MARIN MANDARIN SUMMER CAMP

July 7 – August 1, 2014
Weekdays 9am – 3pm
COM Indian Valley Campus
Each week $235 (sibling discount 15%)

Enjoy learning Mandarin by acting in skits, making crafts, cooking, playing games, and participating in Chinese cultural activities. Our program allows students to show off their creativity and shine while improving their conversational Mandarin. They’ll have so much fun they won’t even know they’re learning!

PROGRAM INFORMATION
• Weekly themed sessions
• For kids entering 1st thru entering 6th
• For brand new thru experienced beginners
• Early and extended care also available

For more information:
510.593.9372
darin@langalive.com
www.langalive.com
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ON THE COVER

Underwater Hockey: Featured on the cover is a new Community Education Underwater Hockey (UWH) class. UWH is a fast, action-packed (non-contact) sport played on the bottom of a pool by teams of 6 players with masks, snorkels, fins and short sticks. Players move the puck by pushing it or passing it, trying to get the puck into the opposing team’s goal. The instructor, Jason Zvanut, has been playing underwater hockey (UWH) with the San Francisco Sea Lions since 2001, and has earned various medals at regional and National tournaments. For more information, see page 36.
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**Weekend Workshops**

Invest in yourself and do something just for you on the weekend! Community Education offers many educational and entertaining Saturday workshops for which you can register in class with the instructor. The date shown below is the start date for the class.

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Art

Note regarding materials and supplies for art classes: Supplies will be discussed in class. Please bring whatever related materials you may already have to the first class meeting. Students are expected to provide their own materials unless otherwise noted below.

FIGURE PAINTING
This studio course is an opportunity to explore materials, color, composition, and agenda in any medium while painting the figure. Class time is primarily devoted to painting but also includes discussions, demonstrations, and critiques as interest dictates. You work from undraped models every session and also have the option of working on your own projects from your own photos.

See Note regarding materials under Art heading above. Course includes critique.

Larry Benchich, MFA, works primarily with the human figure in his own drawings and paintings. His teaching style references composition and perspective in the Renaissance tradition, and he has had extensive experience with students with a broad range of skills.

6 Saturdays, 9:10am–1pm
Mar. 29-May 10 (No class Apr. 19)
Extended class on May 10, 9am-5:30pm
Kentfield Campus, Fine Arts Center 301
Fee $231 (Includes $53 models fee)
CRN# 35063

GET READY TO PAINT: BEGINNERS REALLY WELCOME!
This class is an orientation for enthusiastic but novice painters who want to paint with acrylics. Learn the scoop about brushes, supports, mediums, how to prep a canvas, and basic color mixing. Through presentation and hands-on activities you will “get ready to paint” in a supportive, relaxed setting. Following this materials & terms introduction, you’ll be ready to jump into your favorite painting class, be it landscape, still life, abstract or other genre.

You must get your supplies prior to this one-day workshop. See http://www.maryvalente.com/workshops.html

Mary Valente
Saturday, 10am–3pm
Mar. 22
Kentfield Campus, Fine Arts Center 301
Fee $65 (Includes $2 materials fee)
CRN# 35064 EC

NEW PAINTING ELEMENTS EXISTING IN CALIFORNIA LANDSCAPES
This acrylic course will focus on producing credible landscape details using paint-along techniques with the instructor. Beginners and advanced welcome.

You will be shown in detail: Painting clouds, water, skies, sunsets, trees, foliage both detailed and distant. With the goal of using your personal creativity to produce finished work suitable for entering art shows. In addition learn composition, basic color theory, perspective, How to use and color and values to paint compelling finished work.

Bring art supplies that you have and a supply list for additional material will be furnished at the first session. Suitable brushes for Acrylics will be discussed as well as basic tube colors preferred for this complete course.

Artist/Instructor Bernard Healey studied at the San Francisco Art Institute, is a graduate of the Academy of Advertising Art San Francisco, and a signature lifetime member of the Marin Society of Artists.

6 Tuesdays, 9:10am-1pm
Mar. 25-May 6 (No class Apr. 15)
Kentfield Campus, Fine Arts Center 301
Fee $156 (Includes $1 materials fee)
CRN# 35082

DRAWING WITH CHALK PASTELS
From sketches and dark and light studies to fully developed drawings/paintings, explore the full range of chalk pastels. Here is an opportunity to use a portable, dry medium with techniques to expand your drawing skills. Classes include information about materials, demonstrations, and discussions about color and composition.

Emphasis is on individual expressiveness. First time students will have a full introduction to the chalks, surfaces, and techniques. Continuing students will continue with expanded projects emphasizing the expressive use of the medium. Bring pencil and paper and any pastels you have, and a good photo to work from. Materials will be discussed in the first class.

Barbara Lawrence began her art training early with her father, a devoted artist and loving teacher. That influence helped create Barbara’s motto: Art is not essential for life, it IS life. She has been teaching and exhibiting in Marin for many years.

7 Fridays, 1:10-4pm
Mar. 28-May 16 (No class Apr. 18)
Kentfield Campus, Fine Arts Center 215
Fee $113
CRN# 35085

A REGISTRATION FORM IS AT THE CENTER OF BOOKLET.
NEW AMAZING PET PORTRAITS IN PASTEL

They say the eyes are the windows to the soul. Capture not just the look but your pet’s personality as well. Starting with just the right photo to work from, in just a short time you will be well on your way to creating vibrant - life like portraits. We will start with the basics in dark and light, then follow with pastels. You will learn about shapes, values, line, and movement. What makes a piece jump off the page? Lecture and demos will get you started. Then we will critique, discuss, and adjust accordingly. You will be amazed.

Barbara Lawrence
5 Tuesdays, 1:10-4pm
Mar. 25-Apr. 29 (No class Apr. 15)
Kentfield Campus, Fine Arts Center 315 Fee $92
CRN# 35084

NEW HOW TO MAKE YOUR OWN INKS

Egyptian honey-soot ink from 3,000 years ago is still readable today! In fact, without the clever inks created on every continent, written history would not exist. During this workshop, students make both iron and carbon inks. Participants also get to sample redwood cone, walnut and pomegranite inks: elixirs which have taken months to cure. There will be a one-hour lunch break.

Ane Carla Rovetta makes her own inks from a variety of natural, and local, materials using recipes from around the globe, and from centuries past. She has been researching and perfecting these recipes since 1995. She will also demonstrate how to build a soot collector which provides jet-blank pigment for future use.

2 Saturdays, 9am-4pm
May 3 & May 10
Kentfield Campus, Fine Arts Center 214 Fee $91 (Includes $8 materials fee)
CRN# 35081

NEW WATERCOLOR BASICS AND BEYOND-EVENING CLASS

Marty Meade
6 Thursdays 6:30-9:30pm
Mar. 27-May 1
San Geronimo Valley Community Center
6350 Sir Francis Drake Blvd.
San Geronimo
Fee $98 (Includes $16 special fee)
CRN# 35066 EC

NEW THE FLOW OF WATERCOLOR - MAGNIFICENT SKIES

Start by painting simple skies that have beautifully colored gradients. With each lesson, develop an understanding of ever more complex compositions and patterns within the “skyscape.” Incorporate simple landscapes into your compositions, letting the sky be your primary focus. Learn how to layer skies so they look washy and loose, clean and bold, or a combination of both. Understand how even a sky can look better when you show the clouds in perspective. Learn how to apply aerial and diminutive perspectives to your scenes. Sunsets can be spectacular, and so can sunrises. Please bring your own photos to class. I will bring some photos for inspiration as well.

All Levels welcome. Continuing students may develop their own projects and work independently. Individual attention will be given to all students.

Julie Cohn has been an exhibiting painter and teacher for over 25 years.

6 Wednesdays, 2-10pm
Mar. 26-May 7 (No class Apr. 16)
Kentfield Campus, Fine Arts Center 301 Fee $88 (Includes $7 materials fee)
CRN# 35108 EC

See Note regarding materials under Art heading above. The San Geronimo Valley Community Center is just 20 minutes west of the Kentfield campus and there is plenty of parking.

Marty Meade
6 Fridays, 10:10am–1pm
Mar. 28-May 2
San Geronimo Valley Community Center
6350 Sir Francis Drake Blvd.
San Geronimo
Fee $98 (Includes $16 special fee)
CRN# 35066 EC

Nancy Johnson
7 Saturdays, 10:10am–1pm
Mar. 29-May 17 (No class Apr. 19)
Kentfield Campus, Fine Arts Center 215 Fee $89
CRN# 35067 EC

WATERCOLOR BASICS AND BEYOND

A comprehensive class welcoming all skill levels. For those just starting out, the basics are covered: color mixing, washes, wet-dry approaches — just handling the paint itself! More advanced students are welcome to bring in their own projects or to consult with the instructor for direction. We work from studio still life and landscape. Bring whatever watercolor supplies you may have to the first class.
FROM COLLAGE TO PAINTING
Discover the exciting possibilities of collage, a technique where different materials are assembled together to create a new work of art. This class guides beginning or experienced artists through the technical and creative aspects of using mixed media. Learn about the variety of materials that can be used, such as decorative papers, fabric, found objects and photos, and how to combine them with techniques like photo-transfer, printmaking and painting. More advanced students are welcome to bring in their own projects or consult with the instructor for direction.

A list of materials will be provided in class. Materials may cost $35-$40.

Stephanie Jucker, MFA, is an exhibiting painter who uses collage, mixed media and printing techniques in her paintings. With an MFA in painting she also has 20 years of teaching experience.

7 Tuesdays, 7:10-9:30pm
Mar. 25-May 13 (No class Apr. 15)
Kentfield Campus, Fine Arts Center 312
Fee $101
CRN# 35069

WATERCOLOR & FLUID ACRYLIC WET-INTO-WET
“Your thoughtful teaching, cheerful encouragement, and experimental approach have been really helpful. I loved your style and the demos. Learning to trust the paint and intuition is a big step for me. Thank you.” -Jane

Discover the nature of these poetic and spontaneous mediums, and learn how to handle them. A full range of wet-into-wet techniques will be presented, from pre-moistened area painting to painting on pre-soaked paper. Abstract, representational or combined approaches are encouraged to suit the individual expressive needs of each artist. Connect with your inner artist, enjoy imaginative approaches to image making, and learn how to mix your mediums. All levels welcome.

Please bring watercolor supplies to first class or e-mail the instructor at carol@arttreks.com for information.

Carol Duchamp, MA, encourages experimentation in a supportive environment that nourishes the intuitive power of self-expression. She is an exhibiting artist and transformative arts facilitator.

6 Thursdays, 6:10–9:30pm
Mar. 27-May 8 (No class Apr. 17)
Kentfield Campus, Fine Arts Center 301
Fee $113
CRN# 35071

NEW FROM DIEGO RIVERA TO BANKSY: MURALS AS CIVIC SELF-EXPRESSION
Some of the most innovative art work being made today will not be found in galleries and cannot be bought or sold, it is out there for you to discover, free. Widely referred to as Street Art, this art work includes exciting styles like murals, stencil art, wheat pasting and photography, and involves adding unsanctioned art to public spaces. This visual form of public dialogue is happening all over the World and is gaining momentum as one of the most important art movements of the 21st century.

In this class, we will study the evolution of murals and public art from their earliest origins to modern proponents like Banksy and Barry McGee. The course will include slide shows of work from here and abroad and discussion of Street Art’s place in community, politics and art history.

Stephanie Jucker, MFA
7 Thursdays, 2:10-3:30pm
Mar. 27-May 15 (No class Apr.17)
Kentfield Campus, Fine Arts Center 201
Fee $60
CRN# 35070 EC

Mark Your Calendars
COMMUNITY ED PREVIEW DAYS

Kentfield Campus
Saturday, Mar 1, 9:30am–12noon
Cafeteria, Student Services Bldg
Indian Valley Campus
Saturday, Mar 8, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7

• Find out about our new Gold Card Advantage Program
• Meet Comm Ed instructors
• Explore new Comm Ed classes
• Learn about Emeritus College
• Discover ESCOM clubs

Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
JEWELRY AND METALSMITHING
The beginners/beginners plus class focuses on fundamentals of soldering, forming, construction, use of hand tools, and finishing techniques. The number of projects will be at the discretion of the instructor. The goal of the intermediate/advanced class is the refinement of the fundamentals of jewelry making with a focus on the development of the student’s personal design ideas. There will be one-on-one discussion between student and instructor and an evolving menu of new techniques.

Class size is limited to 20; early enrollment advised. See Note regarding materials under Art heading above.

A nationally recognized artist, Lisa D’Agostino has been designing, making, and selling her work in her one-person studio for 31 years.

Beginners/Beginners Plus
7 Tuesdays, 7:10-10pm
Mar. 25-May 13 (No class Apr. 15)
Kentfield Campus, Fine Arts 123
Fee $138 (Includes $25 materials fee)
CRN# 35073

Intermediate/Advanced
7 Wednesdays, 7:10-10pm
Mar. 26-May 14 (No class Apr. 16)
Kentfield Campus, Fine Arts 123
Fee $144 (Includes $31 materials fee)
CRN# 35074

ALSO OF INTEREST ...

TRADITIONAL CHINESE BRUSH PAINTING
See page 16.

Business/Career Development

FIND YOUR LIFE WORK AT ANY AGE
Discovering your right livelihood can be a fun and exciting journey. In this experiential class, we present the latest research on career satisfaction and guide you through a multi-step process of personal exploration and practical planning. You will conduct a three-generation history of work within your family, identify the types of tasks you most enjoy, and understand how your current stage of adult development can be harnessed to find work that is rewarding, profitable, and inspired. You will leave with a detailed plan for securing the paid or volunteer position best suited to your unique gifts. When you find your life work, your life works.

Dr. Beth Milwid is a psychologist and business consultant with over 20 years of experience, specializing in career development, strategic communications, employee training, and executive coaching. In the past several years, she helped over 75 individuals who lost their jobs find new opportunities. Dr. Beth is the author of a book, Working With Men, the first oral history account of American women in business. She appeared on Larry King, Good Morning America, NPR, and CNN, and spoke at conferences and universities across the country.

7 Tuesdays, 6:10-8pm
Mar. 25-May 13 (No class Apr. 15)
Kentfield Campus
Fine Arts Center 201
Fee $104 (Includes $15 material fee)
CRN# 35075

NEW FIND THE RIGHT FIT: CAREER TRANSITIONS FOR WOMEN
Start your new year off by finding a career that is more fulfilling for you. Whether you are considering changing careers or returning to the job market after an absence, this course is designed to help you find the right fit for the person you are now. You will start by identifying the skills you prefer to use and matching them to new resume descriptions and potential career paths. Using the Myers Briggs Type Indicator, you will also clarify work styles and environments that are well suited.
to you. We’ll review local labor market information, on-line research sites and re-training resources to help you. You’ll leave with individual action steps and job search strategies that will help you find a more fulfilling career.

Joetta Tenison-Scott, MA in Counseling, is a career and college counselor with extensive experience working with adults starting, re-training and changing careers. She served at San Francisco State University, Mills College, and was in charge of the College of Marin’s Re-entry program for 20 years.

4 Wednesdays, 6:10-8:30pm
Apr. 23-May 14
Kentfield Campus
Student Services Conference Room A&B
Fee $79
CRN# 35076

HOW TO MAKE PROFIT FINDING HIDDEN GOLD, SILVER, AND PLATINUM
Learn how to identify jewelry and other items made of gold, silver, and/or platinum.

We will cover the best places to find hidden gold, silver and/or platinum; how to determine value; the best places to sell for maximum profit; how to read karat marks and hallmarks; how to use a jeweler’s loupe, weight scale, and testing equipment; how to identify items of historical or antique value; where to get metals price quotes.

In this time of diminished resources and record prices for precious metals, here is a fun way to add extra income! A brief overview of historical periods in jewelry designs is included.

The text, The Urban Gold Miner, and a jeweler’s loupe will be distributed in class.

Hank Friedman, alumnus of Gemological Institute of America, offers information, advice, and tips from his 30 plus years of experience buying in the field and selling for profit.

Saturday, 9am–1pm
Mar. 29
Kentfield Campus, Portable Village 5A
Fee $78 (Includes $30 materials fee)
CRN # 35093

Computers
Community Education’s computer courses are designed to offer exposure to a specific program or application. All courses are hands-on and taught with one student per computer, offering one-on-one instruction. Courses are offered at a variety of times throughout the quarter for your convenience. There is no homework and no grades.

If you wish to build skills, College of Marin offers credit classes. The goal of these classes is to provide in-depth understanding of the subject through textbook study, homework, and lab assignments. Credit classes are graded, and you can work toward a certificate or associate degree. For more information, please refer to the Credit Schedule.

COMPUTER LABS
There are two labs in Building 7 on the Indian Valley Campus for Community Education computer classes: Room 192 (the PC lab) and 199 (the Mac lab). See map at the back of this schedule. It is two miles to the nearest eatery from IVC, we recommend that you bring something to eat and drink.

For information about registering, parking, and other important information, please turn to page 48.

TEXTBOOKS FOR COMPUTER CLASSES
Students are expected to purchase their own textbook prior to the first class meeting. The same textbook is used for all classes within a subject area, i.e., all classes on Excel use the same text. Some classes do not require texts. This is clearly stated in the course description.

A Computer Textbook Source List of local bookstores and online sources for textbooks is available. Please call 415.485.9318 and request that it be mailed to you. Remember to leave your mailing address.

Occasionally a class is cancelled. When this happens, please look for the class in the next quarter when the same textbook will be used.

IMPORTANT INFORMATION
You are expected to have:

• Windows proficiency before enrolling in any PC application course. If you do not have these skills, we recommend that you take Intro. to Windows 7.

• Mac proficiency before enrolling in any Mac application course. If you do not have these skills, we recommend that you take Intro. to Macintosh.

A USB port plug-in storage device, i.e., flash drive or thumb drive, is recommended if you would like to save your work.
Hands-On Computer Classes

Computer Fundamentals .................................10
Dreamweaver CS5.5, Intro & Interm ..............12,13
Excel 2010, Intro & Interm .........................11
2010 Excel Expert! ....................................12
Illustrator CS6, Intro & Interm ...................12
InDesign CS5, Intro & Interm ......................13
iPhone/iPod Touch/iPad Apps, Intro ..........12
Macintosh, Intro & Interm ......................10
Intro to Windows 7 ................................11
Word 2010, Intro and Interm ..................10,11
Social Media 101 ......................................12

COMPUTER FUNDAMENTALS
This is an introduction to the PC for first-time computer users and is designed to reduce feelings of intimidation. We teach you how to turn on the computer and the first steps to Touch Typing; how to hold, move, and click the mouse; computer hardware identification; open a window; launch a Windows program; start an Internet browser to access several websites; and how to turn the computer off. We also cover computer system basics, tips on buying a computer, on computer terminology, and in using application programs to create, edit, save, retrieve, and print documents. Along the way, you learn to navigate Windows by using menus, toolbars, and dialogue boxes.

No prior computer experience is expected. Instruction in this class is not textbook-based. Materials will be distributed in class.

