COMMUNITY EDUCATION

SUMMER 2013
JUNE 17 – JULY 27

MARIN CHINESE CULTURAL ASSOCIATION EDUCATION PROGRAMS
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SUMMER CAMPS PAGE 5
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Welcome to
College of Marin
Community Education, Lifelong Learning and International Education

Announcing the New
Marin Chinese Cultural Association
Educational Programs

College of Marin’s Community Education has joined forces with the Marin Chinese Cultural Association (MCCA) to offer a series of educational programs beginning this summer. New programs include the Marin Mandarin Summer Camp, San Francisco Chinatown walking and study tour, and Traditional Chinese Brush Painting.

The purpose of MCCA is to promote the understanding, appreciation and preservation of all aspects of Chinese culture, including the language, history, customs, music, art, and cuisine of the Chinese and Chinese-American people.

See page 18 for more information.
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New for Summer 2013

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ON THE COVER: Featured on the cover is the Marin Chinese Cultural Association’s Lion Dance Team. Founded in 1979, the MCCA Lion Dance Team is a student troupe dedicated to fostering awareness and appreciation of Chinese culture through traditional Lion Dance. Community Education has joined forces with MCCA to offer a series of educational programs beginning this summer. For more information, see page 18. Many thanks to graphic designer Dave Mahoney and members of the MCCA Lion Dance Team who participated in the photo shoots. Instructors: Ben Chuck and Greg Chuck. Team Members: Norah Bainbridge, Ella Carter, Maya Carter, Avani Mei Chauhan, Sahira Jun Chauhan, Camille Davis, Chloe Olivia Hailer, Grace Kelly, Spencer Kelly and Joshua Phythian.
Weekend Workshops

Invest in yourself and do something just for you on the weekend! Community Education offers many educational and entertaining Saturday workshops for which you can register in class with the instructor. The date shown below is the start date for the class.

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- Cultural History, Tribal Affairs and Certificate of Completion Ceremony .................... 16

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- The Dances and Legacy of Isadora Duncan .................................... 19
- How to Replace Your Lawn ...................................................... 23

**August 17:**
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College of Marin Summer Camps

with FREE entry to College of Marin Open Recreational and Lap Swim*

How to register: go to www.marin.edu/communityeducation or call 415.485.9305 for more information.

The Marin Mandarin Summer Camp: See Page 39 for more information

<table>
<thead>
<tr>
<th>THEMES</th>
<th>CRN</th>
<th>DATE</th>
<th>DAYS</th>
<th>TIME</th>
<th>AGE</th>
<th>FEE</th>
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<tbody>
<tr>
<td>Bridge Super Bowl</td>
<td>65139</td>
<td>7/8 - 7/12</td>
<td>M-F</td>
<td>8:30am-3pm</td>
<td>Pg.36</td>
<td>$228</td>
<td>KTD</td>
</tr>
<tr>
<td>Eeww….That’s Gross!</td>
<td>65140</td>
<td>7/15 - 7/19</td>
<td>M-F</td>
<td>8:30am-3pm</td>
<td>Pg.36</td>
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<td>KTD</td>
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<td>Act It Out</td>
<td>65141</td>
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<td>10% discount for 4 weeks</td>
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Summer Sports Camps: See Page 38 for more information

<table>
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<tr>
<td>Soccer</td>
<td>65001</td>
<td>6/17 - 6/21</td>
<td>M-F</td>
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<td>5-8</td>
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<td>IVC</td>
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<tr>
<td>Flag football</td>
<td>65004</td>
<td>6/24 - 6/28</td>
<td>M-F</td>
<td>9am - 12pm</td>
<td>5-8</td>
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<td>Flag football</td>
<td>65005</td>
<td>6/24 - 6/28</td>
<td>M-F</td>
<td>9am - 12pm</td>
<td>8-13</td>
<td>$149</td>
<td>KTD</td>
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<tr>
<td>Cheerleading</td>
<td>65003</td>
<td>6/24 - 6/28</td>
<td>M-F</td>
<td>9am - 12pm</td>
<td>5-9</td>
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<tr>
<td>After-care</td>
<td>65006</td>
<td>6/24 - 6/28</td>
<td>M-F</td>
<td>12pm - 1pm</td>
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<tr>
<td>Mini-Hawk</td>
<td>65010</td>
<td>7/15 - 7/19</td>
<td>M-F</td>
<td>9am - 12pm</td>
<td>4-7</td>
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<tr>
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<td>M-F</td>
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<td>12pm - 1pm</td>
<td>5-13</td>
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<tr>
<td>Baseball</td>
<td>65013</td>
<td>7/22 - 7/26</td>
<td>M-F</td>
<td>9am - 12pm</td>
<td>5-7</td>
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<tr>
<td>Baseball</td>
<td>65014</td>
<td>7/22 - 7/26</td>
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</tr>
<tr>
<td>Soccer</td>
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<td>M-F</td>
<td>9am - 12pm</td>
<td>5-8</td>
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<tr>
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<td>M-F</td>
<td>9am - 12pm</td>
<td>4-7</td>
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<tr>
<td>Beginning golf</td>
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<td>M-F</td>
<td>9am - 12pm</td>
<td>5-9</td>
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<tr>
<td>After-care</td>
<td>65021</td>
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<td>12pm - 1pm</td>
<td>5-13</td>
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Summer Youth Sports: See Page 39 for more information

<table>
<thead>
<tr>
<th>CAMPS</th>
<th>CRN</th>
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<th>DAYS</th>
<th>TIME</th>
<th>AGE</th>
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<tr>
<td>Youth Baseball Session 1</td>
<td>38475</td>
<td>6/17 - 6/20</td>
<td>M-Thu</td>
<td>9am - 2pm</td>
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<td>6/24 - 6/27</td>
<td>M-Thu</td>
<td>9am - 2pm</td>
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<td>Youth Basketball Session 1</td>
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<td>6/24 - 6/27</td>
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<td>9am - 3pm</td>
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<td>$150</td>
<td>KTD</td>
</tr>
</tbody>
</table>

*All camps enjoy FREE entry to College of Marin Open Recreational and Lap Swim during your enrolled camp period. Parent or guardian must be present.
Kentfield Campus Pool: Mon-Sun, 1-6pm (Closed July 4)
Indian Valley Campus Pool: Mon-Thu, 12noon-4pm (Closed July 4)
Art

Note regarding materials and supplies for art classes: Supplies will be discussed in class. Please bring whatever related materials you may already have to the first class meeting. Students are expected to provide their own materials unless otherwise noted below.

ABSTRACT PAINTING
In a successful painting everything is integral... all the parts belong to the whole. If you remove an aspect or element you are removing its wholeness.” -Richard Diebenkorn
This course is for students of all experience levels who wish to strengthen their skills in abstract painting in any medium. Through lectures, demonstrations, discussions, critiques, and in class painting, we will deconstruct modern and contemporary themes as students work to develop a unique voice in their paintings. Topics include: materials, color theory, composition, depth, form, movement, and paint application.

See Note regarding materials under Art heading above. Bring a notebook and pen to the first class. Beginning students welcome.

Michael Azgour, MFA, is an exhibiting artist and art instructor.

4 Mondays, 6:10–10pm
June 17-July 8
Kentfield Campus,
Austin Science Center 184 (Revised)
Fee $56 (Includes $5 materials fee)
CRN# 65023

FIGURE PAINTING
This studio course is an opportunity to explore materials, color, composition, and agenda in any medium while painting the figure. Class time is primarily devoted to painting but also includes discussions, demonstrations, and critiques as interest dictates. You will work from undraped models every session and also have the option of working on your own projects from your own photos.

See Note regarding materials under Art heading above. Course includes critique.

Larry Benchich, MFA, works primarily with the human figure in his own drawings and paintings. His teaching style references composition and perspective in the Renaissance tradition, and he has had extensive experience with students with a broad range of skills.

6 Saturdays, 9:10am–1pm
June 22-July 27
Extended class on July 27, 9:10am-5:30pm
Indian Valley Campus, Bldg 13, Rm 122 (Revised)
Fee $231 (Includes $53 models fee)
CRN# 65024

DRAW YOUR DOG – PAINT YOUR POOCH
Draw or paint your canine best friend. Express your love while learning valuable drawing and painting skills: how to capture expression and character, how to check and measure proportions, and how to get accurate shapes. Lectures and demos include topics such as creation of form through light and shadow, basic color theory, and pencil and charcoal techniques.

Students work from photos of their pets; please, do not bring your dog to class.

Acrylic paint, especially ‘Open Acrylics’, watercolor, pastels, various pencils, and charcoal are all welcome at this class. Please, no oil paints or solvents. Bring whatever you may already have to the first class.

Diana Belenky, MFA, from the New York Academy of Art, has been teaching fine art for the past ten years. She has won the Posey Grant in Painting and exhibits in galleries.

6 Tuesdays and 5 Thursdays, 1:10–4pm
June 18-July 25 (No class July 4)
Indian Valley Campus
Building 13, room 122
Fee $157
CRN# 65025
FIGURE PAINTING IN SUMMER SUNLIGHT
Paint the human figure under the brilliant sunlight. The Impressionists were obsessed with the vibrancy of natural light and how it influences color. In this class we explore brilliant color variations that only come from painting outside.

We learn about warm and cool temperature shifts; how light alters color; the concepts of Complementary Color, Analogous Color, Simultaneous Contrast, Local Color, and Value Relationships; the effects of sunlight on skin and clothing; and the creation of form through highlights, half tones, form shadows, cast shadows, and reflected lights.

Diana Belenky, MFA, from the New York Academy of Art, has been teaching fine art for the past ten years. She has won the Posey Grant in Painting and exhibits in galleries.

6 Mondays and 6 Wednesdays, 1:10–5pm
June 17-July 24
Indian Valley Campus
Building 13, Room 122
Fee $226
CRN# 65026

CREATIVE ACRYLIC LANDSCAPE PAINTING
Students learn how to use various brush techniques and to apply acrylic paint to produce finished landscape artwork on canvas, receiving guidance, demonstrations, and critiques on an ongoing basis. In addition to guidance on composition, color theory, and perspective, students learn how to render water, trees, ocean waves, grasses, and the various subjects found in nature. This non-competitive and supportive course focuses on emotional experience and on how painters discover their own personal style which can be a source of joy and support found in nature.

In this class we explore brillian sunlight: the Impressionists were obsessed with the vibrancy of natural light and how it influences color. In this class we explore brilliant color variations that only come from painting outside.

We learn about warm and cool temperature shifts; how light alters color; the concepts of Complementary Color, Analogous Color, Simultaneous Contrast, Local Color, and Value Relationships; the effects of sunlight on skin and clothing; and the creation of form through highlights, half tones, form shadows, cast shadows, and reflected lights.

Diana Belenky, MFA, from the New York Academy of Art, has been teaching fine art for the past ten years. She has won the Posey Grant in Painting and exhibits in galleries.

6 Mondays and 6 Wednesdays, 1:10–5pm
June 17-July 24
Indian Valley Campus
Building 13, Room 122
Fee $226
CRN# 65026

CHALK PASTEL PAINTING
Chalk pastels are used to create densely layered paintings, delicate drawings, spontaneous sketches, and all the possibilities in between. This quarter concentrates on pastels as a painting medium – using the chalks in a variety of ways to achieve painterly results – and emphasizes individual exploration and experimentation for expressive potential. Bring pencil and paper and any pastels you have, and a good photo to work from. Materials will be discussed in the first class.

Barbara Lawrence began her art training early with her father, a devoted artist and loving teacher. That influence helped her develop a unique approach to painting. She's been teaching and exhibiting in Marin for many years.

6 Wednesdays, 1:10–4pm
June 19-July 24
Kentfield Campus, Austin Science Center 184 (Revised)
Fee $116
CRN# 65028

WATERCOLOR BASICS AND BEYOND
A comprehensive class welcoming all skill levels. For those just starting out, the basics are covered: color mixing, washes, wet-dry approaches — just handling the paint itself! More advanced students are welcome to bring in their own projects or to consult with the instructor for direction. We work from studio still life and landscape. All subject matter welcome, including abstraction. Bring whatever watercolor supplies you may have to the first class.

See Note regarding materials under Art heading above. The location for the Friday class is just 20 minutes east of the Kentfield campus and there is plenty of parking.

Marty Meade
6 Fridays, 10:0am–1pm
June 21-July 26
San Geronimo Valley Community Center
6350 Sir Francis Drake Blvd.
San Geronimo
Fee $98 (includes $16 special fee)
CRN# 65029 EC

Nancy Johnson
6 Saturdays, 10:0am–1pm
June 22-July 27
Kentfield Campus, Austin Science Center 184 (Revised)
Fee $81
CRN# 65030 EC
THE FLOW OF WATERCOLOR: DESIGN WITH LINE / INDOORS AND OUTDOORS
 Improve your drawing skills AND paint beautifully with line! Primarily use watercolor in washes and in the form of line, adding waterproof and water soluble line with inks, markers, charcoal, watercolor pencils and any other media you wish to incorporate into your watercolor paintings. Learn from the inspiring artists Paul Klee, Wasyli Kandinsky, Raoul Dufy and Henri Matisse who used line so beautifully in their art work. In addition to using line within the fine art context, take a day to develop cartooning skills as well, where line is the focus and color is an embellishment.

All levels welcome. Continuing students may develop their own projects and work independently. Individual attention given to all students.

Julie Cohn has been an exhibiting painter and teacher for over 25 years.

6 Thursdays, 10:10am–1pm
June 20-Aug. 1 (No class July 4)
Kentfield Campus, Austin Science Center 184 (Revised)
Fee $88 (includes $7 materials fee)
CRN# 65068 EC

FROM COLLAGE TO PAINTING
 Discover the exciting possibilities of collage, a technique where different materials are assembled together to create a new work of art. This class guides beginning or experienced artists through the technical and creative aspects of using collage. Learn about the variety of materials that can be used, like printed papers, fabric, metal leaf, photos, and found objects. Experiment with using different surfaces and discover how to combine it with painting media, such as acrylic and even oil. More advanced students are welcome to bring in their own projects or consult with the instructor for direction.

A list of materials will be provided in class. Materials may cost $35-$40.

Stephanie Jucker, MFA, is an exhibiting painter who uses collage, mixed media and printing techniques in her paintings. With an MFA in painting she also has 20 years of teaching experience.

6 Tuesdays, 7:10-9:30pm
June 18-July 23
Kentfield Campus, Austin Science Center 184 (Revised)
Fee $116
CRN# 65031

ALSO OF INTEREST ...

TRADITIONAL CHINESE BRUSH PAINTING
 See page 18.

AWAKENING CREATIVITY WITH FLUID ACRYLIC AND WATERCOLOR
 “Your thoughtful teaching, cheerful encouragement, and experimental approach has been really helpful. I loved your style and the demos. Learning to trust the paint and intuition is a big step for me. Thank you.” -Jane

In this upbeat class, we discover the nature of these poetic and spontaneous mediums, and learn how to handle them. By incorporating movement meditation and poetry, we awaken the creative spirit and enable our heartfelt expression to pour out onto the surface of our paper. Abstract, representational or combined approaches are encouraged to suit the individual expressive needs of each artist. Enhance your painting skill and open to your inner resources. All levels welcome.

Please bring watercolor supplies to first class or e-mail the instructor at carol@arttreks.com for information.

Carol Duchamp, MA, encourages experimentation in a supportive environment that nourishes the intuitive power of self-express. She is an exhibiting artist and transformative arts facilitator.

3 Wednesdays, 6:10–9:30pm
June 19-July 3
Kentfield Campus, Austin Science Center 184 (Revised)
Fee $80
CRN# 65105
HANDMADE ART BOOKS
This class introduces the versatile and tactile world of handmade art books. Using your own art, photo collection, or collage/montage, you learn how to make a variety of handmade books, from simple to sophisticated. The class includes design principles; organizing, folding, and binding techniques; how to choose suitable paper; imposition techniques; decoration and handmade art embellishment techniques. You leave class with something to carry home each week; by the end, you’ll have a variety of unique art books of your own making and design.

Materials are provided for the first class, and the materials fee covers the cost of paper and other items. Students purchase additional supplies and materials (some optional) and a list of sources for materials is distributed in class. The instructor provides returning students with additional techniques and bookmaking processes.

Mark Lindsay, MFA (Photography and Painting), is devoted to the fine arts as a painter, photographer, and teacher.

