21ST CENTURY LEADERSHIP

Find Your Future
The Summer Career Institute
(See Inside Front Cover)

California Indian Studies
Certificate Program and Award Ceremony at Big Time PAGE 9

COLLEGE OF MARIN
Find Your Future
College of Marin’s Community Education has partnered with the Counseling Department and the Southern Marin Mothers’ Club (SMMC) to offer Marin County residents an innovative career development program.

Start building your career today with this innovative series. Whether you are beginning your career, job hunting, transitioning to a new field, or returning to work after an absence, this series will have something for you. The curriculum will be offered in a unique workshop format that will allow you to choose the topics that best meet your needs.

YOUR REGISTRATION FEE INCLUDES:
Orientation and Program Kick-off
• Wednesday, July 9, 2014 from 6:10pm–8:30pm

Workshops* (Select any 3)
• Career Choices For Who You Are Today
• Identifying Your Best Work Style
• Find Your Next Career Using Media Research
• Social Media Resumes and Job Search Strategies
• Interviewing Skills For Today’s Job Market
• Moms Back to Work – How To Find The Right Fit
• Career Transitions Through College Courses

* You may sign up for each additional workshop at $30/each.

Kentfield Campus
Fee: $150 (Includes $30 materials fee)
CRN# 65106
For more information see page 8.

Note: Workshops will be offered subject to student demand and availability of instructors.
## Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Art</td>
<td>5</td>
</tr>
<tr>
<td>Business/Career Development</td>
<td>8</td>
</tr>
<tr>
<td>Computer</td>
<td>8</td>
</tr>
<tr>
<td>Cultural and Ethnic Studies</td>
<td>9</td>
</tr>
<tr>
<td>Dance</td>
<td>12</td>
</tr>
<tr>
<td>Drama/Stage and Screen</td>
<td>12</td>
</tr>
<tr>
<td>Emeritus College</td>
<td>35</td>
</tr>
<tr>
<td>Emeritus Students College of Marin (ESCOM)</td>
<td>36</td>
</tr>
<tr>
<td>Film Appreciation</td>
<td>13</td>
</tr>
<tr>
<td>Financial Planning</td>
<td>13</td>
</tr>
<tr>
<td>Foods/Wine/Artisan Cheesemaking</td>
<td>14</td>
</tr>
<tr>
<td>High School</td>
<td>15</td>
</tr>
<tr>
<td>History</td>
<td>16</td>
</tr>
<tr>
<td>Home and Garden</td>
<td>16</td>
</tr>
<tr>
<td>Indian Valley Campus Map</td>
<td>42</td>
</tr>
<tr>
<td>Kentfield Campus Map</td>
<td>41</td>
</tr>
<tr>
<td>Literature/Humanities</td>
<td>18</td>
</tr>
<tr>
<td>Marin Adventures</td>
<td>19</td>
</tr>
<tr>
<td>Marin Chinese Cultural Association Educational Programs</td>
<td>10</td>
</tr>
<tr>
<td>Music</td>
<td>21</td>
</tr>
<tr>
<td>Parenting</td>
<td>23</td>
</tr>
<tr>
<td>Parking Information</td>
<td>39</td>
</tr>
<tr>
<td>Personal Enrichment</td>
<td>24</td>
</tr>
<tr>
<td>Photography</td>
<td>25</td>
</tr>
<tr>
<td>Physical Fitness</td>
<td>26</td>
</tr>
<tr>
<td>Registration Information</td>
<td>36</td>
</tr>
<tr>
<td>Travel</td>
<td>32</td>
</tr>
<tr>
<td>Writing</td>
<td>33</td>
</tr>
</tbody>
</table>

## New for Summer 2014

### New at Kentfield Campus

- Painting Effective Acrylic Art Through The Visual Language of Land, Water And Sky ........... 5
- Amazing Pet Portraits In Pastel ..................................................................................... 6
- From Earth To Art: Making Paints From Natural Materials ........................................ 6
- The Flow Of Watercolor: Travel Sketching With A Focus On Trees ................................. 6
- Water Media For Self-Expression Intensive ..................................................................... 7
- 21st Century Leadership: Find Your Future At The Summer Career Institute ................ 8
- Conversational Mandarin For Beginners .......................................................................... 11
- Marin's Got Talent- Discover The Performing Artist Inside Of You! ............................. 11
- Film Appreciation: To The Beat Of My Heart; Music And Life ...................................... 13
- Cinema and Psyche: Essential British Films..................................................................... 13
- Wine Tasting Fundamentals - Kentfield Class ............................................................... 15
- The Loire Valley Enchanted Castles-“Out Of The Usual Path” ..................................... 16
- Three World Famous Legendary Actresses From The XIX And XX Centuries .................... 18
- The Twenty-First Century Novel .................................................................................... 19
- A Poetic Journey: The Pleasures of Reading and Writing Poetry .................................. 19

### ON THE COVER

Preparing Students for Global Citizenship: Featured on the cover is Mariana Weber from Brazil taking a study break inside the new Emeritus College’s Humiston Reading Room, a beautiful location on campus in which to enjoy the pleasures of the written word. The room was made possible through a generous bequest by the Thomas Frederic Humiston Trust. Humiston believed that community colleges offered everyone a chance to obtain a college education and pursue their dreams. Mariana is one of our outstanding international students who recently received special congressional recognition and a Student Leadership awards in recognition of her political leadership and ability to affect change through positive action.
Weekend Workshops

Invest in yourself and do something just for you on the weekend! Community Education offers many educational and entertaining Saturday workshops for which you can register in class with the instructor. The date shown below is the start date for the class.

June 21
Figure Painting ................................................................. 5
Watercolor Basics and Beyond ........................................ 6
Voice Overs: Big Picture ................................................... 12
Flower Carpet's/Pave's ..................................................... 17
Exploring Ship Operations In The Bay ................................ 21
Musical Snapshots: Comedic Musicians ............................ 22
Mikkyo Zen: How To Live In The Present Moment .............. 24
Write On! Writing Workshop .......................................... 33

June 28
Natural Floral Design: How to Make Store-Bought Bouquets Look Great ......................................................... 17
Surfing 101 ...................................................................... 21
Yoga For Every Body, Yoga For Every Mind .................... 27

July 12
From Earth To Art: Making Paints From Natural Materials ......................................................... 6
Wine Tasting Fundamentals-Kentfield Class ..................... 15
How To Make Your Own Organic Herbal Salve.................. 16
Contemporary Vocal Technique For Jazz and Pop Singers Workshop .................................................. 23

July 19
Traditional Story Telling and Certificate of Completion Ceremony .................................................. 9
Creative Voice Acting: Game Voice! ............................. 12
Art
Note regarding materials and supplies for art classes: Supplies will be discussed in class. Please bring whatever related materials you may already have to the first class meeting. Students are expected to provide their own materials unless otherwise noted below.

FIGURE PAINTING
This studio course is an opportunity to explore materials, color, composition, and agenda in any medium while painting the figure. Class time is primarily devoted to painting but also includes discussions, demonstrations, and critiques as interest dictates. You work from undraped models every session and also have the option of working on your own projects from your own photos.
See Note regarding materials under Art heading above. Course includes critique.

Larry Bencich, MFA, works primarily with the human figure in his own drawings and paintings. His teaching style references composition and perspective in the Renaissance tradition, and he has had extensive experience with students with a broad range of skills.
6 Saturdays, 9:10am–1pm
June 21-July 26
Extended class on July 26, 9am-5:30pm
Kentfield Campus, Fine Arts Center 301
Fee $231 (includes $53 models fee)
CRN# 65047

PAINTING EFFECTIVE ACRYLIC ART THROUGH THE VISUAL LANGUAGE OF LAND, WATER, AND SKY
As a group, the class will complete 3 paintings focusing as the main subject ie:
Land, Water, Sky. Subjects discussed will be: Avoiding pitfalls in painting, Glazes in modifying tonal values on your work., Techniques with brushwork you can apply to produce effective landscapes.

Bring art supplies that you have and a supply list for additional material will be furnished at the first session. Suitable brushes for Acrylics will be discussed as well as basic tube colors preferred for this complete course.

Artist/Instructor Bernard Healey studied at the San Francisco Art Institute, is a graduate of the Academy of Advertising Art San Francisco, and a signature lifetime member of the Marin Society of Artists and has been a prolific painter, exhibitor and juror for over 40 years.

5 Tuesdays, 10:10am-1pm
July 1-29
Kentfield Campus, Fine Arts Center 312/313
Fee $93 (includes $1 materials fee)
CRN# 65048

DRAWING WITH CHALK PASTELS
From sketches and dark and light studies to fully developed drawings/paintings, explore the full range of chalk pastels. Here is an opportunity to use a portable, dry medium with techniques to expand your drawing skills. Classes include information about materials, demonstrations, and discussions about color and composition.

Emphasis is on individual expressiveness. First time students will have a full introduction to the chalks, surfaces, and techniques. Continuing students will continue with expanded projects emphasizing the expressive use of the medium. Bring pencil and paper and any pastels you have, and a good photo to work from. Materials will be discussed in the first class.

Barbara Lawrence began her art training early with her father, a devoted artist and loving teacher. That influence helped create Barbara’s motto: Art is not essential for life, it IS life. She has been teaching and exhibiting in Marin for many years.

5 Fridays, 1:10–4pm
June 21-July 25 (No class July 4)
Kentfield Campus, Fine Arts Center 215
Fee $92
CRN# 65049
**new** **AMAZING PET PORTRAITS IN PASTEL**

They say the eyes are the windows to the soul. Capture not just the look but your pet’s personality as well. Starting with just the right photo to work from, in just a short time you will be well on your way to creating vibrant - life like portraits. We will start with the basics in dark and light, then fallow with pastels. You will learn about shapes, values, line, and movement. What makes a piece jump off the page? Lecture and demos will get you started. Then we will critique, discuss, and adjust accordingly. You will be amazed.

Barbara Lawrence
5 Tuesdays, 3:10-6pm
June 17-July 15
Kentfield Campus, Fine Arts Center 215
Fee $92
CRN# 65050

**new** **FROM EARTH TO ART: MAKING PAINTS FROM NATURAL MATERIALS**

Earth pigments have been used worldwide since the dawn of culture. If you combine the wonderful soils of our California terrain with the historic recipes from Europe and rural America, you get a non-toxic paint of beautiful harmony. There will be a one-hour lunch break.

Come and be surprised by how simple making art can be!

Ane Carla Rovetta shares recipes that use milk, tree sap and chicken eggs in new ways that offer any artist, educator or naturalist a fresh look at art supplies. She has been researching and perfecting these recipes since 1995.

2 Saturdays, 9:10am-4pm
July 12 & July 19
Kentfield Campus, Fine Arts Center 214
Fee $91 (Includes $8 materials fee)
CRN# 65041

**WATERCOLOR BASICS AND BEYOND**

A comprehensive class welcoming all skill levels. For those just starting out, the basics are covered: color mixing, washes, wet-dry approaches — just handling the paint itself!

