and has studied with some of the world’s most renowned masters.

7 Thursdays, 7:10–8:30pm
Feb. 2–Mar. 15
Kentfield Campus, Portable Village 6
Fee $79
CRN# 15015

BELLY DANCE FOR FUN AND FITNESS
Belly Dance can develop postural alignment, core strength, and flexibility while exploring facets of feminine sensuality and the exotic musical nuances of Middle Eastern music. Designed to teach you the basic movements of the art form, we will begin each class with warm ups transitioning into steps and combinations. Practice will include a variety of hip movements in stationary position, the development of arm work for a polished look, how to travel across the floor, and different styles of shimmies. Learn to dance to a drum solo and to identify various Arabic rhythms. Please see Note regarding Portable Village on page 33.

Latifa is an experienced teacher and performer of Belly Dance.

7 Fridays, 6:10–7:30pm
Feb. 3–Mar. 23 (No class Feb. 17)
Kentfield Campus, Portable Village 6
Fee $79
CRN# 15129

TRADITIONAL SAMBA AND CAPOEIRA WORKOUT
Enjoy an evening workout using a combination of Samba and Capoeira, two traditional Afro-Brazilian art forms which blend music, dance, and exercise to promote health and well being. The warmup will consist of the Tai Chi-like stretching exercises of Capoeira and then move into the aerobic Samba circle dance. Class will be accompanied by traditional Brazilian instruments such as the surdo, the timbau, the berimbau (a gourd with one string), and pandeiros (tambourines).

Please see Note regarding Portable Village on page 33.

Maestre Samuka was born and trained in Bahia, Brazil, and is the director of a Capoeira and Samba dance group. Samuka has dedicated his life to teaching the therapeutic combination of samba, Capoeira, and massage therapy.

7 Mondays, 7:10–8:30pm
Jan. 30-Mar. 19 (No class Feb. 20)
Kentfield Campus, Portable Village 6
Fee $79
CRN# 15016

ALSO OF INTEREST ...

ZUMBA
See page 38.
Drama/Stage & Screen

**VOICE OVERS: THE BIG PICTURE**

This is a chance to have time on the mic with a critique from Terry McGovern, as well as learn everything you’ve ever wanted to know about the business and marketing side of being a successful voice over actor. This experiential and informational workshop includes a guest speaker from the industry who will be available to answer questions.

Scripts provided! Bring a bag lunch; we will work through the lunch hour.

Please see Note regarding Portable Village on page 33.

Terry McGovern, the voice of Launchpad McQuack from Ducktales and Darkwing Duck fame, the voice of “These are not the droids you’re looking for.” from Star Wars, the voice of Sega NFL, will share with you his knowledge of the Voice Over business.

2 Saturdays, 10am–5pm
Mar. 3 & 10
Kentfield Campus, Portable Village 3
Fee $99 (Includes $2 materials fee)
CRN# 15014

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**Film Appreciation**

**FILM APPRECIATION: FROM STAGE TO SCREEN**

How does a play make the transition from the circumscribed geography of a stage to the wide world of films? We will examine what needs to change with the production values, the script and the tonality of plays that are adapted for the screen. Why do some plays translate successfully to films and some fail miserably? Three films for this session are: Frost/Nixon (2008), A Raisin in the Sun (1961), and Twilight, Los Angeles (2000).

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**Financial Planning**

**NEW WISE UP: FINANCIAL PLANNING FOR GENERATION X WOMEN**

This course is a financial education program for Generation X women. Women that are not Gen X’ers will also benefit from this class. This course will help women gain the knowledge, skills, and confidence they need to move their financial lives forward. Each week students will go through basic information, case studies, and action plans. There are eight modules; they are:

- Money for Life
- Money Math
- Money Basics
- Credit in A Money World
- Savings Basics
- Insurance and Risk Management
- Becoming An Investor
- Achieving Financial Security

The Wi$e Up Program came about as a result of focus group discussions held by the Women’s Bureau of the U.S. Department of Labor with women across the Unites States.

Helen Abe has worked as a financial advisor for over 19 years and is a Certified Investment Management Analyst, Chartered Retirement Planning Counselor, and Certified Wealth Strategist.

7 Thursdays, 7:10–8pm
Last class: 7:10-9pm
Feb. 2-Mar. 22 (No class Mar. 15)
Kentfield Campus, Science Center 133
Fee $99
CRN# 15064

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**Suressa Dundes**, MFA (Theatre), M.A. (Education), has worked as a Literary Manager, director, and designer in films, video, and theatre. Experienced in teaching Acting, Voice, Film Appreciation, and Art Direction, she writes fiction, screenplays, and creative nonfiction.

7 Thursdays, 2:10–5pm
Feb. 2–Mar. 15
Kentfield Campus, Harlan Center 165
Fee $94 (Includes $1 special fee)
CRN# 15017 EC
**Artisan Cheesemaking Certificate Program in Dairy Arts**

**Certificate Requirements**

The Artisan Cheesemaking Program at Indian Valley Campus trains beginning cheesemakers in the art and science of making artisan cheese. Through lectures and hands-on workshops with experienced cheese professionals, students will gain the knowledge and skill needed to identify, evaluate, and produce artisan cheese. This pilot program is being developed in collaboration with the California Artisan Cheese Guild and UC Cooperative Extension.

It is highly recommended that students with no background knowledge in food science, microbiology, or chemistry prior to taking the classes start the program with **A Full Introduction to Artisan Cheese and Its Traditions**. Commercial cheesemakers and students with a professional background in food science do not need to follow any sequence in order to complete this certificate program. Additionally, prior cheesemaking experience will be extremely valuable to the understanding of the process.

The following courses are required to complete the Artisan Cheesemaking Certificate Program in Dairy Arts:

- **A Full Introduction to Artisan Cheese and Its Traditions**
- **Basic Starter Cultures for Cheese and Fermented Milks**
- **Milk Types and Quality**
- **Cheese Chemistry**
- **Principles and Practices of Cheesemaking**
- **Hygiene and Food Safety in Cheesemaking**

It is recommended that Hygiene and Food Safety be taken with or following Principles of Cheesemaking.

Please note that all of the classes listed above, with the exception of Food Safety, are planned for Spring Quarter 2012. Registration for spring begins February 27.

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**HYGIENE AND FOOD SAFETY IN CHEESEMAKING**

This four-hour course will explore hazards of a biological nature which are capable of causing food borne illnesses if present in cheese. Not only will these hazards be identified, but their source and control during the process of cheese production will be explored. Topics to address the control of these hazards will include good manufacturing practices, cleaning and sanitizing issues, and temperature (i.e., heat treatment). Physical and chemical hazards in cheese will also be addressed with emphasis on the identification and eradication of potential sources of physical and chemical hazards.


**Kuba Hemmerling** is the master cheesemaker and plant manager at Point Reyes Farmstead Cheese. He has extensive experience as a quality assurance manager and consultant and is certified by the International HACCP Alliance.

**Wednesday, 8:30am–12:30pm**

**Indian Valley Campus, Bldg 3, Rm 154**

**Fee $99**

**CRN# 15018**

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**A FULL INTRODUCTION TO ARTISAN CHEESE AND ITS TRADITIONS**

Love cheese? Join us in this workshop for a complete immersion in the world of cheese. This class will include the history of cheesemaking, the professional way to taste cheese, cheese types and classification, regional specialties and variations, the importance of terroir, cheese flavor profiles, understanding affinage, food and beverage pairings, proper care and handling of cheese, service, and presentation, and even more!

**Daphne Zepos** ranks among the most outspoken and dynamic cheese advocates in the United States. She is a co-founder of the Cheese of Choice Coalition, an advocacy group dedicated to the preservation of raw milk and small production cheeses. She established Artisanal’s cheese maturing Program, created and taught Artisanal’s Cheese Master Class program. She is the owner of Essex Street Cheese Company and teaches a professional cheesemonger’s training program at the San Francisco Cheese School and Zingermans.

**4 Mondays, 6:10–9pm**

**Jan. 30-Feb. 27 (No class Feb. 20)**

**Indian Valley Campus, Bldg 3, Rm 154**

**Fee $253 (Includes $83 materials fee)**

**CRN# 15107**

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**REGISTRATION STARTS TUESDAY, JAN. 3. SEE PAGE 45.**
Health Sciences

TITLE 22: FIRST AID FOR PUBLIC SAFETY PERSONNEL (FAFPSP)
This class is a Department of Transportation (DOT) approved Advanced First Aid course. Designed for public safety personnel, it serves as the prerequisite for COM’s EMT-1 course, Fire Tech 112; for information, go to www.marin.edu/firetech. It also serves as a bridge between basic and more advanced training. The Advanced First Aid course (Satisfying California Title 22) is perfect for lay responders, first responders, and is a good refresher course for professional rescuers. This course is set up to provide advanced first aid training as well as CPR for the Professional Rescuer (CPR-Pro). Participants who do not already have this certification (CPR-Pro) will pay an additional $25. Use appropriate course number below when registering.
A text is not required for successful completion of this class.

Alexander Bolias
Saturday, 4-10pm
Sunday, 8am-8:30pm
Jan. 14 & 15
Indian Valley Campus, Bldg 27, Rm 112

For those with valid CPR-Pro Certification
Fee $130 (Includes $30 materials fee)
CRN# 15019

For those without current, valid CPR-Pro Certification
Fee $150 (Includes $50 materials fee)
CRN# 15020

Health & Wellness

BONES FIT: OSTEOPOROSIS PREVENTION AND BONE HEALTH WORKSHOP
In this two-hour workshop, you will be introduced to the fundamentals of exercises for bone strength. Learn about postural alignment, key strengthening exercises, and what to avoid. This class is an excellent introduction to bone health and how to get started with active exercise. Join us for a very interesting and fun class!
Please bring a beach towel, yoga mat or blanket to class. You must be able to get up and down from the floor independently. Individual attention as time allows.
Please see Note regarding Portable Village on page 33.
Marion Kregeloh, PT, CFP is highly skilled in evaluating, treating, and educating students in bone health, osteoporosis prevention, back care, and individualized exercise programs.

Friday, 12noon–2pm
Feb. 3
Kentfield Campus, Portable Village 6
Fee $28
CRN# 15065 EC

ALSO OF INTEREST...

RESTORE AND IMPROVE YOUR BALANCE
See page 33.

QIGONG AND WOMEN’S HEALTH
See page 36.
EXERCISE FOR ADULTS WITH SPECIAL NEEDS INSTRUCTOR CERTIFICATION COURSE

Designed to train students, certified personal fitness instructors, activity coordinators, recreational therapists, and occupational therapists interested in becoming certified fitness/wellness leaders specializing in exercise with the frail elderly and adults with special needs. Special needs include disorders ranging from Parkinson’s Disease, Arthritis, Cardiac Issues, COPD, Physical and Sensory Deficits, and Dementia Specific Needs.

The course is a two-part training. Students may choose to take only Part One and receive a College of Marin Certificate of Completion. Upon successful completion of both Part One and Two, students may become certified trainers for Exercise Leader for Adults with Special Needs with the Senior Fitness Association. (There is an additional $35 fee for the SFA certification, and current CPR and First Aid are needed for certification.)

Students participate in exercise activities in class. There is an hour lunch break each class.


There is an additional $35 fee for the SFA certification, and current CPR and First Aid are needed for certification.

Betsy Best-Martini, MS (Recreational Therapy), SFA certified
2 Saturdays, 9am-4pm
Feb. 25 & Mar. 3
Kentfield Campus
Physical Education Center 91
Fee $85 (Includes $2 materials fee)
CRN# 15130

Intensive English Program (IEP)

College of Marin’s Intensive English Program has more than 30 years of success educating English language learners. We welcome new and returning F-1 international students, F-1 transfer students from other schools, au pairs, and local residents who wish to improve English language skills. Students who complete the advanced level are guaranteed admission into College of Marin Credit Program, without the TOEFL requirement. SMALL CLASSES, FIELD TRIPS, 8 or 16 WEEK Program, TOEFL PREPARATION

We provide a friendly staff to help with visas and scheduling needs.