Levi Allen
2 Mondays, 1:10-4pm
Mar.24 & 31
Indian Valley Campus, Bldg. 7, Rm 192
Fee $92 (Includes $11 materials/special fee)
CRN# 35131

Take Computer Fundamentals if you are unfamiliar with the mouse, keyboard, and opening and saving files.

INTRODUCTION TO THE MACINTOSH

Become productive with the Mac in the shortest time possible! This course is designed for the beginning computer user. We cover how RAM chips and hard disks work together; opening, closing, and resizing windows; Finder/desktop navigation; creating a navigational alias; creating and saving documents; accessing online help; file organization and backup; using the find utility; exploring System Preferences.

This is a beginning class and no prior computer experience is expected.


Steve Salzman
3 Tuesdays, 7-10pm
Mar. 25-Apr. 8
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 35132

INTERMEDIATE MACINTOSH

This course takes you to the next level of Mac usage. We cover advanced Finder options, Smart Folders, System Preferences and Spotlight searches, installing and switching among Applications, an overview of Apple Mail, iTunes and iPhoto, backup options, and where to get help.

This course builds upon skills that are learned in Intro. to the Macintosh. Recommended text: Seibold, Chris. Mac OS X Lion Pocket Guide: The Ultimate Quick Guide to Mac OS X. O’Reilly Media 2011.

Steve Salzman
3 Tuesdays, 7-10pm
Apr. 22-May 6
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 35133

INTRODUCTION TO WORD 2010

If you are looking for a job in today’s market, this is the software program to learn. This course explores techniques used to create letters, reports, and other text-based documents. Learn how to use shortcut keys; create, save, print, and edit documents; move, copy, find, and replace text; enhance a document by formatting text; use efficiency tools such as spell checker, auto correct, and auto text. This course uses the Windows Operating System.

Tom Millard
3 Wednesdays, 1:30–4:30pm
Mar. 26-Apr. 9
Indian Valley Campus, Bldg. 7, Rm 192
Fee $129 (includes $10 special fee)
CRN# 35134

INTERMEDIATE WORD 2010
This course helps you become more productive with the program. We review basic Word, then turn our attention to templates, envelopes and labels, styles, headers and footers, toolbars, creating and formatting tables, working with columns, and inserting graphics into your Word documents.

Tom Millard
3 Wednesdays, 1:30–4:30pm
Apr. 23-May 7
Indian Valley Campus, Bldg. 7, Rm 192
Fee $129 (includes $10 special fee)
CRN# 35135

INTRODUCTION TO WINDOWS 7
Learn about the basic features of Windows 7, Microsoft’s latest desktop operating system. This course covers customizing windows, folders, icons, and the mouse; desktop navigation, running programs, browsing the Internet, and getting online help. Learn how to manage files and folders using Windows Explorer to copy, move, delete, and restore deleted files. You will be given other basic information to help prepare you for our software application classes.

Tom Millard
3 Mondays, 1:30–4:30pm
Apr. 21-May 5
Indian Valley Campus, Bldg. 7, Rm 192
Fee $129 (includes $10 special fee)
CRN# 35136

Please see information regarding Textbooks for Computer Classes on page 9.

INTRODUCTION TO EXCEL 2010
A spreadsheet is a powerful, yet easy-to-use tool to keep track of anything that can be counted. In this course, you learn the basics of creating, modifying, formatting, and printing worksheets. In addition, you work with basic formulas and functions. This course uses the Windows Operating System.
Your personal laptop computer with appropriate software is permitted in this class. If you have a laptop with said software, please bring it to class. Your cooperation in this way may permit a students on the wait list to join the class. Wait-listed students with laptop and appropriate software will be seated if a seat is available.

Levi Allen
3 Mondays, 6:10–9pm
Mar. 24-Apr. 7
Indian Valley Campus, Bldg. 7, Rm 192
Fee $129 (includes $10 special fee)
CRN# 35137

INTERMEDIATE EXCEL 2010
In this course you learn how to become more productive using Excel’s financial and logical functions. You learn how to create tables, apply custom and conditional format options, use protection features, and create templates for printing worksheets. You also create links, hyperlinks, and explore quick and easy chart techniques.
This class builds upon skills that are learned in Intro. to Excel 2010.

Susan Henning
2 Saturdays, 9am-12noon
Apr. 26 & May 3
Indian Valley Campus, Bldg. 7, Rm 192
Fee $91 (includes $10 special fee)
CRN# 35138

FOR MORE INFORMATION CALL 415.485.9305 11
**2010 EXCEL EXPERT!**

Become an Excel expert! Topics include: importing data, creating a database query, data validation, pivot tables, using the ‘What If?’ data analysis tools, nesting functions, using the LOOKUP function, Goal Seek and Solver tools, Macros, and how to work with the Scenario Manager.

This course builds upon techniques presented in the Intermediate Excel 2010.


**Susan Henning**
Saturday, 9am-4pm
May 10
Indian Valley Campus, Bldg. 7, Rm 192
Fee $91 (Includes $10 special fee)
CRN# 35139

*Take Computer Fundamentals if you are unfamiliar with the mouse, keyboard, and opening and saving files.*

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**SOCIAL MEDIA 101**

Do you want to catch up with old friends or long-lost family? Wish you knew what a tweet was? This course will give you an overview of the most popular social networking sites, including Facebook, Twitter, YouTube, LinkedIn, and Blogging. Learn how to build your personal profile, upload family photos, and connect with colleagues and friends.

* Facebook: Profile set-up, upload pictures, learn to navigate the site and talk briefly about privacy settings and preferences
* Twitter: An introduction to the microblogging service with examples of how individuals use it, including demystifying terms like and retweet
* YouTube: The basics on uploading and sharing videos
* Blogs: An introduction to blogs and blogging platforms
* LinkedIn: Includes the basics of LinkedIn’s functionality and a discussion on making and accepting connection requests

Be sure to bring your passwords to sites you already belong to. Handouts will be provided in class.

Melinda Molloy, MS (Educational Psychology), has been a Social Media User since 2005.

**INTRODUCTION TO iPHONE/iPOD TOUCH/iPAD APPS**

Transform your iPhone, iPad or iPod into the true mobile computers these devices have become and access their full internet capability and mobile connectivity. During this class, we view applications from the Apps Store in many categories, including Books, Business, Education, Entertainment, Healthcare, Medical, Music, Photography, Sports, and Travel. We also look at iTunes U with free audio and video courses from colleges and universities around the world.

There will be plenty of time for Q&A. Bring your iPhone, iPad, or iPod Touch to class. You will receive a disc with links to iTunes Apps.

Recommended text: Pogue, David. iPhone: The Missing Manual: Covers iOS 6 software and iPhone 5 plus older models O’Reilly Media; Sixth edition (November 8, 2012).

**Steve Salzman**
3 Saturdays, 1–4pm
Mar. 29-Apr. 12
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 35141

**INTRODUCTION TO DREAMWEAVER CS5.5**

This course introduces the fundamentals of the leading software for creating and maintaining websites in one well-integrated package. The course is for anyone who wants to design visually compelling websites without having to hand-code their pages. Learn how to easily create links, rollovers, and image maps for site navigation. Dreamweaver’s powerful site management feature allows you to quickly access and manage all the pieces that make up your website.


**Steve Salzman**
3 Wednesdays, 7–10pm
Mar. 26-Apr. 9
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 35142

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2 Tuesdays, 6-9pm
Apr. 1 & 8
Indian Valley Campus, Bldg 7, Rm 192
Fee $91 (Includes $10 special fee)
CRN# 35140
INTERMEDIATE DREAMWEAVER CS5.5
Take Dreamweaver to the next level by using the new CSS Layout objects, (Cascading Style Sheets). Build and script online forms for accurate collection of information. Build rollovers to control different (remote) image areas on your web page. Learn to use Dreamweaver’s new Spry Framework to create interface effects like popup menus and tabbed interfaces. Go more in-depth with site management and uploading/maintaining your website via the built in FTP client. This class builds upon skills that are learned in Intro. to Dreamweaver.

Steve Salzman
3 Wednesdays, 7–10pm
Apr. 23-May 7
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 35143

INTRODUCTION TO INDESIGN
Learn the professional layout and design tool used by most graphic designers, magazine, book, and newspaper publishers, and ad agencies around the world. InDesign is tightly integrated with Adobe’s Photoshop, Illustrator, and Dreamweaver applications. Learn to set up master pages, create style sheets, import photos and graphics, and employ effects such as drop shadows and blending modes, gradient tones, and drawing — all in one program. By the end of the course, you will have created either a small brochure or ebook.

Lynda Banks
3 Thursdays, 6:30–9:30pm
Apr. 24-May 8
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 35145

INTERMEDIATE ILLUSTRATOR CS6
We cover symbols and the use of symbol tools, customizing brushes and patterns, graphic styles, appearances, transparencies, clipping masks, live trace and live paint, blending modes, gradient mesh, 3-D, perspective, and other tools and techniques to create spectacular art.

This course builds upon skills that are learned in Intro. to Illustrator.

Lynda Banks
3 Fridays, 1:30-4:30pm
Mar. 28-Apr. 11
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 35146

INTERMEDIATE INDESIGN
In this class, we learn the book feature that makes managing long documents a breeze, explore many typographic refinements, create tables for both data and visuals, add animation and interactivity, and how to export documents to a PDF with customized presets and package files for the printer or as interactive files.

This course builds upon skills that are learned in Intro. to InDesign.

Lynda Banks
3 Thursdays, 6:30–9:30pm
Apr. 24-May 8
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 35145

INTRODUCTION TO ILLUSTRATOR CS6
In this course, you learn essential skills such as basic approaches to creating graphics and art for print and the internet, typography, the toolbox, graphic tools, Bezier curves, layers, effects such as distortions and drop shadows, color treatments, brushes, patterns, and type-on-a-path. Learn the appearances panel and how to manage multiple art boards.

Lynda Banks
3 Fridays, 1:30-4:30pm
Mar. 28-Apr. 11
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 35146

INTERMEDIATE ILLUSTRATOR CS6
We cover symbols and the use of symbol tools, customizing brushes and patterns, graphic styles, appearances, transparencies, clipping masks, live trace and live paint, blending modes, gradient mesh, 3-D, perspective, and other tools and techniques to create spectacular art.

This course builds upon skills that are learned in Intro. to Illustrator.

Lynda Banks
3 Fridays, 1:30-4:30pm
Apr. 25-May 9
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 35147

Take Computer Fundamentals if you are unfamiliar with the mouse, keyboard, and opening and saving files.
Contemporary Sciences

GEOLOGY AND TECTONICS OF CALIFORNIA

California geology is complex, like wet laundry jumbled together, composed of different colored and sized sox, shirts, handkerchiefs, underwear and pants but all with different origins.

Tekton is the Greek word for ‘build’ and plate tectonics explains how the earth’s crust has been built. It has been able to shine a bright light into the recesses of California’s previously hazy and jumbled geology during the past 50 years.

Learn how and where California’s geologic formations were formed, experienced collisions, were transported, uplifted, and reconstituted to become the surface we see today and where these formations are going in the future.

This amazing journey is complimented by detailed chapter handouts, diagrams, maps, rock, mineral and fossil samples that illustrate specific geologic formations.

Rolf Ursin-Smith, M.S. (Geology)
7 Thursdays, 1:10-3pm
Mar. 27-May 15 (No class Apr. 17)
Kentfield Campus
Austin Center 102
Fee $81 (Includes $10 materials fee)
CRN# 35111 EC

Cultural and Ethnic Studies

California Indian Studies Certificate Program

The California Indian Studies Certificate Program was developed by College of Marin in collaboration with the Miwok Archeological Preserve of Marin (MAPOM) and the Point Reyes National Seashore.

Our goal is to promote understanding of the culture of California Native peoples, their skills and their environmental wisdom. You are welcome to enroll in just one or any number of the classes listed below. If you wish to obtain a Certificate of Completion, please see following Certificate Requirements.

The California Indian Studies Certificate Program started with a big kickoff at the Kule Loklo Big Time Festival in July 2012. Our first Certificate of Completion Award Ceremony was held at Big Time on July 20, 2013, and the next one will be in July 2014. The required class, Overview of California Indian Culture and History, is scheduled three times each year with a different emphasis. Electives are offered once during each academic year. Classes are listed in the Community Education brochures which come out three times a year. The year-long overview is available on the MAPOM website, (www.MAPOM.org).

Certificate Requirements

Complete the required Overview of California Indian Culture and History plus four electives to be eligible for a Certificate of Completion. This list of classes may be changed without prior notice.

Core Class (required):
- Overview of California Indian Culture and History
Electives may include but are not limited to the following (any four):

- Basketweaving with Lucy and Julia Parker
- California Indian Baskets
- Indigenous Cultural Practices
- Introduction to Paleotechnology
- Beginning and Intermediate Flintknapping
- Petroglyphs and Introduction to Coast Miwok Cultural History
- Present State of Tribal Affairs
- Weaving a Pomo Style Coiled Willow and Sedge Basket
- Traditional Jewelry Making, Storytelling, Tule Crafts and Cultural Wisdom
- Traditional Acorn Preparation
- Registration for Community Education’s Spring Quarter 2014 begins on February 24. Put it on your calendar!

PETROGLYPHS AND MIWOK CULTURAL HISTORY

Anthropologist and respected author Betty Goerke will guide us on a hike to view the best example of rock art in Marin County on Ring Mountain in Tiburon. The style of the petroglyphs, the choice of the specific rock, as well as possible interpretations will be discussed. The attractions of the area also include its geology, the plants and animals used by the Indians, and other landmarks of Native peoples which can be seen from Ring Mountain. Goerke will discuss the history and culture of the Coast Miwok people who lived and still live in the Marin and Southern Sonoma area, as well as Chief Marin for whom the county was named.

Betty Goerke has taught anthropology and archaeology at the College of Marin for over thirty years. She has conducted archaeological fieldwork in California, Colorado, Greece, Holland, Kenya and India. Her book “Chief Marin: Leader, Rebel and Legend: A History of Marin County’s Namesake And His People” was published by Heyday Books, and has been widely acclaimed as the authoritative biography of this pivotal individual in Coast Miwok culture and history.

Saturday, 9am-1pm
Apr. 26
Ring Mountain in Tiburon, Marin County
(Backup rain date: Saturday, May 3, 9am-1pm)
Fee: $75
CRN# 35158

WEAVING A POMO-STYLE COILED WILLOW AND SEDGE BASKET

The class offers a well-rounded knowledge of the basket-making experience with a presentation of the complete process and beliefs surrounding it. Participants will have the opportunity to create their own basket. As we work we’ll learn about California weaving traditions, plant cultivation, harvesting, processing and the variety of styles. We’ll discuss the ethics of nature stewardship, the principles of regenerative land management, and the spiritual practices of Native people. Students are asked to bring clippers, a sharp knife, and a large bowl.


Edward Willie has been learning from other California Indian basket makers for over two decades and now teaches adult classes in the art. Over the years he feels he’s learned the most from the students of the highly respected Mabel Mckay, as well as members of the California Indian Basketweavers Association.

Saturday & Sunday, 9am-4pm
May 17 & 18
Kule Loklo in the Point Reyes National Seashore
Fee: $159 (includes $40 materials fee)
CRN# 35096
COMING IN SUMMER 2014
TRADITIONAL STORY TELLING
Three California Indians will share some of the traditional stories passed down in their culture. The presenters are Sherrie Smith-Ferri of Dry Creek Pomo and Coast Miwok, Bradley Marshall of Hupa, and Eric Wilder of Kashaya Pomo.

For those seeking a California Indian Studies Certificate this class also fulfills the requirement of a core class.

The class precedes “Big Time” at Kule Loklo, a yearly Indian gathering with native dancing, demonstrations of stone tool making, basketry, jewelry and games. Booths include jewelry, books on California Indians, and organizations devoted to Indian culture.

Saturday, July 19
The Red Barn
Point Reyes National Seashore
Fee, Time and CRN information: please see Summer 2014 Community Ed Schedule

Mark Your Calendars
COMMUNITY ED PREVIEW DAYS

Kentfield Campus
Saturday, Mar 1, 9:30am–12noon
Cafeteria, Student Services Bldg

Indian Valley Campus
Saturday, Mar 8, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7

• Find out about our new Gold Card Advantage Program
• Meet Comm Ed instructors
• Explore new Comm Ed classes
• Learn about Emeritus College
• Discover ESCOM clubs

Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).

Marin Chinese Cultural Association Educational Programs

College of Marin’s department of Community Education, Lifelong Learning, and International Education is pleased to join with the Marin Chinese Cultural Association (MCCA) in presenting courses that promote awareness and understanding of Chinese American culture and history.

TRADITIONAL CHINESE BRUSH PAINTING
Chinese painting is one of the oldest continuous artistic traditions in the world! Students will learn how to use a Chinese brush and ink to paint different animals, flowers, leaves, and bamboo. The connection of the brush and ink to the paper is both satisfying and challenging. Students create their own painting after the first class, and improve their painting skills and creativity throughout the session.

Alan Cheng S-Lun began studying Chinese brush painting over 40 years ago under Master Chow Yat-Fung. Mr. Cheng was named Fellow of the Study of Chinese brush painting at the University of Hong Kong, and Commissioner of the Antiquities Advisory Board of Hong Kong.

7 Mondays, 9:10-10:30am
Mar. 31-May 19 (No class Apr. 14)
Kentfield Campus, Fine Arts Center 301
Fee $120 (including $25 materials fee)
CRN# 35109

FROM DYNASTY TO DEMOCRACY: HOW CHINATOWN CHANGED AMERICA AND THE WORLD
Chinese sojourners were critical to the development of early California, establishing our state as an agricultural powerhouse and paying unfair taxes that funded up to 50% of California’s state budget. Yet, Chinese are the only group to be specifically banned from immigrating to America, and hundreds of Chinese communities across the western U.S. were attacked and burned down in order to drive Chinese out. This eye-opening course details the hidden history of Chinese in California and offers...
Dance

INTERNATIONAL FOLK DANCE
Come learn dances from all over the world including Serbia, Turkey, Rumania, Armenia, Bulgaria, Russia, Greece, and Israel. You will be introduced to basic international dance movement vocabulary, dance formats, rhythms, and cultures. The dances are fun, danced to a wonderful assortment of world music, and a great way to stay mentally and physically fit. The class is open to both novice dancers and those with more experience; no partner is required.

Carol Friedman
7 Wednesdays, 2:10–3:30pm
Mar. 26-May 14 (No class Apr. 16)
Kentfield Campus
Physical Education Center 22
Fee $60
CRN# 35001 EC

ARGENTINE TANGO: BEGINNING CLASS AND PRACTICA
Join our sizzling Argentine Tango classes and discover a dramatic new world of music and dance! This course is designed to accommodate both novice tango dancers and those with more experience. It provides an introduction to the social form of Argentine Tango as danced in Buenos Aires and will teach you a code of movement that will get you started with this improvised dance. The class includes an optional, guided Practica where you can practice what you’ve learned.