More advanced students are welcome to bring in their own projects or to consult with the instructor for direction. We work from studio still life and landscape. Bring whatever watercolor supplies you may have to the first class.

See Note regarding materials under Art heading above. The **San Geronimo Valley Community Center** is just 20 minutes west of the Kentfield campus and there is plenty of parking.

Marty Meade
5 Fridays, 10:10am–1pm
June 20-July 25 (No class July 4)
San Geronimo Valley Community Center
6350 Sir Francis Drake Blvd.
San Geronimo
Fee $98 (Includes $16 special fee)
CRN# 65051 EC

Nancy Johnson
6 Saturdays, 10:10am–1pm
June 21-July 26
Kentfield Campus, Fine Arts Center 215
Fee $81
CRN# 65052 EC

**new** **THE FLOW OF WATERCOLOR - TRAVEL SKETCHING, WITH A FOCUS ON TREES**

Traveling and sketching go hand-in-hand. Draw, paint and ink quickly while on location, and then embellish on sketches when indoors again. With watercolor supplies and fold-up chairs in hand, we will take three field trips in the Marin area and paint on site. Learn many techniques for painting the myriad of trees in Marin and add other landscape features and distant figures to your paintings. All levels are welcome. Please come to the first class with any watercolor supplies you already have. Some painting materials and supply lists will be available for you the first day we meet.

Continuing students may develop their own projects and work independently. Individual attention will be given to all students.

Julie Cohn has been an exhibiting painter and teacher for over 25 years.

6 Wednesdays, 2:40-5:30pm
June 18-July 23
Kentfield Campus, Fine Arts Center 301
Fee $88 (Includes $7 materials fee)
CRN# 65061 EC
new WATER MEDIA FOR SELF-EXPRESSION INTENSIVE
“Your thoughtful teaching, cheerful encouragement, and experimental approach has been really helpful. I loved your style and the demos. Learning to trust the paint and intuition is a big step for me. Thank you.” -Jane
Discover the nature of WATERCOLOR & FLUID ACRYLIC paints, and learn how to handle them. A full range of wet-into-wet techniques will be presented, from pre-moistened area painting to painting on pre-soaked paper and/or canvas. Abstract, representational or combined approaches are encouraged to suit the individual expressive needs of each artist. Connect with your inner artist, enjoy imaginative approaches to image making, and learn how to mix your colors directly on the paper. All levels welcome.
Please e-mail the instructor at carol@arttreks.com for art supply list.
Carol Duchamp, MA, encourages experimentation in a supportive environment that nourishes the intuitive power of self-expression. She is an exhibiting artist and transformative arts facilitator.
Tuesday-Thursday, 1:10-4:30pm
July 1-3
Kentfield Campus, Fine Arts Center 312/313
Fee $80
CRN# 65053
new FURNITURE PAINTING- GIVE A NEW LIFE TO YOUR FURNITURE FINDS!
Do you have a piece of furniture that you have always imagined painting in a special way, style or finish, but didn’t know the steps how to get there?
In this hands-on class, you will have the opportunity to choose your own piece of furniture to transform from start to finish in the most “green” way possible! Learn how to prepare your furniture, brainstorm various ideas, choose your colors, and design a piece of furniture that is all your creation! By the end of this class, you will have a unique, one of a kind functional work of art that is finished with non-toxic, low VOC paints!
Students must supply their own piece of furniture to paint. Furniture stays at the studio for entire class term. Art materials may cost about $100.
Tricia George, BA in Visual Art/Art Education, is a decorative artist who has painted professionally for over 23 years. Her broad and diverse background gives her the flexibility to paint in a variety of styles, providing her students with a wealth of knowledge, from glazing to trompe l’oeil. She has mastered the art of acrylic painting and looks forward to sharing her experiences with you!
6 Thursdays, 6-9pm
June 19-July 24
Artist’s Studio
122 Paul Drive, Unit B1, San Rafael
Fee $116
CRN# 65082

ALSO OF INTEREST ...
TRADITIONAL CHINESE BRUSH PAINTING
See page 10.

Passionate About Something?
SHARE YOUR TALENT AND SKILLS IN A CLASSROOM SETTING.
Community Education is now accepting new course proposals for the Winter/Spring 2015 quarters.
Current submission deadline: Friday, August 1, 2014.
Download application at www.marin.edu/CommunityEducation
Business/Career Development

**NEW 21ST CENTURY LEADERSHIP: FIND YOUR FUTURE AT THE SUMMER CAREER INSTITUTE**

College of Marin’s Community Education has partnered with the Counseling Department and the Southern Marin Mothers’ Club (SMMC) to offer Marin County residents an innovative career development program.

Start building your career today with this innovative series. Whether you are beginning your career, job hunting, transitioning to a new field, or returning to work after an absence, this series will have something for you. The curriculum will be offered in a unique workshop format that will allow you to choose the topics that best meet your needs.

Start by attending the Orientation and Program Kick-off to learn about the competencies needed for today’s increasingly complex, globally-oriented workplace, and assess your preferred skills for the 21st century job market. Then select three or more additional career development workshops of interest to you. The series is designed to prepare you for an effective job search and have you leave with strategies that will lead to the future you desire.

**July 9-24, 2014, 6:10-8:30pm**
Kentfield Campus,
Science/Math/Nursing Center 227
Fee $150 (includes $30 materials fee)
CRN# 65106

Your registration fee includes:
1. **July 9:** Orientation and Program Kick-off
2. Workshops* (Select any 3)
   - **July 10,** CRN# 65107: Career Choices For Who You Are Today
   - **July 15,** CRN# 65109: Identifying Your Best Work Style
   - **July 16,** CRN# 65111: Find Your Next Career Using Media Research
   - **July 17,** CRN# 65113: Social Media Resumes and Job Search Strategies
   - **July 22,** CRN# 65115: Interviewing Skills For Today’s Job Market
   - **July 23,** CRN# 65117: Moms Back to Work - How To Find The Right Fit
   - **July 24,** CRN# 65119: Career Transitions Through College Courses

*Note: You may sign up for each additional workshop at $30 each. Workshops will be offered subject to student demand and availability of instructors.

For registration information, see page 36.

**Computer**

The Community Education computer labs are scheduled to be closed for maintenance beginning May 18, 2014. Therefore, no computer class will be scheduled or offered this Summer 2014 quarter. All future computer-related classes scheduled after the Spring 2014 quarter have been suspended until further notice.

**Passionate About Something?**

**SHARE YOUR TALENT AND SKILLS IN A CLASSROOM SETTING.**

Community Education is now accepting new course proposals for the Winter/Spring 2015 quarters.

Current submission deadline:
Friday, August 1, 2014.

Download application at www.marin.edu/CommunityEducation
Cultural and Ethnic Studies

Registration
Register with College of Marin. Go to www.marin.edu/CommunityEducation or see page 36 in this schedule for complete information. There is a registration form at the center of this schedule which can be mailed or faxed. Classes will fill; early registration is advised.

Registration for Community Education’s Summer Quarter 2014 begins on May 12. Put it on your calendar!

California Indian Studies Certificate Program
The California Indian Studies Certificate Program was developed by College of Marin in collaboration with the Miwok Archeological Preserve of Marin (MAPOM) and the Point Reyes National Seashore.

Our goal is to promote understanding of the culture of California Native peoples, their skills and their environmental wisdom. You are welcome to enroll in just one or any number of the classes listed below. If you wish to obtain a Certificate of Completion, please see following Certificate Requirements.

The California Indian Studies Certificate Program started with a big kickoff at the Kule Loklo Big Time Festival in July 2012. Our first Certificate of Completion Award Ceremony was held at Big Time on July 20, 2013, and the next one will be on July 19, 2014. The required class, Overview of California Indian Culture and History, is scheduled three times each year with a different emphasis. Electives are offered once during each academic year. Classes are listed in the Community Education brochures which come out three times a year. The year-long overview is available on the MAPOM website, (www.MAPOM.org).

Certificate Requirements
Complete the required Overview of California Indian Culture and History plus four electives to be eligible for a Certificate of Completion. This list of classes may be changed without prior notice.

Core Class (required):
- Overview of California Indian Culture and History

Electives may include but are not limited to the following (any four):
- Basketweaving with Lucy and Julia Parker
- California Indian Baskets
- Indigenous Cultural Practices
- Introduction to Paleotechnology
- Beginning and Intermediate Flintknapping
- Petroglyphs and Introduction to Coast Miwok Cultural History
- Present State of Tribal Affairs
- Weaving a Pomo Style Coiled Willow and Sedge Basket
- Traditional Jewelry Making, Storytelling, Tule Crafts and Cultural Wisdom
- Traditional Acorn Preparation

Registration for Community Education’s Summer Quarter 2014 begins on May 12. Put it on your calendar!

TRADITIONAL STORY TELLING AND CERTIFICATE OF COMPLETION CEREMONY
Three California Indians will share some of the traditional stories passed down in their culture. The presenters are Sherrie Smith-Ferri (Dry Creek Pomo/Coast Miwok), Bradley Marshall (Hupa), and Eric Wilder (Kashaya Pomo).

For those seeking a California Indian Studies Certificate this class also fulfills the requirement of a core class.

At the close of this session, the College of Marin Certificate of Completion Ceremony will be held for students who have completed the core and four of the elective classes.

The class precedes “Big Time” at Kule Loklo, a yearly Indian gathering with native dancing, demonstrations of stone tool making, basketry, jewelry and games. Booths include jewelry, books on California Indians, and organizations devoted to Indian culture.

Saturday, July 19
9:30am-12:30pm
The Red Barn
Point Reyes National Seashore
Fee $49
CRN# 65093
**COMING IN FALL 2014**

**BASKETWEAVING WITH JULIA AND LUCY PARKER**

In this class, with nationally renowned basket weavers Julia Parker (Coast Miwok/Pomo) and Lucy Parker (Coast Miwok/Pomo/Paiute), participants create their own traditional California basket from materials gathered with reverence and thanksgiving. Lucy and Julia offer instruction in the art and craft of creating a basket, but on a more informal level, they'll share understanding of the wisdom and practices gathered from generations of California Indian cultural experience. Materials for the class will be provided.

Julia Parker and Lucy Parker  
Saturday and Sunday  
September 20-21  
Kule Loklo, Point Reyes National Seashore, Marin County  
Time, Fee and CRN information: please see Fall 2014 Community Ed Schedule

---

**Marin Chinese Cultural Association Educational Programs**

College of Marin’s department of Community Education, Lifelong Learning, and International Education is pleased to join with the Marin Chinese Cultural Association (MCCA) in presenting courses that promote awareness and understanding of Chinese American culture and history.