June 22–July 27
Kensfield Campus, TB 119 (Revised)
Fee $127 (Includes $35 materials fee)
Beginners
6 Saturdays, 10:10am-1pm
CRN# 65032

Beginners Plus/Intermediate
6 Saturdays, 2:10-5pm
CRN# 65033

NEW SMALL SPACES, SUPERB COLLECTIONS: AMERICAN MUSEUMS
A virtual tour of American museums that should be on everyone’s “must do” list. Encountering true masterpieces of Western Art, we ask what the objects tell us about the passions of those who assembled them. Highlights include the former home of Henry Clay Frick housing his spectacular collection of Old Masters (including three Vermeers) in New York City; Isabella Stewart Gardner’s “Venetian Palazzo” in Boston; the Barnes Collection of Impressionist, Post-Impressionist and Modern Art in Philadelphia; the Sterling and Francine Clark Institute in Williamstown, Massachusetts; the Kimbell in Fort Worth; the Norton Simon in Pasadena; the Getty Villa in Malibu; the Getty Center in Los Angeles; and the Huntington Library, Museum and Botanical Gardens in San Marino.

Kerrin Meis, MA (Art History)
6 Wednesdays, 2:10pm–4pm
June 19–July 24
Kensfield Campus
Science/Math/Nursing Center 229
Fee $64 (Includes $1 materials fee)
CRN# 65034

Mark Your Calendars
COMMUNITY ED PREVIEW DAYS

Kentfield Campus
Saturday, Aug 17, 9:30am–12noon
Cafeteria, Student Services Bldg

Indian Valley Campus
Saturday, Aug 10, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7
• Find out our new Gold Card Advantage Program
• Meet Comm Ed instructors
• Explore new Comm Ed classes
• Learn about Emeritus College
• Discover ESCOM clubs

Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
Career Development

**NEW FIND YOUR LIFE WORK AT ANY AGE**

Discovering your right livelihood can be a fun and exciting journey. In this experiential class, we present the latest research on career satisfaction and guide you through a multi-step process of personal exploration and practical planning. You will conduct a three-generation history of work within your family, identify the types of tasks you most enjoy, and understand how your current stage of adult development can be harnessed to find work that is rewarding, profitable, and inspired. You will leave with a detailed plan for securing the paid or volunteer position best suited to your unique gifts. When you find your life work, your life works.

**Dr. Beth Milwid** is a psychologist and business consultant with over 20 years of experience, specializing in career development, strategic communications, employee training, and executive coaching. During the past two years, she helped 60 individuals who lost their jobs find new opportunities. Dr. Beth is the author of a book, *Working With Men*, the first oral history account of American women in business. She appeared on Larry King, Good Morning America, NPR, and CNN, and spoke at conferences and universities across the country.

6 Tuesdays, 6:10-8:15pm
June 18-July 23
Kentfield Campus
Science/Math/Nursing Center 225
Fee $85
CRN# 65125

Computers

Community Education’s computer courses are designed to offer exposure to a specific program or application. All courses are hands-on and taught with one student per computer, offering one-on-one instruction. Courses are offered at a variety of times throughout the quarter for your convenience. There is no homework and no grades.

If you wish to build skills, College of Marin offers credit classes. The goal of these classes is to provide in-depth understanding of the subject through textbook study, homework, and lab assignments. Credit classes are graded, and you can work toward a certificate or associate degree. For more information, please refer to the Credit Schedule.

**COMPUTER LABS**

There are two labs in Building 7 on the Indian Valley Campus for Community Education computer classes: Room 192 (the PC lab) and 190 (the Mac lab). See map at the back of this schedule. It is two miles to the nearest eatery from IVC; we recommend that you bring something to eat and drink.

For information about registering, parking, and other important information, please turn to page 42.

**TEXTBOOKS FOR COMPUTER CLASSES**

Students are expected to purchase their own textbook prior to the first class meeting. The same textbook is used for all classes within a subject area, i.e., all classes on Excel use the same text. Some classes do not require texts. This is clearly stated in the course description.

A Computer Textbook Source List of local bookstores and online sources for textbooks is available. Please call 415.485.9318 and request that it be mailed to you. Remember to leave your mailing address.

Occasionally a class is cancelled. When this happens, please look for the class in the next quarter when the same textbook will be used.

**IMPORTANT INFORMATION**

You are expected to have:

- Windows proficiency before enrolling in any PC application course. If you do not have these skills, we recommend that you take Intro. to Windows 7.
- Mac proficiency before enrolling in any Mac application course. If you do not have these skills, we recommend that you take Intro. to Macintosh.

A USB port plug-in storage device, i.e., flash drive or thumb drive, is recommended if you would like to save your work.
Hands-On Computer Classes

Computer Fundamentals ........................................11
Computer Not Working? Diagnose and Solve Common Computer Problems...11
Dreamweaver CS5.5, Intro & Interm.............13, 14
Excel 2010, Intro & Interm ..................12, 13
2010 Excel Expert!.................................13
Illustrator CS5.5, Intro & Interm ..............14, 15
InDesign CS5, Intro & Interm.............14
iPhone/iPod Touch/iPad Apps, Intro ......13
Macintosh, Intro & Interm......................11, 12
Intro to Windows................................12
Word 2010, Intro and Interm.................12

COMPUTER FUNDAMENTALS

This is an introduction to the PC for first-time computer users and is designed to reduce feelings of intimidation. We teach you how to turn on the computer and the first steps to Touch Typing; how to hold, move, and click the mouse; computer hardware identification; open a window; launch a Windows program; start an Internet browser to access several websites; and how to turn the computer off. We also cover computer system basics, tips on buying a computer, on computer terminology, and in using application programs to create, edit, save, retrieve, and print documents. Along the way, you learn to navigate Windows by using menus, toolbars, and dialogue boxes.

No prior computer experience is expected. Instruction in this class is not textbook-based. Materials will be distributed in class.

Levi Allen
2 Mondays, 1:30-4:30pm
June 17 & 24
Indian Valley Campus, Bldg. 7, Rm 192
Fee $92 (Includes $11 materials/special fee)
CRN# 65104

COMPUTER NOT WORKING? DIAGNOSE AND SOLVE COMMON COMPUTER PROBLEMS

Bring your Personal Computer (PC) problems to class and be rewarded with answers to those questions. Students also benefit from answers to problems from the other students. Some typical problems are: How do I start my computer when it freezes? What do I do to keep my PC safe from spyware? What is wrong when I turn on the power and nothing shows on the screen? Find out what to do when your PC fails. You will learn how to troubleshoot your PC, your Windows OS, and your PC applications. Learn how to use the Internet to answer computer questions. Learn how to use the computer to do its own repairs.

We demonstrate during class as many discoveries, questions and answers as time permits. You will be invited to e-mail questions and problems to the instructor for several weeks after class.

Levi Allen
2 Mondays, 9am-12noon
July 15 & 22
Indian Valley Campus, Bldg. 7, Rm 192
Fee $92 (Includes $11 materials/special fee)
CRN# 65106

Take Computer Fundamentals if you are unfamiliar with the mouse, keyboard, and opening and saving files.

INTRODUCTION TO THE MACINTOSH

Become productive with the Mac in the shortest time possible! This course is designed for the beginning computer user. We cover how RAM chips and hard disks work together; opening, closing, and resizing windows; Finder/desktop navigation; creating a navigational alias; creating and saving documents; accessing online help; file organization and backup; using the find utility; exploring System Preferences.

This is a beginning class and no prior computer experience is expected.


Steve Salzman
3 Tuesdays, 7-10pm
June 18-July 2
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 65107
INTERMEDIATE MACINTOSH
This course takes you to the next level of Mac usage. We cover advanced Finder options, Smart Folders, System Preferences and Spotlight searches, installing and switching among Applications, an overview of Apple Mail, iTunes and iPhoto, backup options, and where to get help.
This course builds upon skills that are learned in Intro. to the Macintosh.
Steve Salzman
3 Tuesdays, 7–10pm
July 9-23
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $10 special fee)
CRN# 65110

INTRODUCTION TO WORD 2010
If you are looking for a job in today’s market, this is the software program to learn. This course explores techniques used to create letters, reports, and other text-based documents. Learn how to use shortcut keys; create, save, print, and edit documents; move, copy, find, and replace text; enhance a document by formatting text; use efficiency tools such as spell checker, auto correct, and auto text. This course uses the Windows Operating System.
Tom Millard
3 Wednesdays, 1:30–4:30pm
June 19-July 3
Indian Valley Campus, Bldg. 7, Rm 192
Fee $129 (Includes $10 special fee)
CRN# 65109

INTERMEDIATE WORD 2010
This course helps you become more productive with the program. We review basic Word, then turn our attention to templates, envelopes and labels, styles, headers and footers, toolbars, creating and formatting tables, working with columns, and inserting graphics into your Word documents.
Tom Millard
3 Wednesdays, 1:30–4:30pm
July 10-24
Indian Valley Campus, Bldg. 7, Rm 192
Fee $129 (Includes $10 special fee)
CRN# 65110

INTRODUCTION TO WINDOWS 7
Learn about the basic features of Windows 7, Microsoft’s latest desktop operating system. This course covers customizing windows, folders, icons, and the mouse; desktop navigation, running programs, browsing the Internet, and getting online help. Learn how to manage files and folders using Windows Explorer to copy, move, delete, and restore deleted files. You will be given other basic information to help prepare you for our software application classes.
Tom Millard
3 Mondays, 1:30–4:30pm
July 1-15
Indian Valley Campus, Bldg. 7, Rm 192
Fee $129 (Includes $10 special fee)
CRN# 65111

Please see information regarding Textbooks for Computer Classes on page 10.

INTRODUCTION TO EXCEL 2010
A spreadsheet is a powerful, yet easy-to-use tool to keep track of anything that can be counted. In this course, you learn the basics of creating, modifying, formatting, and printing worksheets. In addition, you work with basic formulas and functions. This course uses the Windows Operating System.
Your personal laptop computer with appropriate software is permitted in this class. If you have a laptop with said software, please bring it to class. Your cooperation in this way may permit a students on the wait list to join the class. Wait-listed students with laptop and appropriate software will be seated if a seat is available.
Levi Allen
3 Thursdays, 6–9pm
June 20-July 11 (no class July 4)
Indian Valley Campus, Bldg. 7, Rm 192
Fee $129 (Includes $10 special fee)
CRN# 65112
INTERMEDIATE EXCEL 2010
In this course you learn how to become more productive using Excel's financial and logical functions. You learn how to create tables, apply custom and conditional format options, use protection features, and create templates for printing worksheets. You also create links, hyperlinks, and explore quick and easy chart techniques.
This class builds upon skills that are learned in Intro. to Excel 2010.
Susan Henning
2 Saturdays, 9am-12noon
July 13 & 20
Indian Valley Campus, Bldg. 7, Rm 192
Fee $91 (Includes $10 special fee)
CRN# 65113

2010 EXCEL EXPERT!
Become an Excel expert! Topics include: importing data, creating a database query, data validation, pivot tables, using the ‘What If,’ data analysis tools, nesting functions, using the LOOKUP function, Goal Seek and Solver tools, Macros, and how to work with the Scenario Manager.
This course builds upon techniques presented in the Intermediate Excel 2010.
Susan Henning
Saturday, 9am-4pm
July 27
Indian Valley Campus, Bldg. 7, Rm 192
Fee $91 (Includes $10 special fee)
CRN# 65114

INTRODUCTION TO IPHONE/IPOD TOUCH/IPAD APPS
Transform your iPhone, iPad or iPod into the true mobile computers these devices have become and access their full internet capability and mobile connectivity. During this class, we view applications from the Apps Store in many categories, including Books, Business, Education, Entertainment, Healthcare, Medical, Music, Photography, Sports, and Travel. We also look at iTunes U with free audio and video courses from colleges and universities around the world.
There will be plenty of time for Q&A. Bring your iPhone, iPad, or iPod Touch to class. You will receive a disc with links to iTunes Apps.
Recommended text: Pogue, David. iPhone: The Missing Manual: Covers iOS 6 software and iPhone 5 plus older models O’Reilly Media; Sixth edition (November 8, 2012).
Steve Salzman
3 Saturdays, 1-4pm
June 29-July 13
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 65115

INTRODUCTION TO DREAMWEAVER CS5.5
This course introduces the fundamentals of the leading software for creating and maintaining websites in one well-integrated package. The course is for anyone who wants to design visually compelling websites without having to hand-code their pages. Learn how to easily create links, rollovers, and image maps for site navigation. Dreamweaver’s powerful site management feature allows you to quickly access and manage all the pieces that make up your website.
Steve Salzman
3 Wednesdays, 7-10pm
June 19-July 3
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 65116

Take Computer Fundamentals if you are unfamiliar with the mouse, keyboard, and opening and saving files.
**INTERMEDIATE DREAMWEAVER CS5.5**

Take Dreamweaver to the next level by using the new CSS Layout objects, (Cascading Style Sheets). Build and script online forms for accurate collection of information. Build rollovers to control different (remote) image areas on your web page. Learn to use Dreamweaver’s new Spry Framework to create interface effects like popup menus and tabbed interfaces. Go more in-depth with site management and uploading/maintaining your website via the built-in FTP client.

This class builds upon skills that are learned in Intro. to Dreamweaver.


**Steve Salzman**

3 Wednesdays, 7–10pm
July 10–24
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 65117

**INTRODUCTION TO INDESIGN**

Learn the professional layout and design tool used by most graphic designers, magazine, book, and newspaper publishers, and ad agencies around the world. InDesign is tightly integrated with Adobe’s Photoshop, Illustrator, and Dreamweaver applications. Learn to set up master pages, create style sheets, import photos and graphics, and employ effects such as drop shadows and blending modes, gradient tones, and drawing — all in one program. By the end of the course, you will have created either a small brochure or ebook.


**Lynda Banks**

3 Thursdays, 6:30–9:30pm
July 18-Aug. 1
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 65119

**INTERMEDIATE INDESIGN**

In this class, we learn the book feature that makes managing long documents a breeze, explore many typographic refinements, create tables for both data and visuals, add animation and interactivity, and how to export documents to a PDF with customized presets and package files for the printer or as interactive files.

This course builds upon skills that are learned in Intro. to InDesign.


**Lynda Banks**

3 Thursdays, 6:30–9:30pm
July 18-Aug. 1
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 65119

**INTRODUCTION TO ILLUSTRATOR CS6**

In this course, you learn essential skills such as basic approaches to creating graphics and art for print and the internet, typography, the toolbox, graphic tools, Bezier curves, layers, effects such as distortions and drop shadows, color treatments, brushes, patterns, and type-on-a-path. Learn the appearances panel and how to manage multiple art boards.


**Lynda Banks**

2 Fridays, June 21 & 28
June 21, 9am-4pm
June 28, 9am-12noon
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 65120
INTERMEDIATE
ILLUSTRATOR CS6
We cover symbols and the use of symbol tools, customizing brushes and patterns, graphic styles, appearances, transparencies, clipping masks, live trace and live paint, blending modes, gradient mesh, 3-D, perspective, and other tools and techniques to create spectacular art.

This course builds upon skills that are learned in Intro to Illustrator.


Lynda Banks
2 Fridays, July 5 & 12
July 5, 9am-4pm
July 12, 9am-12noon
Indian Valley Campus, Bldg. 7, Rm 199
Fee $138 (Includes $19 special fee)
CRN# 65121

Take Computer Fundamentals if you are unfamiliar with the mouse, keyboard, and opening and saving files.

Contemporary
Sciences

NEW FIELD COURSE: NATURAL HISTORY OF ALASKA
A two-week field investigation of the Kenai Peninsula, interior and far north of Alaska. The area is biologically significant for its great abundance and diversity of mammal and bird life. We explore various ecosystems from coastal forests to arctic tundra. We discuss all aspects of science in Alaska, including, but not limited to, biology, geology, weather, sky phenomena, and ecology. Please note: participants should be in good physical condition and be able to withstand rigorous, intermittent unpleasant conditions. Travel is by van with the outdoors providing our overnight accommodations.

In addition to the course fee of $1106 which includes tuition and ground transportation, participants also pay for their own food, lodging (mostly camping), and other miscellaneous expenses. Participants are responsible for their own airfare to Alaska. Estimated total course cost, not including airfare: $1620.

Before enrolling, please e-mail instructor at joe.mueller@marin.edu.
Joe Mueller, a 2008 recipient of the Terwilliger Environmental Award, has taught Biology at College of Marin for 24 years. This will be his 17th Alaska trip.