Darin Ow-Wing is the Director of Education for the Chinese Culture Foundation in San Francisco. He has developed community-based educational programs in San Francisco for over 30 years, and is a recipient of the Daniel E. Koshland Civic Unity Award from the San Francisco Foundation and the Enola Maxwell Lifetime Service Award.

2 Thursdays, May. 1 and May 8
May 1, 9am-12noon:
Kentfield Campus
Portable Village 5B
May 8, 9:30-11:30am
Tour of Chinatown
Meet at the Chinese Culture Center
San Francisco
750 Kearny St. 3rd Floor (inside Hilton)
Fee $47
CRN# 35159

4 Wednesdays, 6-7pm
(Optional, guided Practica: Fridays 8-10pm)
May 7-May 28
Alma del Tango Studio
(in Knights of Columbus Hall)
167 Tunstead Ave, San Anselmo
Fee $55
CRN# 35002

Also of interest...
NEW BOLLYWOOD!
See page 37.

TRADITIONAL HAWAIIAN DANCE
Now you too can learn Hula: the traditional dance of Hawai’i. In the classic choreographies to be presented, we will explore Hula Auwana (contemporary dances), Hula Kahiko (dances that pre-date the missionary era), elements of dance protocol, and the history and culture of our 50th state.

Lisa “Pua” Saunders, MA (Ethnic Dance), is a kumu of a professional hula performance company, Hula Manu O’o. She is a member of UNESCO Council on International Dance and a national presenter of indigenous dance for the American Orff-Schulwerk Association. Lisa has studied with some of the world’s most renowned culture-bearers and Hula masters including Nona Beamer and George Naope.

7 Thursdays, 7:30-9pm
Mar. 27-May 15 (No class Apr. 17)
Kentfield Campus
Physical Education Center 22
Fee $80
CRN# 35003

A REGISTRATION FORM IS AT THE CENTER OF BOOKLET.
Drama/Stage and Screen

**CREATIVE VOICE ACTING: GAME VOICE!**
The video game market is the most lucrative consumer entertainment market on the globe. And, contrary to what many think, it is not the exclusive province of male actors. Women’s voices are also in demand! If you would like to turn those voices you do for friends and family into moneymaking reality, Terry McGovern is the man who can show you the way. His voice can be heard on hundreds of games, educational videos and animated projects. The voice of Launchpad McQuack from Ducktales and Darkwing Duck fame, the voice of “These are not the droids you’re looking for” from Star Wars, and the voice of Sega NFL, Terry will show you the skills necessary for success. There will be a one-hour lunch break.

Many of Terry’s students have gone on to sign with talent agencies and have found work in voiceover and animation. Let Terry show you how!

**Terry McGovern**
2 Saturdays, 10am-5pm
Apr. 5 & 12
Kentfield Campus
Science/Math/Nursing Center 226
Fee $99 (includes $2 materials fee)
CRN# 35104

**VOICE OVERS: THE BIG PICTURE**
This is a chance to have time on the mic with a critique from Terry McGovern, as well as learn everything you’ve ever wanted to know about the business and marketing side of being a successful voice over actor.

This experiential and informational workshop includes a guest speaker from the industry. Scripts provided! There will be a one-hour lunch break.

**Terry McGovern**
2 Saturdays, 10am-5pm
May 3 & 10
Kentfield Campus
Science/Math/Nursing Center 226
Fee $99 (includes $2 materials fee)
CRN# 35105

Film Appreciation

**THE SIXTH ANNUAL: IN SPRING EVERYONE’S FANCY TURNS TO LOVE FESTIVAL**
Love. Everyone wants it. Everyone is looking for it. The manifestations of love vary as much as the beloveds: parents, children, lovers, spouses, God. Further studies in how, why, and when we express love, what happens when love disappears or is thwarted, or to people who cannot love. Three of the films for Spring are: Castaway on the Moon (Korea 2009) Mostly Martha (Germany 2001), The Wedding Banquet (USA 1993)

**Suresa Dunders**, MFA (Theatre), M.A. (Education), has worked as a Literary Manager, director and designer in films, video and theatre. Experienced in teaching Acting, Voice, Film Appreciation and Art Direction, she writes fiction, screenplays and creative nonfiction.

7 Thursdays, 2:10–5pm
Mar. 27-May 15 (No class Apr. 17)
Kentfield Campus
Learning Resources Center 53
Fee $97 (Includes $1 materials fee)
CRN# 35062 EC

**CINEMA AND PSYCHE: FURTHER TALES OF THE ELDER**
Eldership is a force of character that emerges when our aging is steeped in meaning, wisdom, and integrity. Elder Tales are found across cultures—in folklore, literature, myth, and movies. They teach the values, tasks, and fundamental conditions of true eldership—the universal keys to conscious aging.

Using cinema as a medium for inspiration and reflection, we’ll view and discuss six outstanding Tales of the Elder. Drawing on archetypal psychology, cultural anthropology, and developmental theory, our movies will explore: The Ageless Flame; Passing It On; Selfhood Lost and Found; Strength of Heart; Befriending the Deep; and more. This course can stand alone, or as a deepening expansion—with new and different films—of the previous Elder Tales course. Films include: Make Way for Tomorrow; The Barbarian Invasions; Elizabeth I; and Philomena.
Financial Planning

WISE UP: FINANCIAL EDUCATION FOR WOMEN
This financial education program helps women gain the knowledge, skills, and confidence they need to move their financial lives forward. Each week students go through basic information on each module, discuss case studies, and leave with action plans to begin their own planning. Modules cover topics such as financial math, credit, savings, insurance, risk management, investing, and achieving financial security.

The Wi$e Up Program came about as a result of focus group discussions held by the Women’s Bureau of the U.S. Department of Labor with women from across the United States.

Helen Abe has more than 20 years of experience helping women with retirement and financial planning. Helen is a Certified Investment Management Analyst, a Chartered Retirement Planning Counselor, and a Certified Wealth Strategist.

4 Wednesdays, 6:30-8:30pm
Apr. 23-May 14
Kentfield Campus
Learning Resource Center 53
Fee $73 (Includes $8 materials fee)
CRN# 35077

BASICS OF BANKING
Is this your first time handling money? Are you ready to become financially independent? Do you want to save money? This course teaches the basics of handling money, understanding how banks process transactions, and ways to avoid paying bank fees and hidden fees. You will learn how to balance your bank statement, how to write checks and verify the accuracy of bank statements. You will become knowledgeable about bank products and how to create positive relationships with financial institutions.

Kim Ngo has an MBA in Finance from Golden Gate University. She is currently a bank manager with over ten years’ experience in the financial industry.

Saturday, Apr. 5, 9:00am-12noon
Kentfield Campus
Science/Math/Nursing Center 229
Fee $55 (includes $5 materials fee)
CRN# 35086

BUILD AND REBUILD YOUR CREDIT
Do you want to rebuild your credit and reputation? Are you ready to make big purchases but do not have enough credit? This course will teach the basics of handling your credit score and credit report and how to correct your credit scores with the three major credit bureaus. You will discover ways to build your credit, ways to save money, and ways to cut unnecessary expenses. You will become more confident with your money and create positive relationships with financial institutions.

Kim Ngo
Saturday, May 3, 9am-12noon
Kentfield Campus
Science/Math/Nursing Center 229
Fee $55 (includes $5 materials fee)
CRN# 35087

HOW TO ASK FOR MONEY: FUNDRAISING 101
Most people are afraid to ask for money even though these gifts are for a cause they deeply care about. “I’ll do anything but ask for money” is frequently heard among most non-profits and other organizations. This one-day workshop—How to Ask for Money: Fundraising 101 will remove the mystique and examine the fear of why we are afraid to ask for money.

In addition, the class will help identify cultivate, solicit and steward potential contributors regardless of the organization.

Janet Benjamin
Saturday, May 10, 10am-4pm
Kentfield Campus, Austin Center 191
Fee $59
CRN# 35088
Foods/Wine/Artisan Cheesemaking

Artisan Cheesemaking Program

The Artisan Cheesemaking Program at Indian Valley Campus is offered in the fall, winter, and spring quarters. The program trains beginning cheesemakers in the art and science of making artisan cheese. Through lectures and hands-on workshops with experienced cheese professionals, students gain the knowledge and skills needed to identify, evaluate, and produce artisan cheese. Students who complete six required courses may earn the Artisan Cheesemaking Certificate in Dairy Arts.

The program has been developed in collaboration with the California Artisan Cheese Guild and UC Cooperative Extension.

Certificate Requirements

The following courses are required to complete the Artisan Cheesemaking Certificate Program in Dairy Arts:

- A Full Introduction to Artisan Cheese and Its Traditions
- Basic Starter Cultures for Cheese and Fermented Milks
- Milk Types and Quality
- Cheese Chemistry
- Principles and Practices of Cheesemaking
- Hygiene and Food Safety in Cheesemaking

It is highly recommended that students with no background knowledge in food science, microbiology, or chemistry prior to taking the classes start the program with A Full Introduction to Artisan Cheese and Its Traditions. It is also recommended that Hygiene and Food Safety be taken with or following Principles of Cheesemaking.

Commercial cheesemakers and students with a professional background in food science do not need to follow any sequence in order to complete this certificate program. Additionally, prior cheesemaking experience will be extremely valuable to the understanding of the process.

A FULL INTRODUCTION TO ARTISAN CHEESE AND ITS TRADITIONS

Love cheese? Join us in this workshop for a complete immersion in the world of cheese. This class will include the history of cheesemaking, the professional way to taste cheese, cheese types and classification, regional specialties and variations, the importance of terroir, cheese flavor profiles, understanding affinage, food and beverage pairings, proper care and handling of cheese, service, and presentation, and developing a plan for producing artisan cheeses for marketing, sales, and distribution.

Note: Each class includes a tasting of artisan cheeses with wine and beverage accompaniments.

Judy Creighton is a Certified Cheese Professional, cheese educator and consultant who has owned two San Francisco cheese shops, served as a judge at American Cheese Society. She is Cheese Program Director at Lavender Ridge Vineyard in the Sierra Foothills, and currently serves on the board of the California Artisan Cheese Guild, is guest lecturer at School of Restaurant Hospitality, City College of San Francisco, and Cheese School of San Francisco.

4 Mondays, 6:10–9pm
Mar. 24–Apr. 21 (No class Apr. 14)
Indian Valley Campus, Bldg. 3, Rm 154
Fee $274 (Includes $104 materials fee)
CRN# 35128

PRINCIPLES AND PRACTICES OF CHEESEMAKING

This two-day course features lecture and discussions on the cheesemaking process. You will learn why each step is done and the vocabulary associated with it. By the end of the course, you will be able to carry out basic cheesemaking procedures including fermentation, coagulation, cutting curd, cooking curd, and forming a finished cheese. Course will include a field trip to a local working creamery. Details to be discussed in class.

A catered lunch will be provided both days.

Marc Bates has over 40 years of experience in the food industry including Creamery Operator and Manager for the Washington State University Creamery for 28 years and 12 years as a food industry consultant specializing in cheesemaking.

Maureen Cunnie has been the lead cheese maker at Cowgirl Creamery for twelve years and has served on the board of the California Artisan Cheese Guild.
HYGIENE AND FOOD SAFETY IN CHEESEMAKING

This four-hour course will explore hazards of a biological nature which are capable of causing food borne illnesses if present in cheese. Not only will these hazards be identified, but their source and control during the process of cheese production will be explored. Topics to address the control of these hazards will include good manufacturing practices, cleaning and sanitizing issues, and temperature (i.e., heat treatment). Physical and chemical hazards in cheese will also be addressed with emphasis on the identification and eradication of potential sources of physical and chemical hazards.

Recommended textbook: Farmstead and Artisan Cheese, published by the University of California, ISBN-13 9781601076922, can be ordered at a 10% discount at http://cemarin.ucdavis.edu publications/UC_ANR_Catalog/

Kuba Hemmerling is the master cheesemaker and plant manager at Point Reyes Farmstead Cheese. He has extensive experience as a quality assurance manager and consultant and is certified by the International HACCP Alliance.

Friday, 8:30am–12:30pm
Indian Valley Campus, Bldg. 3, Rm 154
Fee $208 (Includes $53 special/materials fee)
CRN# 35153

BASIC STARTER CULTURES FOR CHEESE AND FERMENTED MILKS

This class will introduce the basic science of cheese and fermented milk starter cultures to novice and experienced cheesemakers. Topics cover basic starter microbiology, terminology, propagation, and application as it refers to daily cheesemaking. Learn more about what starter cultures are and the role they play in the fermentation of milk. This course will focus on the application of specific cultures for specific styles of cheese, allowing you to develop new cheese styles or perfect current cheese recipes.

Dave Potter has been involved in the food and dairy industry since 1982. He spent his first 21 years employed with a culture fermentation company which is now Danisco USA. His primary responsibilities were in the technical application of cultures and other ingredients used in the commercial manufacture of fermented milks and cheeses.

Thursday, 8am–4pm
May 1
Indian Valley Campus, Bldg. 3, Rm 154
Fee $208 (Includes $53 special/materials fee)
CRN# 35152

CHEESE CHEMISTRY

This course presents the basic chemistry of the cheese manufacturing process and the affects each step has in the final cheese product as it relates to flavor, texture, aroma, and functionality in the finished cheese. Through lecture, question-and-answer sessions, and demonstrations, you will develop an understanding of specific manufacturing parameters of various cheese styles and how simple changes can be made that allow for physical and chemical changes to occur in the final cheese product.

Dave Potter
Friday, 8am–4pm
May 2
Indian Valley Campus, Bldg. 3, Rm 154
Fee $208 (Includes $53 special/materials fee)
CRN# 35153
Hands-On Cheesemaking at Home

The following classes are designed for the adventurous hobby cheesemaker and enthusiast! These three-hour, hands-on classes will teach you how to make delicious homemade cheese. You will leave class instructions so that you can make glorious, fresh cheese on your own! The instructor provides verbal and written instructions and is available via phone and e-mail to answer any questions that arise.

Notes on all classes: Cheeses made in the hands-on cheesemaking classes are for teaching purposes only and not to be taken home after class. Classes begin promptly at 6:15pm and to ensure the highest quality experience for all students, all hands-on cheese classes will be capped at 20 and walk-ins over the class maximum size will not be accepted.

**Sacha Laurin** is a native of Australia who honed her cheesemaking skills after moving to France. With one part science and one part romance, she brings a refreshing take to the artisanal cheesemaking process. Sacha also teaches cheesemaking classes at the Sacramento Natural Foods Co-op and the Cheese School of San Francisco, and is the cheesemaker for Winters Cheese Company.

Please note: The following classes are NOT required for the Artisan Cheesemaking Certificate. These classes are for educational and demonstration purposes only. The cheese products are not intended for consumption.

**HANDS-ON CAMEMBERT**

For those spring days sitting outside with a glass of wine and a fabulous cheese... Learn the art of making your own delicious Camembert, the creamy pungent bloomy rind delight synonymous with classic French cheese, with instructor Stephanie Soleil, who grew up eating Camembert as her first baby food! Ooh là là!

**Stephanie Soleil**

- **Wednesday, 6:15–9pm**
- **Apr. 30**
- **Indian Valley Campus, Bldg. 3, Rm 154**
- **Fee $85 (Includes $9 materials fee)**
- **CRN# 35123**

**NEW HANDS-ON BASQUE BASKET CHEESEMAKING**

Basque-style cheeses have become high on the list of favorite cheeses for so many people we have decided how to show to make your own. This class will guide you through techniques to obtain the unique qualities of a sheep milk cheese, using milk blending and sheep yogurt as a starter culture. Join cheesemaker and instructor Sacha Laurin for this brand new class.

**Sacha Laurin**

- **Wednesday, 6:15–9pm**
- **Apr. 9**
- **Indian Valley Campus, Bldg. 3, Rm 154**
- **Fee $85 (Includes $9 materials fee)**
- **CRN# 35125**

**NEW HANDS-ON ROMANO CHEESEMAKING**

Join French cheesemaking instructor Stephanie Soleil in this brand new hands-on cheesemaking class as she guides you through the make procedures of the Italian hard cheese, Romano. Impress your friends and family with being able to make the best pasta dishes on the planet with your own homemade romano cheese!

**Stephanie Soleil**

- **Wednesday, 6:15–9pm**
- **Apr. 23**
- **Indian Valley Campus, Bldg. 3, Rm 154**
- **Fee $85 (Includes $9 materials fee)**
- **CRN# 35126**
WINE TASTING FUNDAMENTALS
Have you ever wanted to know more about the aromas and tastes in your wine glass? This class will cover: the basics of the process of winemaking, wine tasting, explore different types of wines, talk about “wine talk” and what it all really means, and some basics of food and wine pairings. Students should bring 2-3 glasses to each class.

David Sandri is a wine industry professional, wine judge around the country, internationally published wine writer, and a Certified Specialist of Wine through the Society of Wine Educators.

2 Thursdays, 6:40-9pm
Mar. 27 & Apr. 3
Indian Valley Campus, Bldg. 3, Rm 154
Fee $69 (Includes $13 special fee)
CRN# 35117

NEW WINE TASTING FUNDAMENTALS- KENTFIELD CLASS

David Sandri
Saturday, 9am-3pm
Mar. 29
Kentfield Campus, Student Services 111
Deedy Lounge
Fee $69 (Includes $13 special fee)
CRN# 35118

NEW REGIONAL WINES OF CALIFORNIA

Many great wines come from Sonoma and Napa, but we have a bounty of great wines from some truly dynamic regions. This class will look at wine from – Lodi, Paso Robles, Monterey, Santa Barbara, Mendocino and other wonderful areas in California.

Students should bring 2-3 glasses to each class.

David Sandri
4 Thursdays, 6:40-9pm
Apr. 24-May 15
Indian Valley Campus, Bldg. 3, Rm 154
Fee $109 (Includes $30 special fee)
CRN# 35119

Health and Wellness

BONES FIT: OSTEOPOROSIS PREVENTION AND BONE HEALTH WORKSHOP

In this two-hour workshop, you will be introduced to the fundamentals of exercises for bone strength. Learn about postural alignment, key strengthening exercises, and what to avoid. This class is an excellent introduction to bone health and how to get started with active exercise. Join us for a very interesting and fun class! Please bring a beach towel, yoga mat or blanket to class. You must be able to get up and down from the floor independently. Individual attention as time allows.

Marion Kregeloh, PT, CFP is highly skilled in evaluating, treating, and educating students in bone health, osteoporosis prevention, back care, and individualized exercise programs.