SPRING SEMESTER 2012
SESSION C: January 24-May 18 (~16-week program required for F-1 students)
$2500 (~$1) (20 hours) (CRN 15049)
$2325 Other full-time students (CRN 15050)
$1925 (15 hours) (CRN 15051)
$1425 (10 hours) (CRN 15052)
$775 (5 hours) (CRN 15053)

Session A: January 24-March 16
(8 weeks)

Session B: March 20-May 18
(8 weeks)

Home and Garden

HOW TO REPLACE YOUR LAWN

If maintaining your lawn has gotten to be too much—too much time, too much mowing, too much water, fertilizer, pesticides, and herbicides, or just plain too much bother—then you’ll want to take this class.

Learn to use alternative grasses and grasslike plants to create beautiful ‘lawns’ that are low care and water-conserving. In this one-day class, you will be guided, step-by-step, through the entire lawn-replacement process: from initial considerations of cost and difficulty, through selecting the right plants for your site, to soil preparation and planting, and finally, to the required maintenance.

Bob Hornback is an instructor of horticulture and botany, who is also a popular garden writer and speaker. He operates a company that specializes in plant brokerage, consultation, and design with ornamental grasses.

Saturday, 9:10am-12noon
Feb. 25
Kentfield Campus, Harlan Center 172
Fee $48
CRN# 15108
Grammar for Oral and Written Communication
Wednesday/Friday 9:10-11:35

Idioms and TOEFL Preparation
Wednesday/Friday 12:30-2:45

For more information or to apply:
Call 415.883.2211, ext. 8579
Fax: 415.883.2632
E-mail: intensive.english@marin.edu

For schedule and downloadable F-1 application: www.marin.edu/iep
Register online at www.marin.edu/CommunityEducation

New F-1 and F-1 transfer students, contact paulette.foster@marin.edu with your visa questions.

For questions about International Education at College of Marin, contact jason.lau@marin.edu.

Languages

Note: The following classes were developed to teach conversation skills in modern foreign languages. The emphasis will be on developing the ability to engage in everyday conversation and to handle typical situations. Unless otherwise noted, classes are organized in a two-year series with a potential of four quarters offered each year if warranted by enrollment. Classes designated “First Year, First Quarter” are for those with no previous background in the language. Each successive quarter continues to develop your ability to converse in the language. Those with equivalent knowledge are welcome to enroll mid-year; however, please be advised that no refunds are given for mistaken placement in the Language series. If in doubt, call the Community Ed office at 415.485.9305, press #4 to reach a staff person and ask to have the instructor call you.

Textbooks: When the purchase of a textbook is recommended, that text will be used for the entire series. Cost of textbooks vary. If the instructor has requested, texts will be available at the College Bookstore, 415.485.9394, and are available to order online. See page 47.

CONVERSATIONAL FARSI

Conversational Farsi is relatively new to the Community Ed program this school year. This Winter and Spring Quarters, both new and continuing students will be welcome. The class is designed for those with little or no experience in speaking and understanding Farsi, and individualized attention will be given as needed. You will learn basic conversational skills, such as greetings, descriptions, and other basic survival skills in the language (day to day vocabulary needs). You will learn to communicate in basic Farsi and be introduced to Persian culture.

There is no textbook for this class, but a manual will be provided.

Mehranoon “Mary” Esmaili is a former lawyer in Iran and language instructor, now director of Ferdosi School with 28 years of experience teaching Persian language (Farsi).

7 Mondays, 7:10–9pm
Jan. 30–Mar. 19 (No class Feb. 20)
Kentfield Campus, Olney Hall 101
Fee $92 (Includes $3 materials fee)
CRN# 15131

FRENCH FOR LEISURE TRAVELERS: SOCIAL ETIQUETTE AND CULTURAL AWARENESS

Learn to navigate your way through France without fear of making common faux pas. This course will teach you everyday survival French vocabulary and, also, general cultural and social etiquette of France. In a typical French ambiance, accompanied by French music, cheese, crackers, and seltzer, you will be able to practice your skills in a social setting. Get tips on ‘do’s and don’ts’ in typical situations: ordering from a French menu, restaurant dining, the art of gift-giving in France, the role of conversation, and more.

We will break for a half-hour lunch.

Shirin Teysyser is a multi-lingual and cross cultural specialist with 30 years international experience specializing in social and business etiquette and protocol.

Saturday, 10am-3:30pm
Feb. 11
Kentfield Campus
Student Services 111 (Deedy Lounge)
Fee $69 (Includes $8 materials fee)
CRN# 15066 EC

CONVERSATIONAL FRENCH: FIRST YEAR, THIRD QUARTER

These sequential courses are designed for those who have no or very little knowledge of French. We work with pronunciation, vocabulary enrichment, and short conversations. See Note at the beginning of the Languages section.

Anne Marie Lebas is a native of France who has taught in the Bay Area for over 20 years. She teaches with great enthusiasm and energy and creates a lively and comfortable learning environment for students at any level. A bientot!

7 Mondays, 6:40–8:30pm
Jan. 30–Mar. 19 (No class Feb. 20)
Kentfield Campus, Olney Hall 109
Fee $89
CRN# 15067

A REGISTRATION FORM IS AT THE CENTER OF THIS BOOKLET.
CONVERSATIONAL FRENCH:
SECOND YEAR, THIRD QUARTER
These second year refresher courses are for
those who would like to review what they
learned in high school or college French
classes, or for those students who have
taken the beginning French conversation
courses. The goal is to boost confidence and
fluency in speaking. See Note at the begin-
nning of the Languages section. A bientot!

Anne–Marie Lebas
7 Wednesdays, 6:40–8:30pm
Feb. 1-Mar. 14
Kentfield Campus
Learning Resources Center 39
Fee $84
CRN# 15132

NEW GERMAN FOR TRAVELERS
Be prepared for travel in Germany, Austria
or Switzerland — or any other area where
German is spoken. This course will
help you develop an appreciation of the
German language, cultures, and society.
Situational conversation exercises will be
presented. Materials such as maps, menus,
magazines, and newspapers will be used to
practice comprehension and illustrate
various aspects of life in German-speaking
countries. No previous knowledge of
German is necessary. This class is com-
pleted in one quarter.

Hamid Emami is a native German
speaker with a Master’s degree from
Universität Hamburg and has taught German
in the Bay Area for over 10 years. Dedicated
and passionate about teaching the German
language, Emami creates a truly enjoyable,
friendly setting in which to learn the
language. Auf bald! Come and join us!

7 Thursdays, 6:40–8:00pm
Feb. 2–Mar. 15
Kentfield Campus
Temporary Building 104
Fee $79 (Includes $1 materials fee)
CRN# 15109

CONVERSATIONAL ITALIAN:
SECOND YEAR, THIRD QUARTER
Continue learning basic conversa-
tional Italian, including pronunciation,
vocabulary, and command of idiomatic
expressions and colloquialisms. Emphasis
will be on speaking and comprehension
through oral drills. See Note at the begin-
nning of Languages section.

For those in Ilia Salomone-Smith’s
classes, Please see Note regarding Portable
Village on page 33.

Lido Cantarutti
7 Wednesdays, 7:10–9pm
Feb. 1-Mar. 14
Kentfield Campus, Science Center 104
Fee $89
CRN# 15068

CONVERSATIONAL ITALIAN:
FIRST YEAR, FIRST QUARTER
Learn basic conversational Italian,
including pronunciation, vocabulary, and
command of idiomatic expressions and
colloquialisms. Emphasis will be on speaking
and comprehension through oral drills. See
Note at the beginning of Languages section.

Lido Cantarutti
7 Thursdays, 7:10–9pm
Feb. 2-Mar. 15
Kentfield Campus, Science Center 104
Fee $89
CRN# 15157

Ilia Salomone–Smith
7 Tuesdays, 1:10–3pm
Jan. 31–Mar. 13
Kentfield Campus, Portable Village 3
Fee $71 (Includes $2 materials fee)
CRN# 15069 EC

CONVERSATIONAL FRENCH:
FIRST YEAR, FIRST QUARTER
These first year refresher courses are for
those who would like to review what they
learned in high school or college French
class, or for those students who have
taken the beginning French conversation
courses. The goal is to boost confidence and
fluency in speaking. See Note at the begin-
nning of the Languages section.

RegistRation staRts tue sday, Jan. 3. see p age 45.
24
Feb. 2–Mar. 15
Portable Village 3
Note
Portable
See
Regarding
Portable
Village
on
page
33.

RegistRation staRts tue sday, Jan. 3. see p age 45.
NEW READING STORIES IN JAPANESE: ISSUN BOOSHI

This course is designed for those who have studied Hiragana and Katakana characters, some Kanji characters, and who have knowledge of basic Japanese grammar equivalent to Japanese 102 (credit course) (LL-L12 in Genki textbook). In this class, we will read simple stories and discuss them in Japanese, analyzing the characters, their ways of thinking, how and why the life of the main characters improved, and cultural differences between Americans and Japanese. Those interested are invited to also write compositions, which will be reviewed by the instructor, to maintain and advance their knowledge of Japanese.

This winter quarter, we will address the story Issun Booshi, or Little One Inch. In the spring quarter, we plan to consider Saigono ha, written in Japanese by the American author O. Henry, and Esugata Okusan by Sooko Takahashi.


Kuniko Prince
7 Mondays, 4:10–5pm
Jan. 30–Mar. 19 (No class Feb. 20)
Kentfield Campus, Harlan Center 127
Fee $59
CRN# 15133

CONVERSATIONAL SPANISH: FIRST YEAR, THIRD QUARTER

These are introductory courses for beginners who wish to learn to converse in Spanish with others at home or while traveling. Students will learn vocabulary, pronunciation, idiomatic expressions, and colloquialisms. The stress is on developing the ability to converse. See Note at the beginning of the Languages section.

Textbook: Cómo Se Dice, 8th edition. Please see Note above regarding Textbooks.

Nancy McInnes
7 Thursdays, 7:10–9pm
Feb. 2–Mar. 15
Kentfield Campus, Harlan Center 126
Fee $89
CRN# 15071

Milt Hain
7 Tuesdays, 2:10–4pm
Jan. 31–Mar. 13
Kentfield Campus
Temporary Building 119
Fee $69
CRN# 15072 EC

CONVERSATIONAL SPANISH: SECOND YEAR, THIRD QUARTER

Join other students who have completed Conversational Spanish: First Year, First through Fourth Quarters, or have equivalent knowledge. With the goal being to gain more fluency and be able to express thoughts and feelings in Spanish, we work on enlarging vocabulary, pronunciation, and comprehension through oral drills. The course will include an introduction to poetry and literature. See Note at the beginning of the Languages section.

Textbook: Cómo Se Dice, 8th edition. Please see Note above regarding Textbooks.

Milt Hain
7 Fridays, 2:10–4pm
Feb. 3–Mar. 23 (No class Feb. 17)
Kentfield Campus
Temporary Building 119
Fee $69
CRN# 15073 EC

CONVERSATIONAL YIDDISH

Conversational Yiddish is relatively new to the Community Ed program this school year. This Winter and Spring Quarters, both new and continuing students will be welcome. The class is designed for those with little or no experience in speaking and understanding Yiddish, and individualized attention will be given as needed. Knowledge of the Alef Bet from Hebrew is helpful; however, pronunciations and vowels are different. You will learn the Alef Bet and the Yiddish pronunciation. You will then be able to read and write basic vocabulary and construct basic sentences. Songs will be used to help with comprehension.

No text is needed. Handouts will be distributed in class.

Julie Egger, MA, has studied Yiddish since she was a child, but has been studying it more intensely as an adult. Last summer she participated in a Yiddish immersion program in Lithuania.

7 Mondays, 12:40–2pm
Jan. 30–Mar. 19 (No class Feb. 20)
Kentfield Campus, Harlan Center 127
Fee $59 (Includes $1 materials fee)
CRN# 15134 EC
Literature/Humanities

**NEW** GREEK MYTHOLOGY: GODS, MONSTERS, AND HEROES AT THE ORIGINS OF STORYTELLING

Greek Mythology is the body of myths and legends belonging to the ancient Greeks concerning their Gods and Heroes, the nature of the world, the origins and significance of their cult. They were all part of religion in ancient Greece. Modern scholars refer to the myths and study them in an attempt to throw light on the religious and political institutions of Ancient Greece, and its civilization.

Join us in a fascinating journey through some of the main tales of Greek Mythology from the birth and lives of Olympian Gods such as Zeus, Hera, Aphrodite, Apollo, Artemis, Atlas, the creation of the world, Jason’s quest for the Golden Fleece, Theseus and the Minotaur, The Trojan War, The Return of the Heroes, and others.