2-week field trip to Alaska:
Monday, June 10 through Monday, June 24
Mandatory pre-trip meeting:
Sunday, June 2, 6:00-9pm,
Kentfield Campus
Science/Math/Nursing Center 108
Fee: $1106 (see above)
CRN# 65144

Mark Your Calendars
COMMUNITY ED PREVIEW DAYS

Kentfield Campus
Saturday, Aug 17, 9:30am–12noon
Cafeteria, Student Services Bldg

Indian Valley Campus
Saturday, Aug 10, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7
• Find out our new Gold Card Advantage Program
• Meet Comm Ed instructors
• Explore new Comm Ed classes
• Learn about Emeritus College
• Discover ESCOM clubs

Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
Cultural and Ethnic Studies

California Indian Studies Certificate Program

The California Indian Studies Certificate Program was developed by College of Marin in collaboration with the Miwok Archeological Preserve of Marin (MAPOM) and the Point Reyes National Seashore. Our goal is to promote understanding of the culture of California Native peoples, their skills and their environmental wisdom. You are welcome to enroll in just one or any number of the classes listed below. If you wish to obtain a Certificate of Completion, please see following Certificate Requirements.

The California Indian Studies Certificate Program started with a big kickoff at the Kule Loklo Big Time Festival in July 2012. Our first Certificate of Completion Award Ceremony is scheduled for Big Time on July 20, 2013. The next one will be in July, 2014. The required class, Overview of California Indian Culture and History, is scheduled three times each year with a different emphasis. Electives are offered once during each academic year. Classes are listed in the Community Education brochures which come out four times a year on the same day as the registration dates listed below. The year-long overview will be available on the MAPOM website (www.MAPOM.org).

Certificate Requirements

Complete the required Overview of California Indian Culture and History plus four electives to be eligible for a Certificate of Completion. This list of classes may be changed without prior notice.

Core Class (required)

- Overview of California Indian Culture and History

Electives may include but are not limited to the following (any four)

- California Basketweaving with Lucy and Julia Parker
- California Indian Baskets
- Indigenous Cultural Practices
- Introduction to Paleotechnology
- Introductory and Intermediate Flintknapping
- Petroglyphs and Introduction to Coast Miwok Cultural History
- Present State of Tribal Affairs
- Weaving a Pomo Style Coiled Willow and Sedge Basket
- Traditional Jewelry Making, Storytelling, Tule Crafts and Cultural Wisdom
- Traditional Acorn Preparation

Registration

Register with College of Marin. Go to www.marin.edu/CommunityEducation or see page 44 in this schedule for complete information. There is a registration form at the center of this schedule which can be mailed or faxed. Classes will fill; early registration is advised.

Registration start dates for future quarters follow: Fall Quarter 2013 — August 5; and Winter/Spring Quarter 2014 — January 2. These are the same dates that the Community Education schedule for each quarter becomes available. Put them on your calendars!

Introductory Core Class II:

CULTURAL HISTORY, PRESENT STATE OF TRIBAL AFFAIRS, AND CERTIFICATE OF COMPLETION CEREMONY

This final class in the series, and the first in the year to come, provides a view of present-day Indian cultures with a gaze into the future through a series of lectures by Native Californians. Speakers will focus on the traditions, practices and worldviews of contemporary indigenous people. At the close of this session, the College of Marin Certificate of Completion Ceremony will be held for those students who have completed the core and four of the elective classes.

Participants will have the opportunity to experience the Kule Loklo Big Time at the nearby recreated Miwok Village after the class.

Guest lecturers include:

- Eva Salazar (Kumeyaay)
- Bradley Marshall (Hupa)
- Vanessa Esquivido (Wintu) and Sherrie Smith-Ferri (Dry Creek Pomo/ Coast Miwok)

1 Saturday, July 20, 9:30am-12:30pm

The Red Barn, Point Reyes National Seashore, Marin County

Fee $50

CRN# 65035
**NEW TRADITIONAL ACORN PREPARATION**

For thousands of years California Indians relied on the noble acorn as a mainstay of nutritional sustenance. Lois Connor (North Fork Mono and Chuckchansi/Yokuts) provides participants with an opportunity to experience acorn preparation with traditional tools, methods and accompanying environmental wisdom. From pounding the nuts into fine flour, to leaching, to cooking and then enjoying the acorn mush, folks have a chance to immerse themselves in the lifeway that successfully sustained Native communities for all those years. Each student will take home a fire starting kit and a small bag of unleached acorn flour to practice the leaching at home.

Lois Connor sits on the Tribal Council of the North Fork Mono and has worked for decades to preserve the culture and values of her people. Often known as “The Acorn Lady,” Lois keeps the ancient indigenous tradition of acorn preparation alive and well. She’s been active in the California Indian Basketweavers Association (CIBA) since 1991.

1 Saturday, 9:00am-4:00pm and 1 Sunday, 9:00am-12:00noon
August 17 and 18
Kule Loklo, Point Reyes National Seashore, Marin County
Fee $147 (includes $40 materials fee)
CRN# 65124

**Upcoming Fall 2013 Classes**

Mark your calendars! Fall 2013 registration begins on Aug 5.

**FALL 2013 BEGINNING AND INTERMEDIATE FLINTKNAPPING**

Arrow, spear and drill points and knife blades of obsidian (volcanic glass) and chert have been made in California for thousands of years. In this class you will learn about styles of points and blades, and how they were made and used with Ken Peek and Tsim Schneider (Miwok/Pomo). You will also see numerous examples of stone tools and the different kinds of stone used to produce the points. Your own flintknapping kit will be provided and used to make obsidian points. Participants must be sixteen years or older.

Ken Peek and Tsim Schneider
October 19, 9am-4pm
Fee & CRN#: See Fall 2013 Class Schedule

**FALL 2013 JEWELRY MAKING, STORYTELLING, TULE CRAFTS AND CULTURAL WISDOM**

Wilai! Come! Explore the Coast Miwok culture with Sky Road Webb (Coast Miwok) and Alicia M. Retes (Mayo, Yaqui and Cherokee). These engaging storytellers and artisans introduce Miwok cultural arts with hands-on instruction. You’ll be making shell beads, abalone necklaces and tule crafts, as well as building a mini tule boat. You’ll learn Coast Miwok games, creation stories and a “Happy” song using clapper sticks. The class begins with a tour of Kule Loklo, the Miwok Village, and includes some time in the Round House to connect with the Spirit of the land. This is a class open to both adults and chaperoned children from eight to twelve years of age.

Sky Road Webb and Alicia M. Retes
November 2, 9am-4pm
Fee & CRN#: See Fall 2013 Class Schedule

**FALL 2013 BASKETWEAVING WITH JULIA AND LUCY PARKER**

In this class, with nationally renowned basket weavers Julia Parker (Coast Miwok/Pomo) and Lucy Parker (Coast Miwok/Pomo/Paiute), participants will focus on creating their own traditional California basket from materials gathered with reverence and thanksgiving. Lucy and Julia will offer instruction in the art and craft of creating a basket. But on a more informal level, they’ll share understanding of the wisdom and practices gathered from generations of California Indian cultural experience. Materials for the class will be provided.

Julia Parker and Lucy Parker
September 14-15, 10am-4pm
Fee & CRN# See Fall 2013 Class Schedule
Marin Chinese Cultural Association Educational Programs

College of Marin's department of Community Education, Lifelong Learning, and International Education is pleased to join with the Marin Chinese Cultural Association (MCCA) in presenting courses that promote awareness and understanding of Chinese American culture and history.

NEW FROM DYNASTY TO DEMOCRACY: HOW CHINATOWN CHANGED AMERICA AND THE WORLD

This dynamic, informative course explores 2000 years of Chinese and Chinese American history, culminating in San Francisco Chinatown's struggle for civil rights and cultural dignity. Within this complex journey, we look through the lens of Chinatown's story to gain a deeper understanding of changing notions of ethnicity, national identity, and human rights, and the role they played in the evolution of American democracy.

The class begins on the COM Kentfield campus with a 3-hour session of lecture, discussion, and question-and-answer; the following week, the class meets in San Francisco's Chinatown for a 3-hour guided field trip including Dim Sum tasting* and a walking tour.

Darin Ow-Wing has developed community-based educational programs for children, teens, and young adults in San Francisco for over 30 years, and is a recipient of the Daniel E. Koshland Civic Unity Award from the San Francisco Foundation and the Enola Maxwell Lifetime Service Award.

2 Saturdays, June 22 and 29
June 22, 9:00am-12:00noon:
Kentfield Campus
Science/Math/Nursing Center 229
June 29, 9:00am-12:00noon:
Tour in Chinatown, San Francisco
Fee $69 (including $22 Dim Sum tasting*)
CRN# 65137

*Vegetarian options available.

NEW TRADITIONAL CHINESE BRUSH PAINTING

Chinese painting is one of the oldest continuous artistic traditions in the world! Students will learn how to use a Chinese brush and ink to paint different animals, flowers, leaves, and bamboo. The connection of the brush and ink to the paper is both satisfying and challenging. Students create their own painting after the first class, and improve their painting skills and creativity throughout the session.

Alan Cheng S-Lun began studying Chinese brush painting over 40 years ago under Master Chow Yat-Fung. Mr. Cheng was named Fellow of the study of Chinese brush painting at the University of Hong Kong, and Commissioner of the Antiquities Advisory Board of Hong Kong. Recently, he has received civic awards in San Francisco for his effort in promoting Asian art and culture.

7 Mondays, 10:10–11:30am
June 17-July 29
Kentfield Campus, Portable Village 7
Fee $103 (including all materials)
CRN# 65138

ALSO OF INTEREST...

MARIN MANDARIN SUMMER CAMP

See page 38.

Mark Your Calendars

COMMUNITY ED PREVIEW DAYS

Kentfield Campus
Saturday, Aug 17, 9:30am–12noon
Cafeteria, Student Services Bldg

Indian Valley Campus
Saturday, Aug 10, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7

• Find out our new Gold Card Advantage Program
• Meet Comm Ed instructors
• Explore new Comm Ed classes
• Learn about Emeritus College
• Discover ESCOM clubs

Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
Dance

TRADITIONAL SAMBA AND CAPOEIRA WORKOUT
Enjoy an evening workout using a combination of Samba and Capoeira, two traditional Afro-Brazilian art forms, and Lambada, a partner dance from the Caribbean Islands. These movement styles blend music, dance, and exercise to promote health and well-being. The warmup consists of the ‘Tai Chi-like stretching exercises of Capoeira and then moves into the aerobic Samba circle dance. Classes are accompanied by traditional Brazilian instruments such as the surdo, the timbau, the berimbau (a gourd with one string), and pandeiros (tambourines).

Maestre Samuka was born and trained in Bahia, Brazil, and is the director of a Capoeira and Samba dance group. Samuka has dedicated his life to teaching the therapeutic combination of samba, Capoeira, and massage therapy.

6 Mondays, 7:10–8:30pm
June 17-July 22
Kentfield Campus
Physical Education Center 22
Fee $74
CRN# 65100

NEW THE DANCES AND LEGACY OF ISADORA DUNCAN
“To awaken human emotion is the highest level of art.” –Isadora Duncan

Legendary dancer Isadora Duncan defied the traditions of dance and of society, and her influence is still felt today. Born in 1877 in San Francisco, she was influenced by the natural beauty of California, ancient Greek art, and classical music. Considered “the mother of modern dance,” and a powerful symbol of women’s emancipation and supporter of human rights, Isadora created a revolution in dance and art, using the natural body to express the deepest human emotions.

Lois Flood interprets the original choreography of Isadora Duncan’s legacy in this culturally enriching and entertaining program, presenting a variety of dances using music by Brahms, Tchaikovsky, Schubert and Chopin. A brief narrative of Isadora’s life and many contributions is included. The program concludes with a question-and-answer session and an informal exhibit of Flood’s collection of art and books on Isadora. Flood studied ballet in New York City, and has spent many years teaching dance to all ages. She is the founder and director of Diablo Dance Theatre in Danville.

1 Saturday, July 27, 2:00–4pm
Kentfield Campus
Physical Education Center 22
Fee $29
CRN# 65127 EC

Drama/Stage and Screen

VOICE OVERS: THE BIG PICTURE
This is a chance to have time on the mic with a critique from Terry McGovern, as well as learn everything you’ve ever wanted to know about the business and marketing side of being a successful voice over actor. This experiential and informational workshop includes a guest speaker from the industry. Scripts provided! There will be a one-hour lunch break.

Terry McGovern, the voice of Launchpad McQuack from Ducktales and Darkwing Duck fame, the voice of “These are not the droids you’re looking for.” from Star Wars, the voice of Sega NFL, will share with you his knowledge of the Voice Over business.

2 Saturdays, 10am–5pm
June 22 & 29
Kentfield Campus
Science/Math/Nursing Center 224
Fee $99 (Includes $2 materials fee)
CRN# 65102
Film Appreciation

**FILM APPRECIATION WHO? WHAT? WHEN? WHERE?: FILMS OF MYSTERY AND INTRIGUE**

Who, what, when, and where are the classic four questions of every good reporter and every mystery. Add to that “Who knew what and when did they know it?” and we have the makings of every story of intrigue, whether real or fictionalized. Perfect for summer: A series of hot mysteries played out in a cool, dark room. Three of the films for this session will be: The Lives of Others (Germany 2006) The Constant Gardener (U.K. 2005) and No Way Out (U.S.A. 1987)

**Suresa Dundes**, MFA (Theatre), MA (Education), has worked as a literary manager, director and designer in films, video and theatre. Experienced in teaching acting, voice, film appreciation and art direction, she writes fiction, screenplays and creative nonfiction.

5 Thursdays, 2:10–5pm  
June 20–July 25 (No class July 4)  
Kentfield Campus  
Austin Science Center 101  
Fee $66 (Includes $1 special fee)  
CRN# 65036 EC

**NEW CINEMA & PSYCHE: TALES OF THE ELDER**

“One white hair does not make an elder,” goes the old African proverb. What makes an elder? What initiates us into the authentic vocation of eldership? What value does eldership bring to the final stage of our becoming? What gifts does the elder offer? This film series will elucidate ways of thinking, feeling, imagining, and acting that differentiate becoming an elder from simply being older. Using cinema as a medium for inspiration and reflection, we’ll view and discuss six outstanding films rooted in essential themes of eldership. Drawing from archetypal and developmental psychology, myth, and cross-cultural wisdom, we’ll explore themes of initiation, generativity, and integrity; pilgrimage rites; breakdowns and breakthroughs; willing sacrifice; and more. Films will include The Straight Story, Harold and Maude, Wild Strawberries, and other gems.

**Terry Ebinger**, MS, brings twenty-five years as a depth psychological educator, dream consultant, and group leader to unique programs bridging film studies, archetypal psychology, and cultural anthropology.

6 Mondays, 2:10–5pm  
June 24–July 29  
Kentfield Campus  
Austin Science Center 101  
Fee $83  
CRN# 65135 EC

**Financial Planning**

**HOW TO ASK FOR MONEY: FUNDRAISING 101**

Most people are afraid to ask for money even though these gifts are for a cause they deeply care about. “I’ll do anything but ask for money” is frequently heard among most non-profits and other organizations. This one-day workshop, How to Ask for Money: Fundraising 101, removes the mystique and examines the fear of why we are afraid to ask for money.

In addition, the class helps identify, cultivate, solicit and steward potential contributors regardless of the organization.

**Janet Benjamin**  
1 Saturday, July 20, 10am–4pm  
Kentfield Campus  
Science/Math/Nursing Center 229  
Fee $59  
CRN# 65080
WISE UP: FINANCIAL EDUCATION FOR WOMEN

This course is a financial education program for women. The course helps women gain the knowledge, skills, and confidence they need to move their financial lives forward. Each week students go through basic information on each module, discuss case studies, and leave with action plans to begin their own planning. Modules cover topics such as financial math, credit, savings, insurance, risk management, investing, and achieving financial security.

The Wi$e Up Program came about as a result of focus group discussions held by the Women’s Bureau of the U.S. Department of Labor with women from across the United States.

Helen Abe has more than 20 years of experience helping women with retirement and financial planning. Helen is a Certified Investment Management Analyst, a Chartered Retirement Planning Counselor, and a Certified Wealth Strategist.

4 Wednesdays, 6:30-8:30pm
June 19-July 17 (No class on July 3)
Kentfield Campus
Learning Resource Center 53
Fee $73 (Includes $8 materials fee)
CRN# 65037

FOODS/WINE/ARTISAN CHEESEMAKING

Foods/Wine/Artisan Cheesemaking Program

The Artisan Cheesemaking Program at Indian Valley Campus is offered in the fall, winter, and spring quarters. The program trains beginning cheesemakers in the art and science of making artisan cheese. Through lectures and hands-on workshops with experienced cheese professionals, students gain the knowledge and skills needed to identify, evaluate, and produce artisan cheese. Students who complete six required courses may earn the Artisan Cheesemaking Certificate in Dairy Arts.