**TRADITIONAL CHINESE BRUSH PAINTING**

Chinese painting is one of the oldest continuous artistic traditions in the world! Students will learn how to use a Chinese brush and ink to paint different animals, flowers, leaves, and bamboo. The connection of the brush and ink to the paper is both satisfying and challenging. Students create their own painting after the first class, and improve their painting skills and creativity throughout the session.

Alan Cheng S-Lun began studying Chinese brush painting over 40 years ago under Master Chow Yat-Fung. Mr. Cheng was named Fellow of the Study of Chinese brush painting at the University of Hong Kong, and Commissioner of the Antiquities Advisory Board of Hong Kong.

7 Mondays, 9:10-10:30am  
June 16-July 28  
Kentfield Campus, Fine Arts Center 312/313  
Fee $120 (including $25 materials fee)  
CRN# 65017

---

**Passionate About Something?**

**SHARE YOUR TALENT AND SKILLS IN A CLASSROOM SETTING.**

Community Education is now accepting new course proposals for the Winter/Spring 2015 quarters.  
Current submission deadline: Friday, August 1, 2014.  
Download application at www.marin.edu/CommunityEducation
**CONVERSATIONAL MANDARIN FOR BEGINNERS**

This course is designed to teach the basic skills of listening comprehension, speaking, reading, and writing in Mandarin Chinese to students with no prior background in the Chinese language. The emphasis of this course is to help students develop “functional language ability” – the ability to communicate in appropriate ways in real life. The course begins with basic Chinese pronunciation with Pinyin and tones practice. Then, students will learn the basic common phrases and short sentence structures to communicate with one another in a practical situation inside and outside class.

Emily Peng, MA in Chinese, has been teaching Chinese to young children and adults since 1998. She currently teaches a Mandarin Class for the Marin Chinese Cultural Association. Emily is from Taiwan, and she has been living in California for over twenty years.

6 Thursdays, 6:40-8:30pm  
June 19-July 24  
Kentfield Campus, Austin Center 176  
Fee $85  
CRN# 65083

**MCCAA ADVANCED MANDARIN**

(This free class is sponsored and offered by the Marin Chinese Cultural Association)

Meeting time: Every Monday, 6:30-8:30pm  
Location: 30 N. San Pedro Road, San Rafael  
Prerequisite: Successful completion of Conversational Mandarin for Beginners offered by College of Marin.

Fee: Free for all MCCAA members (A $30 one-time registration fee required. All new students receive a one year free MCCAA membership)  
To register or for more information, call Emily Peng at 415.342.5224 or e-mail misspeng.emily@gmail.com.

**MARIN’S GOT TALENT—DISCOVER THE PERFORMING ARTIST INSIDE OF YOU!**

This movement class is designed for adult beginners with no prior dance experience. The main focus of this class is to help students acquire the basic concepts and techniques of Chinese dance. Students are introduced to the basic forms of body movements that produce the rhythms and characteristics of Chinese dance. We will explore a specific ethnic dance each class and its cultural aspects, such as Han, Manchu, Uyghur, Mongolian, Tibetan, Korean and Taiwanese Aboriginal.

Materials fee will cover fan and ribbon that will be distributed in class.

Wendy Lee, an active supporter for the Bay Area’s Asian American Community, started performing globally at a young age. She has performed and volunteered for the San Francisco Ethnic Dance Festival since 2000. Wendy is the proud mother of Crystal Lee, Miss California 2013 and First Runner-up to Miss America 2014, and Jasmine Lee, Miss San Francisco’s Outstanding Teen 2011, and Miss Asian San Francisco 2012.

6 Mondays, 5:10-6:30  
June 16-July 21  
Kentfield Campus, Physical Education Center 22  
Fee $79 (includes $5 materials fee)  
CRN# 65094
Dance

ARGENTINE TANGO: BEGINNING CLASS AND PRACTICA
Join our sizzling Argentine Tango classes and discover a dramatic new world of music and dance! This course is designed to accommodate both novice tango dancers and those with more experience. It provides an introduction to the social form of Argentine Tango as danced in Buenos Aires and will teach you a code of movement that will get you started with this improvised dance. The class includes an optional, guided Practica where you can practice what you’ve learned.

Debbie Goodwin, MA (Dance Education) and John Campbell specialize in Argentine Tango, studying dance both in the U.S. and in Buenos Aires with renowned Argentine Tango Masters since 1996.

4 Wednesdays, 6-7pm
(Optional, guided Practica: Fridays 8-10pm)
July 2-July 23
Alma del Tango Studio
(in Knights of Columbus Hall)
167 Tunstead Ave, San Anselmo
Fee $55
CRN# 65023

ALSO OF INTEREST ...

BOLLYWOOD!
See page 26.

Drama/Stage and Screen

VOICE OVERS: THE BIG PICTURE
This is a chance to have time on the mic with a critique from Terry McGovern, as well as learn everything you’ve ever wanted to know about the business and marketing side of being a successful voice over actor.

This experiential and informational workshop includes a guest speaker from the industry. Scripts provided! There will be a one-hour lunch break.

Terry McGovern
2 Saturdays, 10am-5pm
June 21 & 28
Kentfield Campus
Science/Math/Nursing Center 226
Fee $99 (includes $2 materials fee)
CRN# 65088

CREATIVE VOICE ACTING: GAME VOICE!
The video game market is the most lucrative consumer entertainment market on the globe. And, contrary to what many think, it is not the exclusive province of male actors. Women’s voices are also in demand! If you would like to turn those voices you do for friends and family into moneymaking reality, Terry McGovern is the man who can show you the way. His voice can be heard on hundreds of games, educational videos and animated projects. The voice of Launchpad McQuack from Ducktales and Darkwing Duck fame, the voice of “These are not the droids you’re looking for” from Star Wars, and the voice of Sega NFL, Terry will show you the skills necessary for success. There will be a one-hour lunch break.

Many of Terry’s students have gone on to sign with talent agencies and have found work in voiceover and animation. Let Terry show you how!

Terry McGovern
2 Saturdays, 10am-5pm
July 19 & 26
Kentfield Campus
Science/Math/Nursing Center 227
Fee $99 (includes $2 materials fee)
CRN# 65089
Film Appreciation

**NEW FILM APPRECIATION: TO THE BEAT OF MY HEART; MUSIC AND LIFE**

Music is more than simply entertainment or the background score to our lives. Music can inspire political, social and cultural movements. It can be emblematic of an era. It can catapult an artist from poverty and obscurity to wealth and fame. It can bridge cultural chasms. Films for this session will explore music’s place in our lives. Three of the films included are: The Buena Vista Social Club (Cuba/USA 1999), The Band’s Visit (Israel 2007) Searching for Sugarman (USA/South Africa 2013)

**Suresa Dundes, MFA (Theatre), M.A. (Education),** has worked as a Literary Manager, director and designer in films, video and theatre. Experienced in teaching Acting, Voice, Film Appreciation and Art Direction, she writes fiction, screenplays and creative nonfiction.

6 Thursdays, 2:10–5pm
June 19-July 24
Kentfield Campus
Learning Resources Center 53
Fee $84 (Includes $1 materials fee)
CRN# 65059 EC

**NEW CINEMA AND PSYCHE: ESSENTIAL BRITISH FILMS**

Join us as we embark upon a fascinating cinematic jaunt across the pond. We’ll watch and discuss six pinnacles of British film from the superb classic period 1935–1950. Explore the artistic technique, symbolic language, depth psychology, and cultural sensibility of master storytellers telling iconic English tales. Immerse yourself in some of the great movies of film history. All films viewed in full, including Hitchcock’s The 39 Steps, Lean’s Brief Encounter, Powell’s A Matter of Life and Death, and Reed’s The Third Man.

- Delve Into Signature Works by Legendary English Directors
- Identify Archetypal Patterns of British Style and Story
- Unpack and Track the Symbolic Language of Movies
- Enrich Knowledge of Film History and Appreciation

**Terry Ebinger, MS,** brings nearly three decades as a depth psychological educator, dream consultant, and group leader to unique programs bridging film studies, archetypal psychology, and cultural anthropology.

6 Mondays, 2:10-5:30pm
June 16-July 21
Kentfield Campus
Science/Math/Nursing Center 226
Fee $115
CRN# 65012

Financial Planning

**WISE UP: FINANCIAL EDUCATION FOR WOMEN**

This financial education program helps women gain the knowledge, skills, and confidence they need to move their financial lives forward. Each week students go through basic information on each module, discuss case studies, and leave with action plans to begin their own planning. Modules cover topics such as financial math, credit, savings, insurance, risk management, investing, and achieving financial security.

The Wi$e Up Program came about as a result of focus group discussions held by the Women’s Bureau of the U.S. Department of Labor with women from across the United States.

**Helen Abe** has more than 20 years of experience helping women with retirement and financial planning. Helen is a Certified Investment Management Analyst, a Chartered Retirement Planning Counselor, and a Certified Wealth Strategist.

4 Wednesdays, 6:30-8:30pm
June 25-July 16
Kentfield Campus
Learning Resources Center 38
Fee $73 (Includes $8 materials fee)
CRN# 65076

A REGISTRATION FORM IS AT THE CENTER OF BOOKLET.
Foods/Wine/Artisan Cheesemaking

Artisan Cheesemaking Program

The Artisan Cheesemaking Program at Indian Valley Campus is offered in the fall and spring quarters. The program trains beginning cheesemakers in the art and science of making artisan cheese. Through lectures and hands-on workshops with experienced cheese professionals, students gain the knowledge and skills needed to identify, evaluate, and produce artisan cheese. Students who complete six required courses may earn the Artisan Cheesemaking Certificate in Dairy Arts.

The program has been developed in collaboration with the California Artisan Cheese Guild and UC Cooperative Extension.

Certificate Requirements

The following courses are required to complete the Artisan Cheesemaking Certificate Program in Dairy Arts:

- A Full Introduction to Artisan Cheese and Its Traditions
- Basic Starter Cultures for Cheese and Fermented Milks
- Milk Types and Quality
- Cheese Chemistry
- Principles and Practices of Cheesemaking
- Hygiene and Food Safety in Cheesemaking

It is highly recommended that students with no background knowledge in food science, microbiology, or chemistry prior to taking the classes start the program with A Full Introduction to Artisan Cheese and Its Traditions. It is also recommended that Hygiene and Food Safety be taken with or following Principles of Cheesemaking.

Commercial cheesemakers and students with a professional background in food science do not need to follow any sequence in order to complete this certificate program. Additionally, prior cheesemaking experience will be extremely valuable to the understanding of the process.

PRINCIPLES AND PRACTICES OF CHEESEMAKING

This two-day course features lecture and discussions on the cheesemaking process. You learn why each step is done, and the vocabulary associated with it. By the end of the course, you will be able to carry out basic cheesemaking procedures including fermentation, coagulation, cutting curd, cooking curd, and forming a finished cheese. The course includes a field trip to a local working creamery. Details to be discussed in class.