Friday, 1-3pm
Apr. 11
Kentfield Campus, Physical Education 22
Fee $28
CRN# 35122 EC

Mark Your Calendars

COMMUNITY ED PREVIEW DAYS

Kentfield Campus
Saturday, Mar 1, 9:30am–12noon
Cafeteria, Student Services Bldg

Indian Valley Campus
Saturday, Mar 8, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7
• Find out about our new Gold Card Advantage Program
• Meet Comm Ed instructors
• Explore new Comm Ed classes
• Learn about Emeritus College
• Discover ESCOM clubs

Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
History

HISTORY OF CAPTIVATING PARIS
Paris has been a thriving metropolis and a center of intellectual and artistic achievement for centuries. The city’s roots reach to the 3rd century B.C., and influences as diverse as Celtic, Roman, Scandinavian, and English are woven into the city’s rich heritage. The area around L’île de la Cité was named Lutetia. Join us for seven entertaining weeks of traveling through time, learning and discussing the history of this fascinating city: its foundation; the different royal dynasties such as the Capetians, the Valois and the Bourbons who considered Paris their residence; their intrigues, wars, and cultural evolutions; and Napoleonic powers. We shall end our time travel all the way into modern-day Paris. Bon voyage et à bientôt!

Erika Harkins, MA, received her degrees at the University of Paris and in Bucharest. Erika lived in Paris and knows Paris in depth. She embraces the premise that literature and history are interrelated and complement one another.

7 Wednesdays, 2:10-4pm
Mar. 26-May 14 (No class Apr. 15)
Kentfield Campus
Learning Resource Center 38
Fee $72 (Includes $1 materials fee)
CRN# 35055 EC

HISTORY OF THE FRENCH CINEMA
Join us in this exciting class full of memories and nostalgia. France is the birthplace of cinema: toward the end of the XIX century, the Brothers Lumière invented the "cinématographe." Their 1885 movie, “The Arrival of a Train in the Station,” marks the official birth of cinematography. Characteristics of French Cinema include analytical plotlines, strong character development, and deviance from conclusive endings.

Through lectures, movie clips and power point presentations, we first examine post-World War I and post-World War II movies filmed by Marcel Pagnol, Rene Clair, Sacha Guitry, and Jean Renoir. We examine the New Wave movement (1950) created by Jean-Luc Godard, Francois Truffaut, and Claude Chabrol, followed by movements from the 1970s, 1980s, 1990s, and the XXI century. The influence of Hollywood will be highlighted.

Erika Harkins, MA, received her degrees at the University of Paris and in Bucharest.

7 Tuesdays, 1:10-3pm
Mar. 25-May 13 (No class Apr. 15)
Indian Valley Campus, Bldg. 27 Rm. 116
Fee $72 (Includes $1 materials fee)
CRN# 35057 EC

ALSO OF INTEREST...

DISCOVERING AND ANALYZING COLOMBA
See page 29.

FROM DYNASTY TO DEMOCRACY: HOW CHINATOWN CHANGED AMERICA AND THE WORLD
See page 16.

Home and Garden

SUCCESSFULLY LANDSCAPING YOUR MARIN HOME
Join us for a dynamic and interactive design course, going beyond the theory to walk you through the process of creating an overall landscape design. One lucky student will have their garden randomly chosen for our field trip so that everyone will have the experience of applying what you learn in a garden. Bring photos of your garden and any questions about design to the first Saturday. You may also wish to prepare for the class by filling out “The Landscape Questionnaire” which is available for free download at: http://www.mysticallandscapes.com/Design. html Students are responsible for their transportation.

Dane Rose has been a landscape professional since 1991. He authored Successfully Landscaping Your Marin Home, a comprehensive and invaluable guide for homeowners who would like to design and install their own landscapes. The text is covered by the materials fee and will be distributed in class.

Saturday, Apr. 26, 1:40–5pm
Kentfield Campus
Austin Center 176
Plus field trip to a local garden:
Saturday, May 3, 1:40–6pm
Fee $139 (Includes $20 materials fee)
CRN# 35113
**NEW HOW TO MAKE YOUR OWN ORGANIC HERBAL SALVE**

Many people are looking for ways to avoid synthetic ingredients in their personal skin care. In this hands-on class, students will learn to make infused oils and healing salves from organic herbs that can be easily grown at home, or purchased at farmers markets. The class will include a background and description of the common herbs and oils used in skincare. We will then continue to explore ways of extracting their medicinal properties. By the end of the class, students will have concocted their own wound-healing salve, and will have a copy of the recipe to make more at home.

**Katja Gruenheidt** has been around medicinal plants all of her life. Her deep love for the healing power of nature is reflected in the herbal medicine she creates. Katja has studied with herbalists Catherine Abby Rich and Cheryl Fromholzer who are the inspiration for her dedication to homemade medicine.

2 Saturdays, 9:10am-1pm 
Apr. 12 & 26 
Kentfield Campus, Austin Center 184 
Fee $71 (Includes $6 materials fee) 
CRN# 35114

**NEW NATURAL FLORAL DESIGN: CELEBRATION OF SPRING**

Here we are in the season of an abundance of blossoms! Heavy flowers and branches are a challenge in low containers. Metal pin “frogs” are one of the infrastructures that hold everything in place. We’ll use the glorious bounty of spring to learn how to use them to make arrangements with a sense of movement. As Mother’s Day is the following day, this could be great for Mom’s and daughters to do together, but everyone is welcome!

Student brings: A mixed bouquet of store bought flowers, clippers, a low vase that has room in the bottom to fit a 2 1/8” frog (Note: Teacher will email a photo example, you can bring your own or order one from the teacher), and a bucket to bring your flowers to class and to bring your arrangement home.

Teacher will provide: floral pin frogs, floral putty to take home and additional flowers and foliage.

**MaryAnn Nardo** is an organic gardener and freelance floral designer for weddings and large events. Her philosophy is that any plant material is worthy for inclusion in an arrangement, whether store-bought flowers or garden-grown, or even humble “weeds” or branches considerately foraged from the roadside!

**Intensive English Program (IEP)**

College of Marin’s Intensive English Program has more than 30 years of success educating English language learners. We welcome new and returning F-1 international students, F-1 transfer students from other schools, au pairs, and local residents who wish to improve English language skills. Students who complete the advanced level are guaranteed admission into College of Marin Credit Program, without the TOEFL requirement. SMALL CLASSES, FIELD TRIPS, 8 or 16-WEEK Program, TOEFL PREPARATION We provide a friendly staff to help with visas and scheduling needs.

**SPRING Semester 2014**

**Session A: January 21-March 14** (8 weeks) 
$1175 for 8 weeks (20 hours) (CRN Session A/B 15109/15113) 
$975 (15 hours) (CRN 15110/15114) 
$725 (10 hours) (CRN 15111/15115) 
$375 (5 hours) (CRN 15112/15116) 
Courses meet 5 hours per week:

**Session B: March 18-May 16** (8 weeks) 
$1425 (10 hours) (CRN 15108) 
$775 (5 hours) (CRN 15107) 
$1925 (15 hours) (CRN 15106) 
$1425 (10 hours) (CRN 15107) 
$375 (5 hours) (CRN 15106) 
Session A: January 21-March 14 (8 weeks) 
Session B: March 18-May 16 (8 weeks) 
$1175 for 8 weeks (20 hours) (CRN Session A/B 15109/15113) 
$975 (15 hours) (CRN 15110/15114) 
$725 (10 hours) (CRN 15111/15115) 
$375 (5 hours) (CRN 15112/15116) 
Courses meet 5 hours per week:

**Grammar for Oral and Written Communication**

**Tuesday/Thursday 12:30-2:45**

**Speaking/Listening/Pronunciation**

**Wednesday/Friday 9:10-11:35**

**Idioms and TOEFL Preparation**

**Wednesday/Friday 12:30-2:45**

**Fees and Materials**

Fee: $70 (includes $17 materials fee) 
CRN# 35091

**A REGISTRATION FORM IS AT THE CENTER OF BOOKLET.**

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**Kentfield Campus,** Fine Arts Center 312

**Saturday, May 10, 10am-12noon**

**Fee:** $70 (includes $17 materials fee) 
**CRN#** 35091
For more information or to apply:
Call 415.883.2211, ext. 8579
Fax: 415.883.2632
E-mail: intensive.english@marin.edu

For schedule and downloadable F-1 application: www.marin.edu/iep
Register online at www.marin.edu/CommunityEducation
New F-1 and F-1 transfer students, contact Rebecca.Freeland@marin.edu with your visa questions.
For questions about International Education at College of Marin, contact Rebecca.Freeland@marin.edu.

TOEFL IBT TEST PREPARATION (20 HOURS/EVENING):
LISTENING/SPEAKING/ READING/WRITING
This course will familiarize you with the format, help you analyze the questions, and give you practice with the test items. All four skill areas: Reading/Writing /Listening/Speaking will be practiced in this course.
For more information, please call the Intensive English Program at 415.883.2211, ext. 8579, or email sara.oser@marin.edu.

Ezra Kwong is a native English speaker with a Master’s degree from Columbia University. He is new to the Intensive English Program this semester and has taught ESL in New York and Zhejiang, China.
7 Tuesdays, 3:10-6pm
Mar. 25-May 13 (No class Apr. 16)
Indian Valley Campus, Bldg 3, Room 251
Fee $112
CRN# 35154

NEW IELTS (INTERNATIONAL ENGLISH LANGUAGE TESTING SYSTEM): TEST PREPARATION
This course is intended for international students wanting to take the IELTS examination. The IELTS fulfills the English language proficiency requirement required by nearly all higher education institutions in North America for the admission of non-native English speakers; the College of Marin also accepts IELTS scores for admission to the credit program.
Through the use of communicative activities, explicit instruction, and test simulation tasks, this course will provide guidance in the development and use of linguistic skills relevant to the IELTS examination.

The course will cover all four skill areas covered in the examination modules: reading, writing, speaking, and listening. The course will familiarize students to the IELTS exam format and the various task types. It is suitable for those wanting to take either the General Training or the Academic Module. The IELTS course is intended for Intermediate learners.
For more information, please call the Intensive English Program at 415.883.2211, ext. 8579, or email sara.oser@marin.edu.

Ezra Kwong, MA
7 Fridays, 3:30–5:30pm
Mar. 28-May 16 (No class Apr. 18)
Indian Valley Campus, Bldg 3, Room 251
Fee $91
CRN# 35155

Languages
Note: Community Education modern languages teach conversation skills, emphasizing the ability to engage in everyday conversation and to handle typical situations. Most classes are organized in a two-year series with a potential of four quarters offered each year if warranted by enrollment. Classes designated “First Year, First Quarter” are for those with no previous background in the language. Each successive quarter continues to develop your ability to converse in the language. Those with equivalent knowledge are welcome to enroll mid-year, however, please be advised that no refunds are given for mistaken placement in the Language series. If in doubt, call the Community Ed office at 415.485.9305, press 4 to reach a staff person and ask to have the instructor call you.
Textbooks: When the purchase of a textbook is recommended, that text will be used for the entire series. Costs of textbooks vary. If the instructor has requested, texts will be available at the College Bookstore, 415.485.9394, and are available to order online at http://marin.bncollege.com.
If the textbook is not available at the College Bookstore, students may purchase it elsewhere using the published ISBN.
FRENCH FOR TRAVELERS
Be prepared for your next trip to a French-speaking country. Learn useful expressions and travel tips to make your stay more meaningful. We will work on real situations like ordering at a restaurant, going shopping, asking for directions, travel on public transportation, etc. This class is designed for students who have had at least one year of conversational French. Bring a binder for hand-outs.

Anne–Marie Lebas is a native of France who has taught in the Bay Area for over 20 years. She teaches with great enthusiasm and energy and creates a lively and comfortable learning environment for students at any level. A bientôt!

5 Tuesdays, 6:40–8:30pm
Mar. 25–Apr. 29 (No class Apr. 15)
Kentfield Campus, Portable Village 5B Fee $79
CRN# 35090

CONVERSATIONAL FRENCH: FIRST YEAR, FOURTH QUARTER
These sequential courses are designed for those who have no or very little knowledge of French. We work with pronunciation, vocabulary enrichment, and short conversations. See Note at the beginning of the Languages section.

Anne–Marie Lebas
7 Mondays, 6:40–8:30pm
Mar. 24–May 12 (No class Apr. 17)
Kentfield Campus, Austin Center 168 Fee $89
CRN# 35005

CONVERSATIONAL FRENCH: SECOND YEAR, FOURTH QUARTER
These second year refresher courses are for those who would like to review what they learned in high school or college French classes, or for those students who have taken the beginning French conversation courses. The goal is to boost confidence and fluency in speaking. Venez apprendre avec plaisir!

Anne–Marie Lebas
7 Wednesdays, 6:40–8:30pm
Mar. 25–May 14 (No class Apr. 16)
Kentfield Campus, Austin Center 125 Fee $91
CRN# 35006

CONVERSATIONAL GERMAN: FIRST YEAR, FOURTH QUARTER
This is the fourth quarter of the beginning class; students have already had 40 hours of class time.

This fun course is for beginners, as well as serving as a refresher course for those who have previously had some exposure to German. In each class words, phrases, sentences and lively interactive dialogues are introduced, with correct grammar and pronunciation. Students also learn about German culture and are able to recite the short, famous poem Gefunden by Johann Wolfgang von Goethe by the conclusion of the course.


Hamid Emami is a native German speaker with a Master’s degree from Universität Hamburg and has taught German in the Bay Area for over 10 years. Auf bald! Come and join us!

7 Thursdays, 6:40–8:30pm
Mar. 27–May 15 (No class Apr. 17)
Kentfield Campus, Austin Center 130 Fee $92 (Includes $1 materials fee)
CRN# 35007

CONVERSATIONAL ITALIAN: FIRST YEAR, THIRD QUARTER
Learn basic conversational Italian, including pronunciation, vocabulary, and command of idiomatic expressions and colloquialisms. Emphasis will be on speaking and comprehension through oral drills.


Lido Cantarutti, MA
7 Wednesdays, 7:10–9pm
Mar. 26–May 14 (No class Apr. 16)
Kentfield Campus, Austin Center 133 Fee $91
CRN# 35008

Ilia Salomone–Smith
7 Tuesdays, 1:10–3pm
Mar. 25–May 13 (No class Apr. 15)
Kentfield Campus, Portable Village 3 Fee $73 (Includes $2 materials fee)
CRN# 35010 EC
CONVERSATIONAL ITALIAN: FIRST YEAR, FOURTH QUARTER
Continue learning basic conversational Italian, including pronunciation, vocabulary, and command of idiomatic expressions and colloquialisms. Emphasis will be on speaking and comprehension through oral drills. See Note at the beginning of Languages section.
Recommended text will be discussed during first class meeting.

Lido Cantarutti, MA
7 Thursdays, 7:10–9pm
Mar. 27-May 15 (No class Apr. 17)
Kentfield Campus, Fusselman Hall 110
Fee $71
CRN# 35012

CONVERSATIONAL ITALIAN: SECOND YEAR, FOURTH QUARTER
Join other students who have completed Conversational Italian: First Year, First through Fourth Quarters, or have equivalent knowledge. With the goal being to gain more fluency and be able to express thoughts and feelings in Italian, we work on enlarging vocabulary, pronunciation, and comprehension through oral drills. Recommended text: Uffa, by Concetta Perna, ISBN 978-0978601638. Textbook can be purchased at the College Bookstore. Please see Note above regarding Textbooks.

Ilia Salomone-Smith
7 Tuesdays, 3:10–5pm
Mar. 25-May 13 (No class Apr. 15)
Kentfield Campus, Portable Village 3
Fee $73 (Includes $2 materials fee)
CRN# 35011 EC

CONVERSATIONAL SPANISH: FIRST YEAR, FOURTH QUARTER
These are introductory courses for beginners who wish to learn to converse in Spanish with others at home or while traveling. Students will learn vocabulary, pronunciation, idiomatic expressions, and colloquialisms. The stress is on developing the ability to converse. See Note at the beginning of the Languages section.
Textbook for N. McInnes: Spanish Now!, Level 1, 7th Ed. with CDs
Textbook for M. Hain: Cómo Se Dice, 8th edition. Please see Note above regarding Textbooks.

Nancy McInnes
7 Thursdays, 7:10–9pm
Mar. 27-May 15 (No class Apr. 17)
Kentfield Campus, Austin Center 190
Fee $91
CRN# 35013

Milt Hain
7 Tuesdays, 2:10–4pm
Mar. 25-May 13 (No class Apr. 15)
Kentfield Campus
Temporary Building 119
Fee $71
CRN# 35014 EC

CONVERSATIONAL SPANISH: SECOND YEAR, FOURTH QUARTER
Join this continuing class with other students who have completed Conversational Spanish: First Year, First through Fourth Quarters, or have equivalent knowledge. With the goal being to gain more fluency and be able to express thoughts and feelings in Spanish, we work on enlarging vocabulary, pronunciation, and comprehension through oral drills. See Note at the beginning of the Languages section. Textbook: Cómo Se Dice, 8th edition, ISBN 978-0618471447. Please see Note above regarding Textbooks.

Luci Di Benedetto is a native Spanish speaker. She earned a Masters degree from the Universidad de Leon in Spain in Teaching Spanish to Speakers of Other Languages.
7 Fridays, 2:10–4pm
Mar. 28-May 16 (No class Apr. 18)
Kentfield Campus, Temporary Building 101
Fee $72 (Includes $1 materials fee)
CRN# 35015 EC
BEGINNING LATIN

The study of Latin illuminates the ideas and stories of the ancient Romans, whose civilization left a lasting mark on many of today’s cultures, but it also provides a foundation for all Romance languages, expands English vocabulary through recognition of Latin roots, and develops an understanding for and appreciation of grammar.

Prior completion of beginning Latin is necessary (Fall 2013, Term 1 or Winter 2014 Term). This course is designed for beginning students who want to continue the Latin studies they have already begun. Students who studied Latin years ago may also enjoy taking this class to refresh their knowledge. During this quarter, students will continue to develop basic reading and writing skills in the Latin language by building knowledge of vocabulary and an understanding of grammar. Instruction is provided simply and clearly to ensure that students have the essential tools they need to study and practice at home successfully following each session.

However, it is important to note that, in order to cover sufficient content to make the course meaningful, this is an intensive course of study; motivated students should anticipate spending several hours outside of class each week practicing new concepts so that they are prepared to move forward in each weekly session.

This course emphasizes language development; the cultural component typical of modern language study is very limited in Latin.


Christy Stocker taught Latin through the Advanced Placement level along with other courses related to classics and art in the Seattle area for 10 years. She is principal of Nicasio School.

7 Wednesdays, 6:10-8:00pm
Mar. 26-May 14 (No class Apr. 16)
Kentfield Campus,
Physical Education Center 91
Fee $93 (includes $2 materials fee)
CRN# 35089

LITERATURE/HUMANITIES

Literature/ Humanities

THE LITERARY LIFE OF FRANCE: DISCOVERING AND ANALYZING COLOMBA

Join us in discovering the adventures and personality of beautiful “Colomba,” the main character in the novella of the same name, written by French author Prosper Mérimée in 1840. Merimee was a lawyer, public official, senator, painter, archaeologist, and member of the French Academy. By intensively traveling through France and Europe, he drew inspiration for his short stories and novels. He is best known for his novella “Carmen,” which became the basis of Bizet’s opera.