Erika Harkins, MA
7 Mondays, 2:10–4pm
Jan. 30–Mar. 19 (No class Feb. 20)
Kentfield Campus, Harlan Center 165
Fee $69 (Includes $1 materials fee)
CRN# 15022 EC

**NEW** INTRODUCTION TO JANE AUSTEN

The course is an introduction to the work of Jane Austen. We will begin by discussing some of the details of her life and the social and historical background of the period. We will spend most of our time on two novels: Pride and Prejudice, which is typically considered her masterpiece, and the much shorter Persuasion, which is her last, and, in some ways, most interesting novel. We will highlight her humor, the moral issues that confront characters, and some of the topics that appear over and over again in her novels. We will also view of movies of both novels and a DVD which details many of the important aspects of the life of Jane Austen and the concerns that underlie her work.

William Wallace, EdD, MA (English)
7 Tuesdays, 1:10–3pm
Jan. 31–Mar. 13
Kentfield Campus, Harlan Center 127
Fee $71 (Includes $3 materials fee)
CRN# 15074 EC

**NEW** MARCEL PROUST: IN SEARCH OF LOST TIME

Graham Greene called Proust the “greatest novelist of the 20th century”, and W. Somerset Maugham called Proust’s novel the “greatest fiction to date”.

In Search of Lost Time is the history of a conscience, of the progresses of an individual who while immersed in a very superficial life style, suddenly discovers his vocation as well as the real meaning of life. The recollections of the narrator through “involuntary memory” brings back to life an extraordinary portrait of European upper class; social, artistic, and political environment during the Belle Epoque.

Join us in exciting discussions about the times and life of Marcel Proust, followed by reading excerpts, analyzing, and discussing the first two volumes: Swann’s Way and In the Shadow of Young Girls in Flower (Goncourt Prize).

Erika Harkins, MA (French Literature)
7 Tuesdays, 2:10–4pm
Feb. 1–Mar. 14
Kentfield Campus, Harlan Center 165
Fee $69 (Includes $1 materials fee)
CRN# 15023 EC

**NEW** DANTE’S DIVINE COMEDY: INTRODUCTION AND THE INFERNO

Spend the year with Dante! Beginning this winter, we will devote ourselves to an introduction to Dante, his times, and other works. The winter session will include an overview of the history and literature of late 13th and early 14th Century Florence, but will concentrate on the reading of the Inferno. The subsequent spring and either summer or fall quarters will be devoted to the Purgatorio and the Paradiso.

Wendy Walsh has a doctorate in Italian Literature from U.C. Berkeley.

8 Wednesdays, 2:40–5pm
Feb. 1–Mar. 21
Kentfield Campus
Learning Resources Center 38
Fee $94
CRN# 15075 EC

CLASSES START MONDAY, JAN. 31. REGISTER EARLY.
SHORT STORY MASTERPIECES
The short story is a compressed psychological event. The writer drops us into a situation and carries us swiftly toward a pivotal moment that will change all that follows. Authors such as Tolstoy, Faulkner, Henry James, Alice Walker, and Ha Jin have reached some of their highest achievements in this form. In our reading and discussion we’ll consider why the short story is regarded as the most artistic of all narrative forms and why stories that are so brief have such a strong emotional impact.

Please see Note regarding Portable Village on page 33.

Margo Fields, MA, MFT, is a psychologist and teacher of comparative literature. Her poetry and fiction have appeared in national magazines and literary journals.

7 Fridays, 10:10am-12:30pm
Feb. 3-Mar. 23 (No class Feb. 17)
Kentfield Campus, Harlan Center 170
Fee $79
CRN# 15021 EC

Marin Adventures
Marin Adventures courses are conducted in the field; students provide their own transportation. There may be incidental entrance fees to parks. Wear comfortable shoes and dress for weather; bring drinking water and snacks — and your binoculars! Come prepared for fun!

Itineraries: If you register at least eight working days prior to the first class meeting, the Class Itinerary, which includes directions to sites, will be automatically mailed to you. Otherwise, call 415.485.9305 and press 4 when you hear the automated voice. Leave a detailed request, including the class title for which you are registered for and your name and mailing address.

BIRD-WATCHING IN MARIN: A FIELD EXPLORATION
Learn to recognize local birds by sight or sound! This class is a field exploration of birds and birding localities of Marin County. The first class will meet in the classroom for a slide show and lecture, featuring local seasonal birds, to be followed by a bird-watching walk. All other classes will meet at field sites.

An itinerary and directions to field sites will be distributed at the first class meeting. Students are responsible for their own transportation.

Please see Note regarding Portable Village on page 33.

Lisa Hug, MEd, is an experienced birder in Marin and Sonoma Counties who co-leads pelagic trips and teaches seminars at the Point Reyes National Seashore. Careful! Her passion for birds is contagious!

Orientation: Tuesday, 9:10am–1pm
Jan. 31
Kentfield Campus, Portable Village 4

Plus 4 field trips
Tuesdays, 8:30am–12:30pm
Feb. 7-28
Fee $105
CRN# 15024 EC

MEANDERING IN MARIN
If you enjoy getting exercise, socializing with a congenial group, and learning about birds, flowers, butterflies, and mushrooms, come join the Meanderers.
Hikes are four to five miles with an elevation gain of under 1,000 feet, and we stop to enjoy lunch. Come prepared to enjoy yourself, rain or shine. Please see Itineraries above.

Wendy Dreskin, one of the most informative and enjoyable naturalists in the county, leads the always popular Meandering in Marin. Wendy is a recipient of the Terwilliger Environmental Award.

7 Mondays, 9:45am–1:45pm
Jan. 30–Mar. 19 (No class Feb. 20)
Fee $119
CRN# 15025 EC

7 Tuesdays, 9:45am–1:45pm
Jan. 31–Mar. 13
Fee $119
CRN# 15026 EC
BEGINNING HIKING
Curious about the many trails to hike in Marin, but don’t know where to start?
Explore some of the many open spaces in our County on these four to six mile hikes.
Along the way we will discuss plants, birds, insects, and whatever else may catch our eyes. Participants must be in good physical condition and capable of hiking, without undue fatigue, at a 30-minute mile pace on uneven terrain with about 1000 feet of elevation gain.
Please see Itineraries above. Please, dogs are not invited to this class. Please bring a bag lunch.

Sharon Barnett is a thoughtful and enthusiastic trail guide and dynamic naturalist. Sharon was the winner of the 2011 Terwilliger Environmental Award. She teaches science at Marin Country Day School and leads natural history outings for Point Reyes Field Seminars and Marin Nature Adventures.

6 Saturdays, 10am–2pm
Last class, 10am–4pm
Feb. 4–Mar. 24 (No class Feb. 18 & 25)
Locations: See Itineraries Note above
Fee $109
CRN# 15135 EC

MUSIC

NEW ROCK’N’ROLL: THE FIRST 25 YEARS (PART 1)
Over the course of winter and spring quarters, we will investigate the evolution of rock music from 1955 to 1980, starting from its roots in rhythm & blues and country and moving through the explosion of soul music, the British Invasion, folk-rock, and psychedelia in the 1960s, as well as the progressive rock, hard rock, funk, punk, and new wave of the 1970s. Through both common and rare audio recordings and video clips, the rapid development of rock’s key styles throughout its first quarter century will be brought to life and explored in depth. The course will also detail how rock’s phenomenal growth was sparked by economic and cultural changes in American and British society, and how rock in turn changed society forever.
This winter quarter we will start in 1955 and travel through to the late 60s.
Richie Unterberger is a speaker and award-winning author of ten books on popular music history.

6 Tuesdays, 7:10–9pm
Jan. 31–Mar. 6
Kentfield Campus
Learning Resources Center 53
Fee $86 (Includes $3 materials fee)
CRN# 15027

NEW AMERICANS IN PARIS: NADIA BOULANGER AND THE AMERICAN SCHOOL OF MUSICAL COMPOSITION
While Gertrude Stein was creating excitement in the world of French visual art, another powerful woman, this time a French composer and teacher, was honing new American music through her Parisian studio. That extraordinary pedagogue was Nadia Boulanger, and her students led the burgeoning American school of music in the 20th century.
This course will focus first on the French school of music, Boulanger’s foundation, and then we will examine some of her illustrious students and their music: the likes of Aaron Copland, Elliott Carter, Quincy Jones, Virgil Thomson, and Philip Glass. We’ll see how her students were influenced by Boulanger’s aesthetic, and discuss how they then created a new, uniquely American sound in their work.

Lenore Alford, Doctor of Musical Arts, is the Music Director of St. John’s Episcopal Church in Ross. She studied organ and sacred music with Dr. Gerre Hancock, himself a student of Boulanger.

7 Thursdays, 1:10–3pm
Feb. 2–Mar. 15
Kentfield Campus, Fine Arts Center 201
Fee $69
CRN# 15110 EC

RUSSIAN MUSIC: RARELY PERFORMED MASTERPIECES
Not to be missed! Raise your the musical I.Q. in this class that combines listening to Russia’s finest music, both recorded and live, with discussion of Russian music and of the lives and times of Russian composers. This winter quarter we will consider Glina’s opera, Ruslan and Ludmila, Rachmaninov’s Third Symphony, Tchaikovsky’s string quarters and Serenade for Strings, and Mussorgsky’s piano music.

Alexander Vereshagin, Music Director and Conductor, composer,arranger, pianist and teacher, graduated from and taught at St. Petersburg National Conservatory. He also conducted several of Russia’s renowned orchestras, performing
symphonic, operatic, and choral works. Currently he is the Music Director of the Russian Chamber Orchestra which performs locally.

7 Fridays, 12:10–2pm
Feb. 3-Mar. 23 (No class Feb. 17)
Kentfield Campus, Olney Hall 96
Fee $69
CRN# 15028 EC

NEW JAZZ STANDARDS FROM AROUND THE WORLD

Sing standards in Portuguese, French, Italian, and Spanish. A fun way to learn songs in different languages and add them to your repertoire. Class will cover healthy techniques, pronunciation, phrasing, style, and how to communicate the essence of the song to your audience. We will listen and learn songs sung by Edith Piaf, João Gilberto, Antonio Carlos Jobim, and more.

This class is for those with some singing experience. Limit to a max of 10 students; you’ll get lots of attention and many chances to sing! Lyrics and music will be provided. If you have questions, please contact the instructor at daria@dariajazz.com.

DARIA is an acclaimed jazz/pop vocalist and recording artist. Her training includes healthy techniques of singing and all popular styles of music including Jazz, Brazilian, Blues, and Pop. DARIA studied with jazz greats Bobby McFerrin and Mark Murphy. She has performed and toured worldwide with her trio and with Dan Hicks and the Hot Licks.

7 Mondays, 7:10–9pm
Jan. 30–Mar. 19 (No class Feb. 20)
Kentfield Campus
Learning Resources Center 72
Fee $149
CRN# 15076

CHORUS EMERITUS

If you like to sing or think you would like to sing in a mixed chorus, join us! During the fall we rehearse holiday and various musical selections in preparation for performances at the end of the second semester when we perform at retirement or convalescent facilities. There are no auditions. We ask for $25 to buy new music and to pay our talented accompanist.

Phil Hildreth
7 Thursdays, 3:10–5pm
Feb. 2–Mar. 15
Kentfield Campus, Olney Hall 96
Fee $49
CRN# 15029 EC

MARIN MEN’S CHORUS

“The camaraderie and brotherhood is an important part of this group, and keeps me coming back year after year.” Michael

Open to all men who want to sing, regardless of residence. Repertoire is primarily popular standards. Performances are included and will be scheduled. The instructor will collect an additional $53 at the first class meeting for materials/accompanist fees.

Shawn Aluk, MA (Music Education), is an experienced choral director and music educator who strives to inspire his students to appreciate and enjoy music.

7 Tuesdays, 7–9pm
Jan. 31–Mar. 13
St. Stephen’s Church
3 Bayview Ave., Belvedere
Fee $44
CRN# 15077 EC

PIANO CLASSES FOR BEGINNERS TO ADVANCED

Piano instruction in both classical and popular music (chords and melody) is offered in a relaxed, supportive, and friendly environment. You will have your own upright piano in the classroom.

Section A (Tuesdays, 7:40–9pm) for those with little or no knowledge of the piano.

Section B (Tuesdays, 6:10–7:30pm) assumes the student has knowledge of note reading and basic piano skills.