A catered lunch is provided both days.

Marc Bates has over 40 years of experience in the food industry including Creamery Operator and Manager for the Washington State University Creamery for 27 years and 11 years as a food industry consultant specializing in cheesemaking.

Maureen Cunnie has been the lead cheese maker at Cowgirl Creamery for twelve years and has served on the board of the California Artisan Cheese Guild as President and Co-Chair for Education Committee.

Thursday & Friday, 8am-4pm
June 26 & 27
Indian Valley Campus, Bldg. 3, Rm 154
Fee $372 (Includes $117 special/materials fee)
CRN# 65103

WINE TASTING FUNDAMENTALS

Have you ever wanted to know more about the aromas and tastes in your wine glass? This class will cover: the basics of the process of winemaking, wine tasting, explore different types of wines, talk about “wine talk” and what it all really means, and some basics of food and wine pairings. Students should bring 2-3 glasses to each class. Students must be at least 21 years old.

David Sandri is a wine industry professional, wine judge around the country, internationally published wine writer, and a Certified Specialist of Wine through the Society of Wine Educators.

2 Wednesdays, 6:30-9pm
June 18 & 25
Indian Valley Campus, Bldg. 3, Rm 154
Fee $69 (Includes $13 special fee)
CRN# 65077

REGISTRATION STARTS MONDAY, MAY 12. REGISTER EARLY.
For More Information Call 415.485.9305

new WINE TASTING FUNDAMENTALS- KENTFIELD CLASS

David Sandri
Saturday, 9am-3pm
July 12
Kentfield Campus, Student Services 111
Deedy Lounge
Fee $69 (Includes $13 special fee)
CRN# 65078

new THE WINES OF LUXURY: EXPLORING CHAMPAGNE AND PORT

When most people wines for special occasions, two words come up – Champagne and Port. This class will explore these unique wines of the world, both from their traditional homes, to expressions of sparkling and fortified wines in the world. Students should bring 2-3 glasses to each class. Students must be at least 21 years old.

David Sandri
2 Wednesdays, 6:40-9pm
July 16 & 23
Indian Valley Campus, Bldg. 3, Rm 154
Fee $74 (Includes $18 special fee)
CRN# 65079

High School

WRITING PERSONAL ESSAYS FOR YOUR COLLEGE APPLICATIONS THAT WILL GET YOU NOTICED

College Admissions officers read thousands of essays each year, so how do you make them take notice of yours? It’s not by using every vocabulary word you learned for the SAT Exam, but by presenting an essay that showcases your own unique story, told in your own voice. This course will help you create a dynamic essay that can adapt to the specific needs of different applications, as well as hone your skills in editing and developing writing topics.

Suresa Dundes MFA (Theatre), M.A. (Education), has been teaching writing to college and high school students for many years. She was a partner in a private college counseling service, where she specialized in working with students developing college entrance essays. She writes fiction, screenplays and creative nonfiction.

3 Thursdays, 10:10-11:30am
June 19-July 3
Kentfield Campus, Austin Center 179
Fee $57 (Includes $1 materials fee)
CRN# 65016

Passionate About Something?

SHARE YOUR TALENT AND SKILLS IN A CLASSROOM SETTING.

Community Education is now accepting new course proposals for the Winter/Spring 2015 quarters.

Current submission deadline: Friday, August 1, 2014.

Download application at www.marin.edu/CommunityEducation
History

ASIA PACIFIC WAR HISTORY
Featuring lectures, personal histories, and films, this course is an introduction to one of the most significant periods of the twentieth century. Because this history is largely unknown in the U.S., and because the Asia Pacific War has had such a profound impact on the U.S., this course aims to present a vital addition to general knowledge for educated citizens. The course instructors have made several trips to China and Japan to study this subject, collect background information and interview Asia Pacific War survivors.

Jean Bee Chan, Ph.D., an Asia Pacific War survivor, has taught at Sonoma State University for 40 years. She is the founder of the Asian Scholarship Fund and the cofounder of the Asian American Alliance of Marin.

Peter Stanek, Ph.D., has studied the Asia Pacific War for several years. He serves as the President of the Global Alliance for Preserving the History of WWII in Asia.

4 Wednesdays, 8:30am - 12:30pm
July 9-July 30
Kentfield Campus
Austin Center 101
Fee $77
CRN# 65101 EC

NEW THE LOIRE VALLEY
ENCHANTED CASTLES - "OUT OF THE USUAL PATH"

The Loire Valley is the cradle of French History. The Loire River is the longest river in France with the most varied sceneries and moods. It is lined with vineyards, forests, medieval fortresses, and flamboyant Renaissance palaces; all forming a playground for the Kings and Queens who created the history of this unusual country.

During this class we shall discuss the historical backgrounds of seven important and unique castles raised in the Loire Valley, however, not positioned on the usual sight-seeer pass ways: Chateau Langenais, Chateau Montsoreau, Chateau Loches, Chateau Cheverny, Chateau Villandry, Chateau d’Usse (the chateau of the “Sleeping Beauty”). We shall discuss the political and personal dramas taking place in each castle throughout the centuries.

Erika Harkins, MA, received her degrees at the University of Paris and Parhon University, in Bucharest.

6 Wednesdays, 2:10-4pm
June 18-July 23
Kentfield Campus
Learning Resources Center 38
Fee $66 (includes $1 materials fee)
CRN# 65071 EC

ALSO OF INTEREST...

THREE WORLD FAMOUS LEGENDARY ACTRESSES FROM THE XIX AND XX CENTURIES
See page 18.

Home and Garden

HOW TO MAKE YOUR OWN ORGANIC HERBAL SALVE
Many people are looking for ways to avoid synthetic ingredients in their personal skin care. In this hands-on class, students will learn to make infused oils and healing salves from organic herbs that can be easily grown at home, or purchased at farmers markets. The class will include a background and description of the common herbs and oils used in skincare. We will then continue to explore ways of extracting their medicinal properties. By the end of the class, students will have concocted their own wound-healing salve, and will have a copy of the recipe to make more at home.

Katja Gruenheidt has been around medicinal plants all of her life. Her deep love for the healing power of nature is reflected in the herbal medicine she creates. Katja has studied with herbalists Catherine Abby Rich and Cheryl Fromholzer who are the inspiration for her dedication to homemade medicine.

2 Saturdays, 9:10am-1pm
July 12 & 19
Kentfield Campus, Austin Center 184
Fee $71 (includes $6 materials fee)
CRN# 65062

FOR REGISTRATION INFORMATION PLEASE SEE PAGE 36
FLOWER CARPET’S / PAVE’S
A flower carpet or pave’ is a flat textural arrangement of flower heads or succulents made in a low, shallow container. They are so close together that no space shows between them. This technique is used to display succulents in wall hangings and also used with low containers for flowers heads. This is a simple technique; a great one to have on your sleeve for any kind of low table arrangement. The results can be so varied, it’s really fun to explore. There is a rich history of the using flowers in the pave style in Europe. We’ll take a look at some examples of the many ways they are used. Then you will have a chance to explore the pave’ technique to make an arrangement to bring home.
Student brings:
• A low shallow waterproof container
• Note: Instructor will email photo example. You can bring your own or order one from her.
• Clippers
• A low box to bring your arrangement home
Teacher provides flowers, other plant materials and floral tape.

MaryAnn Nardo is a freelance floral designer, artist, and has worked in the home staging business for 13 years. Her style is loose and naturalistic. She believes that any plant material is worthy for inclusion in an arrangement: store-bought flowers, garden-grown, or humble “weeds” foraged considerately by the roadside! Contact: maryannnardo@sbcglobal.net

Saturday, June 21, 10:10am-12noon
Kentfield Campus, Fine Arts Center 312
Fee: $82 (Includes $29 materials fee)
CRN# 65063

NATURAL FLORAL DESIGN: HOW TO MAKE STORE-BOUGHT BOUQUETS LOOK GREAT
Buying bouquets at the grocery store or supermarket is how most of us bring flowers into our homes. It’s so easy; take the wrapper off and plunk it in water. But how to make them look better? In this beginning floral design class, we make a simple arrangement in a medium glass Ball jar in honor of casual summer fun, using store-bought bouquets, supplemented with wild, foraged plant material from your yard or the great outdoors. You’ll learn how to assess the freshness of flowers, where they come from, local vs. imported, how to prepare them and compose them, and tips for making them last longer.
Please bring one bunch of mixed flowers (that includes 5 or more varieties of flowers) from a grocery store, supermarket, or farmers market, and a pair of pruning shears or sturdy kitchen scissors that will cut stems. Feel free to bring additional flowers or other plant materials from your yard or garden. The instructor will provide Ball jars and newspaper to bring your arrangement home. For questions, contact the instructor at maryannnardo@sbcglobal.net

MaryAnn Nardo
1 Saturday, June 28, 10:10am-12:00noon
Kentfield Campus, Fine Arts Center 312
Fee: $79 (Includes $26 materials fee)
CRN# 65064
FURNITURE PAINTING- GIVE A NEW LIFE TO YOUR FURNITURE FINDS!
(This course is listed under ART on the Online Schedule of Classes)
Do you have a piece of furniture that you have always imagined painting in a special way, style or finish, but didn’t know the steps how to get there?
In this hands-on class, you will have the opportunity to choose your own piece of furniture to transform from start to finish in the most “green” way possible! Learn how to prepare your furniture, brainstorm various ideas, choose your colors, and design a piece of furniture that is all your creation! By the end of this class, you will have a unique, one of a kind functional work of art that is finished with non-toxic, low VOC paints!
Students must supply their own piece of furniture to paint  • Furnitur e stays at the studio for entire class term  • Art materials may cost about $100
Tricia George, BA in Visual Art/Art Education, is a decorative artist who has painted professionally for over 23 years. Her broad and diverse background gives her the flexibility to paint in a variety of styles, providing her students with a wealth of knowledge, from glazing to trompe l’oeil. She has mastered the art of acrylic painting and looks forward to sharing her experiences with you!
6 Thursdays, 6-9pm
June 19-July 24
Artist’s Studio
122 Paul Drive, Unit B1, San Rafael
Fee $116
CRN# 65082

THREE WORLD FAMOUS LEGENDARY ACTRESSES FROM THE XIX AND XX CENTURIES
The biographies are back! Join us in exploring the lives and works of three legendary women, who through their energy, convictions and accomplishments, left eternal marks on the World of Theatre and Art History:
• RACHEL FELIX - one of the most famous actresses in the first portion of XIX century France; she was celebrated for her unparalleled talent and is credited with reviving the classical French tragedies of Racine and Corneille in the era of Romanticism.
• SARAH BERNHARDT - XIX and XX centuries’ famous French actress who created a new modern method of acting, developing her reputation as a serious dramatic actress and earning the name “Divine Sarah.”
• ELEONORE DUSE - XIX and XX centuries’ famous Italian actress, characterized by simplicity, subtlety, and lack of theatrical artifice; excelling in restrained emotional and dramatic power with a tremendous effect.
Erika Harkins, MA, received her degrees at the University of Paris and Parhon University, in Bucharest. With more than twenty-five years of teaching experience, Erika embraces the premise that literature and history are interrelated and complement one another.
6 Mondays, 2:10-4pm
June 16-July 21
Kentfield Campus
Learning Resource Center 38
Fee $66 (Includes $1 materials fee)
CRN# 65018 EC

ALSO OF INTEREST ..