Mérimée’s first popular novella, “Colomba,” is set in Corsica, and tells the story of the della Rebbia family, whose father was murdered in an ambush. Colomba implores her brother to avenge their father’s death. However, he does not share her passionate ancestral pride.

Erika Harkins, MA, received her degrees at the University of Paris and in Bucharest. With more than twenty-five years of teaching experience, Erika embraces the premise that literature and history are interrelated and complement one another.

7 Mondays, 2:10-4pm
Mar. 24-May 12 (No class Apr. 14)
Kentfield Campus
Learning Resource Center 38
Fee $72 (Includes $1 materials fee)
CRN# 35054 EC

ALSO OF INTEREST...

HISTORY OF CAPTIVATING PARIS

See page 24.

HISTORY OF FRENCH CINEMA

See page 24.
POETRY: FROM DELIGHT TO WISDOM
Poets have always laid claim to the realm of the transcendent in human experience, each poem, a hand-fashioned launching pad for spiritual lift-off. This quarter, we will examine the works of four poets particularly adept at such metaphysical flight: Rumi, a twelfth-century Sufi mystic; William Blake, a late eighteenth century English poet, painter, and visionary; Emily Dickinson, our own nineteenth century American original; and Mary Oliver, much loved contemporary, whose poems continue to delight us with their illuminations of every-day reality. Poems will be distributed and read in class.

Longtime writing and literature instructor, Jacqueline Kudler, MA (English Literature), is a published poet and feature writer. Jacqueline was the first recipient of the Annual Calliope Award for Lifetime Achievement in Poetry given by the Marin Poetry Center in 2010.

7 Thursdays, 1:10–3pm
Mar. 27-May 15 (No class Apr. 17)
Kentfield Campus, Portable Village 4
Fee $71
CRN# 35097 EC

NEW A WILD SPIRITUALITY OF NATURE: ON THE TRAIL OF JOHN MUIR AND JOHN BURROUGHS
Early crops of environmentalism were firmly planted by Thoreau, Emerson, Whitman and others before the conservation and preservation harvest in (the Scots-Californian) Muir, (the New Yorker) Burroughs and their influential friends like (the Rough Riding President) Roosevelt. Our network of National Parks is only one result of their collaborative vision and action.

This course is open to theists and non-theists drawn to the naturalistic philosophies of Muir and Burroughs who delighted in a direct experience of Nature. Through a close reading of their major works, we will investigate the roots of what could be called either a natural spirituality or a sacred secularity in relation to the cosmos. We will open and engage the wildest of “living scriptures,” through the eyes of two whose classroom and cathedral was Nature.

Readings will be provided both online and in handouts.

Chris Highland received his B.A. in Philosophy and Religion from Seattle Pacific University and his M.Div. from San Francisco Theological Seminary. He has taught at Dominican University, the Graduate Theological Union and Cherry Hill Seminary. Chris is the author of Meditations of John Muir, Meditations of John Burroughs and eight other books. Check out his website at www.chighland.com.

7 Thursdays, 10:40a-12noon
Mar. 27-May 15 (No class Apr. 17)
Kentfield Campus, Portable Village 5A
Fee $62
CRN# 35106 EC

Mark Your Calendars
COMMUNITY ED PREVIEW DAYS
Kentfield Campus
Saturday, Mar 1, 9:30am–12noon
Cafeteria, Student Services Bldg
Indian Valley Campus
Saturday, Mar 8, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7
• Find out about our new Gold Card Advantage Program
• Meet Comm Ed instructors
• Explore new Comm Ed classes
• Learn about Emeritus College
• Discover ESCOM clubs
Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
FLY FISHING 102
Fly Fishing 102 is a “Follow-up” Course, designed to aid students on their journey toward becoming one of the “10% of Fly Fishers who catch 90% of the fish”. Participants should have completed FF 101 or similar basic course. This more advanced course will include advanced casting techniques, including, Reach, Wiggle, Switch, and Spey casts. Additional knots will include Duncan’s Loop, Perfection Loop and Bimini Knot as well as Blood Knot. Participants will also have an opportunity to learn how to tie some basic flies used for Steelhead as well as trout. The basics of Steelhead fishing on Coastal rivers will be included. An advanced session of the entomology of Tailwaters, Freestone streams, and Spring creeks will increase student success in fishing for trout.

Larry Lack, MA, with 37 years of experience teaching science, is a licensed Fly Fishing Guide for California, specializing in teaching beginners. His manual, From Start to Fish, will be distributed in class along with other handouts.

4 Thursdays, 7-10-9pm
Mar. 27, Apr. 3, May 1 & 15
Kentfield Campus, Portable Village 4
Plus Casting Practice:
Saturday, Mar. 29, 9-11am
Kentfield Campus
Physical Education Center 22
Plus 2 Saturday field trips:
Apr. 26 & May 17, 8am-12pm
Fee $194 (Includes $6 materials fee)
CRN# 35115

BIRD-WATCHING IN MARIN: A FIELD EXPLORATION
Learn to recognize local birds by sight or sound! This class is a field exploration of birds and birding localities of Marin County. The first class meets in the classroom for a slide show and lecture, featuring local seasonal birds, to be followed by a bird-watching walk. All other classes meet at field sites. Be sure to bring binoculars to the first day of class.

An itinerary and directions to field sites will be distributed at the first class meeting. Students are responsible for their own transportation.

Lisa Hug, MEd, is an experienced birder in Marin and Sonoma Counties who co-leads pelagic trips and teaches seminars at the Point Reyes National Seashore. Careful! Her passion for birds is contagious!

Orientation: Tuesday, Mar. 25, 9:10am–1pm
Kentfield Campus
Learning Resources Center 53
Plus 4 field trips:
Tuesdays, 8:30am–12:30pm
Apr. 1-22
Fee $105
CRN# 35078 EC

MEANDERING IN MARIN
If you enjoy getting exercise, socializing with a congenial group, and learning about birds, flowers, butterflies, and mushrooms, come join the Meanderers. Hikes are four to six miles with an elevation gain of under 1,000 feet, and we stop to enjoy lunch. Come prepared to enjoy yourself, rain or shine. Please see Itineraries above.

Wendy Dreskin, one of the most informative and enjoyable naturalists in the county, leads the always popular Meandering in Marin. Wendy is a recipient of the Terwilliger Environmental Award.

7 Mondays, 9:45am–1:45pm
Mar. 24–May 12 (No class Apr. 14)
Fee $120
CRN# 35016 EC

7 Tuesdays, 9:45am–1:45pm
Mar. 25–May 13 (No class Apr. 15)
Fee $120
CRN# 35017 EC

Marin Adventures courses are conducted in the field; students provide their own transportation. There may be incidental entrance fees to parks. Wear comfortable shoes and dress for weather; bring drinking water and snacks — and your binoculars! Come prepared for fun!

Itineraries: If you register at least eight working days prior to the first class meeting, the Class Itinerary, which includes directions to sites, will be automatically mailed to you. Otherwise, call 415.485.9305 and press 4 when you hear the automated voice. Leave a detailed request, including the class title for which you are registered and your name and mailing address.

For More Information Call 415.485.9305

MARIN ADVENTURES
FOR MORE INFORMATION CALL 415.485.9305  31
HIKING MARIN TRAILS
(Formerly Beginning Hiking)
Curious about the many trails to hike in Marin, but don’t know where to start?
Explore some of the many open spaces in our county on these four- to six-mile hikes.
Along the way, we discuss plants, birds, insects, and whatever else may catch our eyes. Please note: This is not a beginning course. Participants must be in good physical condition and capable of hiking, without undue fatigue, at a 30-minute mile pace on uneven terrain with about 1000 feet of elevation gain.
Please see itineraries above. Please, dogs are not invited to this class. Please bring water and a bag lunch and arrive promptly at 10:00am.
Sharon Barnett is a thoughtful and enthusiastic trail guide and dynamic naturalist. Sharon was the winner of the 2011 Terwilliger Environmental Award. She teaches science at Marin Country Day School and leads natural history outings for Point Reyes Field Institute and Marin Nature Adventures.
6 Saturdays, 10am–2pm
Last class, 10am–4pm
Apr. 5–May 17 (No class Apr. 19)
Locations: See Itineraries Note above
Fee $118
CRN# 35018

SURFING 101
During this introduction to surfing, you will learn basic water safety and surfing fundamentals, including an understanding of wave formation, tides and wind, surfing etiquette, and basic maneuvers, as well as surfing history and ecological and philosophical principles. Catch a wave at an ocean beach (to be determined in class).
Our first meeting will be in the classroom and will include a swim test in the pool. You are expected to be able to swim for at least 75 yards. The last four sessions will meet at Stinson Beach. Students provide their own transportation.
Bring your own wet suit and board, or rent them ($30–$45). Rental information will be provided in class. Bring your lunch, drinking water, and sunscreen. You will need a swimsuit at the first class. Be prepared for sun.
Jon Gudmundsson has been surfing for over 20 years and is a certified Life Guard.
5 Saturdays, 9am-12noon
May 10–June 7
On-campus meeting:
Saturday, May 10
Kentfield Campus
Physical Education Center 91
Beach meetings:
4 Saturdays, May 17–June 7
Stinson Beach
Fee $158
CRN# 35157

Music

THE BEATLES: THE ROCK GROUP THAT CHANGED THE WORLD
An in-depth overview of the history of the Beatles, the most popular and influential rock group of all time. Using both common and rare recordings and video clips, the course will trace their artistic evolution from the dawn of their career in the early 1960s through their breakup about a decade later. The development of the numerous styles they pioneered and mastered will be explored in detail, from the relatively simple Merseybeat of their first recordings through the folk-rock, hard rock, psychedelia, and progressive art rock they delved into as the 1960s progressed. The Beatles were among the most important agents of social change of the 20th Century, and the course will also examine their massive effect on the popular music and culture of their era.
Richard Unterberger is a speaker and award-winning author of ten books on popular music history.
7 Tuesdays, 7:10-9pm
Mar. 25–May 13 (No class Apr. 15)
Kentfield Campus
Learning Resources Center 53
Fee $94 (includes $3 materials fee)
CRN# 35052

MUSIC
ROCK’N’ROLL: 1967-1980
New and continuing students are welcome in this class, where we will investigate the evolution of rock music from the late 1960s to 1980. Starting with psychedelia, hard rock, and soul, we’ll make our way through the progressive rock, singer-songwriters, funk, punk, and new wave of the 1970s. Through both common and rare audio recordings and video clips, the rapid development of rock’s key styles during these crucial years will be brought to life and explored in depth. The course will also detail how rock's phenomenal growth was sparked by economic and cultural changes in American and British society, and how rock in turn changed society forever.

Richard Unterberger
7 Thursdays, 7:10–9pm
March 27-May 15 (No class April 17)
Kentfield Campus,
Learning Resources Center 53
Fee $94 (Includes $3 materials fee)
CRN# 35053

MUSICAL SNAPSHOTS: JAZZ AND THE POP SONG
Follow the rise of the pop solo singer from A.Jolson, and Bessie Smith to Bing Crosby, Ella Fitzgerald, Frank Sinatra, Nat “King” Cole and Judy Garland as the styles and the rise and fall in popularity of each artist are explored. Watch and listen as the ‘preferred’ music of the Jazz age in the 20’s shifts towards a simpler music in the 50’s with the significant aid of technology. Musical examples will include live performance, CD’s and videos.

Jerry Frohmader taught in the Music department at College of Marin for 15 years. He has produced music for television and film, and his musical compositions have been performed in cities, festivals and universities throughout the U.S. and Europe.

4 Saturdays, 10:10am-12noon
April 5-May 3 (No class April 19)
Kentfield Campus, Performing Arts 178
Fee $47
CRN# 35099 EC

PIANO CLASSES FOR BEGINNERS TO ADVANCED
Piano instruction in both classical and popular music (chords and melody) is offered in a relaxed, supportive, and friendly environment. You will have your own upright piano in the classroom.

Section A (Tuesdays, 7:40-9pm) for those with little or no knowledge of the piano.

Section B (Tuesdays, 6:10-7:30pm) assumes the student has knowledge of note reading and basic piano skills.

Section C (Thursdays, 7:40-9pm) is for students who can proficiently play and count, hands together, pieces of moderate difficulty.

Section D (Thursdays, 6:10-7:30pm) is for the more advanced student. Emphasis is on musical interpretation and expression.

Students will be required to buy music at an approximate cost of $25.

To sign up for Piano Class, use the course number below. If you are unsure of your placement, e-mail the instructor at marciabau@aol.com. Early registration strongly recommended.

Marcia Bauman, PhD (Eastman) is an award-winning composer and pianist, and has taught at Stanford University and the Eastman School of Music.

7 Tuesdays & 7 Thursdays
Times as above
March 25-May 15 (No class April 15 & 17)
Kentfield Campus, Performing Arts 188
Fee $90
CRN# 35021

SOW YOUR WILD NOTES: A WORKSHOP FOR SONGWRITERS AND COMPOSERS
Calling aspiring composers and songwriters! Have you ever wanted to write your own songs and instrumental music but wondered how to bring it from your imagination into the world? Come grow and share your music in a friendly, non-judgmental environment, and find out what makes a song or instrumental piece of music successful. We’ll start with the basics and explore the creative musical process, from your initial ideas, through creative blocks, to the completion of a short piece of music and its performance. Gathered around the piano, we will share our music and receive individual feedback and instruction, learning from each others’ music. We’ll also learn about music notation software and other tools of the trade. Students should be able to read basic music notation.

Marcia Bauman, PhD
6 Saturdays, 10-11:30am
April 5-May 17 (No class April 19)
Kentfield Campus, Performing Arts 188
Fee $77
CRN# 35079

A REGISTRATION FORM IS AT THE CENTER OF BOOKLET.
NEW

RUSSIAN MUSIC: OPERA & BALLET
Join us for an inside view of the world of Russian opera and ballet. The creation of the music, the composer’s life, ideas, and experiences, plus descriptions of Russian life at the time of the work’s setting.
Score selections of particular interest are illustrated on the piano, to be better understood and enjoyed later when the entire performance is shown on video. These recordings are the best available of the ballet or opera being studied. The staging, costumes, manners and behavior are exactly according to the style of the time; all absolutely authentic.

Alexander Vereshagin, Music Director and Conductor, composer/arranger, pianist and teacher, graduated from and taught at St. Petersburg National Conservatory. He also conducted several of Russia’s renowned orchestras, performing symphonic, operatic, and choral works. Currently he is the Music Director of the Russian Chamber Orchestra which performs locally.

7 Fridays, 12:10–1:30pm
Mar. 28–May 16 (No class Apr. 18)
Kentfield Campus, Performing Arts 72
Fee $75
CRN# 35019 EC

CONTEMPORARY VOCAL TECHNIQUE FOR JAZZ AND POP SINGERS WORKSHOP
Singing is an extension of speaking! Learn how to use and maintain a healthy voice while singing with ease through the breaks in your range. This workshop covers vocal exercises that balance the registers, increase range and strengthen your voice. The workshop includes vocal exercises, breath control, relaxation, control of vibrato, ear training, vowel production, group and individual singing with application of technique to songs. A fun and supportive workshop for all levels. You’ll leave with valuable tools to help you sing effortlessly!

Daria, an acclaimed jazz/pop vocalist and recording artist, studied with jazz greats Bobby McFerrin and Mark Murphy. Her training includes healthy techniques of singing and all popular styles of music including Jazz, Brazilian, Blues, and Pop. She has performed and toured worldwide.

Saturday, May 10, 10:10a-1pm
Kentfield Campus, Performing Arts 177
Fee $32
CRN# 35148

BEGINNING BLUES AND FOLK HARMONICA
Breathing is our foundation as we take simple folk and pop melodies and rhythms and invigorate them with easy but powerful techniques to make any song deeply expressive! We then dive into the blues and learn the many tricks and techniques to make the harmonica cry, laugh, moan and wail to get you jammin’. Both pucker and tongue blocking approaches are taught. No experience necessary! Students need a “C” major diatonic harmonica.

Dave Broida has 25 years of experience as a teacher, student, and performer. He loves to share music with all, especially those who don’t consider themselves musical. Questions about harmonicas? Call the instructor at 916.996.5222.

Tuesday, May 6, 6:10–9:30pm
Kentfield Campus, Portable Village 58
Fee $75 (includes $30 materials fee)
CRN# 35102

CHORUS EMERITUS
If you like to sing or think you would like to sing, come and join the Chorus Emeritus! The music is fun, encompassing diverse styles and eras. The class will culminate in public performances. No audition required. A $25 materials fee helps cover the costs of music.

Jeffrey Paul has been an integral part of the Bay Area music scene for the past decade through directing choirs, performing musical theater, and accompanying. Jeff holds a Bachelor of Music degree from the San Francisco Conservatory of Music.

7 Thursdays, 3–4:50pm
Mar. 27–May 15 (No class Apr. 17)
Kentfield Campus, Performing Arts 72
Fee $49
CRN# 35020 EC

MARIN MEN’S CHORUS
“The camaraderie and brotherhood is an important part of this group, and keeps me coming back year after year.” Michael Open to all men who want to sing, regardless of residence. Repertoire is primarily popular standards. Performances are included and will be scheduled—when determined, the performance dates, times, and locations will be posted on the online schedule. The instructor will collect an additional $53 at the first class meeting for materials/accompanist fees.

Shawn Aluk, MA (Music Education), is an experienced choral director and music educator who strives to inspire his students to appreciate and enjoy music.
INTRODUCTION TO FOSTER AND ADOPTIVE PARENTING
Especially for those new to foster and adoptive parenting, or those beginning the process. Couples and single parents will learn about the court process, behavioral issues, and emotional stresses for foster children and their new family; how to work with the agencies involved; the parent’s role in the child’s life; and the different ages and problems of the children. Offered in Spanish and English. For information, call Patty Cala at 415.457.8811, ext. 8239.

Parenting

FOSTER AND KINSHIP CARE EDUCATION PROGRAM
Patty Cala, Program Director
This program deals with all aspects of becoming a foster or adoptive parent. Special programs are designed for grandparents and other relatives caring for children. Ongoing seminars and support groups are offered to help in the day-to-day caring for these children. Professionals, foster parents, and guest speakers address topics identified by the Foster and Kinship Care Education Advisory Board. Call Patty Cala at 415.457.8811, ext. 8239, for further information. These courses are funded by a grant from the Chancellor’s Office, California Community Colleges.