The program has been developed in collaboration with the California Artisan Cheese Guild and UC Cooperative Extension.

Please look for classes in the Fall I or II, Winter, or Spring quarters, or visit www.marin.edu/CommunityEducation for more information.

NEW BASICs OF BANKING

Is this your first time handling money? Are you ready to become financially independent? Do you want to save money? This course teaches the basics of handling money, understanding how banks process transactions, and ways to avoid paying bank fees and hidden fees. You will learn how to balance your bank statement, how to write checks and verify the accuracy of bank statements. You will become knowledgeable about bank products and how to create positive relationships with financial institutions.

Kim Ngo has an MBA in Finance from Golden Gate University. She is currently a bank manager with over ten years’ experience in the financial industry.

1 Saturday, July 13, 9:00am-12noon
Kentfield Campus
Science/Math/Nursing Center 229
Fee $55 (includes $5 materials fee)
CRN# 65131

NEW AT IVC GREAT SUMMER WHITE WINES

On our warm summer evenings, nothing beats a refreshing crisp white wine. But if that Chardonnay is big and oaky, what to choose? This class explores some wonderful white wine varietals to have during summer, and the regions where they come from. Please bring 2 or 3 wine glasses with you for class.

David Sandri is a wine industry professional, wine judge around the country, internationally published wine writer, and a Certified Specialist of Wine through the Society of Wine Educators.

1 Thursday, June 20, 6:40-9pm
Indian Valley Campus, Bldg. 3, Rm 152
Fee $55 (includes $7 materials fee)
CRN# 65038

www.marin.edu/CommunityEducation 21
Classes start Monday, June 17. Register early.

**NEW AT IVC** RED WINES OF THE MEDITERRANEAN

Some of the most exciting red wines in the world are coming out of the Mediterranean countries, including Spain and Italy. Join us as we discover the land, the history, and of course, the wines of this sun-soaked region of the world. Please bring 2 or 3 wine glasses with you for class.

David Sandri  
1 Thursday, June 27, 6:40-9pm  
Indian Valley Campus, Bldg. 3, Rm 152  
Fee $55 (includes $7 materials fee)  
CRN# 65039

**NEW AT IVC** PORT: A WINE LIKE NO OTHER

The wines from Oporto have been enjoyed by nobility, merchants and workers alike. Come with us as we explore the region and the amazing wines and the intriguing history of this storied wine region of the world. Please bring 2 or 3 wine glasses with you for class.

David Sandri  
1 Thursday, July 11, 6:40-9pm  
Indian Valley Campus, Bldg. 3, Rm 152  
Fee $57 (includes $9 materials fee)  
CRN# 65041

**NEW AT IVC** FOOD AND WINE PAIRING - MATCHING WHAT YOU WANT TO EAT WITH WHAT TO DRINK

Does white wine only go with light foods? Does red wine only go with beef? Come join us as we look at matching wine and food, and give you some ideas on how to enjoy each even more! Please bring 2 or 3 wine glasses with you for class.

David Sandri  
1 Thursday, July 18, 6:40-9pm  
Indian Valley Campus, Bldg. 3, Rm 152  
Fee $57 (includes $9 materials fee)  
CRN# 65042

**Health Education**

**NEW** INTRODUCTION TO MINDFULNESS-BASED STRESS REDUCTION

Mindfulness is a way to live in harmony, responding with choice rather than reacting to life. Mindfulness is the guiding light that dwells within us. Mindfulness-Based Stress Reduction utilizes natural and proven methods for increasing awareness to relieve stress and manage pain more effectively. Research over the last twenty years with thousands of participants shows that the majority of the participants report Mindfulness-Based Stress Reduction, a program accredited by the Center for Mindfulness at the University of Massachusetts School of Medicine, as a valuable tool for improved overall quality of life, and for the support of self-healing. In this class, we explore stress and the role of mindfulness, awareness of the breath, meditation techniques, gentle movement, and mindfulness applied in daily life.

Janet Copeland has been a health educator for 20 years.

2 Saturdays, 9:00am-1pm  
July 13 and 20  
Kentfield Campus  
Physical Education Center 22  
Fee $96  
CRN# 65136
Health Sciences

TITLE 22: FIRST AID FOR PUBLIC SAFETY PERSONNEL (FAFPSP)

This class is a Department of Transportation (DOT) approved Advanced First Aid course. Designed for public safety personnel, it serves as the prerequisite for COM’s EMT-1 course, Fire Tech 112; for information, go to www.marin.edu/firetech. It also serves as a bridge between basic and more advanced training. The Advanced First Aid course (Satisfying California Title 22) is perfect for lay responders, first responders, and is a good refresher course for professional rescuers.

This course is set up to provide advanced first aid training as well as CPR for the Professional Rescuer (CPR-Pro). Participants who do not already have this certification (CPR-Pro) will pay an additional $25. Use appropriate course number below when registering.

A text is not required for successful completion of this class.

Alexander Bolias
Saturday and Sunday, 8am-5pm
August 3 & 4
Indian Valley Campus, Bldg 27, Rm 112
For those with valid CPR-Pro Certification Fee $130 (Includes $30 materials fee) CRN# 65129

For those without current, valid CPR-Pro Certification Fee $150 (Includes $50 materials fee) CRN# 65130

High School

WRITING PERSONAL ESSAYS FOR YOUR COLLEGE APPLICATIONS THAT WILL GET YOU NOTICED

College admissions officers read thousands of essays each year, so how do you make them take notice of yours? It’s not by using every vocabulary word you learned for the SAT Exam, but by presenting an essay that showcases your own unique story, told in your own voice. This course helps students create a dynamic essay that they can adapt to the specific needs of different applications, as well as hone your skills in editing and developing writing topics.

Suresa Dundes (MA Education, MFA Theatre) has been teaching writing to college and high school students for many years. She is a partner in a private college counseling service, where she specializes in working with students developing college entrance essays. She writes fiction, screenplays, and creative nonfiction.

3 Thursdays, 10:10-11:30am June 20-July 11 (No class July 4) Kentfield Campus
Austin Science Center 176
Fee $48 (Includes $1 materials fee) CRN# 65043
History

NEW PACIFIC WAR HISTORY

Featuring lectures, personal histories, and films on the Pacific War, 1931-1945 (World War II), this course is an introduction to one of the most significant world history periods of the twentieth century. Because Pacific War history is largely unknown in the U.S., and because the Pacific War has had such a profound impact on U.S. history, this course aims to present a vital addition to general knowledge for educated citizens.

Jean Bee Chan, Ph.D., has been teaching at Sonoma State University for 40 years. She is a Pacific War survivor and the co-founder of the Asian American Alliance of Marin. Dr. Chan was inducted to the Marin Women’s Hall of Fame in 1998. Peter Stanek, Ph.D., has devoted many years to study the Pacific War. He now serves as President of the Global Alliance for Preserving the History of WWII in Asia. They have made several trips to China and also a trip to Japan to study this subject more closely, collect background information, and interview Pacific War survivors.

4 Tuesdays, 10:10am-12noon
July 9-30
Kentfield Campus
Temporary Building (TB) 101
Fee $47
CRN# 65132 EC

Home and Garden

HOW TO REPLACE YOUR LAWN

If maintaining your lawn has gotten to be too much—too much time, too much mowing, too much water, fertilizer, pesticides, and herbicides, or just plain too much bother—then you’ll want to take this class.

Learn to use alternative grasses and grass-like plants to create beautiful ‘lawns’ that are low care and water-conserving. In this one-day class, you will be guided, step-by-step, through the entire lawn-replacement process: from initial considerations of cost and difficulty, through selecting the right plants for your site, to soil preparation and planting, and finally, to the required maintenance.

Bob Hornback is an instructor of horticulture and botany, who is also a popular garden writer and speaker. He operates a company that specializes in plant brokerage, consultation, and design with ornamental grasses.

1 Saturday, July 27, 9:10am–12noon
Kentfield Campus
Austin Science Center 176
Fee $48
CRN# 65101

Mark Your Calendars

COMMUNITY ED PREVIEW DAYS

Kentfield Campus
Saturday, Aug 17, 9:30am–12noon
Cafeteria, Student Services Bldg

Indian Valley Campus
Saturday, Aug 10, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7
• Find out our new Gold Card Advantage Program
• Meet Comm Ed instructors
• Explore new Comm Ed classes
• Learn about Emeritus College
• Discover ESCOM clubs

Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
SUCCESSFULLY LANDSCAPING YOUR MARIN HOME
Join us for a dynamic and interactive design course, going beyond the textbook to walk you through the process of creating your own landscape master plan. One random student will have their garden chosen to demonstrate design principles on our field trip. Bring a list of questions and goals as well as photos of your garden. Students are responsible for their transportation.

Recommended text: Successfully Landscaping Your Marin Home. Dane Rose. ISBN: 9781466426481 (approx. $20)

Dane Rose has been a landscape professional since 1991. He authored Successfully Landscaping Your Marin Home, a comprehensive and invaluable guide for homeowners who would like to design and install their own landscapes. The text is covered by the materials fee and will be distributed in class.

1 Saturday, July 13, 12:40–5pm
Kentfield Campus
Austin Science Center 176
Plus field trip to a local garden:
Saturday, July 20, 1-5:30pm
Fee $139 (Includes $20 materials fee)
CRN# 65122

NEW NATURAL FLORAL DESIGN: HOW TO MAKE STOREBOUGHT BOUQUETS LOOK GREAT
Buying bouquets at the grocery store or supermarket is how most of us bring flowers into our homes. It’s so easy; take the wrapper off and plunk it in water. But how to make them look better? In this beginning floral design class, we make a simple arrangement in a medium glass Ball jar in honor of casual summer fun, using storebought bouquets, supplemented with wild, foraged plant material from your yard or the great outdoors. You’ll learn how to assess the freshness of flowers, where they come from, local vs. imported, how to prepare them and compose them, and tips for making them last longer.

Please bring one bunch of mixed flowers (that includes 5 or more varieties of flowers) from a grocery store, supermarket, or farmers market, and a pair of pruning shears or sturdy kitchen scissors that will cut stems. Feel free to bring additional flowers or other plant materials from your yard or garden. The instructor will provide Ball jars and newspaper to bring your arrangement home.

MaryAnn Nardo is an organic gardener and freelance floral designer for weddings and large events. Her philosophy is that any plant material is worthy for inclusion in an arrangement, whether storebought flowers or garden-grown, or even humble “weeds” or branches considerably foraged from the roadside!

1 Saturday, June 22, 10:00am-12:00noon
Kentfield Campus, Student Services Bldg, Deedy Staff Lounge
Fee: $58 (includes $5 materials fee) (Revised)
CRN# 65128

Languages

NEW LATIN: AN INTRODUCTION
This course is designed to stimulate interest in and provide an introduction to the language of the ancient Romans, whose civilization has left a lasting mark on many of today’s modern languages and cultures. Latin study provides a foundation for all Romance languages, expands English vocabulary through recognition of Latin roots, develops an understanding for (and appreciation of) grammar, and exposes one to the ideas and mythology of the ancient Roman culture. The class emphasizes language development; however, authentic Latin texts provide cultural insights and promote discussions. Motivated students should expect to spend several hours weekly independently outside of class.

Christy Stocker earned a B.A. degree in Classics from the University of Washington, and a M.Ed. degree in Education Administration from Seattle University. She taught Latin through the Advanced Placement level along with other courses related to classics and art in the Seattle area for 10 years. She is principal of Nicasio School where she also teaches middle school English.

4 Wednesdays, 6:10-8:00pm
June 19 & 26; and July 10 & 17
Kentfield Campus
Science/Math/Nursing Center 229
Fee $86 (includes $2 materials fee)
CRN# 65145
Classes start Monday, June 17. Register early.

The short story is a compressed psychological event. The writer drops us into a situation and carries us swiftly toward a pivotal moment that changes all that follows. Authors such as Nikolai Gogol, Gustav Flaubert, Yukio Mishima, Doris Lessing, and John Cheever have reached some of their highest achievements in this form. In our reading and discussion we consider why the modern short story is regarded as the most artistic of all narrative modes and why stories that are so brief have such a strong emotional impact.


Margo Fields, MA, MFT, is a psychologist and teacher of comparative literature. Her poetry and fiction have appeared in national magazines and literary journals.

5 Thursdays, 10:10am-12:30pm
June 20-July 26 (No class July 4)
Kentfield Campus
Austin Science Center 185
Fee $81
CRN# 65044 EC

The biographies are back! Explore the lives and times of six individuals who left eternal marks on the world:

- **PRINCESS HENRIETTA OF ENGLAND** (1644-1670) - The beautiful and intelligent sister of King Charles II who became ambassador of Louis XIV/The Sun King negotiating treaties between France and England.

- **LORD GEORGE BYRON** (1788-1824) - English poet and leading figure in the Romantic Movement.

- **VICTOR HUGO** (1802-1885) - Famous novelist, poet, dramatist and politician, considered the head of the Romantic Movement in France.

- **QUEEN VICTORIA** (1819-1901) - Queen of Great Britain and Empress of India, reigned for 64 years. She oversaw huge changes in British society and gave her name to an age.

- **ARTURO TOSCANINI** (1867-1957) - Italian conductor, one of the most acclaimed musicians of the late XIX century and XX century.

- **CHARLES DE GAULLE** (1890-1970) - French general and statesman who led Free France during WWII, and later founded the French 5th Republic.

Erika Harkins, MA, received her degrees in French Literature at the University of Paris and in Bucharest.

6 Thursdays, 2:10–4pm
June 20-Aug. 1 (No class July 4)
Kentfield Campus
Science/Math/Nursing Center 229
Fee $64 (Includes $1 materials fee)
CRN# 65045 EC

**ALSO OF INTEREST ...**

**THE DANCES AND LEGACY OF ISADOR DUNCAN**

See page 19.
**Marin Adventures**

Marin Adventures courses are conducted in the field; students provide their own transportation. There may be incidental entrance fees to parks. Wear comfortable shoes and dress for weather; bring drinking water and snacks — and your binoculars! Come prepared for fun!

**Itineraries:** If you register at least eight working days prior to the first class meeting, the Class Itinerary, which includes directions to sites, will be automatically mailed to you. Otherwise, call 415.485.9305 and press 4 when you hear the automated voice. Leave a detailed request, including the class title for which you are registered for and your name and mailing address.

**FLY FISHING 101**

Join the 10% of flyfishers who catch 90% of the fish! In this class about catch-and-release fly fishing, you learn the basics: use of equipment, rigging and casting with dry flies or nymphs, and how to “read the waters” to find fish and select the appropriate flies and strategies. Learn the magic of the 3 P’s: Preparation, Position, and Presentation on moving or still water.

The class includes Saturday field trips to local waters such as Lake Lagunitas and Putah Creek.

Class is limited to 14 students. Gear will be provided to those who need it, and equipment will be discussed in class. A supply list will be distributed.

Larry Lack, MA, with 37 years of experience teaching science, is a licensed Fly Fishing Guide for California, specializing in teaching beginners. His manual, From Start to Fish, will be distributed in class along with other handouts.

4 Thursdays, 7-10-9pm  
June 27-July 25 (No class July 4)  
**Kentfield Campus**  
Physical Education Center 91  
Plus Casting Practice:  
Saturday, June 29, 9-11am  
**Kentfield Campus**  
Physical Education Center 22  
Plus 2 Saturday field trips:  
July 20 & 27, 8am-12pm  
Fee $194 (Includes $6 materials fee)  
CRN# 65046

**BIRD-WATCHING IN MARIN: A FIELD EXPLORATION**

Learn to recognize local birds by sight or sound! This class is a field exploration of birds and birding localities of Marin County. The first class meets in the classroom for a slide show and lecture, featuring local seasonal birds, to be followed by a bird-watching walk. All other classes meet at field sites. Be sure to bring binoculars to the first day of class.

An itinerary and directions to field sites will be distributed at the first class meeting. Students are responsible for their own transportation.

Lisa Hug, MEd, is an experienced birder in Marin and Sonoma Counties who co-leads pelagic trips and teaches seminars at the Point Reyes National Seashore. Careful! Her passion for birds is contagious!