THE LOIRE VALLEY ENCHANTED CASTLES- “OUT OF THE USUAL PATH”
See page 16.
new THE TWENTY-FIRST CENTURY NOVEL

Since September 11, 2001, a new kind of realist narrative called the global novel has emerged. Post-millenarian authors are engaged in a diversity and variety of new fictional styles and themes to describe the uncertain world we appear to be living in. Their stories undermine our traditional notions of history and intersect with global change and conflict.


Books are available at the College Bookstore on the Kentfield Campus.

**Margo Fields**, MA, MFT, is a psychologist and teacher of comparative literature. Her poetry and fiction have appeared in national magazines and literary journals.

**6 Wednesdays, 10:10am-12:30pm June 18-July 23 Kentfield Campus, Portable Village 6**

Fee $75 (includes $1 materials fee)  
CRN# 65081 EC

new A POETIC JOURNEY: THE PLEASURES OF READING AND WRITING POETRY

Poetry offers myriad pleasures for both readers and writers: beauty, exploration, stimulation, validation, heightened self-expression, and more. Yet many of us are intimidated by the unfamiliar names and seemingly incomprehensible writings often identified with contemporary poetry. Whether you are a reader or a writer, novice or advanced, join us as we cut through the babble and explore the pleasures of poetry from the points of view of both the audience and the poet.

Each week we will discuss one of the primary elements of poetic craft: meaning, form, voice, imagery, and sound. We will then use these craft elements to help us understand and enjoy the writings of a variety of contemporary poets. Finally, in a supportive workshop format, we will present, listen to, read, and discuss each other's poems.

**Stephen Gallani** holds an M.F.A. in Writing (University of SF) and an M.A. in Humanities (Dominican University of California). His poetry has been published in many small press publications, both printed and online.

**6 Tuesdays, 10:00am-12noon June 19-July 22 Kentfield Campus, Austin Center 159**

Fee $66 (includes $1 materials fee)  
CRN# 65092 EC

Marin Adventures courses are conducted in the field; students provide their own transportation. There may be incidental entrance fees to parks. Wear comfortable shoes and dress for weather; bring drinking water and snacks — and your binoculars! Come prepared for fun!

Itineraries: If you register at least eight working days prior to the first class meeting, the Class Itinerary, which includes directions to sites, will be automatically mailed to you. Otherwise, call 415.485.9305 and press 4 when you hear the automated voice. Leave a detailed request, including the class title for which you are registered for and your name and mailing address.

**FLY FISHING 101**

Join the 10% of fly fishers who catch 90% of the fish! In this class about catch-and-release fly fishing, you learn the basics: use of equipment, rigging and casting with dry flies or nymphs, and how to "read the waters" to find fish and select the appropriate flies and strategies. Learn the magic of the 3 P’s: Preparation, Position, and Presentation on moving or still water. The class includes Saturday field trips to local waters such as Lake Lagunitas and Putah Creek.

Class is limited to 14 students. Gear will be provided to those who need it, and equipment will be discussed in class. A supply list will be distributed.

**Larry Lack**, MA, with 37 years of experience teaching science, is a licensed Fly Fishing Guide for California, specializing in teaching beginners. His manual, From Start to Fish, will be distributed in class along with other handouts.

**4 Thursdays, 7:10-9pm June 26, July 3, July 17, July 24 Kentfield Campus**

**Physical Education Center 91**

Plus Casting Practice:

**Saturday, June 28, 8:30-10:30am Marin Lagoon**

Plus 2 Saturday field trips:

**July 19 & July 26, 8am-12pm**

Fee $194 (Includes $6 materials fee)  
CRN# 65020

FOR MORE INFORMATION CALL 415.485.9305 19
BIRD-WATCHING IN MARIN: A FIELD EXPLORATION
Learn to recognize local birds by sight or sound! This class is a field exploration of birds and birding localities of Marin County. The first class meets in the classroom for a slide show and lecture, featuring local seasonal birds, to be followed by a bird-watching walk. All other classes meet at field sites. Class is limited to 16 students. Be sure to bring binoculars to the first day of class.

An itinerary and directions to field sites will be distributed at the first class meeting. Students are responsible for their own transportation.

Lisa Hug, MEd, is an experienced birder in Marin and Sonoma Counties who co-leads pelagic trips and teaches seminars at the Point Reyes National Seashore. Careful! Her passion for birds is contagious!

Orientation: Tuesday, June 17, 9:10am–1pm
Kentfield Campus
Learning Resources Center 36
Plus 4 field trips:
Tuesdays, 8:30am–12:30pm
June 24–July 15
Fee $105
CRN# 65039 EC

MEANDERING IN MARIN
If you enjoy getting exercise, socializing with a congenial group, and learning about birds, flowers, butterflies, and mushrooms, come join the Meanderers. Hikes are four to six miles with an elevation gain of under 1,000 feet, and we stop to enjoy lunch. Come prepared to enjoy yourself, rain or shine. Please see Itineraries above.

Wendy Dreskin, one of the most informative and enjoyable naturalists in the county, leads the always popular Meandering in Marin. Wendy is a recipient of the Terwilliger Environmental Award.

6 Mondays, 9:45am–1:45pm
June 16–July 21
Fee $103
CRN# 65011 EC

EASY SUMMER EVENING HIKES
Enjoy Marin’s gorgeous summer evenings and stunning sunsets in good company. Hikes will be around four miles. Along the way we discuss plants, birds, insects, and whatever else may catch our eyes. Participants must be in good physical condition and capable of hiking, without undue fatigue, at a 30-minute mile pace on uneven terrain with about 1,000 feet of elevation gain.

Please see Itineraries above. Please, dogs are not invited to this class. For more information, e-mail instructor at sharon@marinnature.com

Sharon Barnett is a thoughtful and enthusiastic trail guide and dynamic naturalist. Sharon was the winner of the 2011 Terwilliger Environmental Award. She teaches science at Marin Country Day School and leads natural history outings for Point Reyes Field Institute and Marin Nature Adventures.

Beginning
3 Tuesdays, 6-9pm
June 24–July 8
Locations: See Itineraries Note above
Fee $54
CRN# 65072 EC

Intermediate
3 Wednesdays, 6-9pm
June 25–July 9
Locations: See Itineraries Note above
Fee $54
CRN# 65073 EC
SURFING 101
During this introduction to surfing, you will learn basic water safety and surfing fundamentals, including an understanding of wave formation, tides and wind, surfing etiquette, and basic maneuvers, as well as surfing history and ecological and philosophical principles. Catch a wave at an ocean beach (to be determined in class).

Our first meeting will be in the classroom and will include a swim test in the pool. You are expected to be able to swim for at least 75 yards. The last four sessions will meet at Stinson Beach. Students provide their own transportation.

Bring your own wet suit and board, or rent them ($30-$45). Rental information will be provided in class. Bring your lunch, drinking water, and sunscreen. You will need a swimsuit at the first class. Be prepared for sun.

Jon Gudmundsson has been surfing for over 20 years and is a certified Life Guard.

5 Saturdays, 9am-12noon
June 28-July 26
On-campus meeting:
Saturday, June 28
Kentfield Campus
Physical Education Center 91
Beach meetings:
4 Saturdays, July 5-July 26
Stinson Beach
Fee $158
CRN# 65009

NEW EXPLORING SHIP OPERATIONS IN THE BAY
This class will provide a general overview of commercial shipping operations in the Bay. The course will include a presentation on types of ships, ship construction and manning, commercial and operational requirements of these vessels. There will also be a review of the types/locations of terminals and International, U.S. and California Regulations. A typical voyage for a tanker and container ship into the bay, on to a terminal, including cargo operations, and the vessel heading back to sea will be provided. A survey will be held at the end of this first course to determine specific areas of attendee interest for subsequent courses.

This class is open to adults of all ages. Come with a curious mind!

Captain Craig Thomas graduated from the State University of New York Maritime College and sailed as Third Officer to Captain on tankers. He has held management positions for shipping operations and organizations in the U.S., the U.S. Virgin Islands, England, Australia, Switzerland and Gibraltar.

Saturday, 9:10-11:30am
June 21
Kentfield Campus,
Science/Math/Nursing Center 225
Fee $33 (includes $1 materials fee)
CRN# 65102 EC

Music

THE GOLDEN AGE OF SAN FRANCISCO ROCK: THE SUMMER OF LOVE
In the mid-to-late 1960s, the San Francisco Bay Area exploded with psychedelic rock that captured the imagination of the world, creating legendary music that endures and influences popular culture to this day.

The roots and heyday of the San Francisco Sound will be explored in depth via both common and rare audio recordings by greats like Jefferson Airplane, the Grateful Dead, Janis Joplin, and Santana. We’ll also investigate how the Bay Area’s unique counterculture, promoters such as Bill Graham, and venues like the Fillmore created a scene in which experimental and idiosyncratic rock music could flower. The course will also detail its roots in folk-rock; the integration of jazz, ethnic, blues, and avant-garde influences into psychedelic rock; and how San Francisco rock continued to evolve in the 1970s, into funk, punk, and beyond.

Richie Unterberger is a speaker and award-winning author of ten books on popular music history.

7 Tuesdays, 7:10–9pm
June 17-July 29
Kentfield Campus,
Learning Resources Center 53
Fee $94 (includes $3 materials fee)
CRN# 65021
THE ROLLING STONES
An in-depth overview of the history of the Rolling Stones, the most popular and influential rock group of all time besides the Beatles. Using both common and rare recordings and video clips, the course will trace their artistic evolution from the dawn of their career in the early 1960s, emphasizing their peak achievements in the 1960s and 1970s. The development of the numerous styles they pioneered and mastered will be explored in detail, from the relatively basic American blues interpretations of their first recordings through the blues-rock, hard rock, glam rock, and other styles they delved into in the 1960s and 1970s.

The Rolling Stones were among the most rebellious and individualistic figures in twentieth-century arts and entertainment, and the course will also examine their massive effect on the popular music and culture of their era.

Richie Unterberger
7 Mondays, 7:10-9pm
June 16 - July 28
Indian Valley Campus, Bldg. 15, Room 181
Fee $94 (Includes $3 materials fee)
CRN# 65022

PIANO CLASSES FOR BEGINNERS TO ADVANCED
Piano instruction in both classical and popular music (chords and melody) is offered in a relaxed, supportive, and friendly environment. You will have your own upright piano in the classroom.