Section C (Thursdays, 7:40–9pm) is for students who can proficiently play and count, hands together, pieces of moderate difficulty.

Section D (Thursdays, 6:10–7:30pm) is for the more advanced student. Emphasis is on musical interpretation and expression. Students will be required to buy music at an approximate cost of $25.

To sign up for Piano Class, use the course number below. If you are unsure of your placement, e-mail the instructor at marciabau@aol.com. Early registration strongly recommended.

Marcia Bauman, PhD (Eastman) is an award-winning composer and pianist, and has taught at Stanford University and the Eastman School of Music.

Times as above
7 Tuesdays & 7 Thursdays
Jan. 31–Mar. 15
Kentfield Campus
Learning Resources Center 72
Fee $93
CRN# 15030
**NEW GUITAR CLASS**
Have you always wanted to play guitar? This course will get you started and keep you going! We will cover tuning, picking styles, and scales, including major, minor, and blues, plus some music theory. We will also go over the basics of different genres, including rock, jazz, classical, and country. We will discuss guitar technology and what is involved with playing in a band or performing solo. For beginning, intermediate, and advanced students, there will be something to engage everyone whatever their experience or ability level!

Bring your guitar and a music stand to class. There will be lots of time to play in class. Books which might be of interest will be discussed.

Jonathan Jimmerson, BA (Music), is a performing musician who has taught guitar to individuals and groups both in schools and privately. See his website: www.jonathanjimmerson.com.

7 Mondays, 5:10-7pm
Jan. 30–Mar. 19 (No class Feb. 20)
Kentfield Campus, Portable Village 6
Fee $89
CRN# 15142

**KLEZMER MUSIC WORKSHOP**
This Saturday workshop is a tester! If attendance proves interest, we will schedule a weekly class in future quarters.

Become familiar with what makes Klezmer music Klezmer music! This class is for any musician, beginner and amateur, as well as professional, who is interested in playing and/or singing and understanding Klezmer music. We will listen to and play lots of Klezmer tunes, as well as learn about the theory, history, and dances behind the music.

Bring your instrument to class. Singers who are interested in singing Yiddish with a band are also welcome. If you have questions about the class, please email the instructor at julieegger@comcast.net.

Recommended text: Klezmer! Jewish Music from Old World to Our World by Henry Sapoznik.

Julie Egger, MA, has played fiddle with The Red Hot Chackkas, a Klezmer band that has performed throughout the Bay Area since 1998. She is a music teacher and Suzuki Violin Teacher. This summer she participated in a Yiddish immersion program in Lithuania.

Saturday, 10:10–12noon
Feb. 11
Kentfield Campus, Olney Hall 96
Fee $28
CRN# 15136 EC

**Parenting**

**FOSTER AND KINSHIP CARE EDUCATION PROGRAM**

**Patty Cala, Program Director**

This program deals with all aspects of becoming a foster or adoptive parent. Special programs are designed for grandparents and other relatives caring for children. On-going seminars and support groups are offered to help in the day-to-day caring for these children. Professionals, foster parents, and guest speakers address topics identified by the Foster and Kinship Care Education Advisory Board. Call Patty Cala at 415.457.8811, ext. 8239, for further information. These courses are funded by a grant from the Chancellor’s Office, California Community Colleges.

**INTRODUCTION TO FOSTER AND ADOPTIVE PARENTING**
Especially for those new to foster and adoptive parenting, or those beginning the process. Couples and single parents will learn about the court process, behavioral issues, and emotional stresses for foster children and their new family; how to work with the agencies involved; the parent’s role in the child’s life; and the different ages and problems of the children. Offered in Spanish and English. For information, call Patty Cala at 415.457.8811, ext. 8239.

**Discover COMmunity Ed**

**JOIN US FOR PREVIEW DAY**

Saturday, Jan 14, 9am–12noon
Cafeteria, Student Services Building Kentfield Campus

• Meet COMmunity Ed instructors
• Explore new COMmunity Ed classes
• Sign up for classes
• Get help with registration
• Learn about Emeritus College
• Mingle and have a good time!

Free Event. Free Parking. Snacks. This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
Personal Development

NEW INTRODUCTION TO THE ENNEAGRAM: SEEING PERSONALITY TYPES IN A NEW LIGHT

The Enneagram is an increasingly popular system of understanding personalities and is used by individuals, psychotherapists, teachers, parents, personnel managers, and team leaders. It is relatively new in its current form, yet based on ancient wisdom. The Enneagram provides an insightful path for identifying and maximizing our natural personality strengths and for recognizing our challenges. If you are new to the Enneagram or already familiar with it, this course will offer useful applications for your personal life, work life, and your creative endeavors.

We will begin with a set of questions that will help you determine which of the nine Enneagram types is yours. We will also examine and discuss each type as well as pathways of integration.


Please see Note regarding Portable Village on page 33.

Krista Hand is a certified Enneagram workshop leader who has been studying the Enneagram since 2009.

4 Mondays, 6:40-8:30pm
Jan. 30-Feb. 27 (No class Feb. 20)
Kentfield Campus, Portable Village 4
Fee $64 (Includes $1 materials fee)
CRN# 15143

LIVING YOUR LEGACY

How can you be more memorable? This class will give you the tools to explore what makes you who you are, what gives your life meaning, and how to live richly and fully and in a way that you may be proud of yourself. This class is for anyone who wants to tap into their own uniqueness and begin to live their own legacy. Topics to be covered include:

- Creating a ‘Portrait’ of Your Life
- What Is Important? What Is Not Important?
- Your Essential Self, Your Social Self, and Your Destiny
- The Map of Change: Catalysts that Transform You

Text: Start Living Your Legacy, Janet Benjamin, will be distributed in class. Please bring a 3-ring binder.

Janet Benjamin has been in sales, owned her own ‘green’ company, is a certified arthritis aquatics instructor, and has been a successful fundraiser for well-known Marin nonprofits.

5 Thursdays, 6:10-8pm
Feb. 2-Mar. 1
Kentfield Campus, Harlan Center 161
Fee $57 (Includes $1 materials fee)
CRN# 15031 EC

Photography

BASIC PHOTOGRAPHY

This course will cover the basics: camera types, lenses, filters, depth of field, metering, exposure control, and tripods. We will also discuss digital formats, the camera’s menus, and what all the various choices mean.

Two Saturdays we will combine classroom and field sessions. On April 9, a morning in the field will be followed by an afternoon class. On April 23, an afternoon class will be followed by an evening field trip where you will learn and practice techniques for long exposures and night photography. Students meet on site and are responsible for their own transportation.

Bring an adjustable camera to class each week. This class is beyond simple point and shoot cameras. Darkroom work will NOT be discussed.

Jed Manwaring specializes in travel and outdoor photography. His photographs have appeared most recently in Golden Gate National Parks: A Photographic Journey, Guardians of the Gate, and in Outdoor Photographer and PC Photo magazines.

4 Wednesdays, 7:10-10pm
Feb. 22-Mar. 14
Indian Valley Campus, Bldg 3, Rm 154
Plus 2 Saturdays, 1–4pm
Sept. Mar. 3 & 10
Indian Valley Campus, Bldg 27, Rm 228
Plus field trip: Sat., Mar. 3, 8–11am
Plus field trip: Sat., Mar 10, 6–9pm
Fee $124 (Includes $2 materials fee)
CRN# 15111

A REGISTRATION FORM IS AT THE CENTER OF THIS BOOKLET.
DIGITAL PHOTOGRAPHY FOR TRAVELERS
The course is for those who want to take better pictures while traveling. It is strongly recommended that you have a solid understanding of your camera’s basic features and functions. We will cover:
• Buying the right camera for the right trip
• Utilizing more advanced camera settings
• Composing better images
• Using natural and artificial light
• Capturing people in candid situations
• Avoiding the pitfalls of traveling with camera gear
• Why you need Medical and Personal articles insurance

Please bring your digital camera and its manual, a notepad, and a pen to class.

The second meeting is a field trip/camera walk to practice what we’ve learned. (Students are responsible for their own transportation.) During the third meeting, we will view and discuss photographs taken on the field trip in the classroom.

Recommended text: Hank Miller. Digital Photography for Travelers Notebook, will be distributed in class.

Hank Miller is a professional photographer and freelance writer.

Saturday, Feb. 4, 10am–1pm
Monday, Feb. 6, 6:40-8:30pm
Kentfield Campus, Harlan Center 161
Field trip: Sunday, Feb. 5, 10am-1pm
A Taste of Rome Cafe
1001 Bridgeway, Sausalito
Fee $81 (Includes $5 materials fee)
CRN# 15032

INTRODUCTION TO PHOTOSHOP ELEMENTS: THE DIGITAL DARKROOM
The focus of this course is to learn basic photo editing to improve your digital photos. An introduction to image resolution, file formats, and file compression issues will be covered. We will also perform simple image clean up and photo enhancements, provide step-by-step exercises to crop and resize images for e-mail and print, repair damaged or scratched old photos, correct lighting, brightness/contrast and color, and remove blemishes, red-eye, and other irregularities. Time permitting, we will also create contact sheets of your digital camera folder.

Enroll in Beginning Computing or Computer Fundamentals first if you are unfamiliar with the mouse and keyboard and opening and saving files. See pages 12-13.

A USB port plug in storage device, i.e. flash drive or thumb drive, is recommended if you would like to save your work.


Jazmine Loiselle
Friday, 9am–4pm
Feb. 3
Indian Valley Campus, Bldg 7, Rm 192
Fee $118 (Includes $19 special fee)
CRN# 15112

INTERMEDIATE PHOTOSHOP ELEMENTS: THE DIGITAL DARKROOM
This course will continue to focus on photo editing techniques. We will review the basics, introduce basic selections and layers, and cover how to control separate areas of a photo in order to execute customized lighting and color adjustments. If there is enough time, we will cover step-by-step instructions to create a slide show with viewing capabilities on a CD or the Internet.

This class builds upon skills learned in Intro. to Photoshop Elements. Please see course description above for additional information.

Jazmine Loiselle
Friday, 9am–4pm
Feb. 10
Indian Valley Campus, Bldg 7, Rm 192
Fee $118 (Includes $19 special fee)
CRN# 15113

ALSO OF INTEREST...

PHOTOSHOP I AND II
See page 16-17.
Physical Fitness

Note: Please check with your physician before you register for any P.E. class(es). If you have any questions about the level of difficulty of the class, please call 415.485.9305, press #4 to reach a staff person, and ask to leave a message for the instructor. Please see our Refund Policy on page 47.

Portable Village: During Winter Quarter 2012, all classes that usually meet in PE 22/23 will meet in Portable Village 6 due to construction schedules and the need to accommodate all classes. Other Community Ed classes meet in the Portable Village as well. From College Ave., turn into Parking Lot #12, next to the PE complex and across from Woodlands Market. Park in Lot #12 or the free lot nearby, following all posted regulations. Once you've parked your car, if you are facing the PE complex, the Portable Village is on the right (East).

NEW RESTORE AND IMPROVE YOUR BALANCE
Learn how balance works, why your balance may be deteriorating, and how you can safely implement very simple exercises to train your balance. Improve your stability and prevent falls, regain your confidence and independence. We will bring mindfulness back to your movements and correct bad habits. Simple progressive exercises will stimulate the nervous system and many can be done while sitting. We will also cover what to do if you fall.

Please bring water and any one or two pound weights you may already have to class. Handouts will be distributed in class.

Please see Note regarding Portable Village on page 33.

Thomas Attardi, MA, NMT, has worked in health and healing rehabilitation since 1992.

7 Tuesdays & 7 Thursdays, 12:10-1pm Jan. 31-Mar. 15 Kentfield Campus, Portable Village 6 Fee $69 CRN# 15144 EC

FUNCTIONAL FITNESS

This fitness course offers opportunities to enhance cardiovascular endurance, muscular strength, flexibility, balance, coordination, and over-all sense of well-being while participating in movement activities with music while sitting or standing in a safe and friendly environment. The curriculum is designed to be appropriate for adults with physical disabilities and those who prefer a gentler, yet challenging, approach to exercise. No prior experience necessary.

Please see Note regarding Portable Village on page 33.

Diana Scranton, MA (Education), is American Senior Fitness Association-certified and a Dance for Parkinson’s Disease Instructor.