7 Tuesdays, 7-9pm
Mar. 25-May 13 (No class Apr. 16)
St. Stephen’s Church
3 Bayview Ave., Belvedere
Fee $48
CRN# 35061 EC

CHAMBER MUSIC WORKSHOP
Musicians! Join us for a weekend chamber music workshop to study works from the standard instrumental chamber music repertoire. Musicians are assigned music from different periods and styles, and for different instrumental combinations.
Participants are expected to be at an advanced or advanced intermediate level on their instrument, and to have prior experience playing chamber music. Enrollment is limited by instrument. Call 415.485.9460 for further information and to make an appointment for an audition prior to April 11.
Joanna Pinckney
Saturday, 8:45am-11pm
Sunday, 8:45am-5pm
May 31 & June 1
Kentfield Campus, Performing Arts 72
Fee $25
CRN# (audition required prior to enrollment)

NEW FOR VETERANS: RESET YOUR FUTURE AND THRIVE
In this course, you will identify your strengths and learn to work from them. You will clarify your goals, and create a strategic plan to reach them. This course teaches you strategies to monitor adjust and adapt your plan as necessary for success. Your new self-knowledge will allow you to package yourself to be more attractive to employers, or you may decide to become your own boss. 30 minutes of individual coaching is included and available upon completion of the course. This program incorporates thought-provoking questions, discussion, creative expression, and tools to support you in moving forward with your life and resetting your future!
Please bring a pen and a notebook or journal with you to class.
Marilyn Spoja has been a businesswoman, entrepreneur and life coach, aiding people through meaningful and successful transitions for 32 years.
Ann Moreno has been doing business coaching in the areas of marketing and business goals for the past 16 years, and has a Masters in Spiritual Psychology.
6 Tuesdays, 6:40-8:30pm
Mar. 25-May 6 (No class Apr. 15)
Kentfield Campus, Learning Center 36
Fee $47 (Includes $5 materials fee)
CRN# 35120

FOR MORE INFORMATION CALL 415.485.9305
Photography

BASIC PHOTOGRAPHY
This course covers the basics: camera types, lenses, filters, depth of field, metering, exposure control, and tripods. We also discuss digital formats, the camera’s menus, and what all the various choices mean.

Two Saturdays we combine classroom and field sessions. A morning in the field will be followed by an afternoon class. Then, an afternoon class is followed by an evening field trip where you learn and practice techniques for long exposures and night photography. Students meet on site and are responsible for their own transportation.

Bring an adjustable camera to class each week. This class is beyond simple point and shoot cameras. Darkroom work will NOT be discussed.

Jed Manwaring’s most recent book is co-authored with Brenda Tharp and was released in August 2012 titled Extraordinary Everyday Photography: How to Awaken Your Vision to Create Stunning Images Wherever You Are.

4 Wednesdays, 7:10–10pm
Apr. 2-30 (No class Apr. 16)
Plus 2 Saturday field trip/class meetings:
Sat., Apr. 12, field trip 8–11am, followed by classroom session 1-4pm;
Sat., Apr. 26, classroom session 1-4pm, followed by field trip 6-9pm.
Indian Valley Campus, Bldg. 7, Rm 192
Fee $124 (Includes $2 materials fee)
CRN# 35103

DIGITAL PHOTOGRAPHY FOR TRAVELERS
The course is for those who want to take better pictures while traveling. It is strongly recommended that you have a solid understanding of your camera’s basic features and functions. We cover buying the right camera for the right trip, utilizing more advanced camera settings, composing better images, using natural and artificial light, capturing people in candid situations, and why you need personal articles insurance.

Please bring your digital camera and its manual, a notepad, and pen to class. The second meeting is a field trip/camera walk to practice what we’ve learned. (Students are responsible for their own transportation.) During the third meeting, we view and discuss photographs taken on the field trip in the classroom.

Text: Hank Miller’s Digital Photography for Travelers Notebook will be distributed in class.

Hank Miller is a professional photographer and freelance writer, and was awarded artist in residency with the Nantucket School of Art and Design (a division of RISD).

Saturday, May 3, 10am–1pm
Mon. May 5, 6:40-8:30pm
Kentfield Campus
Student Services Building 111
Field trip: Sunday, May 4, 10am-1pm
A Taste of Rome Cafe,
1001 Bridgeway, Sausalito
Fee $87 (Includes $5 materials fee)
CRN# 35092

Physical Fitness

Note: Please check with your physician before you register for any physical fitness classes. If you have any questions about the level of difficulty of the class, please call 415 485 9305, press 4 to reach a staff person, and ask to leave a message for the instructor. Please see our Refund Policy on page 50.

NEW UNDERWATER HOCKEY
Learn and practice the basic skills of Underwater Hockey (UWH) in a structured 7-session course!

Underwater Hockey is a fast, action-packed (non-contact) sport played on the bottom of a pool by teams of 6 players with masks, snorkels, fins and short sticks. Players move the puck by pushing it or passing it, trying to get the puck into the opposing team’s goal. Underwater Hockey is a co-ed sport in which men and women compete on equal terms. It’s not about strength; it’s about teamwork and skill.

No matter what your skill level, UWH is a great way to get fit, have lots of fun, and make new friends. Participants must be at least 12 years old.

Materials fee covers the cost of guidebook and a mouthpiece. Other swim gear will be provided in class. Contact the instructor at jszvanut@gmail.com or call 415-559-3032 for a list of swim gear.

Jason Zvanut has been playing underwater Hockey (UWH) with the San Francisco Sea Lions since 2001, and has earned various medals at regional and National tournaments. He is certified SCUBA instructor and has taught for National Association of Underwater Instructors.
A Registration form is at the center of booklet.

**NEW BOLLYWOOD!**

Bollywood is a dance fitness class designed to make you sweat! With music from the latest Bollywood hits, this class consists of easy to learn classical and folk Bhangra dance movements and routines. Whatever your goals, these energetic, vibrant moves will strengthen your core, improve flexibility and breath, relieve stress or just make you feel good. All ages and levels are welcome to experience this amazing culture of happy music and rhythms. Comfortable clothes and workout shoes are suggested. Come dance your way to fitness, Bollywood! style...it will make you smile!

The materials fee covers a music CD, which will be distributed in class.

**Zeena Quinn** has a lifetime of experience in dance, professional performance, choreography and teaching. She has toured the bay area presenting a variety of dance styles. Zeena brings the authenticity of technique into her vibrant teaching style! She is certified in AFAA /Group Training, and, Zumba® dance fitness.

6 Tuesdays, 6:40-8pm
Apr. 1-May 13 (No class Apr. 15)
Kentfield Campus, Physical Education 22
Fee $76 (Includes $2 materials fee)
CRN# 35116

**ENERGY WARM-UPS FOR THE ACTIVE OLDER ADULT**

A gentle, yet effective stretching and strengthening class for active adults which uses non-strenuous movement to increase flexibility, mobility, and range of motion with special attention paid to improving balance. Classes include a few minutes of light weight training, important for increasing upper body strength, as well as breath and relaxation techniques which aid in reducing stress and increasing positive feelings of well-being.

**Erik Riswold**

7 Tuesdays & 7 Fridays, 9:10–10am
Mar. 25-May 16 (No class Apr. 15 & 18)
Kentfield Campus
Physical Education Center 22
Fee $69
CRN# 35027 EC
MOVEMENT AND MUSIC FOR THE OLDER ADULT: A UNIVERSAL LANGUAGE
This class is created for older persons who have not been exercising regularly, or have arthritis related problems. It moves at a moderate, comfortable (yet progressively challenging) pace to meet individual needs. Chair exercises (to tone both upper and lower body muscles) will comprise a major portion of the class. Also included: joint flexibility, muscle strengthening, balance, breathing coordination, and modified Tai Chi movements, combined with relaxing music, conducive to reducing stress.
Diane Hain
7 Mondays, 11:10am–12noon
Mar. 24-May 12 (No class Apr. 14)
Whistlestop
930 Tamalpais Ave., San Rafael
FREE
CRN# 35026 EC

THE FELDENKRAIS METHOD FOR THE ACTIVE OLDER ADULT
The Feldenkrais Method uses gentle, pleasurable movement to produce powerful changes that help people look and feel better, moving with more confidence, coordination, and balance. It is effective in relieving tension and is particularly useful for those wanting to improve or regain movement affected by injury, surgery, arthritis, and other conditions, as well as from a lack of physical activity.

To participate in this class it is necessary to be able to raise and lower yourself from the floor. Please bring a mat and two bath towels for comfort.

Teresa Hanson, CFP
Celeste Binnings, GCFP
Kentfield Campus
Physical Education Center 60
FREE
7 Wednesdays, 12:40pm-2pm
Mar. 26-May 14 (No class Apr. 16)
CRN# 35110 EC

TRANSFORMATIONAL FELDENKRAIS MOVEMENTS
Learn how The Feldenkrais Method™ can help you improve your functioning, balance, flexibility, coordination, posture, and sense of well-being. These lessons increase the capacity for easier and more effective movement in everyday activities.

Each class includes time for discussion. Handouts will be distributed. You must be able to lower and raise yourself from the floor independently.

Kay Pepitone
7 Thursdays, 1:10–2pm
Mar. 27-May 15 (No class Apr. 17)
Kentfield Campus
Physical Education Center 22
Fee $44 (Includes $1 materials fee)
CRN# 35025 EC

YOGA FOR EVERY BODY, YOGA FOR EVERY MIND
Practice Iyengar yoga postures with attention to the connection of mind, spirit, and breath. Increasing flexibility and strength restores the body’s freedom of movement and alignment. Physical and mental tensions are released, and energy is increased. People with special health and fitness needs are welcome. Be ready to explore the possibilities that yoga has to offer. Note: If you are new to yoga or registering for the Intermediate class for the first time, contact the instructor before registering at susyoga2@gmail.com or 415.388.1549.

Susy Stewart has studied yoga for 30 years including in India with the Iyengars and Integral yoga at the Sri Aurobindo Ashram. She is certified in Integrated Yoga Studies by the California Institute of Integral Studies.

7 Saturdays
Apr. 5-May 24 (No class Apr. 19)
Kentfield Campus
Physical Education Center 60

Beginner
10-11:30am
Fee $80
CRN# 35028

Intermediate
8-9:45am
Fee $86
CRN# 35029
**YOGA AND MEDITATION**

In this hatha yoga class, the regular practice of asanas builds to encompass a rich transition of seated, supine, prone, standing, twisted, inverted, and balancing postures — moving through all the body’s planes of motion and eventuating with a practice that flows and grows.

Appropriate for new and returning students. Modifications are given to support beginners to advanced practitioners. Class is designed to gradually increase your strength and flexibility, allowing a deeper exploration of inward reflection, concentration, meditation, and relaxation, and an awakening of our energetic centers.

Please arrive with an empty stomach.
Please bring a yoga mat and water, also any yoga props, such as blanket, blocks, straps and/or bolster.

**Puni Elston**  
7 Tuesdays & 7 Thursdays, 5:40–7pm  
Mar. 25-May 15 (No class Apr. 15 & 17)  
Indian Valley Campus, Bldg. 20, Rm. 106 
Fee $113  
CRN# 35030

**GENTLE YOGA**

Gentle Yoga is adapted for all levels and will benefit beginner to advanced students. Starting with a review of foundations at an easy pace, you will learn basic poses, including principles of movement and posture, relaxation, breathing techniques, meditation, and proper alignment to better your overall health and wellbeing. This class focuses on increasing alignment, awareness, flexibility, and reducing stress by rebuilding the immune system through restorative postures. Individual needs are addressed with modifications for past injuries and health issues.

It is recommended to abstain from eating within two hours of the class. Please bring a yoga mat and water, also any yoga props you may have, such as a blanket, blocks, straps, and/or bolster.

**Puni Elston** has been dedicated to fitness for over 20 years, has studied/practiced yoga and Pilates for 19 years, and taught for 12 years.

7 Tuesdays, 10:10am–11am  
Mar. 25-May 13 (No class Apr. 15)  
Indian Valley Campus, Bldg. 20, Rm. 106  
Fee $15  
CRN# 35051 EC

**INTRODUCTION TO PILATES**

This popular mind/body exercise conditioning program was developed by Joseph Pilates. We focus on deep breathing while strengthening the core muscles of the trunk of the body, allowing the limbs to move more freely and in proper alignment. Learning to move through Pilates training allows for better function and control of muscles for sports and is now practiced by many athletes, dancers, and office workers, not only to increase performance, but also to rehabilitate the body after injury.

Please bring your own mat to classes at the Indian Valley Campus. Be sure to arrive on time for warm ups to prevent injury.

**MinJae Laws**  
7 Tuesdays, 10:10am–11am  
Mar. 25-May 13 (No class Apr. 15)  
Kentfield Campus  
Physical Education Center 22  
Fee $68  
CRN# 35031  
7 Mondays, 6:10–7pm  
Mar. 24-May 12 (No class Apr. 14)  
Indian Valley Campus, Bldg 15, Rm 170  
Fee $68  
CRN# 35032

**CARDIO PILATES**

A fun, fat-burning workout that develops cardio endurance, deep core strength, and flexibility. The class starts with a full body cardio workout using various equipment and props such as stretch bands, stability balls, and more. The second half of the class focuses on alignment, flexibility, and deep core strengthening with Pilates mat work.

Be sure to arrive on time for warm ups to prevent injury. Please wear supportive shoes to class.

**MinJae Laws**  
7 Tuesdays  
Mar. 25-May 13 (No class Apr. 15)  
Kentfield Campus  
Physical Education Center 22  
Fee $68  
11:10am-12noon  
CRN# 35033  
5:40–6:30pm  
CRN# 35034
WILD GOOSE QIGONG

Wild Goose Qigong is an ancient practice, 1700 years old. It is a non-strenuous discipline which generates health and balanced well-being. Throughout the year, we will learn a lovely set of 64 flowing movements that imitate the daily activities of the wild goose, a bird much venerated in China. Warm-up stretches, self-massage of acupressure points, and meditation are included in this daily routine of self-care.

Please dress appropriately in loose, comfortable clothing. Please have clean shoes to protect the floor.

Dove Harris Govrin, MS, BC-DTR, is a Certified Qigong Instructor.

7 Fridays, 10:40am–12noon
Mar. 28-May 16 (No class Apr. 18)
Kentfield Campus
Physical Education Center 60
Fee $66
CRN# 35035 EC

7 Tuesdays, 2:10-3:40pm
Mar. 25-May 13 (No class Apr. 15)
Indian Valley Campus, Bldg 15, Rm 170
Fee $66
CRN# 35036 EC

ADVANCED WILD GOOSE QIGONG

Please see course description above. In this Advanced class, we will learn the second set of 64 movements of the Wild Goose series. Warm-up stretches, self-massage of acupressure points, and meditation are included in this daily routine of self-care.

Please dress appropriately in loose, comfortable clothing. Please have clean shoes to protect the floor.

Dove Harris Govrin, MS, BC-DTR
7 Fridays, 12:40–2pm
Mar. 28-May 16 (No class Apr. 18)
Kentfield Campus
Physical Education Center 60
Fee $66
CRN# 35037 EC

WISDOM HEALING QIGONG

Through movement, visualization, sound, breathing, and conscious intention to cultivate energy for health, well-being, and self-healing, the ancient practice of Wisdom Healing (Zhening) Qigong strengthens the body, reduces stress, heals dis-ease, activates more life energy, enhances mental clarity and emotional stability. It is especially beneficial for people with high blood pressure, Parkinson’s, arthritis, cancers, chronic fatigue, and other imbalances.

Based on the teachings of Dr. Pang Ming, founder of the largest Medicineless Hospital in China, students will participate in a collective healing chi field and learn the basic Wisdom Healing Practices including Lift Chi Up and Pour Chi Down (LCUPCD), Wailsquats, 3 Centers Merging, and LaChi.

This practice is for everyone, all ages and abilities. Please dress appropriately in loose, comfortable clothing. Please have clean shoes to protect the floor.

Dove Harris Govrin, MS, BC-DTR
7 Thursdays, 2:10-3:40pm
Mar. 27-May 15 (No class Apr. 17)
Indian Valley Campus, Bldg 15, Rm 170
Fee $66
CRN# 35038 EC

JOY OF TAI CHI

The purpose of this tranquil class is to sample a series of gentle, health-giving exercises in a relaxed and playful environment. Tai Chi combines the flow of dance with stretching movements that tone and trim the body and improve circulation, balance, and vitality. The mind is focused and one experiences a general sense of well-being as the chi, or life force, is strengthened. A sampling of Qigong exercises is included. The course is open to all ages.

Katherine Rolston
7 Mondays, 3:40–5pm
Mar. 24-May 12 (No class Apr. 14)
Kentfield Campus
Physical Education Center 60
Fee $61 (includes $1 materials fee)
CRN# 35039 EC

7 Tuesdays, 10:45am–12:15pm
Mar. 25-May 13 (No class Apr. 15)
The Redwoods
40 Camino Alto, Mill Valley
Fee $16 (includes $1 materials fee)
CRN# 35040 EC
**ZUMBA®**
Move to the hypnotic Latin rhythms of salsa, calypso, reggae, meringue, and pop in easy-to-follow moves in an aerobic fitness program that will blow you away. Routines feature interval-training sessions in combination with fast/slow rhythms to tone and sculpt your body while burning fat.

Bring exercise clothes, athletic shoes/dance sneakers, towel, and water to class.

**Tom Mayock** was a performing artist with El Teatro Danza Contemporanea De El Salvador (modern, indigenous and classical dance), attended Cornish College of the Arts, and has performed with ballet, jazz, and modern companies, and for film. He is Zumba®-certified, and his web page is www.tommayock.com.

**7 Wednesdays, 7:10–8:30pm**
Mar. 26-May 14 (No class Apr. 16)
**Kentfield Campus**
Physical Education Center 22
Fee $81 (Includes $1 materials fee) CRN# 35041

**ZUMBA® GOL D I**
Join the Party! Zumba Gold is a fusion of Latin and other international music and dance that creates a dynamic, exciting, and effective total body workout, specifically designed for active older adults, including those who have tried Zumba and would like a similar experience with lower impact and intensity, and/or those just beginning their journey to a fit and healthy lifestyle.

Unlike Zumba, Zumba Gold considers the anatomical and physiological needs of the older adult when developing choreography. However, like Zumba, it provides the same friendly dance party atmosphere. While exploring a medley of easy-to-follow dance rhythms and variations, along with elements of fitness, Zumba Gold is accessible to most everyone, regardless of age or skill level, and can be modified for individuals who use a chair. No dance experience is necessary.

Please wear comfortable clothing and supportive athletic shoes or dance sneakers that allow you to move easily. Bring water and come prepared to have fun!

Zumba Gold I is a beginning class.

**Diana Scranton**, M.Ed., is American Senior Fitness Association-certified and is a Zumba®, Zumba® Gold, Zumba® Gold Toning and Dance for Parkinson’s Disease Instructor.

**7 Tuesdays & 7 Thursdays, 2:40–3:30pm**
Mar. 25-May 15 (No class Apr. 15 & 17)
**Kentfield Campus**
Physical Education Center 60
Fee $69 CRN# 35042 EC

Mark Your Calendars
COMMUNITY ED PREVIEW DAYS

**Kentfield Campus**
Saturday, Mar 1, 9:30am–12noon
Cafeteria, Student Services Bldg

**Indian Valley Campus**
Saturday, Mar 8, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7

- Find out about our new Gold Card Advantage Program
- Meet Comm Ed instructors
- Explore new Comm Ed classes
- Learn about Emeritus College
- Discover ESCOM clubs

Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
WADO KI KAI KARATE
“At the end of a long day, it feels so good to move and stretch while learning something new!” —Christina

Wado Ki Kai means ‘to learn from all things.’ Originating in Japan, this school of karate includes Tai Kwan Do kicking and Shotokan hand techniques. The class is open to everyone interested in learning martial arts techniques; there are no prerequisites. Building self-confidence, integrity, humility, physical strength, coordination, agility, and a powerful sense of awareness are all attributes to this class. Karate attire is optional.