**Orientation:** Tuesday, 9:10am–1pm  
June 18  
**Kentfield Campus**  
Learning Resources Center 53  
Plus 4 field trips:  
Tuesdays, 8:30am–12:30pm  
June 25-July 23  
Fee $103  
**CRN# 65047**

**MEANDERING IN MARIN**

If you enjoy getting exercise, socializing with a congenial group, and learning about birds, flowers, butterflies, and mushrooms, come join the Meanderers. Hikes are four to five miles with an elevation gain of under 1,000 feet, and we stop to enjoy lunch. Come prepared to enjoy yourself, rain or shine. Please see **Itineraries** above.

Wendy Dreskin, one of the most informative and enjoyable naturalists in the county, leads the always popular Meandering in Marin. Wendy is a recipient of the Terwilliger Environmental Award.

6 Mondays, 9:45am–1:45pm  
June 17-July 22  
Fee $103  
**CRN# 65048**
MuSciC

CHIKING
MARIN TRAILS
(formerly BEGINNING HIKING)
Curious about the many trails to hike in Marin, but don’t know where to start?
Explore some of the many open spaces in our county on these four- to six-mile hikes.
Along the way, we discuss plants, birds, insects, and whatever else may catch our eyes. Please note: This is not a beginning course. Participants must be in good physical condition and capable of hiking, without undue fatigue, at a 30-minute mile pace on uneven terrain with about 1000 feet of elevation gain.
   Please see Itineraries above. Please, dogs are not invited to this class. Please bring water and a bag lunch and arrive promptly at 10:00am.
   Sharon Barnett is a thoughtful and enthusiastic trail guide and dynamic naturalist. Sharon was the winner of the 2011 Teruwilliger Environmental Award. She teaches science at Marin Country Day School and leads natural history outings for Point Reyes Field Institute and Marin Nature Adventures.
   3 Saturdays, 10am–2pm
   Last class, 10am–4pm
   June 22, July 13 & 20 (No class June 29 & July 6)
   Locations: See Itineraries Note above
   Fee $69
   CRN# 65049 EC

EASY SUMMER EVENING HIKES
Enjoy Marin’s gorgeous summer evenings and stunning sunsets in good company. Hikes will be around four miles. Along the way we discuss plants, birds, insects, and whatever else may catch our eyes.
Participants must be in good physical condition and capable of hiking, without undue fatigue, at a 30-minute mile pace on uneven terrain with about 1,000 feet of elevation gain.
   Please see Itineraries above. Please, dogs are not invited to this class.
   Sharon Barnett
   4 Tuesdays, 6-9pm
   July 2-23
   Locations: See Itineraries Note above
   Fee $63
   CRN# 65050 EC
   4 Wednesdays, 6-9pm
   July 3-24
   Locations: See Itineraries Note above
   Fee $63
   CRN# 65051 EC

NEW MUSICAL SNAPSHOTs:
AMERICAN MASTERS
This class explores the life and music of four of America’s greatest and most influential composers: Leonard Bernstein, Aaron Copland, George Gershwin and Duke Ellington. Join us as we watch, listen and learn about Bernstein’s On The Town, Candide and West Side Story; Copland’s Billy The Kid, Appalachian Spring and Rodeo; and Gershwin’s Rhapsody in Blue, An American in Paris, Porgy and Bess and selected Broadway shows. Ellington maintained his passion for finding the “right sound,” as is evidenced in Mood Indigo and the Black and Tan Fantasy, plus his ballet “The River.” Includes live, recorded music and video.
   Jerry Frohmader taught in the Music department at College of Marin for 15 years. He has produced music for television and film, and his musical compositions have been performed in cities, festivals and universities throughout the U.S. and Europe.
   4 Saturdays, 10:10am-12noon
   June 29–July 20
   Kentfield Campus, Performing Arts 188
   Fee $47
   CRN# 65133 EC

FIELD COURSe:
NATURAL
HISTORY OF ALASKA
See page 15.

Music

NEW MUSICAL SNAPSHOTs:
AMERICAN MASTERS
This class explores the life and music of four of America’s greatest and most influential composers: Leonard Bernstein, Aaron Copland, George Gershwin and Duke Ellington. Join us as we watch, listen and learn about Bernstein’s On The Town, Candide and West Side Story; Copland’s Billy The Kid, Appalachian Spring and Rodeo; and Gershwin’s Rhapsody in Blue, An American in Paris, Porgy and Bess and selected Broadway shows. Ellington maintained his passion for finding the “right sound,” as is evidenced in Mood Indigo and the Black and Tan Fantasy, plus his ballet “The River.” Includes live, recorded music and video.
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   June 29–July 20
   Kentfield Campus, Performing Arts 188
   Fee $47
   CRN# 65133 EC

Also of interest...

FiELD COURSe:
NATURAL
HISTORY OF ALASKA
See page 15.

Music

NEW MUSICAL SNAPSHOTs:
AMERICAN MASTERS
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   Jerry Frohmader taught in the Music department at College of Marin for 15 years. He has produced music for television and film, and his musical compositions have been performed in cities, festivals and universities throughout the U.S. and Europe.
   4 Saturdays, 10:10am-12noon
   June 29–July 20
   Kentfield Campus, Performing Arts 188
   Fee $47
   CRN# 65133 EC
NEW MUSICAL SNAPSHOTS: THE BIG BAND ERA SWINGS INTO THE FABULOUS FIFTIES

Ellington, Basie, Goodman, Miller and Dorsey, all part of The Big Band Era (1935-1946), brought about the “jitterbug” craze and made Swing big business. This class delves into the evolution of swing style, comparing the styles of these leaders with live and recorded music, and explores blues style as well. From zoot suits and saddle shoes to sock hops, malt shops and big tail fins, we discover how the swing era climaxed, kept swinging, but with the help of television developed into a multi-layered pop cultural style. Includes live, recorded music and video.

Jerry Frohmader
4 Tuesdays, 10:10am-12noon
June 18-July 9
Kentfield Campus, Performing Arts 188
Fee $47
CRN# 65134 EC

THE GOLDEN AGE OF SAN FRANCISCO ROCK: THE SUMMER OF LOVE

In the mid-to-late 1960s, the San Francisco Bay Area exploded with psychedelic rock that captured the imagination of the world, creating legendary music that endures and influences popular culture to this day. The roots and heyday of the San Francisco Sound is explored in depth via both common and rare audio recordings by greats like Jefferson Airplane, the Grateful Dead, Janis Joplin, and Santana. The course also details its roots in folk-rock; the integration of jazz, ethnic, blues, and avant-garde influences into psychedelic rock; and how San Francisco rock continued to evolve in the 1970s, into funk, punk, and beyond.

Richie Unterberger
7 Tuesdays, 7:10-9pm
June 18-July 30
Kentfield Campus
Learning Resources Center 53
Fee $92 (Includes $3 materials fee)
CRN# 65053

CHAMBER MUSIC WORKSHOP

Musicians! Join us for a weekend chamber music workshop to study works from the standard instrumental chamber music repertoire. Musicians are assigned music from different periods and styles, and for different instrumental combinations.

Participants are expected to be at an advanced or advanced intermediate level on their instrument, and to have prior experience playing chamber music. Enrollment is limited by instrument. Call 415.485.9460 for further information and to make an appointment for an audition.

Joanna Pinckney
Saturday, 8:45am-11pm
Sunday, 8:45am-5pm
June 1 & 2
Kentfield Campus, Performing Arts 72
Fee $25
CRN# 65061 (audition required prior to enrollment)

NEW AT IVC THE BEATLES: THE ROCK GROUP THAT CHANGED THE WORLD

An in-depth overview of the history of the Beatles, the most popular and influential rock group of all time. Using both common and rare recordings and video clips, the course traces their artistic evolution from the dawn of their career in the early 1960s through their breakup about a decade later. The Beatles were among the most important agents of social change of the twentieth century; the course also examines their massive effect on the popular music and culture of their era.

Richie Unterberger
7 Mondays, 7:10-9pm
June 17-July 29
Indian Valley Campus, Bldg. 15 Rm. 181
Fee $92 (Includes $3 materials fee)
CRN# 65054
A HISTORY OF FILM MUSIC: THE ART OF THE FILM SCORE
This course surveys the development of the film score for motion pictures, from its earliest inception and the first blockbusters, to the Golden Age of Hollywood film scores, up to the present day. In each class, a variety of selected film clips is shown to illustrate the importance of the film score and how it functions throughout its history to support the aesthetic and narrative elements, revealing hidden dimensions of the story. Learn about the musical styles of the great film composers, from Max Steiner’s groundbreaking 1939 score for King Kong, to Hans Zimmer’s music for Inception and more! No previous musical experience is necessary to enjoy this class.

Marcia Bauman, Ph.D. (Music Composition), has taught courses in film music history and appreciation at the San Francisco Academy of Art University, and currently teaches music composition at Sonoma State University.

6 Tuesdays, 2:10–4pm
June 18-July 25
Kentfield Campus
Learning Resources Center 53
Fee $65
CRN# 65055 EC

CONTEMPORARY VOCAL TECHNIQUE FOR JAZZ AND POP SINGERS
Singing is an extension of speaking! Learn how to use and maintain a healthy voice while singing with ease through the breaks in your range. This class covers vocal exercises that balance the registers, increase range and strengthen your voice. Workshop includes vocal exercises, breath control, relaxation, control of vibrato, ear training, vowel production, group and individual singing with application of technique to songs. A fun and supportive class for all levels. You’ll leave this workshop with valuable tools to help you sing effortlessly!

Daria, an acclaimed jazz/pop vocalist and recording artist, studied with jazz greats Bobby McFerrin and Mark Murphy. Her training includes healthy techniques of singing and all popular styles of music including Jazz, Brazilian, Blues, and Pop. She has performed and toured worldwide.

1 Saturday, June 29, 10am-1pm
Kentfield Campus, Performing Arts 177
Fee $50
CRN# 65056

PIANO CLASSES FOR BEGINNERS TO ADVANCED
Piano instruction in both classical and popular music (chords and melody) is offered in a relaxed, supportive, and friendly environment. You will have your own upright piano in the classroom.

Section A (Tuesdays, 7:40-9pm) for those with little or no knowledge of the piano.

Section B (Tuesdays, 6:10-7:30pm) assumes the student has knowledge of note reading and basic piano skills.

Section C (Thursdays, 7:40-9pm) is for students who can proficiently play and count, hands together, pieces of moderate difficulty.

Section D (Thursdays, 6:10-7:30pm) is for the more advanced student. Emphasis is on musical interpretation and expression.

Students will be required to buy music at an approximate cost of $25.
To sign up for Piano Class, use the course number below. If you are unsure of your placement, e-mail the instructor at marciaabau@aol.com. Early registration strongly recommended.

Marcia Bauman, PhD (Eastman) is an award-winning composer and pianist, and has taught at Stanford University and the Eastman School of Music.

Times as above
6 Tuesdays & 5 Thursdays
June 18-July 25 (No class July 4)
Kentfield Campus, Performing Arts 188
Fee $93
CRN# 65057

BEGINNING BLUES AND FOLK HARMONICA
Breathing is our foundation as we take simple folk and pop melodies and rhythms and invigorate them with easy but powerful techniques to make any song deeply expressive! We then dive into the blues and learn the many tricks and techniques to make the harmonica cry, laugh, moan and wail to get you jammin’. Both puckering and tongue blocking approaches are taught. No experience necessary! Students need a “C” major diatonic harmonica.

Dave Broida has 25 years of experience as a teacher, student, and performer. He loves to share music with all, especially those who don’t consider themselves musical. Questions about harmonicas? Call the instructor at 916.996.5222.

1 Thursday, July 18, 6:10-10pm
Kentfield Campus
Learning Resources Center 53
Fee $75 (includes $30 materials fee)
CRN# 65058
Parenting

FOSTER AND KINSHIP CARE EDUCATION PROGRAM
Patty Gala, Program Director

This program deals with all aspects of becoming a foster or adoptive parent. Special programs are designed for grandparents and other relatives caring for children. Ongoing seminars and support groups are offered to help in the day-to-day caring for these children. Professionals, foster parents, and guest speakers address topics identified by the Foster and Kinship Care Education Advisory Board. Call Patty Gala at 415.457.8811, ext. 8239, for further information. These courses are funded by a grant from the Chancellor’s Office, California Community Colleges.

INTRODUCTION TO FOSTER AND ADOPTIVE PARENTING

Especially for those new to foster and adoptive parenting, or those beginning the process. Couples and single parents will learn about the court process, behavioral issues, and emotional stresses for foster children and their new family; how to work with the agencies involved; the parent’s role in the child’s life; and the different ages and problems of the children. Offered in Spanish and English. For information, call Patty Gala at 415.457.8811, ext. 8239.

Photography

BASIC PHOTOGRAPHY

This course covers the basics: camera types, lenses, filters, depth of field, metering, exposure control, and tripods. We also discuss digital formats, the camera’s menus, and what all the various choices mean.

Two Saturdays we combine classroom and field sessions. A morning in the field will be followed by an afternoon class. Then, an afternoon class is followed by an evening field trip where you learn and practice techniques for long exposures and night photography. Students meet on site and are responsible for their own transportation.

Bring an adjustable camera to class each week. This class is beyond simple point and shoot cameras. Darkroom work will NOT be discussed.

Jed Manwaring’s most recent book is co-authored with Brenda Tharp and was released in August 2012 titled Extraordinary Everyday Photography: How to Awaken Your Vision to Create Stunning Images Wherever You Are.

4 Wednesdays, 7:10–10pm
June 19–July 10
Plus 2 Saturday field trip/class meetings:
Sat., June 29, field trip 8–11am, followed by classroom session 1-4pm;
Sat., July 6, classroom session 2-5pm, followed by field trip 7-10pm.
Indian Valley Campus, Bldg. 7, Rm 192
Fee $124 (Includes $2 materials fee)
CRN# 65059
NEW DIGITAL PHOTOGRAPHY FOR TRAVELERS

The course is for those who want to take better pictures while traveling. It is strongly recommended that you have a solid understanding of your camera’s basic features and functions. We cover buying the right camera for the right trip, utilizing more advanced camera settings, composing better images, using natural and artificial light, capturing people in candid situations, and why you need personal articles insurance.

Please bring your digital camera and its manual, a notepad, and pen to class. The second meeting is a field trip/camera walk to practice what we’ve learned. (Students are responsible for their own transportation.) During the third meeting, we view and discuss photographs taken on the field trip in the classroom. Text: Hank Miller’s Digital Photography for Travelers Notebook will be distributed in class.

Hank Miller is a professional photographer and freelance writer, and was awarded artist in residency with the Nantucket School of Art and Design (a division of RISD)

Saturday, June 29, 10am-1pm and Monday, July 1, 6:40-8:30pm
Kentfield Campus
Austin Science Center 130
Field trip: Sunday, June 30, 10am-1pm
A Taste of Rome Cafe,
1001 Bridgeway, Sausalito
Fee $81 (Includes $5 materials fee)
CRN# 65060

Physical Fitness

Note: Please check with your physician before you register for any physical fitness classes. If you have any questions about the level of difficulty of the class, please call 415.485.9305, press 4 to reach a staff person, and ask to leave a message for the instructor. Please see our REFUND POLICY on page 45.

RESTORE AND IMPROVE YOUR BALANCE

Learn how balance works, why your balance may be deteriorating, and how you can safely implement very simple exercises to train your balance. Improve your stability and prevent falls, regain your confidence and independence. We bring mindfulness back to your movements and correct bad habits. Simple progressive exercises stimulate the nervous system and many can be done while sitting. We also cover what to do if you fall.

Please bring water and any one or two pound weights you may already have to class. Handouts will be distributed in class.

Thomas Attardi, MA, NMT, has worked in health and healing rehabilitation since 1992.

6 Tuesdays & 5 Thursdays, 12:10-1pm
June 18-July 25 (No class July 4)
Kentfield Campus
Physical Education Center 22
Fee $61 (Includes $1 materials fee)
CRN# 65062 EC

6 Tuesdays & 5 Thursdays, 9:10-10am
June 18-July 25 (No class July 4)
Indian Valley Campus, Bldg. 20, Room 106
Fee $61 (Includes $1 materials fee)
CRN# 65063 EC

FOR REGISTRATION INFORMATION PLEASE SEE PAGE 44.
FUNCTIONAL FITNESS
Functional Fitness offers opportunities to enhance cardiovascular endurance, muscular strength, flexibility, balance, coordination, and overall sense of well-being, while participating in movement activities to music while sitting and/or standing in a supportive and friendly environment. The curriculum is designed for adults either beginning or returning to physical activity, those with physical limitations, or anyone who prefers a gentler, yet challenging, approach to exercise. No prior experience necessary.