Section A (Tuesdays, 7:40-9pm) for those with little or no knowledge of the piano.
Section B (Tuesdays, 6:10-7:30pm) assumes the student has knowledge of note reading and basic piano skills.
Section C (Thursdays, 7:40-9pm) is for students who can proficiently play and count, hands together, pieces of moderate difficulty.
Section D (Thursdays, 6:10-7:30pm) is for the more advanced student. Emphasis is on musical interpretation and expression.

Students will be required to buy music at an approximate cost of $25.
To sign up for Piano Class, use the course number below. If you are unsure of your placement, e-mail the instructor at marciabau@aol.com. Early registration strongly recommended.

Marcia Bauman, PhD (Eastman) is an award-winning composer and pianist, and has taught at Stanford University and the Eastman School of Music.

4 Saturdays, 10:10am-12noon
June 21-July 19 (No class July 5)
Kentfield Campus, Performing Arts 178
Fee $47
CRN# 65029 EC

MUSICAL SNAPSHOTs: COMEDIC MUSICIANS
We will discuss, see video, and hear music from six of many American comedic musicians. Included will be Jerry Lewis in scenes from “The Bellboy” and singing “Rock-a-bye-your-Baby; Victor Borge, in his famous “Phonetic Punctuation” routine; Danny Kaye, doing his “Tchaikovsky and the other Russians” from “Lady in the Dark” and the famous “…in the vessel with the pestle” from “The Court Jester”; Harpo Marx playing classical harp; Spike Jones, (with his City Slickers) playing “Laura”, and Bette Midler, in “The Divine Miss M”.

Jerry Frohmader taught in the Music department at College of Marin for 15 years. He has produced music for television and film, and his musical compositions have been performed in cities, festivals and universities throughout the U.S. and Europe.
SOW YOUR WILD NOTES: A WORKSHOP FOR SONGWRITERS AND COMPOSERS
Calling aspiring composers and songwriters! Have you ever wanted to write your own songs and instrumental music but wondered how to bring it from your imagination into the world? Come grow and share your music in a friendly, non-judgmental environment, and find out what makes a song or instrumental piece of music successful. We’ll start with the basics and explore the creative musical process, from your initial ideas, through creative blocks, to the completion of a short piece of music and its performance. Gathered around the piano, we will share our music and receive individual feedback and instruction, learning from each other’s music. We’ll also learn about music notation software and other tools of the trade. Students should be able to read basic music notation.

Marcia Bauman, PhD
6 Tuesdays, 3:10-4:30pm
June 17-July 22
Kentfield Campus, Performing Arts 178
Fee $77
CRN# 65095

BEGINNING BLUES AND FOLK HARMONICA
Breathing is our foundation as we take simple folk and pop melodies and rhythms and invigorate them with easy but powerful techniques to make any song deeply expressive! We then dive into the blues and learn the many tricks and techniques to make the harmonica cry, laugh, moan and wail to get you jammin’. Both puckering and tongue blocking approaches are taught. No experience necessary! Students need a “C” major diatonic harmonica.

Dave Broida has 25 years of experience as a teacher, student, and performer. He loves to share music with all, especially those who don’t consider themselves musical.

Wednesday, June 25, 6:10-9:30pm
Kentfield Campus, Portable Village 5B
Fee $75 (includes $30 materials fee)
CRN# 65028

CONTEMPORARY VOCAL TECHNIQUE FOR JAZZ AND POP SINGERS WORKSHOP
Singing is an extension of speaking! Learn how to use and maintain a healthy voice while singing with ease through the breaks in your range. This workshop covers vocal exercises that balance the registers, increase range and strengthen your voice. The workshop includes vocal exercises, breath control, relaxation, control of vibrato, ear training, vowel production, group and individual singing with application of technique to songs. A fun and supportive workshop for all levels. You’ll leave with valuable tools to help you sing effortlessly!

Daria, an acclaimed jazz/pop vocalist and recording artist, studied with jazz greats Bobby McFerrin and Mark Murphy. Her training includes healthy techniques of singing and all popular styles of music including Jazz, Brazilian, Blues, and Pop. She has performed and toured worldwide.

Saturday, July 12, 10:10a-1pm
Kentfield Campus, Performing Arts 177
Fee $32
CRN# 65013

FOSTER AND KINSHIP CARE EDUCATION PROGRAM
Patty Cala, Program Director
This program deals with all aspects of becoming a foster or adoptive parent. Special programs are designed for grandparents and other relatives caring for children. Ongoing seminars and support groups are offered to help in the day-to-day caring for these children. Professionals, foster parents, and guest speakers address topics identified by the Foster and Kinship Care Education Advisory Board. Call Patty Cala at 415.457.8811, ext. 8239, for further information. These courses are funded by a grant from the Chancellor’s Office, California Community Colleges.

Parents

INTRODUCTION TO FOSTER AND ADOPTIVE PARENTING
Especially for those new to foster and adoptive parenting, or those beginning the process. Couples and single parents will learn about the court process, behavioral issues, and emotional stresses for foster children and their new family; how to work with the agencies involved; the parent’s role in the child’s life; and the different ages and problems of the children. Offered in Spanish and English. For information, call Patty Cala at 415.457.8811, ext. 8239.
Personal Enrichment

FOR VETERANS: RESET YOUR FUTURE AND THRIVE
This course teaches you to identify your strengths and work from them. You will clarify your goals, and create a strategic plan to reach them. This new self-knowledge will allow you to package yourself to be more attractive to employers, or you may decide to become your own boss. You will also learn strategies to monitor, adjust and adapt your plan as necessary for success. 30 minutes of individual coaching is included and available upon completion of the course. This program incorporates thought-provoking questions, discussion, creative expression, and tools to support you in being in command of your life and resetting your future!

Marilyn Spoja has been a businesswoman, entrepreneur and life coach, aiding people through meaningful and successful transitions for 32 years.

Ann Moreno has been doing business coaching in the areas of marketing and business goals for the past 16 years, and has a Masters in Spiritual Psychology.

6 Tuesdays, 6:40-8:30pm
June 17-July 22
Kentfield Campus, Learning Center 36
Fee $47 (Includes $5 materials fee)
CRN# 65080

new MIKKYO ZEN: HOW TO LIVE IN THE PRESENT MOMENT
Through the practice of Mikkyo Zen, students will seek how best to live in the present moment with less stress and less manifestations of the “Three Poisons (Anger, Craving and Ignorance),” which in turn cause all suffering. Lectures and discussions will focus on the basic tenets of Buddhism and will be taught through the guidance of an ordained monk.

Each week, basic teaching with a specific theme will be provided in the class to support students with future steps of self-exploration.

Koraku Mikami was a former businessman who turned to Mikkyo Buddhism at a time of personal distress. He brings his personal experience, as well as his teachings from Japan, to provide a spiritual journey of understanding where we stand in this universe, and how we can become enlightened during this lifetime.

6 Saturdays, 2:40-4:30pm
June 21-July 26
Kentfield Campus,
Physical Education Center 60
Fee $63
CRN# 65096 EC

Passionate About Something?

SHARE YOUR TALENT AND SKILLS IN A CLASSROOM SETTING.

Community Education is now accepting new course proposals for the Winter/Spring 2015 quarters.
Current submission deadline: Friday, August 1, 2014.
Download application at www.marin.edu/CommunityEducation
Photography

BASIC PHOTOGRAPHY
This course covers the basics: camera types, lenses, filters, depth of field, metering, exposure control, and tripods. We also discuss digital formats, the camera’s menus, and what all the various choices mean.

Two Saturdays we combine classroom and field sessions. A morning in the field will be followed by an afternoon class. Then, an afternoon class is followed by an evening field trip where you learn and practice techniques for long exposures and night photography. Students meet on site and are responsible for their own transportation.

Bring an adjustable camera to class each week. This class is beyond simple point and shoot cameras. Darkroom work will NOT be discussed.

Jed Manwaring’s most recent book is co-authored with Brenda Tharp and was released in August 2012 titled Extraordinary Everyday Photography: How to Awaken Your Vision to Create Stunning Images Wherever You Are.

4 Wednesdays, 7:10–10pm
June 25-July 16
Plus 2 Saturday field trip/class meetings:
Sat., July 5, field trip 7-10am, followed by classroom session 12-3pm;
Sat., July 12, classroom session 2-5pm, followed by field trip 7-10pm.
Indian Valley Campus, Bldg. 7, Rm 192
Fee $124 (includes $2 materials fee)
CRN# 65065

UP AND ROLLING WITH ADOBE PHOTOSHOP LIGHTROOM
This class will give you an overview of Lightroom’s Library and Develop Module’s power to increase your efficiency and precision so you can spend more time shooting and less time at the computer. The class begins by providing you with a solid foundation with the Library Module. You’ll develop a workflow for downloading, organizing, and backing up your images so you’ll always know where they are and how to find them.

Once you’ve mastered the Library you will move on to the Develop Module. Lightroom has a superb toolset that will allow you to make both subtle and expressive adjustment to your images. Come learn how photographers complete 95% of their image processing in Lightroom without the need to use Photoshop, Photoshop Elements, or other image editing programs.


Please bring your own laptop.

Reid J. Thaler is an award-winning photographer who has taught photography since 1976. See his work at www.lumiograph.com

2 Tuesdays & 2 Thursdays, 7:10-9:30pm
June 17-June 26
Kentfield Campus,
Science/Math/Nursing Center 225
Fee $82 (includes $5 materials fee)
CRN# 65105

A REGISTRATION FORM IS AT THE CENTER OF BOOKLET.
Physical Fitness

Note: Please check with your physician before you register for any physical fitness classes. If you have any questions about the level of difficulty of the class, please call 415.485.9305, press 4 to reach a staff person, and ask to leave a message for the instructor. Please see our Refund Policy on page 38.

UNDERWATER HOCKEY
Learn and practice the basic skills of Underwater Hockey (UWH) in a structured 7-session course!

Underwater Hockey is a fast, action-packed (non-contact) sport played on the bottom of a pool by teams of 6 players with masks, snorkels, fins and short sticks. Players move the puck by pushing it or passing it, trying to get the puck into the opposing team's goal. Underwater Hockey is a co-ed sport in which men and women compete on equal terms. It's not about strength; it's about teamwork and skill. No matter what your skill level, UWH is a great way to get fit, have lots of fun, and make new friends. Participants must be at least 12 years old.

Materials fee covers the cost of guidebook and a mouthpiece. Other swim gear will be provided in class. Contact the instructor at jszvanut@gmail.com or call 415-559-3032 for a list of swim gear.

Jason Zvanut has been playing underwater hockey with the San Francisco Sea Lions since 2001, and has earned various medals at regional and National tournaments. He is a certified SCUBA instructor and has taught for National Association of Underwater Instructors.