7 Mondays & 7 Wednesdays, 10:10–11am Jan. 30-Mar. 19 (No class Feb. 20) Ends on a Monday Kentfield Campus, Portable Village 6 Fee $69 CRN# 15034 EC

TRANSFORMATIONAL FELDENKRAIS MOVEMENTS

Learn how The Feldenkrais Method™ can help you improve your functioning, balance, flexibility, coordination, posture, and sense of well-being. These lessons increase the capacity for easier and more effective movement in everyday activities. We will cover:

• Restoring functioning due to injuries, aging, or trauma
• Improving posture through learning a dynamic alignment
• How to relieve aches and pains
• Minimizing stress and tension
• Enhancing physical and emotional wellbeing

Each class will include time for discussion. Handouts will be distributed. You must be able to lower and raise yourself from the floor independently.

Please see Note regarding Portable Village above.

Kay Pepitone
7 Thursdays, 1:10–2pm Feb. 2–Mar. 15 Kentfield Campus, Portable Village 6 Fee $44 (Includes $1 materials fee) CRN# 15033 EC
**THE FELDENKRAIS METHOD FOR THE ACTIVE OLDER ADULT**

The Feldenkrais Method uses gentle, pleasurable movement to produce powerful changes that help people look and feel better, moving with more confidence, coordination, and balance. It is effective in relieving tension and is particularly useful for those wanting to improve or regain movement affected by injury, surgery, arthritis, and other conditions, as well as from a lack of physical activity.

To participate in this class it is necessary to be able to raise and lower yourself from the floor. Please bring a mat and two bath towels for comfort.

**Teresa Hanson, GCFP**  
6 Mondays, 3:40–5pm  
Jan. 30–Mar. 12 (No class Feb. 20)  
Kentfield Campus  
Physical Education Center 60  
FREE  
CRN# 15035 EC

**A NEW WAY TO EXERCISE FOR PAIN RELIEF AND PHYSICAL REPAIR**

Come to a friendly exercise class that welcomes your pace and problems. The original exercises used in class bring pain relief and develop new strength and flexibility without irritation or strain. The floor exercises are done from a fully supported position of healing comfort that you learn to make with the wedges and pillows in class. This exercise position gives even long-standing, complicated, and chronic problems the expanded and strainfree movements of pain relief and physical repair.

We make sounds, jiggle, shake, and yawn. Leg exercises build protective flexibility up and down the spine while hamstrings lengthen and hips and thighs tone. Breathing muscle exercises flatten the belly, improve posture, change scoliosis, and give your lymph nodes and vessels the expanding, contracting, and relaxing motions of immune enhancement.

**Meg Margolis**  
Ruth Corwin, PhD  
7 Mondays & 8 Wednesdays & 6 Fridays  
4:10–5pm  
Jan. 30–Mar. 21 (No class Feb. 17 & 20)  
Ends on a Wednesday  
Kentfield Campus, Fusselman Hall 120  
Fee $116  
CRN# 15036 EC

**MOVEMENT AND MUSIC FOR THE OLDER ADULT: A UNIVERSAL LANGUAGE**

This class is created for older persons who have not been exercising regularly, or have arthritis related problems. It moves at a moderate, comfortable (yet progressively challenging) pace to meet individual needs. Chair exercises (to tone both upper and lower body muscles) will comprise a major portion of the class. Also included: joint flexibility, muscle strengthening, balance, breathing coordination, and modified Tai Chi movements, combined with relaxing music, conducive to reducing stress.

**Diane Hain**  
7 Mondays, 11:10am–12noon  
Jan. 30–Mar. 19 (No class Feb. 20)  
Whistlestop  
930 Tamalpais Ave., San Rafael  
FREE  
CRN# 15114 EC

**ENERGY WARM-UPS FOR THE ACTIVE OLDER ADULT**

A gentle, yet effective stretching and strengthening class for active adults which uses non-strenuous movement to increase flexibility, mobility, and range of motion with special attention paid to improving balance. Classes will include a few minutes of light weight training, important for increasing upper body strength, as well as breath and relaxation techniques which aid in reducing stress and increasing positive feelings of well being.

Please see Note regarding Portable Village for the class meeting on the Kentfield Campus on page 33.

**Erik Riswold**  
7 Tuesdays & 5 Fridays, 9:10–10am  
Ends on a Tuesday  
Jan. 31–Mar. 13 (No class Feb. 17)  
Kentfield Campus, Portable Village 6  
Fee $63  
CRN# 15137 EC  
6 Wednesdays, 10:10–11am  
Feb. 1–Mar. 7  
Indian Valley Campus, Bldg 15, Rm 170 (formerly Miwok 170)  
Fee $39  
CRN# 15138 EC
GENTLE YOGA
Gentle Yoga is adapted for all levels and will benefit beginner to advanced students. Starting with a review of foundations at an easy pace, you will learn basic poses, including principles of movement and posture, relaxation, breathing techniques, meditation, and proper alignment to better your overall health and wellbeing. This class focuses on increasing alignment, awareness, flexibility, and reducing stress by rebuilding the immune system through restorative postures. Individual needs are addressed with modifications for past injuries and health issues.

It is recommended to abstain from eating within two hours of the class. Please bring a yoga mat and water, also any yoga props you may have, such as a blanket, blocks, straps, and/or bolster.

Puni Elston has been dedicated to fitness for 20 plus years and has studied/practiced yoga and Pilates for 18 years and taught for 11 years.

7 Tuesdays, 10:10am–11am
Jan. 31–Mar. 13
Indian Valley Campus, Bldg 20, Rm 106
Fee $15
CRN# 15037 EC

YOGA FOR EVERY BODY, YOGA FOR EVERY MIND
Practice iyengar yoga postures with attention to the connection of mind, spirit, and breath. Increasing flexibility and strength restores the body’s freedom of movement and alignment. Physical and mental tensions are released, and energy is increased. People with special health and fitness needs are welcome. Be ready to explore the possibilities that yoga has to offer.

Note: If you are new to yoga or registering for the Intermediate class for the first time, contact the instructor before registering at susyoga2@yahoo.com or 415.388.1549.

Susy Stewart has studied yoga for 30 years including in India with the Iyengars and Integral yoga at the Sri Aurobindo Ashram. She is certified in Integrated Yoga Studies by the California Institute of Integral Studies.

Kensfield Campus
Physical Education Center 60
7 Saturdays
Feb. 4–Mar. 24 (No class Feb. 18)
Beginner
10–11:30am
Fee $79
CRN# 15038
Intermediate
8–9:45am
Fee $86
CRN# 15039

YOGA AND MEDITATION
In this hatha yoga class, the regular practice of ASANAS will build to encompass a rich transition of seated, supine, prone, standing, twisted, inverted, and balancing postures -- moving through all the body’s planes of motion and eventuating with a practice that flows and grows. We will include some yoga nidra sessions which will support deep and easy sleep.

Appropriate for new and returning students. Modifications will be given to support beginner to advanced practitioners. Class is designed to gradually increase your strength and flexibility, allowing a deeper exploration of inward reflection, concentration, meditation, and relaxation, and an awakening of our energetic centers.

Please arrive with an empty stomach. Please bring a yoga mat and water, also any yoga props, such as blanket, blocks, straps and/or bolster.

Puni Elston has been dedicated to fitness for 20 plus years and has studied/practiced yoga and Pilates for 18 years and taught for 11 years.

7 Tuesdays & 7 Thursdays, 5:40–7pm
Jan. 31–Mar. 15
Indian Valley Campus, Bldg 20, Rm 106
Fee $113
CRN# 15040
INTERMEDIATE YOGA: THE ART AND SCIENCE OF INTEGRATING THE BODY/MIND
Are you ready to progress in your yoga practice? This class for intermediate yoga students explores yoga postures and breathing exercises with an emphasis on building physical intelligence and enhancing the body-mind relationship. Rooted in the iyengar tradition but not strict in any one style, the practice includes multiple pose variations and the use of props to accommodate the uniqueness of each body and experience level.

If you have questions about your level, please email the instructor at dario@wholeathlete.com.

Dario Fredrick has studied yoga for 17 years, with a variety of teachers including the iyengars in India. An exercise physiologist, he successfully integrates science and biomechanics with the many aspects of yoga. Dario understands the particular needs of active people and those new to yoga, teaching with sensitivity to limitations and injuries.

7 Tuesdays & 7 Thursdays, 9:40–11am Jan. 31–Mar. 15
Kentfield Campus
Physical Education Center 60
Fee $113
CRN# 15078

INTRODUCTION TO PILATES
This popular mind/body exercise conditioning program was developed by Joseph Pilates. We will focus on deep breathing while strengthening the core muscles of the trunk of the body, allowing the limbs to move more freely and in proper alignment. Pilates tones muscles, creates self-body awareness, promotes focused movement, increases flexibility and control, and improves posture. Learning to move through Pilates training allows for better function and control of muscles for sports and is now practiced by many athletes, dancers, and office workers, not only to increase performance, but also to rehabilitate the body after injury.

Please see Note regarding Portable Village on page 33.

Please bring your own mat to classes at the Indian Valley Campus. Be sure to arrive on time for warm ups to prevent injury.

MinJae Laws
7 Wednesdays, 10:10am–11am
Feb. 1-Mar. 14
Kentfield Campus, Portable Village 4
Fee $68
CRN# 15153

CARDIO PILATES
A fun, fat-burning workout that develops cardio endurance, deep core strength, and flexibility. The class starts with a full body cardio workout using various equipment and props such as stretch bands, stability balls, and more. The second half of the class will focus on alignment, flexibility, and deep core strengthening with Pilates mat work.

Be sure to arrive on time for warm ups to prevent injury. Please wear supportive shoes to class.

Please see Note regarding Portable Village on page 33.

MinJae Laws
7 Wednesdays, Feb. 1-Mar. 14
Kentfield Campus, Portable Village 6
Fee $68
11:10am-12noon
CRN# 15155
5:40–6:30pm
CRN# 15156

QIGONG AND WOMEN’S HEALTH
Join Denise Aubin, Certified Medical Qigong Therapist, to obtain powerful tools for self healing. Qigong is a healing art form that strengthens your immune system and reduces stress, anxiety, and depression. Designed for women of any age, we will focus on breast and reproductive organ health, balancing female hormones, detoxification, and the cultivation of energy for the promotion of health and well being. These simple, yet profound movements can be easily learned and incorporated into your daily life. The gentle, low impact exercises build strength, restore balance, and increase flexibility. These classes will also include self massage, acupressure points, and meditation.

Please join us for an invigorating, healing, and fun class. It is a wonderful way to start the day!

Please see Note regarding Portable Village on page 33.
Denise Aubin
7 Saturdays, 9:10–10am
Feb. 4–Mar. 24 (No class Feb. 18)
Kentfield Campus, Portable Village 6
Fee $59
CRN# 15043

WILDF GOOSE QIGONG
Wild Goose Qigong is an ancient practice, 1700 years old. It is a non-strenuous discipline which generates health and balanced well being. Throughout the year, we will learn a lovely set of 64 flowing movements that imitate the daily activities of the wild goose, a bird much venerated in China. Warm-up stretches, self-massage of acupressure points, and meditation are included in this daily routine of self-care.
Please dress appropriately in loose, comfortable clothing. Please have clean shoes to protect the floor.
Dove Harris Govrin, MS, BC–DTR, is a Certified Qigong Instructor.
7 Fridays, 10:40–12noon
Feb. 3–Mar. 23 (No class Feb. 17)
Fee $66
Kentfield Campus
Physical Education Center 60
CRN# 15079 EC
7 Tuesdays, 1:10–2:30pm
Jan. 31–Mar. 13
Indian Valley Campus, Bldg 15, Rm 170
(formerly Miwok 170)
Fee $66
CRN# 15080 EC

ADVANCED
WILDF GOOSE QIGONG
Please see course description above. In this Advanced class, we will learn the second set of 64 movements of the Wild Goose series. Warm-up stretches, self-massage of acupressure points, and meditation are included in this daily routine of self-care.
Please dress appropriately in loose, comfortable clothing. Please have clean shoes to protect the floor.
Dove Harris Govrin, MS, BC–DTR, Certified Qigong Instructor
7 Fridays, 12:40–2pm
Feb. 3–Mar. 23 (No class Feb. 17)
Kentfield Campus
Physical Education Center 60
Fee $66
CRN# 15081 EC