Diana Scranton, MA (Education), is American Senior Fitness Association-certified and a Dance for Parkinson’s Disease and Zumba® Gold instructor.

6 Mondays & 6 Wednesdays, 10:10–11am
June 17–July 24
Kensfield Campus
Physical Education Center 22
Fee $63
CRN# 65064 EC

ENERGY WARM-UPS FOR THE ACTIVE OLDER ADULT
A gentle, yet effective stretching and strengthening class for active adults which uses non-strenuous movement to increase flexibility, mobility, and range of motion with special attention paid to improving balance. Classes include a few minutes of light weight training, important for increasing upper body strength, as well as breath and relaxation techniques which aid in reducing stress and increasing positive feelings of well being.

Erik Riswold
5 Tuesdays, 9:10–10am
June 18–July 16
Kensfield Campus
Physical Education Center 22
Fee $37
CRN# 65065 EC

TRANSFORMATIONAL FELDENKRAIS MOVEMENTS
Learn how The Feldenkrais Method™ can help you improve your functioning, balance, flexibility, coordination, posture, and sense of well-being. These lessons increase the capacity for easier and more effective movement in everyday activities.

Each class includes time for discussion. Handouts will be distributed. You must be able to lower and raise yourself from the floor independently.

Kay Peppone
5 Thursdays, 1:10–2pm
June 20–July 25 (No class July 4)
Kensfield Campus
Physical Education Center 22
Fee $38 (Includes $1 materials fee)
CRN# 65066 EC

6 Tuesdays, 1:10–2pm
June 18–July 23
Kensfield Campus
Physical Education Center 22
Fee $41 (Includes $1 materials fee)
CRN# 65067 EC

YOGA FOR EVERY BODY, YOGA FOR EVERY MIND
Practice Iyengar yoga postures with attention to the connection of mind, spirit, and breath. Increasing flexibility and strength restores the body’s freedom of movement and alignment. Physical and mental tensions are released, and energy is increased. People with special health and fitness needs are welcome. Be ready to explore the possibilities that yoga has to offer. Note: If you are new to yoga or registering for the Intermediate class for the first time, contact the instructor before registering at susyoga2@gmail.com or 415.388.1549.

Susy Stewart has studied yoga for 30 years including in India with the Iyengars and Integral yoga at the Sri Aurobindo Ashram. She is certified in Integrated Yoga Studies by the California Institute of Integral Studies.

5 Saturdays
June 29–July 27
Kensfield Campus
Physical Education Center 60

Beginner
10–11:30am
Fee $63
CRN# 65069

Intermediate
8–9:45am
Fee $74
CRN# 65070
YOGA AND MEDITATION
In this hatha yoga class, the regular practice of asanas builds to encompass a rich transition of seated, supine, prone, standing, twisted, inverted, and balancing postures — moving through all the body’s planes of motion and eventuating with a practice that flows and grows. We include some yoga nidra sessions which support deep and easy sleep.

Appropriate for new and returning students. Modifications are given to support beginners to advanced practitioners. Class is designed to gradually increase your strength and flexibility, allowing a deeper exploration of inward reflection, concentration, meditation, and relaxation, and an awakening of our energetic centers.

Please arrive with an empty stomach.
Please bring a yoga mat and water, also any yoga props, such as blanket, blocks, straps and/or bolster.

Poni Elston has been dedicated to fitness for 20 plus years, has studied and practiced yoga and Pilates for 18 years, and taught for 11 years.

6 Tuesdays & 5 Thursdays, 5:40–7pm
June 18-July 25 (No class July 4)
Indian Valley Campus, Bldg. 20, Rm 106
Fee $98
CRN# 65071

INTRODUCTION TO PILATES
This popular mind/body exercise conditioning program was developed by Joseph Pilates. We focus on deep breathing while strengthening the core muscles of the trunk of the body, allowing the limbs to move more freely and in proper alignment. Pilates tones muscles, creates self-body awareness, promotes focused movement, increases flexibility and control, and improves posture. Learning to move through Pilates training allows for better function and control of muscles for sports and is now practiced by many athletes, dancers, and office workers, not only to increase performance, but also to rehabilitate the body after injury.

Please bring your own mat to classes at the Indian Valley Campus. Be sure to arrive on time for warm ups to prevent injury.

MinJae Laws
6 Tuesdays, 10:10am–11am
June 18-July 23
Kentfield Campus
Physical Education Center 22
Fee $57
CRN# 65072

6 Tuesdays, 6:10–7pm
June 18-July 23
Kentfield Campus
Physical Education Center 22
Fee $57
CRN# 65073

CARDIO PILATES
A fun, fat-burning workout that develops cardio endurance, deep core strength, and flexibility. The class starts with a full body cardio workout using various equipment and props such as stretch bands, stability balls, and more. The second half of the class focuses on alignment, flexibility, and deep core strengthening with Pilates mat work.

Be sure to arrive on time for warm ups to prevent injury. Please wear supportive shoes to class.

MinJae Laws
6 Tuesdays, 11:10am-12noon
June 18-July 23
Kentfield Campus
Physical Education Center 22
Fee $57
CRN# 65074
WILD GOOSE QIGONG
Wild Goose Qigong is an ancient practice, 1700 years old. It is a non-strenuous discipline which generates health and balanced well-being. Throughout the year, we will learn a lovely set of 64 flowing movements that imitate the daily activities of the wild goose, a bird much venerated in China. Warm-up stretches, self-massage of acupressure points, and meditation are included in this daily routine of self-care.

Please dress appropriately in loose, comfortable clothing. Please have clean shoes to protect the floor.

Dove Harris Govrin, MS, BC-DTR, is a Certified Qigong Instructor.

3 Fridays, 10:40–12noon
July 12-26
Kentfield Campus
Physical Education Center 60
Fee $54
CRN# 65075 EC

JOY OF TAI CHI
The purpose of this tranquil class is to sample a series of gentle, health-giving exercises in a relaxed and playful environment. Tai Chi combines the flow of dance with stretching movements that tone and trim the body and improve circulation, balance, and vitality. The mind is focused and one experiences a general sense of well being as the chi, or life force, is strengthened. A sampling of Qigong exercises is included. The course is open to all ages.

Katherine Rolston
6 Mondays, 3:40–5pm
June 17-July 22
Kentfield Campus
Physical Education Center 22
Fee $55 (Includes $1 materials fee)
CRN# 65076 EC

6 Tuesdays, 10:45am–12:15pm
June 18-July 23
The Redwoods
40 Camino Alto, Mill Valley
Fee $55 (Includes $1 materials fee) (Revised)
CRN# 65077 EC

ZUMBA®
Move to the hypnotic Latin rhythms of salsa, calypso, reggae, merengue, and pop in easy-to-follow moves in an aerobic fitness program that will blow you away. Routines feature interval-training sessions in combination with fast/slow rhythms to tone and sculpt your body while burning fat.

Bring exercise clothes, athletic shoes/dance sneakers, towel, and water to class.

The class at IVC will be taught in both English and Spanish. Spanish speakers will be supported with translation while English speakers will have the opportunity to learn more Spanish as Zumba is a Latino roots dance form.

Tom Mayock is Zumba®-certified and has performed with ballet, jazz, and modern companies and taught professionally throughout the West and in Washington, DC.

6 Wednesdays, 7:10–8:30pm
May 29-July 3
Kentfield Campus
Physical Education Center 23
Fee $75 (Includes $1 materials fee)
CRN# 65103

ALSO OF INTEREST...

TRADITIONAL SAMBA AND CAPOEIRA WORKOUT
See page 19.
ZUMBA ® GOLD
Zumba® Gold is a fusion of international music, primarily Latin, and dance fitness that creates a dynamic, exciting, and effective total body workout specifically designed for active older adults or anyone beginning their journey to a fit and healthy lifestyle, and can be modified for individuals who use a chair. Unlike Zumba®, Zumba® Gold considers the anatomical and physiological needs of the older adult when developing choreography with a lower level of impact and intensity. However, like Zumba® it provides the same friendly dance party atmosphere. No dance experience is necessary. Please wear comfortable clothing and shoes, bring water, and come prepared to have fun!

Zumba® Gold I is a beginning class. Zumba® Gold II is an intermediate class for adults who have attended at least two sessions of Zumba® Gold I and are comfortable moving at a more challenging pace. Zumba® Gold Toning will be integrated into a small portion of the Zumba® Gold II class.

Diana Scranton, MA (Education), is American Senior Fitness Association-certified and is a Zumba®, Zumba® Gold, Zumba® Gold Toning and Dance for Parkinson’s Disease Instructor.

Zumba® Gold I:
6 Tuesdays & 5 Thursdays, 2:40–3:30pm
June 18-July 25 (No class July 4)
Kentfield Campus
Physical Education Center 60
Fee $58
CRN# 65146 EC

6 Mondays & 6 Wednesdays, 3:40–4:30pm
June 17-July 24
Indian Valley Campus, Bldg. 15, Rm 170
Fee $63
CRN# 65078 EC

Zumba® Gold II:
6 Tuesdays & 5 Thursdays, 3:40–4:30pm
June 18-July 25 (No class July 4)
Kentfield Campus
Physical Education Center 60
Fee $63
CRN# 65079 EC

WADO KI KAI KARATE
“At the end of a long day, it feels so good to move and stretch while learning something new!” —Christina

Wado Ki Kai means ‘to learn from all things.’ Originating in Japan, this school of karate includes Tai Kwan Do kicking and Shotokan hand techniques. The class is open to everyone interested in learning martial arts techniques; there are no prerequisites. Building self-confidence, integrity, humility, physical strength, coordination, agility, and a powerful sense of awareness are all attributes to this class. Karate attire is optional.

Hursey Baker holds a fourth degree black belt in Karate and has been teaching students of all ages for 20 years. Hursey is certified by the American Teachers Association of Martial Arts and the American Aerobics and Fitness Association, as a group exercise instructor.

6 Mondays & 6 Wednesdays, 6:40–8pm
June 17-July 24
Kentfield Campus
Physical Education Center 60
Fee $101
CRN# 65081

BOXING FOR FITNESS
Train in the art of boxing, and feel healthier and more alive! This fitness class is suitable for any reasonably active adult. It offers a workout that builds strength and endurance and helps you to lose weight. Using boxing skills and drills, you increase your muscular and cardio endurance and engage your core. Both the upper and lower body are toned and strengthened. Exercises are tailored to student’s level of fitness. One-on-one training and style development as time allows. This class does not include contact.

Edward Green, Executive Director of Marin Boxing Club, created the One Kid at a Time boxing program.

6 Tuesdays & 5 Thursdays, 6:40–8pm
June 18-July 25 (No class July 4)
Kentfield Campus
Physical Education Center 60
Fee $98
CRN# 65082
This evolutionary approach to the game eliminates the biggest impediment to peak performance — competition. Playing competitively before mastering the basic skills lowers performance, limits potential, undermines self-esteem, and diminishes enjoyment. Undo past limitations around learning and performance while having fun developing the skills necessary to playing well. Great workout — physically, mentally, and emotionally! The nurturing, supportive learning environment inspires you to be your best, on and off the court.

Skill levels must be appropriate for the class. For Intermediate 1 and 2 classes: Students not previously enrolled in a Joy of Tennis class must get permission from the instructor before enrolling. The instructor may be reached by phone at 415.717.5446 or by e-mail at effortlesstennis@comcast.net.

Brent Zeller has been playing tennis for 43 years, teaching the game for 37 years, and has an extensive background in psychology, philosophy, and learning theory.

**Kentfield Campus, Tennis Courts**

**Beginning**

8 Tuesdays, 9:40–11am  
June 18-Aug. 6  
Fee $158 (Includes $8 materials fee)  
CRN# 65083

**Intermediate 1 (revised)**

7 Thursdays, 9:40–11am  
June 20-Aug. 8 (No class July 4)  
Fee $158 (Includes $8 materials fee)  
CRN# 65084

**Intermediate 1 (revised)**

8 Tuesdays, 6:10-7:30pm  
June 18-Aug. 6  
Fee $158 (Includes $8 materials fee)  
CRN# 65086

**Intermediate 2 (revised)**

8 Wednesdays, 9:10-11am  
June 19-Aug. 7  
Fee $206 (Includes $8 materials fee)  
CRN# 65085

This beginner/intermediate class is designed for you to get stronger and more flexible along with improving your posture, balance, and response time. This comprehensive routine has been designed to improve overall functional fitness. Starting with mat work that includes core exercises, we progress to standing strengthening exercises, then focus on balance and agility movements. 15 minutes of luxurious stretching finishes off the routine. Students leave feeling energized, strong, flexible, and relaxed.

If you are new to exercise or getting back into a routine, recovering from an injury or just want to work out with a group, this class is for you! The instructor helps individualize your routine based on special needs and/or injuries.

Betsy Best-Martini, MS (Recreational Therapy), SFA certified, is a rehab therapist with over 25 years of experience working with adults and older adults.

7 Wednesdays & 7 Fridays, 7:30–9am  
June 19-July 26  
Kentfield Campus  
Physical Education Center 22  
Fee $94  
CRN# 65087 EC

**ADVANCED STRENGTH AND FITNESS TRAINING**

Improve your quality of life, prevent — or even reverse — typical trends of aging, and have fun along the way. For adults of all ages. This class provides sensible and safe exercises for improving your strength, cardio-respiratory endurance, flexibility, body composition, posture, and balance. The instructor, co-author of an internationally acclaimed fitness textbook, helps you with a personalized and independent fitness program to meet your individual needs and goals. This class is for advanced students; please contact the instructor at kjones@mycom.marin.edu before registering.

Kim Jones, MA (PE–Exercise Physiology), ACSM, SFA-certified  
Jim Owens, SFA-certified  
6 Tuesdays & 5 Thursdays, 7–8:45 a.m.  
June 18-July 25 (No class July 4)  
Kentfield Campus  
Physical Education Center 20  
Fee $87  
CRN# 65088 EC
AQUA EXERCISE FOR OLDER ADULTS
The purpose of this tranquil class is to experience gentle, health-providing exercises in a relaxing medium: the water. Active adults especially enjoy this kind of exercise because it releases all pressure from the skeletal system. At the same time it loosens painful joints and muscles, while improving flexibility, strength, endurance, and the whole cardiovascular system. Enjoy your body in movement, floating weightless while meeting others in a playful environment.

You must be able to get in and out of the pool on your own. No assistance is available.

Russell Robles
5 Mondays & 6 Wednesdays, 9:10–10:30am May 20–June 26
Indian Valley Campus, Bldg. 21 Pool
Fee $51
CRN# 65096 EC
6 Tuesdays & 6 Thursdays, 9:40–11am May 21–June 27
Kentfield Campus, Pool
Fee $56
CRN# 65097 EC
4 Mondays & 4 Wednesdays, 9:40–11am August 5–28
Kentfield Campus, Pool
Fee $38
CRN# 65098 EC
4 Tuesdays & 4 Thursdays, 9:10–10:30am August 6–29
Indian Valley Campus, Bldg. 21 Pool
Fee $38
CRN# 65099 EC

Summer Camps

Summer Sports Camps

NEW SOCCER, FLAG FOOTBALL, BASEBALL, CHEERLEADING, BEGINNING GOLF AND MULTI-SPORT
College of Marin Athletic Department and Community Education are proud to present Skyhawks summer sports camps for boys and girls 4 to 13 years old!

These new programs are designed to give each child a positive introduction to sports while fostering a lifelong love for an active, healthy lifestyle. Our goal is to offer a wide variety of fun, safe and positive recreational activities that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship.

• 5-Day sports camps
  Running from Jun 17 - Aug 16
  9am - 12pm
  Fee: $149 per week
• Two convenient locations
  Kentfield and Indian Valley Campuses
• FREE entry to Open Swim during your enrolled camp period
• 25% of proceeds go to support COM Athletics Programs
• Ball included with registration and participation in Skyhawks Soccer, Flag Football, and Multi-Sport camps.

“I was very impressed! My boys tire easily of the same activity—they were never bored with this camp. They loved it. The coaches gave great feedback—made me feel my kids were looked after and not just one of the many. We’re hooked on Skyhawks!” –Elizabeth H.

For more information/To register: Go to www.skyhawks.com, or call 415.485.9305.
**NEW YOUTH SPORTS CAMP**

College of Marin and Tamalpais Union High School District have joined forces to offer a series of youth sports camps. Join COM Head Basketball Coach **Dave Granucci** and COM Head Baseball Coach **Steve Berringer** for an active, fun-filled, and educational summer.