7 Wednesdays, 7:30-9:30pm
June 18-July 30
Kentfield Campus, Physical Education Center 92 (7:30-8:30pm) Swimming Pool (8:30-9:30pm)
Fee $118 (Includes $28 materials/special fee)
CRN# 65019

BOLLYWOOD!
Bollywood! is a dance fitness class designed to make you sweat! With music from the latest Bollywood hits, this class consists of easy to learn classical and folk Bhangra dance movements and routines. Whatever your goals, these energetic, vibrant moves will strengthen your core, improve flexibility and breath, relieve stress or just make you feel good. All ages and levels are welcome to experience this amazing culture of happy music and rhythms. Comfortable clothes and workout shoes are suggested. Come dance your way to fitness, Bollywood! style...it will make you smile!

The materials fee covers a music CD, which will be distributed in class.

Zeena Quinn has a lifetime of experience in dance, professional performance, choreography and teaching. She has toured the bay area presenting a variety of dance styles. Zeena brings the authenticity of technique into her vibrant teaching style! She is certified in AFAA/Group Training, and, Zumba® dance fitness.

7 Tuesdays, 6:40-8pm
June 17-July 29
Kentfield Campus, Physical Education 22
Fee $82 (includes $2 materials fee)
CRN# 65060

TRANSFORMATIONAL FELDENKRAIS MOVEMENTS
Learn how The Feldenkrais Method™ can help you improve your functioning, balance, flexibility, coordination, posture, and sense of well-being. These lessons increase the capacity for easier and more effective movement in everyday activities.

Each class includes time for discussion. You must be able to lower and raise yourself from the floor independently.

Kay Pepitone
6 Thursdays, 1:10-2pm
June 19-July 24
Kentfield Campus
Physical Education Center 22
Fee $40
CRN# 65084 EC
YOGA FOR EVERY BODY, YOGA FOR EVERY MIND
Practice Iyengar yoga postures with attention to the connection of mind, spirit, and breath. Increasing flexibility and strength restores the body's freedom of movement and alignment. Physical and mental tensions are released, and energy is increased. People with special health and fitness needs are welcome. Be ready to explore the possibilities that yoga has to offer. Note: If you are new to yoga or registering for the Intermediate class for the first time, contact the instructor before registering at susyoga2@gmail.com or 415.388.1549.

Susy Stewart has studied yoga for 30 years including in India with the Iyengars and Integral yoga at the Sri Aurobindo Ashram. She is certified in Integrated Yoga Studies by the California Institute of Integral Studies.

5 Saturdays
June 28–July 26
Kentfield Campus
Physical Education Center 60
Beginner
10:10–11:30am
Fee $63
CRN# 65074
Intermediate
8:10–9:45am
Fee $74
CRN# 65075

RESTORATIVE YOGA AND MEDITATION- SPECIAL SUMMER EDITION!
This class is adapted for all levels and will benefit beginner to advanced students. We will cover basic poses, detailing principles of movement, relaxation, breathing techniques, meditation, energy work and proper alignment to better your overall health and well-being. In this class, we will more thoroughly explore meditation, energy work and the physical practice of yoga. Each class will feature a new meditation. We will gradually build our energetic awareness with specific trainings to increase our prana, i.e., energy. We will aim to combine our increased energetic awareness with our increased alignment and flexibility. By rebuilding the immune system through restorative postures, increased energetic awareness and meditation, we will reduce stress. With yoga props, individual needs are addressed with modifications for past injuries and health issues.

It is recommended to abstain from eating within two hours of the class. Please bring a yoga mat and water, also any yoga props you may require, such as a blanket, two blocks, strap, and/or bolster.

Puni Elston has been dedicated to fitness for over 20 years, has studied/practiced yoga and Pilates for 19 years, and taught for 12 years.

6 Tuesdays, 10:10am–11:30am
June 17–July 22
Indian Valley Campus, Bldg. 20, Rm. 106
Fee $74
CRN# 65097

YOGA AND MEDITATION
In this hatha yoga class, the regular practice of asanas builds to encompass a rich transition of seated, supine, prone, standing, twisted, inverted, and balancing postures — moving through all the body’s planes of motion and eventuating with a practice that flows and grows.

Appropriate for new and returning students. Modifications are given to support beginners to advanced practitioners. Class is designed to gradually increase your strength and flexibility, allowing a deeper exploration of inward reflection, concentration, meditation, and relaxation, and an awakening of our energetic centers.

Each individual class will feature a newly introduced theme, effectively creating 12 specialty workshops. We will also slowly build a strong, aligned and fluid Sun Salutation sequence. The course will culminate with a yoga nidra session, which supports deep and easy sleep.

Puni Elston
6 Tuesdays & 6 Thursdays, 5:40–7pm
June 17–July 24
Indian Valley Campus, Bldg. 20, Rm. 106
Fee $101
CRN# 65098
INTRODUCTION TO PILATES
This popular mind/body exercise conditioning program was developed by Joseph Pilates. We focus on deep breathing while strengthening the core muscles of the trunk of the body, allowing the limbs to move more freely and in proper alignment. Learning to move through Pilates training allows for better function and control of muscles for sports and is now practiced by many athletes, dancers, and office workers, not only to increase performance, but also to rehabilitate the body after injury.

Please bring your own mat to classes at the Indian Valley Campus. Be sure to arrive on time for warm ups to prevent injury.

MinJae Laws
6 Tuesdays, 10:10am–11am
June 17–July 22
Kentfield Campus
Physical Education Center 22
Fee $57
CRN# 65090

CARDIO PILATES
A fun, fat-burning workout that develops cardio endurance, deep core strength, and flexibility. The class starts with a full body cardio workout using various equipment and props such as stretch bands, stability balls, and more. The second half of the class focuses on alignment, flexibility, and deep core strengthening with Pilates mat work.

Be sure to arrive on time for warm ups to prevent injury. Please wear supportive shoes to class.

MinJae Laws
6 Tuesdays, 11:10am-12noon
June 17–July 22
Kentfield Campus
Physical Education Center 22
Fee $57
CRN# 65091

WILD GOOSE QIGONG
Wild Goose Qigong is an ancient practice, 1700 years old. It is a non-strenuous discipline which generates health and balanced well-being. This summer will be an introduction to beginners and a review for experienced students. We will practice a lovely set of 64 flowing movements that imitate the daily activities of the wild goose, a bird much venerated in China. Warm-up stretches, self-massage of acupressure points, and meditation are included in this daily routine of self-care.

Please dress appropriately in loose, comfortable clothing, and bring clean shoes to protect the floor.

Dove Harris Govrin, MS, BC-DTR, is a Certified Qigong Instructor with over 20 years teaching experience.

3 Fridays, 10:00am–12noon
July 11–July 25
Kentfield Campus
Physical Education Center 60
Fee $40
CRN# 65015 EC

JOY OF TAI CHI
The purpose of this tranquil class is to sample a series of gentle, health-giving exercises in a relaxed and playful environment. Tai Chi combines the flow of dance with stretching movements that tone and trim the body and improve circulation, balance, and vitality. The mind is focused and one experiences a general sense of well-being as the chi, or life force, is strengthened. A sampling of Qigong exercises is included. The course is open to adults of all ages.

Katherine Rolston
Beginner
6 Mondays, 3:40–5pm
June 16–July 21
Kentfield Campus
Physical Education Center 60
Fee $55 (includes $1 materials fee)
CRN# 65057 EC

Intermediate/Advanced
6 Tuesdays, 10:45am–12:15pm
June 17–July 22
The Redwoods
40 Camino Alto, Mill Valley
Fee $55 (includes $1 materials fee)
CRN# 65058 EC
ZUMBA®
Move to the hypnotic Latin rhythms of salsa, calypso, reggae, meringue, and pop in easy-to-follow moves in an aerobic fitness program that will blow you away. Routines feature interval-training sessions in combination with fast/slow rhythms to tone and sculpt your body while burning fat.

Bring exercise clothes, athletic shoes/dance sneakers, towel, and water to class.

Tom Mayock was a performing artist with El Teatro Danza Contemporanea De El Salvador (modern, indigenous and classical dance), attended Cornish College of the Arts, and has performed with ballet, jazz, and modern companies, and for film. He is Zumba®-certified, and his web page is www.tommayock.com.

June 16-July 23
Kentfield Campus
Physical Education Center 22
Fee $75 (Includes $1 materials fee)
CRN# 65040

ZUMBA * GOLD I
Join the Party! Zumba Gold is a fusion of Latin and other international music and dance that creates a dynamic, exciting, and effective total body workout, specifically designed for active older adults, including those who have tried Zumba and would like a similar experience with lower impact and intensity, and/or those just beginning their journey to a fit and healthy lifestyle.

Unlike Zumba, Zumba Gold considers the anatomical and physiological needs of the older adult when developing choreography. However, like Zumba, it provides the same friendly dance party atmosphere. While exploring a medley of easy-to-follow dance rhythms and variations, along with elements of fitness, Zumba Gold is accessible to most everyone, regardless of age or skill level, and can be modified for individuals who use a chair. No dance experience is necessary.

Please wear comfortable clothing and supportive athletic shoes or dance sneakers that allow you to move easily. Bring water and come prepared to have fun!

Zumba Gold I is a beginning class. Please e-mail the instructor at diana.scranton@marin.edu for more information.

Diana Scranton, M.Ed., is American Senior Fitness Association-certified and is a Zumba®, Zumba® Gold, Zumba® Gold Toning and Dance for Parkinson’s Disease Instructor.

June 18-July 23
Kentfield Campus
Physical Education Center 60
Fee $63
CRN# 65025 EC

6 Tuesdays & 6 Thursdays, 2:40–3:30pm
June 17-July 24
Kentfield Campus
Physical Education Center 60
Fee $63
CRN# 65026 EC

ZUMBA * GOLD II
Zumba Gold II is designed for students who have either attended at least two sessions of Zumba Gold I, have dance experience and are comfortable moving at a more challenging pace or have discussed their enrollment with the instructor. Zumba® Gold Toning (strength training, using 1-lb. Zumba® Sticks, provided by instructor) is optional during the later portion of this class.

Diana Scranton, M.Ed.
6 Tuesdays & 6 Thursdays, 3:40-4:30pm
June 16-July 23
Kentfield Campus
Physical Education Center 60
Fee $63
CRN# 65027 EC

WADO KI KAI KARATE
“At the end of a long day, it feels so good to move and stretch while learning something new!” —Christina

Wado Ki Kai means ‘to learn from all things.’ Originating in Japan, this school of karate includes Tai Kwan Do kicking and Shotokan hand techniques. The class is open to everyone interested in learning martial arts techniques; there are no prerequisites. Building self-confidence, integrity, humility, physical strength, coordination, agility, and a powerful sense of awareness are all attributes to this class. Karate attire is optional.