Hursey Baker holds a fourth degree black belt in Karate and has been teaching students of all ages for 20 years. He has taught at the College of Marin for 12 years. Hursey is certified by the American Teachers Association of Martial Arts and the American Aerobics and Fitness Association, as a group exercise instructor.

7 Mondays & 7 Wednesdays, 6:40–8pm Mar. 24-May 15 (No class Apr. 14 & 16) Kentfield Campus Physical Education Center 60 Fee $124 CRN# 35045

BOXING FOR FITNESS
Train in the art of boxing, and feel healthier and more alive! This fitness class is suitable for any reasonably active adult. It offers a workout that builds strength and endurance and helps you to lose weight. Using boxing skills and drills, you increase your muscular and cardio endurance and engage your core. Both the upper and lower body are toned and strengthened. Exercises are tailored to student’s level of fitness. One-on-one training and style development as time allows. This class does not include contact.

Edward Green, Executive Director of Marin Boxing Club, created the One Kid at a Time boxing program.

7 Tuesdays & 7 Thursdays, 6:40–8pm Mar. 25-May 15 (No class Apr. 15 & 17) Kentfield Campus Physical Education Center 60 Fee $124 CRN# 35046

JOY OF TENNIS
This evolutionary approach to the game eliminates the biggest impediment to peak performance — competition. Playing competitively before mastering the basic skills lowers performance, limits potential, undermines self-esteem, and diminishes enjoyment. Undo past limitations around learning and performance while having fun developing the skills necessary to playing well. Great workout — physically, mentally, and emotionally! The nurturing, supportive learning environment inspires you to be your best, on and off the court.

Skill levels must be appropriate for the class. For Intermediate 1 and 2 classes: Students not previously enrolled in a Joy of Tennis class must get permission from the instructor before enrolling. The instructor may be reached by phone at 415.717.5446 or by e-mail at effortlesstennis@comcast.net.

Brent Zeller has been playing tennis for 46 years, teaching the game for 40 years, and has an extensive background in psychology, philosophy, and learning theory.

Jeff Price has been in the game of tennis for over 20 years. Jeff has developed instructional skills and a kind and patient way with beginning students. His class features a nurturing, supportive learning environment that will inspire the student to do their best and experience the joy of tennis.

Kentfield Campus, Tennis Courts

Jeff Price
Beginning 8 Tuesdays, 9:40–11am Mar. 25-May 20 (No class Apr. 15) Fee $124 (Includes $8 materials fee) CRN# 35058

Brent Zeller Intermediate 1 8 Thursdays, 9:40-11am Mar. 27-May 22 (No class Apr. 17) Fee $124 (Includes $8 materials fee) CRN# 35059

Brent Zeller Intermediate 2 8 Wednesdays, 10:10am-12noon Mar. 26-May 21 (No class Apr. 16) Fee $163 (Includes $8 materials fee) CRN# 35060
STRENGTH, FLEXIBILITY, BALANCE, AND AGILITY TRAINING FOR ADULTS AND OLDER ADULTS

This beginner/intermediate class is designed for you to get stronger and more flexible along with improving your posture, balance, and response time. Starting with mat work that includes core exercises, we progress to standing strengthening exercises, then focus on balance and agility movements. 15 minutes of luxurious stretching finishes off the routine. Students leave feeling energized, strong, flexible, and relaxed.

If you are new to exercise or getting back into a routine, recovering from an injury or just want to work out with a group, this class is for you! The instructor helps individualize your routine based on special needs and/or injuries.

Betsy Best-Martini, MS (Recreational Therapy), SFA certified, is a rehab therapist with over 25 years of experience working with adults and older adults.

7 Wednesdays & 7 Fridays, 7:30–9am
Mar. 26-May 16 (No class Apr. 16 & 18)
Kentfield Campus
Physical Education Center 22
Fee $94
CRN# 35047 EC

ADVANCED STRENGTH AND FITNESS TRAINING

Improve your quality of life, prevent — or even reverse — typical trends of aging, and have fun along the way. For adults of all ages. This class provides sensible and safe exercises for improving your strength, cardio-respiratory endurance, flexibility, body composition, posture, and balance. The instructors help you with a personalized and independent fitness program to meet your individual needs and goals. The class is for advanced students. Feel free to contact Hazel@StridebyStride.com to learn more about the class.

Hazel Wood, SFA-certified
Jim Owens, SFA-certified
7 Tuesdays & 7 Thursdays, 7–8:45 a.m.
Mar. 25-May 15 (No class Apr. 15 & 17)
Kentfield Campus
Physical Education Center 20 (7-8am)
Physical Education Center 23 (8-8:45am)
Fee $99
CRN# 35048 EC

AQUA EXERCISE FOR OLDER ADULTS

The purpose of this tranquil class is to experience gentle, health-providing exercises in a relaxing medium: the water. Active adults especially enjoy this kind of exercise because it releases all pressure from the skeletal system. At the same time it loosens painful joints and muscles, while improving flexibility, strength, endurance, and the whole cardiovascular system. Enjoy your body in movement, floating weightless while meeting others in a playful environment.

You must be able to get in and out of the pool on your own. No assistance is available.

Russell Robles
7 Mondays & 7 Wednesdays, 9:40–11am
7 Fridays, 10:40-12noon
Mar. 24-May 16 (No class Apr. 14, 16 & 18)
Kentfield Campus, Pool
Fee $15
CRN# 35049 EC

7 Tuesdays & 7 Thursdays, 9:10–10:30am
7 Fridays, 2:10-3:30pm
Mar. 25-May 16 (No class Apr. 15, 17 & 18)
Indian Valley Campus, Bldg 21 Pool
Fee $15
CRN# 35050 EC

Mark Your Calendars
COMMUNITY ED PREVIEW DAYS

Kentfield Campus
Saturday, Mar 1, 9:30am–12noon
Cafeteria, Student Services Bldg
Indian Valley Campus
Saturday, Mar 8, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7
• Find out about our new Gold Card Advantage Program
• Meet Comm Ed instructors
• Explore new Comm Ed classes
• Learn about Emeritus College
• Discover ESCOM clubs
Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
Urban Agriculture

NEW VICTORY GARDENS SPRING: MAXIMIZING YOUR TOMATO HARVEST

Learn about different kinds and varieties of tomatoes and the secrets of how to organically grow them into a reliable and abundant crop. Learn techniques of upsizing tomato starts, then planting, supporting, pruning and pollinating tomatoes so you’ll have success! (Secret #1: Use lots of organic fertilizer!) First class is in a classroom with PowerPoint and lecture. Second class is hands-on—digging a hole, fertilizing, planting tomatoes, and building cages. Learn how to use an optical Brix Refractometer to measure nutrition in fruits and vegetables.

Norma Novy graduated from the Marin Master Gardener training in 2005 and was co-owner of Mellinor Farms for four years, a plant nursery specializing in unique vegetables, edible flowers, insectary plants, and California natives. She has studied growing tomatoes for several years, increasing her harvest each year, as well as developing her own vegetable gardens in both front and back yards.

2 Saturdays, 10am-12noon
Apr. 26 & May 3
Kentfield Campus, Austin Center 190
May 3, Meet off campus
Fee $51
CRN# 35098

Writing

ELEMENTS OF CREATIVE WRITING

“There are three rules for writing well. Unfortunately, no one knows what they are.” - Somerset Maugham

Not to worry. There are tried and true elements to the art of writing; this workshop will tell you what they are. Whether you’re just beginning or have been at it awhile, your work receives thoughtful critiques in a fun, supportive atmosphere. The class is open to writers of all genres. Each class begins with a short piece by a notable author and a brief discussion. Helpful prompts are always available.

Thomas Centolella is a former Stegner Fellow in Creative Writing at Stanford University. Among his honors are an American Book Award, a California Book Award, and a Lannan Literary Fellowship. He is the author of three books, and his work has been featured on NPR and in many anthologies.

7 Mondays, 5:30–8:30pm
Mar. 24–May 5
Fee $119
The Redwoods
40 Camino Alto, Mill Valley
CRN# 35101 EC

TALES TOLD FROM MEMORY

Memoir has become one of the hottest genres of the current literary scene. This writing workshop will help you retrieve your own remembered experience and shape it into story. Each session, we study and discuss the work of veteran memoir writers for insights into the crafting of personal narrative. The stories we then write draw upon lessons learned from literature, as well as weekly instructor and class feedback.

Longtime writing instructor, Jacqueline Kudler, MA (English Literature), is a published poet and feature writer. Jacqueline was the first recipient of the Annual Calliope Award for Lifetime Achievement in Poetry given by the Marin Poetry Center in 2010.

7 Mondays, 1-3pm
Mar. 24-May. 12 (No class Apr. 14)
Kentfield Campus, Austin Center 104
Fee $71
CRN# 35094 EC
WRITE ON! WORKSHOP: CREATIVE WRITING THAT NURTURES WELL-BEING THROUGH SELF-EXPRESSION

We write to reveal ourselves to ourselves and to others. WRITE ON! creates a non-judgmental context where a person’s deeper truths are uncovered and may be shared. Sensing, stretching, and breathing bring us into the moment. This creative learning and training process rekindles self-esteem, bringing us the confidence to lead a more effective life. While the focus of the workshops is not on writing techniques, students find their writing improves in depth and resonance.

Among the topics discussed are personal history, fictional derivatives of that history, loss, health/aging, birth/rebirth, the nature of love, and transitions. Constructive criticism has its place, but not in this class; here only positive reflections are shared.

Published poet Robert-Harry Rovin developed and has led WRITE ON! for nine years.

7 Saturdays, 2:10-4pm
Mar. 29-May 17 (No class Apr. 19)
Kentfield Campus, Fine Arts 201
Fee $119
CRN# 35100 EC

NEW THE POETIC PILGRIMAGE: WRITING POETRY AS SPIRITUAL PRACTICE

This Quarter’s Theme: Entering the Generous Heart of Spring

As we rush through our days, the urge to center ourselves in something deep and sustaining intensifies. Writing poetry not only serves this urge but shares many similarities to traditional spiritual paths: focus on presence, deep listening, sincere truth-telling, and the surrender to something beyond ourselves.

For our spring theme, we will delve into poetry that rises from a generosity of spirit, taking inspiration from such heart-centered poets as Lucile Clifton, Kurtis Lamkin, Mark Doty, Ellen Bass, and several others. As always, we will practice the Art of Being Surprised by Our Own Poems, and we’ll read and write to our hearts’ content. All experience-levels and styles welcome.

Co-taught by Prartho Sereno, MFA, whose award-winning poetry books include Causing a Stir and Call from Paris, and Catlyn Fendler, MFA (Poetry), MA (Interdisciplinary Consciousness Studies)

8 Tuesdays, 2:10-4:30pm
Mar. 25-May 20 (No class Apr.15)
Kentfield Campus
Austin Center 104
Fee $91 (includes $2 materials fee)
CRN # 35127 EC

THE BEST LITTLE GRAMMAR CLASS EVER!

Do I use who or whom? Is it affect or effect? What do I do with a semicolon? This course has all the answers to the most common grammar questions and issues. Designed for professionals, job seekers, recent graduates, students, and anyone who would like to be more confident when writing and speaking, the course begins with the basics such as parts of speech, parts of a sentence, punctuation, and capitalization. Using fun quizzes, lectures, and class discussions, we will cover dead words, parallel structure, often-confused words, commonly misspelled and mispronounced words, and how to write paragraphs, letters, and reports.

Recommended text: The Best Little Grammar Book Ever! by Arlene Miller is available at the Bookstore on the Kentfield Campus.

Arlene Miller, MA, has taught for ten years and has over 25 years of experience as a writer and editor.

5 Thursdays, 6:10-7:30pm
Mar. 27-May 1 (No class Apr. 17)
Kentfield Campus
Science/Math/Nursing Center 224
Fee $67 (includes $2 materials fee)
CRN# 35150
LIFELONG LEARNING

• Classes on physical fitness, art, music, writing, history, film appreciation and foreign languages. Phone 415.485.9305 for more information or to obtain the latest Community Ed. Schedule.
• $15 Membership comes with joining as many of the stimulating and sheer fun Clubs as you wish, or start your own club – see inside back cover for current listings.
• Receive your monthly Emeritus Newsletter full of the latest Emeritus buzz, where you can submit an article, a short story or see your paintings or photographs hang in the Emeritus Gallery.
• Attend the HOOKED ON MARIN Speaker Series where Marin comes alive and into full focus. Visit www.HookedonMarin.com for details.

LIFELONG DOING

• Serve on the ESCOM Council, or various Committees that suit your interests. Sharpen your writing skills by helping to shape and UPDATE our Active Lifelong Learners’ website. Emeritus is where you can Volunteer Your Skills, the ones you always wanted to see valued. Become a shaker and mover for your community when you join the Emeritus Program. Or just experience Emeritus for the joy of it.

LIFELONG FRIENDS

EMERITUS CENTER
Kentfield Campus: Students Services Building Room 146. Phone 415.485.9652
Indian Valley Campus: 415.457-8811 ext. 8322

Emeritus College

Emeritus College is a unique program designed to meet the needs of the County’s lifelong learners who already have their degrees and/or are retired or considering retirement. Emeritus College classes and the Emeritus Students College of Marin (ESCOM) actively support the principles of quality of life, lifelong learning, and creative retirement.

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JOIN EMERITUS For the Joy of it. Emeritus Students Activities Application

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- Female  - Male  - 55 or Over  - Under 55

PLEASE CHECK THE APPROPRIATE BOX

- New  - Renew

SIGNED

You may personally apply at EMERITUS CENTER, COLLEGE OF MARIN, Kentfield, CA 94904, Monday–Friday, 9:30am–3:30pm, or mail this application enclosing a $15 check or money order to the above address. Checks should be made out to ESCOM.

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Emeritus Council is Looking for Writers, Artists, Accountants, Desk Volunteers and People Who Want to Lead.

Call 415.485.9652
Become a Member. Join ESCOM.
Emeritus Students College of Marin (ESCOM)

A Student Organization for Marin’s Mature Adults
Join Emeritus Students of College of Marin (ESCOM), established in 1974, and discover a world of opportunity to support lifelong learning and network with like-minded individuals. Members are from all social and educational backgrounds.

EMERITUS CENTERS
Kentfield Campus: 415.485.9652
Indian Valley Campus: 415.457.8811, ext. 8322

Please visit the Emeritus Center on the Kentfield Campus or Emeritus North on the Indian Valley Campus. Both centers offer a lounge for ESCOM members and a place for ESCOM committees and clubs to meet. ESCOM volunteers welcome you at both locations. The Emeritus Center, Kentfield Campus, Student Services Building, Room 146, is open Monday through Friday, 9:30am-3:30pm, and is staffed by volunteers. Emeritus North, on the Indian Valley Campus, is located in the Administrative Services complex, Building 10, Room 140. To schedule use of Emeritus North, please call 415.883.7805.

ESCOM Tuition Grants
The ESCOM Council awards tuition grants to eligible students for any COM Community Education course. You must be a minimum of 55 years of age and submit a statement of financial need. Only partial grants are awarded due to limitations of funding.

To be eligible for a Tuition Grant, you must have registered and paid all registration fees. Please call 415.485.9652 to request to have the application procedures and an application mailed to you, or come to the Emeritus Center. Completed application forms must be received at the Emeritus Center on the Kentfield Campus no later than the end of the business day, Monday, March 17.

Registration Information

REGISTRATION BEGINS
Monday, February 24
For more information, call 415.485.9305.

To Apply
New/Returning Students
If you have NOT enrolled in a Community Education, Noncredit or Credit class at College of Marin for one year or more, you must first apply to the college before you can register.

To Apply Online Go to www.marin.edu/CommunityEducation. Click on Apply and Register. Then click on Online Community Education Application. Complete and submit the application form online. All questions must be answered in order to process your application. Please allow up to five (5) working days for your application to be processed. New students will receive an email with their Username and temporary Password and may then logon to the MyCOM portal and register for classes. Returning students may use their existing Username and Password to register after their applications have been processed.

Other Ways to Apply
You may also apply in person or by mail by completing and submitting the Noncredit/Community Services Application for Admission, available on campus and found at the center of this Community Education schedule of classes. You can also print out the online form and bring it with you to pay in person.

To Register Online
Set-Up
The first time that you register online, you will be asked for the Username and temporary Password that were sent to you when your application was processed. Enter your Username and temporary Password, then click the Submit button. Once you hit the Submit button, you will be alerted that your temporary Password has expired. Be prepared to enter a permanent Password from 8 to 20 characters and including at least 1 number. Example: Giselle16. The next step is to answer the security questions. Once you do that, your Set-Up is complete.
To Register for Classes
On the main screen that says: Welcome to MyCOM Portal (your MyCOM Portal home), there are tabs, including Home, Student, and Tutorials. Click the Student tab. On the left hand side of the screen, it gives you several options. Click: Register, Add or Drop Classes. Select a term. Example: Spring 2014 Community Ed. (Term must include words Community Ed.) Click Submit. The next screen will say Add or Drop and will give you 10 boxes in which to add classes. Enter the Course Registration Number (CRN) for each class selected. Once you have entered your classes, click on Submit Changes to register. Community Education classes may not be dropped online.

To Pay Registration Fees Online
After you select Submit Changes as described above, click CHECKOUT (in blue), at the bottom of the page. This takes you to Registration Fee Assessment and shows total fees owed. Payment is due at the time of registration. Click on Payment Options. Click on the E-Cashier logo, and then on Proceed. Complete all the E-Cashier payment steps. Once you have paid for your classes, go back to MyCOM Portal home and find the center box that says: My Courses. Under My Courses, click where indicated to view the classes in which you are now registered.

Registration fees are due at the time of registration. Nonpayment will result in being dropped from your class.

Register In Person
You may register in person for Community Education classes at the Admissions Offices on either campus.

Register by U.S. Mail
Please mail your registration at least eight (8) business days prior to the first class meeting to ensure that your name appears on the instructor’s roster. The mailing address is College of Marin, Community Education Registration, 835 College Ave., Kentfield, CA 94904.

Register by Fax
Fax your registration to 415.460.0773. Faxed registrations will be processed within five (5) business days.

Payment of Fees
For all registration methods, you may pay for classes with a MasterCard or Visa number; please include the expiration date. If you prefer to pay by check, please enroll in person or by U.S. Mail. Be advised that the college charges $15 for all returned checks. Fees are not transferable between quarters Please see To Pay for Classes Online above.