WISDOM HEALING QIGONG
Through movement, visualization, sound, breathing, and conscious intention to cultivate energy for health, well-being, and self healing, the ancient practice of Wisdom Healing (Zhening) Qigong strengthens the body, reduces stress, heals dis-ease, activates more life energy, enhances mental clarity and emotional stability. It is especially beneficial for people with high blood pressure, Parkinson’s, arthritis, cancers, chronic fatigue, and other imbalances.
Based on the teachings of Dr. Pang Ming, founder of the largest Medicineless Hospital in China, students will participate in a collective healing chi field and learn the basic Wisdom Healing Practices including Lift Chi Up and Pour Chi Down (LCUPCD), Wallsquats, 3 Centers Merging, and LaChi.
This practice is for everyone, all ages and abilities. Please dress appropriately in loose, comfortable clothing. Please have clean shoes to protect the floor.
Dove Harris Govrin, MS, BC–DTR, Certified Qigong Instructor
7 Thursdays, 1:10–2:30pm
Feb. 2–Mar. 15
Indian Valley Campus, Bldg 15, Rm 170
(formerly Miwok 170)
Fee $66
CRN# 15082 EC

THE JOY OF TAI CHI
The purpose of this tranquil class is to sample a series of gentle, health-giving exercises in a relaxed and playful environment. Tai Chi combines the flow of dance with stretching movements that tone and trim the body and improve circulation, balance, and vitality. The mind is focused and one experiences a general sense of well being as the chi, or life force, is strengthened. A sampling of Qigong exercises is included. The course is open to all ages.
Please see Note regarding Portable Village on page 33.
Katherine Rolston
Beginning/Intermediate
7 Mondays, 3:40–5pm
Jan. 30–Mar. 19 (No class Feb. 20)
Kentfield Campus, Portable Village 6
Fee $59 (Includes $1 materials fee)
CRN# 15041 EC
Beginning/Intermediate
6 Tuesdays, 10:45am–12:15pm
Jan. 31–Mar. 6
The Redwoods
40 Camino Alto, Mill Valley
Fee $16 (Includes $1 materials fee)
CRN# 15042 EC
Join professional dancer and certified Zumba® instructor Tom Mayock as he leads you through the hypnotic Latin rhythms of salsa, calypso, reggae, merengue, and pop in easy-to-follow moves in an aerobic fitness program that will blow you away. Routines feature interval-training sessions in combination with fast/slow rhythms to tone and sculpt your body while burning fat.

Bring exercise clothes, athletic shoes/dance sneakers, towel, and water to class. Please see Note regarding Portable Village on page 33.

Tom Mayock has performed with ballet, jazz, and modern companies and has taught professionally throughout the West and in Washington, DC. He has worked as a choreographer and is founding director of the Kid Dance Brigade. He holds Zumba® certification and is currently pursuing studies in Child and Adolescent Development.

7 Wednesdays, 7:10–8:30pm
Feb. 1–Mar. 14
Kentfield Campus, Portable Village 6
Fee $79 (Includes $1 materials fee)
CRN# 15083

TRADITIONAL SAMBA
AND CAPOEIRA WORKOUT
See page 18.

Join the Party! Zumba Gold® is a fusion of Latin and other international music and dance that create a dynamic, exciting, and effective total body workout, specifically designed for active older adults, including those who have tried Zumba and would like a similar experience with lower impact and intensity, and/or those just beginning their journey to a fit and healthy lifestyle.

Unlike Zumba, Zumba Gold® considers the anatomical and physiological needs of the older adult when developing choreography. However, like Zumba, it provides the same friendly dance party atmosphere. While exploring a medley of easy-to-follow dance rhythms and variations, along with elements of fitness, Zumba Gold® is accessible to most everyone, regardless of age or skill level, and can be modified for individuals who use a chair. No dance experience is necessary.

Please wear comfortable clothing and supportive athletic shoes or dance sneakers that allow you to move easily. Bring water and come prepared to have fun!
BOXING FOR FITNESS
Train in the Art of Boxing, and feel healthier and more alive! This fitness class is suitable for any reasonably active adult. It offers a workout that will build strength and endurance and help you to lose weight. Using boxing skills and drills, you will increase your muscular and cardio endurance and engage your core. Both the upper and lower body will be toned and strengthened. Exercises will be tailored to student’s level of fitness. One-on-one training and style development as time allows. This class will not include contact.
Edward Green, Executive Director of Marin Boxing Club, created the One Kid at a Time boxing program.

7 Tuesdays & 7 Thursdays, 6:40–8pm
Jan. 31–Mar. 15
Kentfield Campus
Physical Education Center 60
Fee $124
CRN# 15046

EFFORTLESS TENNIS
This evolutionary approach to the game eliminates the biggest impediment to peak performance—competition. Playing competitively before mastering the basic skills lowers performance, limits potential, undermines self-esteem, and diminishes enjoyment. Undo past limitations around learning and performance while having fun developing the skills necessary to playing well. Great workout—physically, mentally, and emotionally! The nurturing, supportive learning environment will inspire you to be your best, on and off the court.

Skill levels must be appropriate for the class. If you have any questions regarding your placement, please call the instructor at 415.457.9476 or e-mail him at effortlesstennis@comcast.net.
Brent Zeller has been playing tennis for 42 years, teaching the game for 36 years, and has an extensive background in psychology, philosophy, and learning theory.

Kentfield Campus, Tennis Courts

Beginning
8 Tuesdays, 9:40–11am
Jan. 31–Mar. 20
Fee $141 (includes $8 materials fee)
CRN# 15115

Intermediate 1
8 Wednesdays, 10:10–11:30am
Feb. 1–Mar. 21
Fee $141 (includes $8 materials fee)
CRN# 15116

Intermediate 2
8 Thursdays, 9:10–11am
Feb. 2–Mar. 22
Fee $184 (includes $8 materials fee)
CRN# 15117

BOOMER FITNESS
If you are a boomer born between 1946 and 1954, this class is designed especially for you. Join us and learn how to keep strong, flexible and energetic, regardless of age! And how to get back into shape after injury or surgery. You will complete a national fitness test and compare your scores with others of the same age. This will help you evaluate both upper and lower body strength, agility, coordination, balance, and flexibility. You will learn a fitness routine that will be individualized to you according to the above results. You will also learn about wellness and the components of wellness (physical, social, creative, spiritual, emotional, cognitive, environmental). Boomers have always been trendsetters—now is the time to create that new definition of aging and wellness.

Please see Note regarding Portable Village on page 33.

Betsy Beat-Martini
7 Tuesdays & 7 Thursdays, 5:40–7pm
Jan. 31–Mar. 15
Kentfield Campus, Portable Village 6
Fee $114 (includes $1 materials fee)
CRN# 15084

Discover
COMmunity Ed
JOIN US FOR PREVIEW DAY

Saturday, Jan 14, 9am-12noon
Cafeteria, Student Services Building
Kentfield Campus

• Meet COMmunity Ed instructors
• Explore new COMmunity Ed classes
• Sign up for classes
• Get help with registration
• Learn about Emeritus College
• Mingle and have a good time!

Free Event. Free Parking. Snacks. This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
PHYSICAL FITNESS

STRENGTH AND FITNESS TRAINING

Improve your quality of life, prevent — or even reverse — typical trends of aging, and have fun along the way. For adults of all ages. These classes provide sensible and safe exercises for improving your strength, cardiovascular endurance, flexibility, body composition, posture, and balance. The instructors, co-authors of an internationally acclaimed fitness textbook, will help you personalize the workout to meet your individual needs and goals. You will also be kept up to date on the latest research for enhancing your health and wellness.

In the Beginner/Intermediate class you will learn a comprehensive routine to keep you in fit condition. In the Advanced class the instructor facilitates more individualized and independent fitness programs, taking you from physically fit to physically elite. Before signing up for the Advanced class please contact the instructor at kjones@mycom.marin.edu.

Please see Note regarding Portable Village on page 33 for Betsy Best-Martini’s class.

Beginner/Intermediate

Betsy Best-Martini, MS (Recreational Therapy), SFA certified
8 Wednesdays & 6 Fridays, 7:30–9am
Feb. 1–Mar. 21 (No class Feb. 17)
Ends on a Wednesday
Kentfield Campus, Portable Village 6
Fee $94
CRN# 15047 EC

Advanced

Kim Jones, ACSM, SFA certified
MA, (PE–Exercise Physiology)
7 Tuesdays & 7 Thursdays, 7–8:45 a.m.
Jan. 31–Mar. 15
Kentfield Campus
Physical Education Center 20
Fee $99
CRN# 15048 EC

You must be able to get in and out of the pool on your own. No assistance is available.

Russell Robles
Fee $15
7 Mondays & 8 Wednesdays, 9:40–11am
6 Fridays, 10:40am-12noon
Jan. 30–Mar. 21 (No class Feb. 17 & 20)
Ends on a Wednesday
Kentfield Field, Pool
CRN# 15085 EC

8 Tuesdays & 7 Thursdays, 9:10–10:30am
6 Fridays, 2:10–3:30pm
Jan. 31–Mar. 20 (No class Feb. 17)
Ends on a Tuesday
Indian Valley Campus, Pool
CRN# 15088 EC

FITNESS SWIM

Swimmers of all levels, from novices to competitive athletes, are invited to join a fun and motivating Masters-style group workout to improve their fitness and get into great shape. Highly skilled instruction will help you to learn or improve stroke technique and build fitness. The focus will be on the freestyle stroke (crawl) with additional instruction in non-freestyle strokes as well (backstroke, breaststroke, and butterfly). Workout levels vary according to swimmers’ abilities. Some swimming experience highly recommended. What to bring: swim goggles (required); swim cap (optional); and water bottle (recommended).

Tina Marie Rossi
7 Tuesdays & 7 Thursdays, 6:40-7:45am
Jan. 31–Mar. 15
Kentfield Field, Pool
Fee $113
CRN# 15118

AQUA EXERCISE FOR OLDER ADULTS

The purpose of this tranquil class is to experience gentle, health-providing exercises in a relaxing medium: the water. Active adults will especially enjoy this kind of exercise because it releases all pressure from the skeletal system. At the same time it loosens painful joints and muscles, while improving flexibility, strength, endurance, and the whole cardiovascular system. Enjoy your body in movement, floating weightless while meeting others in a playful environment.

Russell Robles
Fee $15
Textiles

T-SHIRT DESIGN
Discover a variety of ingenious T-Shirt design techniques, including silkscreen printing, stamping, bleach out, and appliqué. Whether you’re a beginner or an experienced artist, this class will guide you through the design process and the technical steps required to transform fabrics and create one of a kind T-Shirts and Hoodies. You will learn how to transfer a design onto a silkscreen using stencils. Have fun experimenting with different fabric printing techniques and color applications. We’ll explore the possibilities of recycling old clothes and embellishing new ones.

A supplies list will be distributed and discussed at the first class meeting. Supplies may cost up to $46. Bring your own old or new T-shirts and/or hoodies.

Stephanie Jucker is an exhibiting painter and fashion designer who has produced her own line of T-Shirts since 2005. With an MFA and degree in fashion design she also has 20 years of teaching experience.

6 Thursdays, 7:10–9pm
Feb. 2-Mar. 8
Indian Valley Campus, Bldg 3, Rm 152
Fee $84
CRN# 15119

ALSO OF INTEREST ...

FROM COLLAGE TO PAINTING
See page 7.

Travel

THE ‘ACCIDENTAL’ EX-PAT: LIVING IN FOREIGN LANDS
Whether you are an adventurous retiree, seeker, or one who just wants to jump-start your imagination or revitalize your life, this experiential course explores a creative approach to international living. Learn what is required beyond the nuts and bolts, to relocate and adapt successfully to a new culture. Participants will visualize their destination and develop a plan to realize a new life abroad.

Malaya V. Quinn, MA, is bi-cultural, an artist, and an expressive arts therapist and educator. She has relocated to six different countries across four continents, from Hong Kong to Buenos Aires. Her move to Merida with her teenage daughter was documented by House Hunters’ International in 2006.

Saturday, 10am–3pm
Mar. 17
Kentfield Campus, Harlan Center 161
Fee $89
CRN# 15089

ALSO OF INTEREST ... 

DARE TO CREATE ‘WHAT’S NEXT!’
See page 9.