- **Who:** 8-13 year old boys and girls
- **Fee:** $150 per week
- **Where:** COM Kentfield Campus
- **When:**
  - Baseball Session 1: June 17-20
  - Baseball Session 2: June 24-27
  - Basketball Session 1: June 24-27
  - Basketball Session 2: July 8 -11

For more information/To register: Go to www.marinlearn.com, or call 415.485.9305.

**Marin Chinese Cultural Association Educational Programs**

**NEW THE MARIN MANDARIN SUMMER CAMP**

The Marin Mandarin Summer Camp program was developed by **Language Alive!** in collaboration with the College of Marin and and **Marin Chinese Cultural Association** to provide a healthy, active, and fun environment for learning Mandarin Chinese.

Instead of relying solely on memorization and drills, kids in the Marin Mandarin Summer Camp learn Mandarin through activities they enjoy. Your kids can learn Mandarin while having fun building bridges, pretending to be different animals, playing sports, acting in skits, making arts & crafts, and participating in Chinese cultural activities.

The camp includes a weekly **lion dance introduction**. Weeks 2 and 4 include field trips to China Camp.

- **Who:** Kids who have finished Kindergarten through kids who have finished 4th grade. Kids with no knowledge of Mandarin, as well as those with limited exposure to Mandarin, are welcome.
- **Where:** COM Kentfield Campus, Portable Village Room 3
- **When:** Monday, July 8 through Friday, August 2, 8:30am–3pm
- **Fees:** Each week-long session is $228; 10% discount for 4-week enrollment.
- **Class Size:** Adult to kid ratio not to exceed 1:12; enrollment limited to 20 kids per week.

**Swimming:** FREE entry to Open Swim during your enrolled camp period. Parent or guardian must be present.

**Curriculum:** For more information, go to www.langalive.com.

**To Register:** Go to www.marin.edu/communityeducation, or call 415.485.9305.

**Week 1: Bridge Super Bowl**
July 8-July 12
Fee $228
CRN# 65139
**Week 2: Eew...That’s Gross!**
July 15-July 19
Fee $228
CRN# 65140
**Week 3: Act It Out**
July 22-July 26
Fee $228
CRN# 65141
**Week 4: Playground Crew**
July 29-August 2
Fee $228
CRN# 65142

10% discount for 4-week enrollment
July 8-August 2
Fee $820 (a savings of $92!)
CRN# 65143

**ALSO OF INTEREST ...**

**TRADITIONAL CHINESE BRUSH PAINTING**

See page 18.

**FROM DYNASTY TO DEMOCRACY: HOW CHINATOWN CHANGED AMERICA AND THE WORLD**

See page 18.
Textiles

**T-SHIRT DESIGN**
Discover a variety of ingenious T-Shirt design techniques, including silkscreen printing, stamping, bleach out, and appliqué. Whether you’re a beginner or an experienced artist, this class guides you through the design process and the technical steps required to transform fabrics and create one of a kind T-shirts and hoodies. Have fun experimenting with different fabric printing techniques and color applications. We’ll explore the possibilities of recycling old clothes and embellishing new ones.

A supplies list will be distributed and discussed at the first class meeting. Supplies may cost up to $46. Bring your own old or new T-shirts and/or hoodies.

**Stephanie Jucker** is an exhibiting painter and fashion designer who has produced her own line of T-Shirts since 2005. With an MFA and degree in fashion design she also has 20 years of teaching experience.

6 Mondays, 7:10–9pm
June 17–July 22
Indian Valley Campus, Bldg. 3, Rm 152
Fee $84
CRN# 65090

Travel

**NEW PRESENT DAY CUBA AND HOW TO TRAVEL THERE LEGALLY**
This course begins with a review of the past 50 years of Cuba’s history, including Cuba’s current social structure, the Cuban Revolution that began in 1960, the Bay of Pigs and Missile Crisis, and other controversial landmarks. Cuba currently functions under a combination of communist, socialist, and capitalist principles; we examine current relaxations in the government’s policies, allowing for home businesses. Cuba has excelled in the performing and visual arts, as well as in medicine—we discuss how the government has helped Cuba achieve a few great things. Finally, we examine opportunities to legally travel in Cuba.

**Paul Bardwil** has developed and delivered international travel programs to enhance educational opportunities for hundreds of students, adults, and business professionals each year, mostly in Mexico, Cuba, Spain, China, and Japan.

1 Tuesday, July 16, 6:00pm-9pm
Kentfield Campus
Science/Math/Nursing Center 226
Fee $52 (includes $2 materials fee)
CRN# 65126
There are three rules for writing well. Unfortunately, no one knows what they are.

-Somerset Maugham

Not to worry. There are tried and true elements to the art of writing; this workshop will tell you what they are. Whether you’re just beginning or have been at it awhile, your work receives thoughtful critiques in a fun, supportive atmosphere. The class is open to writers of all ages and to all genres. Each class begins with a short piece by a notable author and a brief discussion. Helpful prompts are always available.

Thomas Centolella is a former Stegner Fellow in Creative Writing at Stanford University. Among his honors are an American Book Award, a California Book Award, and a Lannan Literary Fellowship. He is the author of three books, and his work has been featured on NPR and in many anthologies.

6 Mondays, 5:30–8:30pm
June 17-July 22
The Redwoods
40 Camino Alto, Mill Valley
Fee $83
CRN# 65091 EC

WRITE ON! WORKSHOP: CREATIVE WRITING THAT NURTURES WELL-BEING THROUGH SELF-EXPRESSION

We write to reveal ourselves to ourselves and to others. WRITE ON! creates a non-judgmental context where a person’s deeper truths are uncovered and may be shared. Sensing, stretching, and breathing bring us into the moment. This creative learning and training process rekindles self-esteem, bringing us the confidence to lead a more effective life. While the focus of the workshops is not on writing techniques, students find their writing improves in depth and resonance.

Among the topics discussed are personal history, fictional derivatives of that history, loss, health/aging, birth/rebirth, the nature of love, and transitions. Constructive criticism has its place, but not in this class; here only positive reflections are shared.

Published poet Robert-Harry Rovin developed and has led WRITE ON! for nine years.

6 Saturdays, 2:10-4pm
June 22-July 27
Kentfield Campus
Austin Science Center 130
Fee $65
CRN# 65092 EC

THE POETIC PILGRIMAGE: WRITING POETRY AS SPIRITUAL PRACTICE

As we rush through our days, the urge to root ourselves in something deep and sustaining intensifies. The writing of poetry not only serves this urge, but has many similarities to traditional spiritual paths: focus on presence, development of compassion and detachment, sincere truth-telling, surrender to something beyond ourselves. In this intensive class we use poems and sutras from various traditions to lead us into such topics as: The Inner Ear, Luminosity, Rhythm (& Blues), and The Art of Being Surprised by Our Own Poems. And we read and write poems to our hearts’ content...every day of the week.

Prartho Sereno’s publications include Call from Paris, which won the 2007 Washington Prize in The Word Works’ national poetry competition. She is also author/illustrator of the poetry collection, Causing a Stir: The Secret Lives and Loves of Kitchen Utensils, bronze medalist in the 2008 national Independent Publisher’s Awards.

Monday-Thursday, 10:10am–1pm
June 17-20
Kentfield Campus
Austin Science Center 190
Fee $65
CRN# 65093 EC
Classes start Monday, June 17. Register early.

Emeritus College

Emeritus College is a unique program designed to meet the needs of the County's lifelong learners who already have their degrees and/or are retired or considering retirement. Emeritus College classes and the Emeritus Students College of Marin (ESCOM) actively support the principles of quality of life, lifelong learning, and creative retirement.

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  The Lives of Famous People ....................26

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  Meandering in Marin .........................27
  Hiking Marin Trails............................28
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  Aqua Exercise for Older Adults ..........38

Writing
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  The Poetic Pilgrimage: Writing Poetry as Spiritual Practice .....................41
  WRITE ON! Workshop: Creative Writing .41

JOIN EMERITUS For the Joy of it.

Emeritus Students Activities Application

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☐ Female  ☐ Male  ☐ 55 or Over  ☐ Under 55

PLEASE CHECK THE APPROPRIATE BOX

☐ New  ☐ Renew

SIGNED

You may personally apply at EMERITUS CENTER, COLLEGE OF MARIN, Kentfield, CA 94904, Monday–Friday, 9:30am–3:30pm, or mail this application enclosing a $15 check or money order and self-addressed, stamped envelope to the above address. Checks should be made out to ESCOM.

JoIN EMERITUS For the Joy of it. Emeritus Students Activities Application

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Elements of Creative Writing ..................41
  The Poetic Pilgrimage: Writing Poetry as Spiritual Practice .....................41
  WRITE ON! Workshop: Creative Writing .41

42  CLASSES START MONDAY, JUNE 17. REGISTER EARLY.
EMERITUS COLLEGE
AT COLLEGE OF MARIN

LIFELONG LEARNING,
LIFELONG DOING,
LIFELONG FRIENDS

LIFELONG LEARNING
• Classes on physical fitness, art, music, writing, history, film appreciation and
  foreign languages. Phone 415.485.9305 for more information or to obtain
  the latest Community Ed. Schedule.
• $15 Membership comes with joining as many of the stimulating and sheer fun
  Clubs as you wish, or start your own club – see inside back cover for current
  listings.
• Receive your monthly Emeritus Newsletter full of the latest Emeritus buzz,
  where you can submit an article, a short story or see your paintings or photo-
  graphs hang in the Emeritus Gallery.
• Attend the HOOKED ON MARIN Speaker Series where Marin comes alive

LIFELONG DOING
• Serve on the ESCOM Council, or various Committees that suit your inter-
  ests. Sharpen your writing skills by helping to shape and UPDATE our Active
  Lifelong Learners’ website. Emeritus is where you can Volunteer Your Skills,
  the ones you always wanted to see valued. Become a shaker and mover for
  your community when you join the Emeritus Program. Or just experience
  Emeritus for the joy of it.

LIFELONG FRIENDS

EMERITUS CENTER
Kentfield Campus: Students Services Building Room 146. Phone 415.485.9652
Indian Valley Campus: 415.457-8811 ext. 8322
Emeritus Students
College of Marin (ESCOM)

A Student Organization for Marin's Mature Adults
Join Emeritus Students of College of Marin (ESCOM), established in 1974, and discover a world of opportunity to support lifelong learning and network with like-minded individuals. Members are from all social and educational backgrounds.

EMERITUS CENTERS
Kentfield Campus: 415.485.9652
Indian Valley Campus: 415.457.8811, ext. 8322

Please visit the Emeritus Center on the Kentfield Campus or Emeritus North on the Indian Valley Campus. Both centers offer a lounge for ESCOM members and a place for ESCOM committees and clubs to meet. ESCOM volunteers welcome you at both locations. The Emeritus Center, Kentfield Campus, Student Services Building, Room 146, is open Monday through Friday, 9:30am-3:30pm, and is staffed by volunteers. Emeritus North, on the Indian Valley Campus, is located in the Administrative Services complex, Building 10, Room 140. To schedule use of Emeritus North, please call 415.883.7805.

ESCOM Tuition Grants
The ESCOM Council awards tuition grants, funded by the COM Foundation, to eligible students for any COM Community Education course. You must be a minimum of 55 years of age and submit a statement of financial need. Only partial grants are awarded due to limitations of funding.

New policy: To be eligible for a Tuition Grant, you must have registered and paid all registration fees; vouchers are no longer available. Please call 415.485.9652 to request to have the new application procedures and an application mailed to you, or come to the Emeritus Center. Completed application forms must be received at the Emeritus Center on the Kentfield Campus no later than the end of the business day, Monday, June 10.

Registration Information
REGISTRATION BEGINS
Monday May 13
For more information, call 415.485.9305.

To Apply
New/Returning Students
If you have NOT enrolled in a Community Education, Noncredit or Credit class at College of Marin for one year or more, you must first apply to the college before you can register.

To Apply Online
Go to www.marin.edu/CommunityEducation. Click on Apply and Register. Then click on Online Community Education Application. Complete and submit the application form online. All questions must be answered in order to process your application. Please allow up to five (5) working days for your application to be processed. New students will receive an email with their Username and temporary Password and may then logon to the MyCOM portal and register for classes. Returning students may use their existing Username and Password to register after their applications have been processed.

Other Ways to Apply
You may also apply in person or by mail by completing and submitting the Noncredit/Community Services Application for Admission, available on campus and found at the center of this Community Education schedule of classes.

To Register Online
Set-Up
The first time that you register online, you will be asked for the Username and temporary Password that were sent to you when your application was processed. Enter your Username and temporary Password, then click the Submit button. Once you hit the Submit button, you will be alerted that your temporary Password has expired. Be prepared to enter a permanent Password from 8 to 20 characters and including at least 1 number. Example: Giselle16. The next step is to answer the security questions. Once you do that, your Set-Up is complete.
To Register for Classes
On the main screen that says: Welcome to MyCOM Portal (your MyCOM Portal home), there are tabs, including Home, Student, and Tutorials. Click the Student tab. On the left hand side of the screen, it gives you several options. Click: Register, Add or Drop Classes. Select a term. Example: Summer 2013 Community Ed. (Term must include words Community Ed.) Click Submit. The next screen will say Add or Drop and will give you 10 boxes in which to add classes. Enter the Course Registration Number (CRN) for each class selected. Once you have entered your classes, click on Submit Changes to register. Community Education classes may not be dropped online.

To Pay Registration Fees Online
After you select Submit Changes as described above, click CHECKOUT (in blue), at the bottom of the page. This takes you to Registration Fee Assessment and shows total fees owed. Payment is due at the time of registration. Click on Payment Options. Click on the E-Cashier logo, and then on Proceed. Complete all the E-Cashier payment steps. Once you have paid for your classes, go back to MyCOM Portal home and find the center box that says: My Courses. Under My Courses, click where indicated to view the classes in which you are now registered.

REGISTRATION FEES ARE DUE AT THE TIME OF REGISTRATION. NONPAYMENT WILL RESULT IN BEING DROPPED FROM YOUR CLASS.

Register In Person
You may register in person for Community Education classes at the Admissions Offices on either campus.

Register by U.S. Mail
Please mail your registration at least eight (8) business days prior to the first class meeting to ensure that your name appears on the instructor’s roster. The mailing address is College of Marin, Community Education Registration, 835 College Ave., Kentfield, CA 94904.

Register by Fax
Fax your registration to 415.460.0773. Faxed registrations will be processed within five (5) business days.

Payment of Fees
For all registration methods, you may pay for classes with a MasterCard or Visa number; please include the expiration date. If you prefer to pay by check, please enroll in person or by U.S. Mail. Be advised that the college charges $15 for all returned checks. Fees are not transferable between quarters Please see To Pay for Classes Online above.

Additional Information
Changes May Occur Without Notice
College of Marin has made every reasonable effort to determine that information stated in its publications is accurate, but the College reserves the right to alter fees, statements, and procedures contained herein without notice. Fees and procedures are subject to change at any time by the State Legislature and the College Board of Trustees. It is the student’s responsibility to meet and remain informed of College requirements. When changes occur they will be printed in the next regular publication of the schedule, or posted online at www.marin.edu/CommunityEducation. Classes may be cancelled for insufficient enrollment at the discretion of the College.

Materials and Special Fees
Materials fees cover the cost of supplies and duplicating distributed to students in class. Special fees cover additional costs and may include rental fees, other supplies, and in the case of computer classes, software licenses, computer replacement fund, and other equipment fees.

Confirmation of Enrollment
A confirmation of enrollment may be obtained through the MyCOM Portal at https://MyCOM.marin.edu.

Waitlist Procedures
If you attempt to register for a full class, your name will be placed on a waiting list and you will NOT be charged. If you mailed a check, it will be returned to you. Unless specified otherwise in the course description, you may attend the first class and check with the instructor for possible admittance. If you are allowed into the class by the instructor, please request an Authorization Code from the instructor and register with it, using any of the registration procedures described here.
Verification of Enrollment/Registration Policy

For verification of your enrollment/registration in classes, please go to: http://mycom.marin.edu and put in your log-in information. Click on the Student tab and find the center box that says: My Courses. Under My Courses, click where indicated to view the classes in which you are now registered. Print this and attach your fee payment information.