Additional Information
Changes May Occur Without Notice
College of Marin has made every reasonable effort to determine that information stated in its publications is accurate, but the College reserves the right to alter fees, statements, and procedures contained herein without notice. Fees and procedures are subject to change at any time by the State Legislature and the College Board of Trustees. It is the student’s responsibility to meet and remain informed of College requirements. When changes occur they will be printed in the next regular publication of the schedule, or posted online at www.marin.edu/CommunityEducation. Classes may be cancelled for insufficient enrollment at the discretion of the College.

Materials and Special Fees
Materials fees cover the cost of supplies and duplicating distributed to students in class. Special fees cover additional costs and may include rental fees, other supplies, and in the case of computer classes, software licenses, computer replacement fund, and other equipment fees.

Confirmation of Enrollment
A confirmation of enrollment may be obtained through the MyCOM Portal at https://MyCOM.marin.edu.

Waitlist Procedures
If you attempt to register for a full class, your name will be placed on a waiting list and you will NOT be charged. If you mailed a check, it will be returned to you. Unless specified otherwise in the course description, you may attend the first class and check with the instructor for possible admittance. If you are allowed into the class by the instructor, please request an Authorization Code from the instructor and register with it, using any of the registration procedures described here.
Verification of Enrollment/Registration Policy
For verification of your enrollment/registration in classes, please go to: http://mycom.marin.edu and put in your log-in information. Click on the Student tab and find the center box that says: My Courses. Under My Courses, click where indicated to view the classes in which you are now registered. Print this and attach your fee payment information.

Registration Forms
A registration form is at the center of this schedule. Additional forms may be photocopied or downloaded from www.marin.edu/CommunityEducation. Click on Apply and Register. Registration forms are also available at the Office of Admissions and Records on either campus.

For All Methods of Registration
Please answer all questions on the registration form to be sure that your registration can be processed. Registrations are processed in the order received.

Early Registration Recommended
Early registration promotes successfully enrolled classes and avoids unnecessary cancellations. Register early to ensure your place in class.

To Register after Class Begins
If you would like to register for a class which has already begun, please go to the class and ask the instructor for an Authorization Code and reference the code when you register, whether online, in person, or through the mail. Your admission into the class is at the instructor’s discretion.

Textbooks
If an instructor wishes to recommended a textbook to students, that information will be included in the course description. If the instructor has requested, texts will be available at the College Bookstore, 415.485.9394, and are available to order online at http://marin.bncollege.com (Note: Select “C ED” under Department).

Faculty Evaluation Questionnaire
Evaluating faculty is an essential element in maintaining our high standards. You may be asked to spend a few minutes completing a faculty evaluation questionnaire in class. We appreciate your honest and thoughtful assessment of your instructor and of your experience with us.

Students Under 14
Minors 13 years of age and under must obtain the verbal consent of the instructor prior to registration. To contact an instructor or if you have questions, please call 415.485.9318.

Attendance at First Class Meeting
If you are registered but cannot attend the first class meeting, please call the Community Ed Office at 415.485.9318 or e-mail community.ed@marin.edu to get a message to the instructor.

Refund Policy
Classes canceled by College of Marin will be refunded in full. All refunds are disbursed in the form of a check mailed to the address you have on file with the college. Refunds take approximately six (6) weeks to process.

To Request a Refund: We will gladly process your request for a refund if it is received in our office at least three (3) business days (Mon.-Fri.) prior to the starting date of the class. For instance, if a class starts on a Monday, the refund request must be received in the Community Ed office by the end of Wednesday of the prior week. We cannot accept requests for refunds, regardless of the reason, if they are received less than three (3) business days prior to the class start date.

There is a $10 service fee for all processed refunds.

To request a refund, please submit a letter containing all pertinent information (name, address, daytime phone, student identification number, course title, course number, and your signature). Requests may be e-mailed to community.ed@marin.edu or faxed to 415.456.5065. Requests may also be mailed to: College of Marin, Refunds/Community Education, 835 College Ave., Kentfield, CA 94904. Requests sent by U.S. mail must be postmarked at least three (3) business days prior to the start date of the class. Refunds take approximately six (6) weeks to process.
Parking Information

Parking Permits are required all day for parking Monday through Friday. They are not required on Saturdays, Sundays, or holidays. You may purchase a permit for the day for $3 (subject to change) through Parking Permit dispensers located near the entrance to each lot. Or you may purchase a semester-length Parking Permit as described below. Except during summer, a semester encompasses two Community Ed quarters. No Parking Permits are required for disabled students provided they display a State of California Department of Motor Vehicles-issued disabled placard or license plate.

Purchase Your Parking Permit Online

Spring 2014 Parking Permits are available now for online purchase only. Please be advised that you must be enrolled for Spring 2014 classes in order to be eligible to purchase a student Parking Permit. A nominal processing fee of $3.50 applies to all online Parking Permit orders.

Follow these easy steps:
1. Click on the Parking Permit link in the Student Records Channel (bottom left corner of the portal page)
2. Fill out the form & follow directions
3. Print Temporary Parking Permit (paper)

You will receive your Term Parking Permit in the mail (decal). Please note: Discount for eligible financial aid students will be applied to online orders.

Directory

Community Education Main Office
415.485.9305

Intensive English Program
415.457.8811, ext. 8579

International Education Office
415.457.8811, ext. 7740

Admissions & Records Office
415.457.8811, ext. 8822

Emeritus Center, Kentfield
415.485.9652

Emeritus Center, Indian Valley Campus
415.457-8811, ext. 8322

Counseling
415.485.9432

Bookstore
415.485.9394

Library Services
415.485.9656

Media Center/Language Lab
415.485.9645

Disabled Students Program
415.485.9406

Community Education

College of Marin Superintendent/President
David Wain Coon, Ed.D.

Executive Dean
Indian Valley Campus & Workforce Development
Nanda Schorske, M.B.A.

Community Education Services Staff

Director, Community Education, Lifelong Learning,
and International Education
Jason Lau, Ph.D.

Program Specialists
Cheryl Carlson, Jesse Klein

Intensive English Program (IEP) Coordinator
Sara Oser

Administrative Assistant
Valerie Marckwordt

Community Education Office Technician
Heather Peitz

International Education Office Technician
Rebecca Freeland

Intensive English Program (IEP) Office Aide
Brady Meyring

Work-Study Student
Yuliya Ghosh

The Community Education Schedule is published four times a year by College of Marin (a nonprofit organization), 835 College Ave., Kentfield, CA 94904-2590
Equal Opportunity Statement
The Marin Community College District is committed by policy not to discriminate on the basis of, or the perception of, race, ethnic group identification, ancestry, color, religion, age, gender, national origin, sexual orientation, disability (mental or physical), marital status, medical condition (cancer, genetic characteristics, or pregnancy), and status as a veteran in any of its educational and employment programs and activities, its policies, practices, and procedures.

Students who believe that this policy has been violated have the right to file an internal complaint or a complaint with the Office of Civil Rights.


College of Marin, under the Equity in Athletics Disclosure Act of 1994, provides information concerning the operation of its intercollegiate athletics program. A completed report is available in the Admissions and Records Office, the Library, and the Athletic Department for public review. College of Marin policy 5.004 prohibits verbal, physical, visual, and sexual harassment of any applicant, employee, or student by any District employee on the basis of any category of discrimination categories prohibited by state or federal law. Nonemployees while on District property are also expected to follow these guidelines. It is further the policy of this District to ensure equal opportunity in all of its programs and in all aspects of employment. The lack of English skills will not be a barrier to admission to and participation in vocational education programs.

Contacts
Equal Opportunity Employment/A.D.A. Compliance Officer—Executive Director, Human Resources (or Designee) Administrative Center, Kentfield Campus 415.485.9504

Title IX/Section 504 (Disability) Coordinator—Director of Student Affairs—Dr. Arnulfo Cedillo, SS Center, Rm. 251, Kentfield Campus 415.485.9375

Gender, Equity Coordinator—David Cook, Director of Financial Aid SS Center, Rm. 263, Kentfield Campus 415.485.9409

Open Enrollment Policy
It is the policy of College of Marin that every course section or class, for which attendance is reported for state aid, shall be fully open to enrollment and participation by any person who has been admitted to the college and who meets such prerequisites as may be established pursuant to Chapter II, Division 2, Part VI, Title V of the California Code V.

Mark Your Calendars
COMMUNITY ED PREVIEW DAYS

Kentfield Campus
Saturday, Mar 1, 9:30am–12noon Cafeteria, Student Services Bldg
Indian Valley Campus
Saturday, Mar 8, 10:30am–12noon Indian Valley Campus Community Education, Bldg 7
- Find out about our new Gold Card Advantage Program
- Meet Comm Ed instructors
- Explore new Comm Ed classes
- Learn about Emeritus College
- Discover ESCOM clubs

Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).

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For More Information Call 415.485.9305

Kentfield Campus Map

Admissions and Records
SS 254; 415.457.8811 ext. 8822
Assessment and Testing Office
SS 238; 415.485.9469
Bookstore
LC, First Floor; 415.485.9394
CalWORKs
LC 160; 415.485.9605
CalWORKs Employment Counseling
LC 31; 415.485.8811 ext. 7616
Campus Police
TB 1, Rm. 105; Lost and Found and other non-emergencies 415.485.9455
In case of emergency, dial 911
Child Study Center
1144 Magnolia Ave. (see map below); 415.485.9468
Counseling
SS 212; 415.485.9432 (appointments) 415.485.9431
Disabled Students Program and Services (DSPS)
LC 115; 415.485.9406
Distance Education Support Center (DESC)
LC 121; 415.457.8811 ext. 7953
Emeritus (ESCOM)
SS 146; 415.485.9652
English as a Second Language (ESL)
AC 137; Credit/Noncredit ESL; 415.485.9462
English Language/Writing Center
LC 120; 415.485.9609
Extended Opportunity Programs and Services (EOPS)
LC 160; 415.485.9605
Financial Aid
SS 236; 415.485.9409
Food Service
SS 1st Floor; Fresh & Natural Café; 510.566.3339
Health Center
HS; 415.485.9458
Instructional Technology, Distance Education
LC 126, 415.485.9540
Intercollegiate Athletics
PE 16, 415.485.9580
International Student Admissions
SS 254, 415.883.2211 ext. 7719
Job Placement
SS 206; 415.485.9410
Library
LC 2nd Floor; 415.485.9656
Math Lab
SMN 129; 415.485.9608
Media Center/Language Lab
LC 110, 415.485.9645
Outreach and School Relations
SS 232; 415.485.9663
Puente Program
SS 241; 415.485.9375
415.485.9432 counseling appointments
Single Stop
SS 124, 415.457.8811 ext. 7761
Student Affairs
SS 250; 415.485.9376
Student Ambassadors (Campus Tours)
SS 232; 415.457.8811 ext. 7860
Transfer and Career Center
SS 202; 415.485.9671
Tutoring and Learning Center (TLC)
LC 160, 415.485.9620
Veterans Admissions Services
SS 254, 415.457.8811 ext. 7719

DIRECTIONS FROM HIGHWAY 101: Kentfield Campus, 835 College Ave., Kentfield
From Highway 101, take the San Anselmo exit (northbound) or the Sir Francis Drake Blvd. exit (southbound) and follow Sir Francis Drake Blvd. to College Ave. (seventh stoplight).

For Diamond Physical Education Center, Austin Center, Learning Resources Center (library and bookstore) and the Student Services Building (Admissions and Records), turn left on College Avenue. For Performing Arts Building (James Dunn Theatre and Fine Arts Gallery), Fine Arts Building, and Fuselman Hall, stay on Sir Francis Drake Blvd., turning left on Laurel Ave. Park in college parking lots.

For information about Parking Permits, please see page 51
Indian Valley Campus Map

Admissions and Records
Bldg. 27, East Hall, 1st Floor
415.457.8811 ext. 8822

Assessment and Testing Office
Bldg. 27, Rm. 125; 415.457.8811 ext. 7669

Bookstore
Bldg. 17, Rm. 104
415.457.8811 ext. 7394

CalWORKS
Bldg. 27, Rm. 104; 415.457.8811 ext. 7605
CalWORKS Employment Counseling
Bldg. 17, Rm. 101; 415.457.8811 ext. 7616

Campus Police
Bldg. 11, Rm. 103; Lost and Found and other non-emergencies 415.485.9696
In case of emergency, dial 911

Computer Lab
Career Study Center, Bldg. 17

Child Development Center
Bldg. 12, Rm. 105; 415.457.8811 ext. 8170

Counseling
Bldg. 27, Rm. 105 and 106
415.457.8811 ext. 7432

Disabled Students Program and Services (DSPS)
Bldg. 27, Rm. 104; 415.457.8811 ext. 7406

Early Head Start Infant Toddler Center
Bldg. 12; Rm. 120 and 121
415.457.8811 ext. 8171

Emeritus (ESCOM)
Bldg. 10; Rm. 140; 415.457.8811 ext. 8322

Extended Opportunity Programs and Services (EOPS)
Bldg. 27, Rm. 104; 415.457.8811 ext. 7605

Financial Aid
Bldg. 27, Rm. 107; 415.457.8811 ext. 8118

Food Service
Bldg. 27; Vending machines

Health Center
Bldg. 9, Rm. 121; 415.457.8811 ext. 7458

Intensive English Program (IEP)
Bldg. 3, Rm. 258; 415.457.8811 ext. 8579

International Student Admissions
Bldg. 27, 1st Floor East Hall
415.457.8811 ext. 8114

Job Placement
Bldg. 27, Rm. 103; 415.485.9410

Library
Bldg. 27, Rm. 124; 415.457.8811 ext. 8503

Media Center
Bldg. 27, Rm. 124; 415.457.8811 ext. 8505

Outreach and School Relations
Bldg. 17, Rm. 106; 415.457.8811 ext. 7663
Call for campus tours

Puente Program
Bldg. 27, Rm. 120; 415.485.9375
415.485.9432 counseling appointments

Student Affairs
Bldg. 27, Rm. 120; 415.457.8811 ext. 7376

Transfer and Career Center
Bldg. 27, Computer Area
415.457.8811 ext. 7671
Tutoring
Bldg. 17, 415.457.8811 ext. 7620

Veterans Admissions
Bldg. 27, East Hall, 1st Floor
415.457.8811 ext. 8114

DIRECTIONS FROM HIGHWAY 101: Indian Valley Campus, 1800 Ignacio Blvd., Novato
From Highway 101, take Ignacio Blvd. exit and continue on Ignacio Blvd. west (approx. two miles) to the Indian Valley Campus.

For Buildings 1, 2, 3, 4, 5, 6, 7 and 27 park in Lots 1 and 2.
For Fiscal Services, Buildings 8, 9, 10, 11, 12, 13, 14, 15, 16 and 17, park in Lots 3 and 4.
For Building 20, the pool, and the Organic Farm, park Lots 5 and 6.

For information about Parking Permits, please see page 51
MONDAY
Club: Bridge Club
When: Mondays, 1:00 to 4:30 p.m.
Where: Cafeteria, Kentfield
Contact: Lynn Mason, 456-2508.

Club: Great Minds of Western Philosophy Club
When: 1st and 3rd Mondays of month, 10:15 a.m. to 12:15 p.m.
Where: Emeritus College, Kentfield Campus
Contact: Arlene Stark, 925-1214, arlenestark@att.net

Club: IVC Book Forum
When: 4th Monday of month, 3:00 to 5:00 p.m.
Where: Emeritus College, IVC campus
Contact: Louise Kerr, 883-2823, LRKerr210@gmail.com

TUESDAY
Club: Moral-Ethical & Legal Issues Roundtable
When: 1st and 3rd Tuesdays of month, 10:00 a.m. to 12 Noon
Where: Emeritus College, Kentfield Campus
Contact: Cole Posard, 491-4118, colemanposard@att.net

Club: Writer’s Workshop
When: 1st Tuesday of month, 1:00 to 4:00 p.m.
Where: Emeritus College, Kentfield Campus
Contact: Shirley Pullan, 381-6952, shirlmv@comcast.net

Club: Bocce/Petanque Ball
When: Tuesdays, 9:30 a.m.
Where: Albert Park San Rafael
Contact: Chris Cruitt, 755-8757, chiscruitt@gmail.com

Club: Great Books Discussion Group
When: 2nd and 4th Tuesdays of month, 10:00 a.m. to 12 Noon
Where: Emeritus College, IVC campus
Contact: Don Polhemus, 883-3567, dondopol@aol.com

WEDNESDAY
Club: Opera and Beyond Club
When: Last Wednesday of month, 1:00 to 3 p.m.
Where: Emeritus College, Kentfield Campus
Contact: Gil Deane, 456-2853, gildeane@aol.com

THURSDAY
Club: Current Events and Issues Club
When: 2nd and 4th Thursdays of month, 10:00 to 12 Noon
Contact: Jerry Weisman, 383-1831, gweisman@printmail.com

Club: Scrabble Club
When: Every Thursday, 2:00 to 4:00 p.m.
Where: Cafeteria, Kentfield Campus
Contact: Marlene Knox, 459-1427, marlsteve@comcast.net

Club: Great Ideas in Philosophy Club
When: Every Thursday, 1:00 to 3:00 p.m.
Where: Emeritus College, IVC campus
Contact: Lillian Hanahan, 883-2401, dhanahan2v@verizon.net

FRIDAY
Club: Book Banter Club
When: 2nd and 4th Fridays (Sept to May), 1:00 to 3:00 p.m.
Contact: Len Pullan 381-6952, lenpullan@comcast.net

Club: Global Issues Club
When: 3rd Friday of month, 2:00 to 4:00 p.m.
Where: Emeritus College, IVC campus
Contact: Colleen Rose 898-0131, colleenrose@juno.com

SATURDAY
Club: IVC Film Noir DVD Forum
When: 2nd and 4th Saturdays of month, 1:00 to 3:00 p.m.
Where: Emeritus College, IVC campus
Contact: Rudy Ramirez, 491-0522, rudycarm@gmail.com

Club: Humanities Club
When: 1st and 3rd Saturdays of month, 1:00 to 3:00 p.m.
Where: Emeritus College, IVC campus
Contact: Rudy Ramirez, 491-0522, rudycarm@gmail.com

SURFING 101

Have you always wanted to try surfing? During this introduction to surfing, you will learn basic water safety and surfing fundamentals, including an understanding of wave formation, tides and wind, surfing etiquette, and basic maneuvers, as well as surfing history and ecological and philosophical principles. Jon Gudmundsson has been surfing for over 20 years and is a certified Lifeguard.

Find out more on page 32

WINE TASTING FUNDAMENTALS

(Offered at both Kentfield and Indian Valley Campuses)

Have you ever wanted to know more about the aromas and tastes in your wine glass? This class will cover: the basics of the process of winemaking, wine tasting, explore different types of wines, talk about “wine talk” and what it all really means, and some basics of food and wine pairings. Students should bring 2-3 glasses to each class. David Sandri is a wine industry professional, wine judge around the country, internationally published wine writer, and a Certified Specialist of Wine through the Society of Wine Educators.

Find out more on page 23

SPRING 2014
MAR 24 - MAY 17

COLLEGE OF MARIN

www.marin.edu/CommunityEducation
415.485.9305