Writing

THE BEST LITTLE GRAMMAR CLASS EVER!
Do I use who or whom? Is it affect or effect? What do I do with a semicolon? This course has all the answers to the most common grammar questions and issues. Designed for professionals, job seekers, recent graduates, students, and anyone who would like to be more confident when writing and speaking, the course begins with the basics such as parts of speech, parts of a sentence, punctuation, and capitalization. Using fun quizzes, lectures, and class discussions, we will cover dead words, parallel structure, often-confused words, commonly misspelled and mispronounced words, and how to write paragraphs, letters, and reports.

Recommended text: The Best Little Grammar Book Ever! by Arlene Miller is available at the Bookstore on the Kentfield Campus.

Please see Note regarding Portable Village on page 33.

Arlene Miller, MA, has taught for eight years and has over 20 years of experience as a writer and editor.

5 Thursdays, 6:10-7:30pm
Feb. 2-Mar. 1
Kentfield Campus, Portable Village 5A
Fee $69 (Includes $1 materials fee)
CRN# 15090
WRITING THE YOUNG ADULT NOVEL
How did J.K. Rowling anchor us in her world of Hogwarts and create such believable characters like Harry Potter and Hermione Granger? What can we borrow from her success to create our own believable characters and story worlds? Designed for writers of all levels, we will look at craft techniques related to openings, critical plot points, character development, story arc, dialogue and revision through lectures, readings, and free writes.

Annemarie O’Brien earned an MFA from Vermont College of Fine Arts in the Writing for Children and Young Adults Program. She edits children’s books for Room to Read and teaches writing for children at UC Berkeley and at Stanford. Her debut young adult novel, Dance with Borzoi, is in contract with Knopf and will be published in the spring of 2013.

7 Thursdays, 6:40-8:30pm
Feb. 2-Mar. 22 (No class Feb. 16)
Kentfield Campus, Olney Hall 105
Fee $89
CRN# 15091

THE POETIC PILGRIMAGE:
WRITING POETRY AS SPIRITUAL PRACTICE
As we rush through our days, the urge to center ourselves in something deep and sustaining intensifies. We long to ‘turn wandering into pilgrimage,’ to live life’s journey with heart and meaning. Writing poetry not only serves this urge but shares many similarities to traditional spiritual paths: focus on presence, deep listening, sincere truth-telling, and the surrender to something beyond ourselves. We will use poems from many traditions to explore such topics as: Silence and Sound, Metaphor Magic, Rhythm (& Blues!), and the Art of Being Surprised by Our Own Poems. Following some of the timeless elements of pilgrimage, we will transform our longing into Departure and Journey, and Return with the Boon of writing and reading our poems to our heart’s content.

Catlyn Fendler, MFA (Poetry), MA (Interdisciplinary Consciousness Studies) is a poet with a passion for pilgrimage.

6 Tuesdays, 2:10–4pm
Jan. 31–Mar. 13 (No class Feb. 28)
Kentfield Campus, Harlan Center 170
Fee $65 (Includes $2 materials fee)
CRN# 15120 EC

HOW TO WRITE FLASH FICTION AND WHY YOU WANT TO
How many words do you need to tell a complete story? Come find out the answer, as you learn to exercise your best writing muscle: precision. Flash fiction is one of the fastest growing markets in publishing. Learn what makes these short-shorts different from other forms, and how writing them can improve your writing overall. Find out what is needed to write successful flash fiction and how to publish.

Please bring notebook and pen to class.

Peg Alford Pursell is an award-winning story writer and teacher. Her flash fiction Fragmentation is the title story of the Burrow Press Anthology (February 2011) Fragmentation and Other Stories. She is fiction editor at Prick of the Spindle and curates the Why There Are Words Literary Reading Series.

7 Wednesdays, 1:10–3pm
Feb. 1–Mar. 14
Kentfield Campus, Olney Hall 109
Fee $79 (Includes $1 materials fee)
CRN# 15093 EC

ELEMENTS OF CREATIVE WRITING
“There are three rules for writing well. Unfortunately, no one knows what they are.”—Somerset Maugham

Not to worry. There are tried and true elements to the art of writing; this workshop will tell you what they are. Whether you’re just beginning or have been at it awhile, your work will receive thoughtful critiques in a fun, supportive atmosphere. The class is open to writers of all ages and to all genres. Each class begins with a short piece by a notable author and a brief discussion. Helpful prompts are always available.

Thomas Centolella is a former Stegner Fellow in Creative Writing at Stanford University. Among his honors are an American Book Award, a California Book Award, and a Lannan Literary Fellowship. His work has been featured on NPR and in many anthologies.

7 Mondays, 5:30–8:30pm
Jan. 30–Mar. 19 (No class Feb. 20)
The Redwoods
40 Camino Alto, Mill Valley
Fee $119
CRN# 15092 EC
Emeritus College

Emeritus College is a unique program designed to meet the needs of the County’s lifelong learners who already have their degrees and/or are retired or considering retirement. Emeritus College classes and the Emeritus Students College of Marin (ESCOM) actively support the principles of quality of life, lifelong learning, and creative retirement. See information about ESCOM on page 44.

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JOIN THE FUN! Emeritus Students Activities Application

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PHONE NUMBER

EMAIL

☐ Female  ☐ Male  ☐ 55 or Over  ☐ Under 55

PLEASE CHECK THE APPROPRIATE BOX

☐ New  ☐ Renew

SIGNED

You may personally apply at EMERITUS CENTER, COLLEGE OF MARIN, Kentfield, CA 94904, Monday–Friday, 9:30am–3:30pm, or mail this application enclosing a $15 check or money order and self-addressed, stamped envelope to the above address. Checks should be made out to ESCOM.

Emeritus Students College of Marin (ESCOM)

A Student Organization for Marin’s Mature Adults
Join the 500 members of Emeritus Students College of Marin (ESCOM), established in 1974, and discover a world of opportunity to support lifelong learning and network with like-minded individuals. Members are from all social and educational backgrounds. Purchase of a $15 Student Activities Card entitles you to:

- Participate in ESCOM's stimulating and recreational clubs and social events
- Take part in the ‘Take One, Leave One’ Book Exchange
- Receive a monthly newsletter
- Attend ESCOM-sponsored film presentations, art shows, and social events
- Serve on the ESCOM Council and other committees
- Advocate for new programs and course directions
- Serve on COM’s participatory governance system
- Subsidize low-enrolled classes

ESCOM CENTER
Kentfield Campus: 415.485.9652
Indian Valley Campus: 415.457.8811, ext. 8322

Please visit the Emeritus Center on the Kentfield Campus and Emeritus North on the Indian Valley Campus. Both centers offer a lounge for ESCOM members and a place for ESCOM committees and clubs to meet. ESCOM volunteers welcome you at both locations. The Emeritus Center, Kentfield Campus, Student Services Building, Room 146, is open Monday through Friday, 9:30am-3:30pm, and is staffed by volunteers. Emeritus North, on the Indian Valley Campus, is located in the Administrative Services complex, Building 10, Room 140. To schedule use of Emeritus North, please call 415.883.7805.

ESCOM Tuition Grants
The ESCOM Council awards tuition grants, funded by the COM Foundation, to eligible students for any COM Community Education course. You must be a minimum of 55 years of age and submit a statement of financial need. Only partial grants are awarded due to limitations of funding.

New policy: To be eligible for a Tuition Grant, you must have registered and paid all registration fees; vouchers are no longer available. Please call 415.485.9652 to request to have the new application procedures and an application mailed to you, or come to the Emeritus Center. Completed application forms must be received at the Emeritus Center on the Kentfield Campus no later than the end of the business day, Tuesday, January 17.
Discover COMmunity Ed
JOIN US FOR PREVIEW DAY

Saturday, Jan 14, 9am-12noon
Cafeteria, Student Services Building
Kentfield Campus

- Meet COMmunity Ed instructors
- Explore new COMmunity Ed classes
- Sign up for classes
- Get help with registration
- Learn about Emeritus College
- Mingle and have a good time!

This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).

ESCOM Clubs
Participation in ESCOM clubs requires an ESCOM Student Activities Card.

Adventurers
R. King, 415.898.5845

Bocce Ball
J. Kouns, 415.332.5929

Book Banter
Len Pullian 415.381.6952
Karen Hemmeter 415.883.9120

Bridge
L. Mason, 415.456.2508
T. Metzger, 415.479.8290

Current Events
J. Weisman, 415.383.1831
J. Kennedy, 415.388.3939

French
D. McMurtry, 415.472.4738

Global Issues
C. Rose, 415.898.0131 Italian
M. Weed, 415.453.6054

IVC Book Forum
L. Kerr, 415.883 2823

IVC Film Noir
R. Ramirez, 415.491.0522

IVC Great Books
D. Polhemus, 415.883.3567

IVC Humanities
R. Ramirez, 415.491.0522

IVC Philosophy
L. Witter, 415.883.6889

Moral, Ethical, Legal Issues
C. Posard, 415.491.4118

Opera and Beyond
G. Deane, 415.456.2853

Scrabble
M. Knox, 415.459.1427

Shakespeare
V. Carter, 415.388.6335

Sing Along
M. Knox, 415.459.1427

Writers Workshop
M. Knox, 415.459.1427

Registration Information

REGISTRATION BEGINS
Tuesday, January 3, 8 a.m.

To Apply
New/Returning Students
If you have NOT enrolled in a Community Education, Noncredit or Credit class at College of Marin for one year or more, you must first apply to the college before you can register.

To Apply Online
Go to www.marin.edu/CommunityEducation. Click on Apply and Register. Then click on Online Application. Complete and submit the application form online. All questions must be answered in order to process your application. Please allow up to 5 working days for your application to be processed. New students will receive an email with their Username and temporary Password and may then go to To Register Online below. Returning students may use their existing Username and Password to register after their applications have been processed.

Other Ways to Apply
You may also apply in person or by mail by completing and submitting the Noncredit/Community Services Application for Admission, available on campus and found at the center of this Community Education schedule of classes.
To Register Online

Set-Up
The first time that you register online, you will be asked for the Username and temporary Password that were sent to you when your application was processed. Enter your Username and temporary Password, then click the Submit button. Once you hit the Submit button, you will be alerted that your temporary Password has expired. Be prepared to enter a permanent Password from 8 to 20 characters and including at least 1 number. Example: Giselle16. The next step is to answer the security questions. Once you do that, your Set-Up is complete.

To Register for Classes
On the main screen that says: Welcome to MyCOM Portal (your MyCOM Portal home), there are tabs, including Home, Student, and Tutorials. Click the Student tab. On the left hand side of the screen, it gives you several options. Click: Register, Add or Drop Classes. Select a term. Example: Winter 2012 Community Ed. (Term must include words Community Ed.) Click Submit. The next screen will say Add or Drop and will give you 10 boxes to add classes. Enter the Course Registration Number (CRN) for each class selected. Once you have entered your classes, click on Submit Changes to register. Community Education classes may not be dropped online.

To Pay for Classes Online
After you select Submit Changes as described above, click CHECKOUT (in blue), at the bottom of the page. This takes you to Registration Fee Assessment and shows total fees owed. Payment is due at the time of registration. Click on Payment Options. Click on the E-Cashier logo, and then on Proceed. Complete all the E-Cashier payment steps. Once you have paid for your classes, go back to MYCOM Portal home and find the center box that says: My Courses. Under My Courses, click where indicated to view the classes in which you are now registered.

REGISTRATION FEES ARE DUE AT THE TIME OF REGISTRATION. NONPAYMENT WILL RESULT IN BEING DROPPED FROM YOUR CLASS.

Register In Person
You may register in person for Community Education classes at the Admissions Offices on either campus.

Register by U.S. Mail
Please mail your registration at least eight (8) business days prior to the first class meeting to ensure that your name appears on the instructor’s roster. The mailing address is College of Marin, Community Education Registration, 835 College Ave., Kentfield, CA 94904.

Register by Fax
Fax your registration to 415.460.0773. Faxed registrations will be processed within five (5) business days.

Payment of Fees
For all registration methods, you may pay for classes with a MasterCard or Visa number; please include the expiration date. If you prefer to pay by check, please enroll in person or by U.S. Mail. Be advised that the college charges $15 for all returned checks. Fees are not transferable between quarters. Please see To Pay for Classes Online above.

Additional Information
Changes May Occur Without Notice
College of Marin has made every reasonable effort to determine that information stated in its publications is accurate, but the College reserves the right to alter fees, statements, and procedures contained herein without notice. Fees and procedures are subject to change at any time by the State Legislature and the College Board of Trustees. It is the student’s responsibility to meet and remain informed of College requirements. When changes occur they will be printed in the next regular publication of the schedule, or posted online at www.marin.edu/CommunityEducation. Classes may be cancelled for insufficient enrollment at the discretion of the College.