Registration Forms

A registration form is at the center of this schedule. Additional forms may be photo-copied or downloaded from www.marin.edu/CommunityEducation. Click on Apply and Register. Registration forms are also available at the Office of Admissions and Records on either campus.

For All Methods of Registration

Please answer all questions on the registration form to be sure that your registration can be processed. Registrations are processed in the order received.

Early Registration Recommended

Early registration promotes successfully enrolled classes and avoids unnecessary cancellations. Register early to ensure your place in class.

To Register after Class Begins

If you would like to register for a class which has already begun, please go to the class and ask the instructor for an Authorization Code and reference the code when you register, whether online, in person, or through the mail. Your admission into the class is at the instructor’s discretion.

Textbooks

If an instructor wishes to recommended a textbook to students, that information will be included in the course description. If the instructor has requested, texts will be available at the College Bookstore, 415.485.9394, and are available to order online at http://marin.bncollege.com (Note: Select “C ED” under Department).

Faculty Evaluation Questionnaire

Evaluating faculty is an essential element in maintaining our high standards. You may be asked to spend a few minutes completing a faculty evaluation questionnaire in class. We appreciate your honest and thoughtful assessment of your instructor and of your experience with us.

Students Under 14

Minors 13 years of age and under must obtain the verbal consent of the instructor prior to registration. To contact an instructor or if you have questions, please call 415.485.9318.

Attendance at First Class Meeting

If you are registered but cannot attend the first class meeting, please call the Community Ed Office at 415.485.9318 or e-mail community.ed@marin.edu to get a message to the instructor.

Refund Policy

Classes canceled by College of Marin will be refunded in full. All refunds are disbursed in the form of a check mailed to the address you have on file with the college. Refunds take approximately six (6) weeks to process.

To Request a Refund: We will gladly process your request for a refund if it is received in our office at least three (3) business days (Mon.-Fri.) prior to the starting date of the class. For instance, if a class starts on a Monday, the refund request must be received in the Community Ed office by the end of Wednesday of the prior week. We cannot accept requests for refunds, regardless of the reason, if they are received less than three (3) business days prior to the class start date.

There is a $10 service fee for all processed refunds.

To request a refund, please submit a letter containing all pertinent information (name, address, daytime phone, student identification number, course title, course number, and your signature). Requests may be e-mailed to community.ed@marin.edu or faxed to 415.456.5065. Requests may also be mailed to: College of Marin, Refunds/Community Education, 835 College Ave., Kentfield, CA 94904. Requests sent by U.S. mail must be postmarked at least three (3) business days prior to the start date of the class. Refunds take approximately six (6) weeks to process.
Parking Information

Parking Permits are required all day for parking Monday through Friday. They are not required on Saturdays, Sundays, or holidays. You may purchase a permit for the day for $3 (subject to change) through Parking Permit dispensers located near the entrance to each lot. Or you may purchase a semester-length Parking Permit as described below. Except during summer, a semester encompasses two Community Ed quarters. No Parking Permits are required for disabled students provided they display a State of California Department of Motor Vehicles-issued disabled placard or license plate.

Purchase Your Parking Permit Online

**Summer 2013 Parking Permits are available now for online purchase only.** Please be advised that you must be enrolled for Summer 2013 classes in order to be eligible to purchase a student Parking Permit. A nominal processing fee of $3.50 applies to all online Parking Permit orders.

Follow these easy steps:

- Click on the Parking Permit link in the Student Records Channel (bottom left corner of the portal page)
- Fill out the form & follow directions
- Print Temporary Parking Permit (paper)

You will receive your Term Parking Permit in the mail (decal). Please note: Discount for eligible financial aid students will be applied to online orders.

Directory

- **Community Education Main Office**
  415.485.9305
- **Intensive English Program**
  415.457.8811, ext. 8579
- **Admissions & Records Office**
  415.457.8811, ext. 8822
- **Emeritus Center, Kentfield**
  415.485.9652
- **Emeritus Center, Indian Valley Campus**
  415.457-8811, ext. 8322
- **Counseling**
  415.485.9432
- **Bookstore**
  415.485.9394
- **Library Services**
  415.485.9656
- **Media Center/Language Lab**
  415.485.9645
- **Disabled Students Program**
  415.485.9406

Community Education

- **College of Marin Superintendent/President**
  David Wain Coon, Ed.D.
- **Executive Dean**
  Indian Valley Campus & Workforce Development
  Nanda Schorske
- **COMMUNITY EDUCATION SERVICES STAFF**
  Director, Community Education, Lifelong Learning, and International Education
  Jason Lau, Ph. D.
  **Program Specialists**
  Cheryl Carlson, Tom Hudgens
  Intensive English Program (IEP) Coordinator
  Sara Oser
  **Administrative Assistant**
  Jesse Klein
  Community Education Office Technicians
  Heather Peitz, Linda Fahy, Valerie A. Markwordt
  International Education Office Technician
  Rebecca Freeland
- **Work-Study Students**
  Yuliya Ghosh, Kaylene Tate
- **Special Thanks to Valerie A. Markwordt!**
  The Community Education Schedule is published four times a year by College of Marin (a nonprofit organization), 835 College Ave., Kentfield, CA 94904-2590
Equal Opportunity Statement
The Marin Community College District is committed by policy not to discriminate on the basis of, or the perception of, race, ethnic group identification, ancestry, color, religion, age, gender, national origin, sexual orientation, disability (mental or physical), marital status, medical condition (cancer, genetic characteristics, or pregnancy), and status as a veteran in any of its educational and employment programs and activities, its policies, practices, and procedures.

Students who believe that this policy has been violated have the right to file an internal complaint or a complaint with the Office of Civil Rights.


College of Marin, under the Equity in Athletics Disclosure Act of 1994, provides information concerning the operation of its intercollegiate athletics program. A completed report is available in the Admissions and Records Office, the Library, and the Athletic Department for public review. College of Marin policy 5.004 prohibits verbal, physical, visual, and sexual harassment of any applicant, employee, or student by any District employee on the basis of any category or combination of discriminatory categories prohibited by state or federal law. Nonemployees while on District property are also expected to follow these guidelines. It is further the policy of this District to ensure equal opportunity in all of its programs and in all aspects of employment. The lack of English skills will not be a barrier to admission to and participation in vocational education programs.

Contacts
Equal Opportunity Employment/A.D.A. Compliance Officer—Executive Director, Human Resources (or Designee) Administrative Center, Kentfield Campus 415.485.9504

Title IX/Section 504 (Disability) Coordinator—Director of Student Affairs—Dr. Arnulfo Cedillo, SS Center, Rm. 251, Kentfield Campus 415.485.9375

Gender, Equity Coordinator—David Cook, Director of Financial Aid SS Center, Rm. 263, Kentfield Campus 415.485.9409

Open Enrollment Policy
It is the policy of College of Marin that every course section or class, for which attendance is reported for state aid, shall be fully open to enrollment and participation by any person who has been admitted to the college and who meets such prerequisites as may be established pursuant to Chapter II, Division 2, Part VI., Title V of the California Code.

Mark Your Calendars
COMMUNITY ED PREVIEW DAYS

Kentfield Campus
Saturday, Aug 17, 9:30am–12noon
Cafeteria, Student Services Bldg

Indian Valley Campus
Saturday, Aug 10, 10:30am–12noon
Indian Valley Campus
Community Education, Bldg 7
• Find out our new Gold Card Advantage Program
• Meet Comm Ed instructors
• Explore new Comm Ed classes
• Learn about Emeritus College
• Discover ESCOM clubs

Free Event * Free Parking * Snacks
This event is co-sponsored by COM Community Education and Emeritus Students College of Marin (ESCOM).
Kentfield Services for Students

Admissions and Records
SS 254, 415.457.8811 ext. 8822
M, Tu, F 8am–4:30pm; W, Th 8am–7pm

Assessment and Testing Office
SS 238, 415.485.9467
M, Tu, Th 9am–4pm; Test sessions begin at 9am and 1pm W 9am–7pm; Test sessions begin at 9am, 1pm, 4pm

Bookstore
LC First Floor; 415.485.9394
M–Th 8am–7pm; F 8am–9pm

CalWORKs
LC 160, 415.485.9405
M, W, Th, F 9am–4:30pm; Tu 9am–7pm

CalWORKs Employment Counseling
LC 31, 415.485.8811 ext. 7616
M, Tu 6:30am–4:30pm; Th 6:30am–noon

Campus Police
TB 1, Room 105; Lost and Found and other non-emergencies 415.485.9455
in case of emergency, dial 911

Child Development Center
AC 40; 415.485.9448
M–Th 7:45am–5pm; F 7:45am–1pm

Counseling
SS 212; 415.485.9432 (appointments)
415.485.9431; M, Tu 8am–4pm; W, Th 8am–7pm

Disabled Students Program and Services (DSPS)
LC 115, 415.485.9404
M, Tu, W, F 8:30am–4:30pm; Th 8:30am–7pm

Distance Education Support Center (DESC)
LC 121, 415.457.8811 ext. 7953
M 8am–4:30pm, Tu 12:30–7pm
W 8am–4pm, Th 12:30pm–7pm
Emeritus (ESCOM)
SS 144, 415.485.9652

English and as a Second Language (ESL)
HC 101, Credit/Noncredit ESL; 415.485.9642
M–Th 8:30am–6:30pm, F 8:30am–3pm; Sat 9am–1pm

English Lab/Writing Center
LRC 120, 415.485.9669

Extended Opportunity Programs and Services (EOPS)
LC 160, 415.485.9405; M/W/Th, F 9am–4:30pm
Tu 9am–7pm

Financial Aid
SS 236, 415.485.9409
M, Tu 9am–4pm; W, Th 9am–7pm
F 9am–noon

Food Service
SS 1st Floor; Fresh & Natural Café; 415.485.7661
M–Th 7:30am–7pm; F 7:30am–1pm

Health Center
HS; 415.485.9458
M–Th 7:30am–7pm; F 7:30am–1pm

Instructional Technology, Distance Education
LC 126, 415.485.9540
M–F 9am to 3pm and by appointment

Intercollegiate Athletics
PE 16, 415.485.9540; M–F 7:30am–4:30pm

International Student Admissions
SS 254, 415.883.2211 ext. 7719
M–Th 8:30am–4:30pm, W 8:30am–4pm

Job Placement
SS 206; 415.485.9410
M 10:30am–4pm, Tu, Th, F 10:30am–4pm

Kentfield Service for Students

KENTFIELD CAMPUS MAP AND DIRECTORY

DIRECTIONS FROM HIGHWAY 101: Kentfield Campus, 835 College Ave., Kentfield
From Highway 101, take the San Anselmo exit (northbound) or the Sir Francis Drake Blvd. exit (southbound) and follow Sir Francis Drake Blvd. to College Ave. (seventh stoplight). For the Physical Education Center (PE), the Science Center (SC), the Learning Resources Center (LC), Temporary Building (TB), Health Services (HS), Olney Hall (OH) and the Student Services Center (SS), turn left on College Ave. For SC, LC, and SS, continue to second campus parking lot entrance on your right. The Emeritus Center and Admissions and Records are both in the SS building. For PE, continue to stop sign by Woodlands Market and turn left into parking lot. For Harlan Center (HC), Fusseelman Hall (FH), Performing Arts (PA), and Fine Arts (FA), stay on Drake Blvd., crossing the College Ave. intersection, and turn right on Maple Ave. to parking lot.

For information about Parking Permits, please see page 47
Classes start Monday, June 17. Register early.

Directions from Highway 101: Indian Valley Campus, 1800 Ignacio Blvd., Novato
From Highway 101, take Ignacio Blvd. exit in southern Novato and continue on Ignacio Blvd. for approximately two miles to the Indian Valley Campus entrance. For Building #27, Trans-Tech, and Pomo Cluster, park in Lots 1 & 2; for Fiscal Services, Miwok Cluster, and Building 17, park in Lots 3 & 4; for Ohlone Cluster, the pool, and the Organic Farm, park in Lots 5 & 6.

For information about Parking Permits, please see page 47
MONDAY
Club: Bridge Club
When: Mondays, 1:00 to 4:30 p.m.
Where: Cafeteria, Kentfield
Contact: Lynn Mason, 456-2508.

Club: Great Minds of Western Philosophy Club
When: 1st and 3rd Mondays of month, 10:15 a.m. to 12:15 p.m.
Where: Emeritus College, Kentfield Campus
Contact: Arlene Stark, 925-1214, arlenestark@att.net

Club: IVC Book Forum
When: 4th Monday of month, 3:00 to 5:00 p.m.
Where: Emeritus College, IVC campus
Contact: Louise Kerr, 883-2823, LRKerr210@gmail.com

TUESDAY
Club: Moral-Ethical & Legal Issues Roundtable
When: 1st and 3rd Tuesdays of month, 10:00 a.m. to 12 Noon
Where: Emeritus College, Kentfield Campus
Contact: Cole Posard, 491-4118, colemanposard@att.net

Club: Writer’s Workshop
When: 1st Tuesday of month, 1:00 to 4:00 p.m.
Where: Emeritus College, Kentfield Campus
Contact: Shirley Pullan, 381-6952, shirlmv@comcast.net

Club: Bocce Ball
When: Tuesdays, 9:30 a.m.
Where: San Rafael courts
Contact: John Kouns, 332-5929

Club: Great Books Discussion Group
When: 2nd and 4th Tuesdays of month, 10:00 a.m. to 12 Noon
Where: Emeritus College, IVC campus
Contact: Don Polhemus, 883-3567, dondorpol@aol.com

WEDNESDAY
Club: Opera and Beyond Club
When: Last Wednesday of month, 1:00 to 3 p.m.
Where: Emeritus College, Kentfield Campus
Contact: Gil Deane, 456-2853, gildeane@aol.com

Club: Sing-along Club
When: 2nd Wednesday of month, 2:30 to 3:30 p.m.
Contact: Marlene Knox, 459-1427, marlsteve@comcast.net

THURSDAY
Club: Current Events and Issues Club
When: 2nd and 4th Thursdays of month, 10:00 to 12 Noon
Contact: Jerry Weisman, 383-1831, gweisman@gmail.com;

Club: Scrabble Club
When: Every Thursday, 2:00 to 4:00 p.m.
Where: Cafeteria, Kentfield Campus
Contact: Marlene Knox, 459-1427, marlsteve@comcast.net

Club: Great Ideas in Philosophy Club
When: Every Thursday, 1:00 to 3:00 p.m.
Where: Emeritus College, IVC campus
Contact: L. Witter, 883-6889, LWitter@sonic.net

FRIDAY
Club: Book Banter Club
When: 2nd and 4th Fridays of month, 1:00 to 2:30 p.m.
Contact: Len Pullan 381-6952, lenpullan@comcast.net

Club: Global Issues Club
When: 3rd Friday of month, 2:00 to 4:00 p.m.
Where: Emeritus College, IVC campus
Contact: Colleen Rose 898-0131, colleenrose@juno.com

SATURDAY
Club: IVC Film Noir DVD Forum
When: 2nd and 4th Saturdays of month, 1:00 to 3:00 p.m.
Where: Emeritus College, IVC campus
Contact: Rudy Ramirez, 491-0522, ruramc@mac.com

Club: Humanities Club
When: 1st and 3rd Saturdays of month, 1:00 to 3:00 p.m.
Where: Emeritus College, IVC campus
Contact: Rudy Ramirez, 491-0522, ruramc@mac.com
California Indian Studies Certificate Program
This certificate program was developed by College of Marin in collaboration with the Miwok Archeological Preserve of Marin and the Point Reyes National Seashore. Our goal is to promote understanding of the culture, history, traditional skills and environmental values of California Native Peoples. For upcoming summer classes, see page 16.

Featured Class: CULTURAL HISTORY, PRESENT STATE OF TRIBAL AFFAIRS, AND CERTIFICATE OF COMPLETION CEREMONY with Bradley Marshall (Hupa), Sherrie Smith-Ferri (Dry Creek Pomo/Coast Miwok), Vanessa Esquivido (Wintu) and Eva Salazar (Kumeyaay)
Participants will have the opportunity to experience the Kule Loklo Big Time Celebration with Native dancers, crafts demonstrations and vendors at the nearby Miwok Village in the Point Reyes National Seashore after the class.

Saturday, 9:30am-12:30pm
July 20, 2013
The Red Barn in the Point Reyes National Seashore, Marin County
Fee $50
CRN# 65035

To Register/For more information:
Call 415.485.9305 or visit www.marin.edu/CommunityEducation or www.MAPOM.org

Thanks to our partners: Miwok Archeological Preserve of Marin, Point Reyes National Seashore