Materials and Special Fees
Materials fees cover the cost of supplies and duplicating distributed to students in class. Special fees cover additional costs and may include rental fees, other supplies, and in the case of computer classes, software licenses, computer replacement fund, and other equipment fees.

Confirmation of Enrollment
A confirmation of enrollment may be obtained through the MyCOM Portal at https://MyCOM.marin.edu.
Waitlist Procedures
If you attempt to register for a full class, your name will be placed on a waiting list and you will NOT be charged. If you mailed a check, it will be returned to you. Unless specified otherwise in the course description, you may attend the first class and check with the instructor for possible admittance. If you are allowed into the class by the instructor, please request an Authorization Code from the instructor and register with it, using any of the registration procedures described here.

Verification of Enrollment/ Registration Policy
For verification of your enrollment/registration in classes, please go to: http://mycom.marin.edu and put in your log-in information. Click on the Student tab and find the center box that says: My Courses. Under My Courses, click where indicated to view the classes in which you are now registered. Print this and attach your fee payment information.

Registration Forms
A registration form is at the center of this schedule. Additional forms may be Xeroxed or downloaded from www.marin.edu/CommunityEducation. Click on Apply and Register. Registration forms are also available at the Office of Admissions and Records on either campus.

For All Methods of Registration
Please answer all questions on the registration form to be sure that your registration can be processed. Registrations are processed in the order received.

Early Registration Recommended
Early registration promotes successfully enrolled classes and avoids unnecessary cancellations. Register early to ensure your place in class.

To Register after Class Begins
If you would like to register for a class which has already begun, please go to the class and ask the instructor for an authorization code and reference the code when you register, whether online, in person, or through the mail. Your admission into the class is at the instructor’s discretion.

Textbooks
If an instructor wishes to recommend a textbook to students, that information will be included in the course description. The course description will also note if the text is available at the College Bookstore. If so, the text may be ordered online and will be sent to your address at no extra cost.

To Order Textbooks Online from the College Bookstore
1. Go to www.marin.edu
2. Click on: Buy Textbooks Online, located under Register for Classes.
3. Click on: Textbooks, located on the blue ribbon near the top.
4. Complete the four steps of Step One:
   a. Select Term: From the drop down menu designate the quarter. (Textbooks for Spring Quarter classes will be included under Winter Quarter.)
   b. Select Department: From the drop down menu, choose ‘C ED’
   c. Select Course: From the drop down menu, choose from course titles offered.
   d. Select Section, i.e. CRN
5. To Purchase Additional Books: Click on Add Course and repeat Step One above.
6. When you have selected your textbooks: Click on View Textbook List and alter if necessary.
7. When ready: Click on Add Selected Items to Shopping Cart at the bottom, then pay for your purchases by clicking on Checkout or, if you have set up your PayPal account to pay for your classes, click on Check out with PayPal.

Faculty Evaluation Questionnaire
Evaluating faculty is an essential element in maintaining our high standards. You may be asked to spend a few minutes completing a faculty evaluation questionnaire in class. We appreciate your honest and thoughtful assessment of your instructor and of your experience with us.

Students Under 14
Minors 13 years of age and under must obtain the verbal consent of the instructor prior to registration. To contact an instructor or if you have questions, please call 415.485.9318.

Attendance at First Class Meeting
If you are registered but cannot attend the first class meeting, please call the Community Ed Office at 415.485.9318 or e-mail community.ed@marin.edu to get a message to the instructor.

Refund Policy
Classes canceled by College of Marin will be refunded in full. All refunds are disbursed in the form of a check mailed to the address you have on file with the college. Refunds take approximately six (6) weeks to process.
To Request a Refund
We will gladly process your request for a refund if it is received in our office at least three (3) business days prior to the starting date of the class. There is a $10 service fee for all processed refunds. We cannot accept requests for refunds, regardless of the reason, if they are received less than three (3) business days prior to the class start date.

To request a refund, please submit a letter containing all pertinent information (name, address, daytime phone, student identification number, course title, course number, and your signature). Requests may be e-mailed to community.ed@marin.edu or faxed to 415.456.5065. Requests may also be mailed to: College of Marin, Refunds/Community Education, 835 College Ave., Kentfield, CA 94904. Requests sent by U.S. mail must be postmarked at least three (3) days prior to the start date of the class. Refunds take approximately six (6) weeks to process.

Directory
Community Education Office 415.485.9305
Emeritus College Office 415.485.9368
Intensive English Program 415.457.8811, ext. 8579
Admissions & Records Office 415.457.8811, ext. 8822
Counseling 415.485.9432
Bookstore 415.485.9394
Library Services 415.485.9656
Media Center/Language Lab 415.485.9645
Disabled Students Program 415.485.9406

College of Marin Community Education
February 2011, Volume 12, Issue 4
College of Marin Superintendent/President David Wain Coon, Ph.D.
COMMUNITY EDUCATION PROGRAM STAFF
Director, Community Education, Lifelong Learning, and International Education
Jason Lau, Ph.D.
Program Specialists
Cheryl Carlson, Karen van Kriedt
Administrative Assistant
Jesse Klein
Office Technician
Heather Peitz

The Community Education Schedule is published four times a year by College of Marin (a nonprofit organization), 835 College Ave., Kentfield, CA 94904-2590

Equal Opportunity Statement
The Marin Community College District is committed by policy not to discriminate on the basis of, or the perception of, race, ethnic group identification, ancestry, color, religion, age, gender, national origin, sexual orientation, disability (mental or physical), marital status, medical condition (cancer, genetic characteristics, or pregnancy), and status as a veteran in any of its educational and employment programs and activities, its policies, practices, and procedures.

Students who believe that this policy has been violated have the right to file an internal complaint or a complaint with the Office of Civil Rights.


College of Marin, under the Equity in Athletics Disclosure Act of 1994, provides information concerning the operation of its intercollegiate athletics program. A completed report is available in the Admissions and Records Office, the Library, and the Athletic Department for public review.

College of Marin policy 5.004 prohibits verbal, physical, visual, and sexual harassment of any applicant, employee, or student by any District employee on the basis of any category or combination of discriminatory categories prohibited by state or federal law. Nonemployees while on District property are also expected to follow these guidelines. It is further the policy of this District to ensure equal opportunity in all of its programs and in all aspects of employment. The lack of English skills will not be a barrier to admission to and participation in vocational education programs.

Contacts
Equal Opportunity Employment/A.D.A. Compliance Officer—Linda Beam, Executive Dean, Human Resources (or Designee) Administrative Center, Kentfield Campus 415.485.9004

Title IX/Section 504 (Disability) Coordinator—Arnulfo Cedillo, SS Center, Rm. 251, Kentfield Campus 415.485.9375

Gender, Equity Coordinator—David Cook, Director of Financial Aid SS Center, Rm. 263, Kentfield Campus 415.485.9409

Open Enrollment Policy
It is the policy of College of Marin that every course section or class, for which attendance is reported for state aid, shall be fully open to enrollment and participation by any person who has been admitted to the college and who meets such prerequisites as may be established pursuant to Chapter II, Division 2, Part VI, Title V of the California Code.
Kentfield
Campus Map
and Directory

College of Marin
Kentfield Campus
825 College Avenue
Kentfield, CA 94904

Emergencies: Dial 911
Urgent: 415.485.9458
Kentfield Police Business: 415.485.9455

Spring 2012 Parking Notice
While our campus is undergoing construction, parking box 4 and 16 are closed this semester. Lots 12 and 15 typically have spaces available, and lot 13 remains a free lot. We appreciate your patience during our construction.

Parking
Vehicle on campus are subject to parking and traffic regulations by the Board of Trustees, Marin Community College District. All cars must have a parking sticker, or display a daily parking permit which may be purchased from the parking ticket dispensers located in parking lots.

Motorcycles and hand cart parking are available with no fee.
Parking permits are required at all times, except Saturdays, Sundays, and school holidays, and in Lot 13.

AC
Administrative Center
Children’s Center

BC
Business and Management Center

FA
Fine Arts (new building)

FH
Fusselman Hall

HC
Health Center

HS
Health Services

LC
Learning Resource Center

AC
Academic Affairs

CQ
CQ 

CH
CQCH

CM
Community Services

CS
CSC

CT
Campus Police

DD
Dd

DS
Departmental Services

EE
EE

F
Fine Arts Center

FY
Freshman Year

GC
General Campus

Katherine Center

L
Liberal Studies

MC
Media Center

ME
MESA

RT
Robotics

SR
Student Services Center

UC
University Center

UT
Umbrella

V
Vista


DIRECTIONS FROM HIGHWAY 101: Kentfield Campus, 825 College Ave., Kentfield
From Highway 101, take the San Anselmo exit (northbound) or the Sir Francis Drake Blvd. exit (southbound) and follow Sir Francis Drake Blvd. to College Ave. (seventh stoplight). For the Physical Education Center (PE), the Science Center (SC), the Learning Resources Center (LC), Temporary Building (TB), Health Services (HS), Olive Hall (CH) and the Student Services Center (SS), turn left on College Ave. For SC, LC, and SS, continue to second campus parking lot entrance on your right. The Eberly Center and Admissions and Records are both in the SS building. For PE, continue to stop sign by Woodlands Market and turn left into parking lot. For Harlan Center (HC), Fusselman Hall (FH), Performing Arts (PA), and Fine Arts (FA), stay on Drake Blvd., crossing the College Ave. intersection, and turn right on Maple Ave. to parking lot.

See information about Parking on the next page.

WWW.MARIN.EDU/COMMUNITYEDUCATION 49
Indian Valley Campus Map and Directory

Building 17: Center for Study of Career, Math and English Labs

Parking permits are required for parking Mon.-Fri., all day; they are not required Sat., Sun., or holidays. The semester parking permit may be purchased for $50 (subject to change), $25 for summer semester, in the College Bookstore or at Indian Valley Campus. As an alternative, you may pay a $3 (subject to change) daily parking fee through parking permit dispensers located near the entrance to each lot. These permit dispensers accept both $1 bills and quarters and are designated by stars on campus maps. Semester permits must be attached inside the vehicle on the lower left of the front windshield; daily permits must be visible on the dashboard on the driver’s side. Permits are valid at each campus and for the entire day. Be sure to read parking rules posted at entrances to parking lots. All vehicles improperly parked will be ticketed. No parking permits are required for disabled students provided they display a State of California Department of Motor Vehicles-issued disabled placard or license plate. Students receiving Financial Aid are permitted to purchase parking stickers at half price. For further information, contact the Campus Police at 415.485.9455 (Kentfield Campus) or 415.883.3179 (Indian Valley Campus).
Join ESCOM
EMERITUS STUDENTS COLLEGE OF MARIN
CONNECT. COMMUNITY. CONTRIBUTE.

Discover a world of opportunity to support lifelong learning and network with like-minded individuals. Our members are an exciting and active group of 500 members looking to discover their SECOND ACT! Purchase of a $15 Student Activities card entitles you to:

- Participate in ESCOM’s stimulating and recreational clubs and social events
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- Serve on the ESCOM Council and other committees
- Advocate for new programs and course directions
- Serve on COM’s participatory governance system
- Subsidize low-enrolled classes
- Help select financial gifts for students in need

Join us at our two beautiful centers located at Kentfield and Indian Valley College of Marin campuses.

**Come in person to find out more or call us at:**
Kentfield Campus: 415-485-9652
Indian Valley Campus: 415-457-8811, ext. 8322

We look forward to meeting you and becoming a member!
JULIE EGGER

Julie Egger is new to the Community Ed family. A wonderfully energetic and vibrant woman, she has designed courses based on her passion for Klezmer Music and Yiddish.

KLEZMER MUSIC WORKSHOP
Julie plays violin with the local Klezmer fusion band – The Red Hot Chachkas! – featuring violin, mandolin, accordion, bass, and drums. See page 30 for the complete course description.

CONVERSATIONAL YIDDISH
Julie grew up in a home where Yiddish was spoken as the “secret” language between her parents, but when she started to play Klezmer music 14 years ago, relearning the Yiddish language was a natural! See page 25 for the complete course description.

WINTER 2012
JAN 30 - MAR 24

www.marin.edu/CommunityEducation