Hursey Baker holds a fourth degree black belt in Karate and has been teaching students of all ages for 20 years. He has taught at the College of Marin for 12 years. Hursey is certified by the American Teachers Association of Martial Arts and the American Aerobics and Fitness Association, as a group exercise instructor.

6 Mondays & 6 Wednesdays, 6:40–8pm
June 16-July 23
Kentfield Campus
Physical Education Center 60
Fee $107
CRN# 65014

6 Mondays & 6 Wednesdays, 7:10-8:30pm
June 18-July 23
Kentfield Campus
Physical Education Center 22
Fee $75 (Includes $1 materials fee)
CRN# 65040

Kentfield Campus
Physical Education Center 60
Fee $63
CRN# 65025 EC

Indian Valley Campus, Bldg 15, Rm 170
Fee $63
CRN# 65026 EC

Kentfield Campus
Physical Education Center 60
Fee $63
CRN# 65027 EC

WADO KI KAI KARATE
“At the end of a long day, it feels so good to move and stretch while learning something new!” —Christina

Wado Ki Kai means ‘to learn from all things.’ Originating in Japan, this school of karate includes Tai Kwan Do kicking and Shotokan hand techniques. The class is open to everyone interested in learning martial arts techniques; there are no prerequisites. Building self-confidence, integrity, humility, physical strength, coordination, agility, and a powerful sense of awareness are all attributes to this class. Karate attire is optional.

Hursey Baker holds a fourth degree black belt in Karate and has been teaching students of all ages for 20 years. He has taught at the College of Marin for 12 years. Hursey is certified by the American Teachers Association of Martial Arts and the American Aerobics and Fitness Association, as a group exercise instructor.

6 Mondays & 6 Wednesdays, 6:40–8pm
June 16-July 23
Kentfield Campus
Physical Education Center 60
Fee $107
CRN# 65014
**NEW** SELF-DEFENSE FOR OLDER ADULTS

This class focuses on self-defense and personal safety for the elderly. Students will learn skills including awareness, body language, verbal techniques and strategies needed to preserve safety in hostile or dangerous situations. While the elderly may have a limited ability to apply physical techniques for self-defense they need not have a defenseless presence or communicate vulnerability in their posture and demeanor.

Information about the most common dangers that older adults face (purse snatching, pick pocketing, con artists scams, cell phone theft, home & auto theft) will be discussed with an emphasis on how to avoid becoming a victim of such crimes.

Students will learn what to do in each of the most common crime scenarios (if prevention has not been successful) in order not to be injured and how to maintain balance, alert others, get to safety and calm their body and mind after a frightening event.

Students will learn simple movement exercises (based on Tai Chi and Rosen Method Movement) that will increase their physical confidence and enhance balance, coordination, flexibility and strength.

**Hursey Baker**
6 Wednesdays, 2:10-3:30pm  
June 18–July 23  
**Kentfield Campus**  
Physical Education Center 60  
Fee $74  
CRN# 65085

**NEW** SELF-DEFENSE FOR WOMEN

The class format is designed for women and will include the special obstacles they face in a hostile environment, including addressing societal conditioning to “be nice” rather than trust their instincts when sensing danger and then setting the necessary strong boundaries and moving quickly to get to safety. This class will also teach awareness, body language, verbal and physical techniques and strategies needed to preserve safety in hostile or dangerous situations.

The class format is based on self-defense techniques, stances, awareness and posture. It will draw on karate and Tai Chi fundamentals.

No martial arts experience is required. Students should wear clothing suitable for a wide variety of movements.

**Hursey Baker**
6 Wednesdays, 5:10-6:30pm  
June 18–July 23  
**Kentfield Campus**  
Physical Education Center 60  
Fee $74  
CRN# 65086

**BOXING FOR FITNESS**

*Note: This is a movement class and there is NO CONTACT involved.*

Train in the art of boxing, and feel healthier and more alive! This fitness class is suitable for any reasonably active adult. It offers a workout that builds strength and endurance and helps you to lose weight. Using boxing skills and drills, you increase your muscular and cardio endurance and engage your core. Both the upper and lower body are toned and strengthened. Exercises are tailored to student’s level of fitness. One-on-one training and style development as time allows. This class does not include contact.

**Edward Green**, Executive Director of Marin Boxing Club, created the One Kid at a Time boxing program.

6 Tuesdays & 6 Thursdays, 6:40–8pm  
June 17–July 24  
**Kentfield Campus**  
Physical Education Center 60  
Fee $101  
CRN# 65087
JOY OF TENNIS
This evolutionary approach to the game eliminates the biggest impediment to peak performance — competition. Playing competitively before mastering the basic skills, which is how we all have learned, lowers performance, limits potential, undermines self-esteem, and diminishes enjoyment. Undo past limitations around learning and performance while having fun developing the skills necessary to playing well. Great workout — physically, mentally, and emotionally! The nurturing, supportive learning environment inspires you to be your best, on and off the court.

Skill levels must be appropriate for the class. For Intermediate 1 and 2 classes: Students not previously enrolled in a Joy of Tennis class must get permission from the instructor before enrolling. The instructor may be reached by phone at 415.717.5446 or by e-mail at effortlesstennis@comcast.net.

Brent Zeller has been playing tennis for 46 years, teaching the game for 40 years, and has an extensive background in psychology, philosophy, and learning theory. Jeff Price has been in the game of tennis for over 20 years. He has developed instructional skills and a kind and patient way with beginning students. His class features a nurturing, supportive learning environment that will inspire the student to do their best and experience the joy of tennis.

Kentfield Campus, Tennis Courts
Brent Zeller and Jeff Price
Beginning
8 Tuesdays, 10:10-11:30am
June 17-August 5
Fee $124 (includes $8 materials fee)
CRN# 65054

Brent Zeller
Intermediate 1
8 Thursdays, 10:10-11:30am
June 19-August 7
Fee $124 (includes $8 materials fee)
CRN# 65055

Brent Zeller
Intermediate 2
8 Wednesdays, 10:10am-12noon
June 18-August 6
Fee $163 (includes $8 materials fee)
CRN# 65056

STRENGTH, FLEXIBILITY, BALANCE, AND AGILITY TRAINING FOR ADULTS AND OLDER ADULTS
This beginner/intermediate class is designed for you to get stronger and more flexible along with improving your posture, balance, and response time. Starting with mat work that includes core exercises, we progress to standing strengthening exercises, then focus on balance and agility movements. 15 minutes of luxurious stretching finishes off the routine. Students leave feeling energized, strong, flexible, and relaxed.

If you are new to exercise or getting back into a routine, recovering from an injury or just want to work out with a group, this class is for you! The instructor helps individualize your routine based on special needs and/or injuries.

Betsy Best-Martini, MS (Recreational Therapy), SFA certified, is a rehab therapist with over 25 years of experience working with adults and older adults.

7 Wednesdays & 7 Fridays, 7:30-9am
June 18-August 8 (No class July 4)
Kentfield Campus
Physical Education Center 22
Fee $96
CRN# 65024 EC

ADVANCED STRENGTH AND FITNESS TRAINING
Improve your quality of life, prevent — or even reverse — typical trends of aging, and have fun along the way. For adults of all ages. This class provides sensible and safe exercises for improving your strength, cardio-respiratory endurance, flexibility, body composition, posture, and balance. The instructors help you with a personalized and independent fitness program to meet your individual needs and goals. The course includes the use of gym machines, free weights, floor exercises and stretching. Feel free to contact Hazel@StridebyStride.com or phone Jim Owens at 415-827-3987 to learn more about the class.

Hazel Wood, SFA-certified
Jim Owens, SFA-certified
6 Tuesdays & 6 Thursdays, 7-8:45 a.m.
June 17-July 24
Kentfield Campus
Physical Education Center 20 (7-8am)
Physical Education Center 23 (8-8:45am)
Fee $85
CRN# 65099 EC
Aqua Exercise for Older Adults

The purpose of this tranquil class is to experience gentle, health-providing exercises in a relaxing medium: the water. Active adults especially enjoy this kind of exercise because it releases all pressure from the skeletal system. At the same time it loosens painful joints and muscles, while improving flexibility, strength, endurance, and the whole cardiovascular system. Enjoy your body in movement, floating weightless while meeting others in a playful environment.

You must be able to get in and out of the pool on your own. No assistance is available.

Russell Robles
5 Mondays & 6 Wednesdays, 9:40-11am
May 19-June 25 (No class May 26)
Kentfield Campus, Pool
Fee $53
CRN# 65043 EC

6 Tuesdays & 6 Thursdays, 9:10-10:30am
May 20-June 26
Indian Valley Campus, Bldg 21 Pool
Fee $56
CRN# 65044 EC

4 Mondays & 4 Wednesdays, 9:40-11am
August 4-27
Kentfield Campus, Pool
Fee $37
CRN# 65045 EC

4 Tuesdays & 4 Thursdays, 9:10-10:30am
August 5-28
Indian Valley Campus, Bldg 21 Pool
Fee $37
CRN# 65046 EC

Travel

Present Day Cuba and How to Travel There Legally

This course begins with a review of the past 50 years of Cuba’s history, including Cuba’s current social structure, the Cuban Revolution that began in 1960, the Bay of Pigs and Missile Crisis, and other controversial landmarks. Cuba currently functions under a combination of communist, socialist, and capitalist principles; we examine current relaxations in the government’s policies, allowing for home businesses. Cuba has excelled in the performing and visual arts, as well as in medicine—we discuss how the government has helped Cuba achieve a few great things. Finally, we examine opportunities to legally travel in Cuba.

Paul Bardwil has developed and delivered international travel programs to enhance educational opportunities for hundreds of students, adults, and business professionals each year, mostly in Mexico, Cuba, Spain, China, and Japan.

Wednesday, June 18, 6:10-9pm
Kentfield Campus,
Science/Math/Nursing Center 226
Fee $50
CRN #65066

New Winter Birding and Retiring in Mexico

Have you ever thought about spending your retirement in Mexico? Did you know the largest population of American citizens located outside the United States is just outside of Guadalajara? Were you aware that you can have your social security check mailed directly to the embassy in Mexico? Whether you know Spanish or not, explore what Mexico has to offer as a retirement spot or maybe just to spend the winter! Class focuses on Puerto Vallarta and Guadalajara.

Paul Bardwil
Wednesday, June 25, 6:10-9pm
Kentfield Campus,
Science/Math/ Nursing Center 226
Fee $50
CRN #65067
Writing

ELEMENTS OF CREATIVE WRITING

“There are three rules for writing well. Unfortunately, no one knows what they are.” - Somerset Maugham

Not to worry. There are tried and true elements to the art of writing; this workshop will tell you what they are. Whether you’re just beginning or have been at it awhile, your work receives thoughtful critiques in a fun, supportive atmosphere. The class is open to writers of all genres. Each class begins with a short piece by a notable author and a brief discussion. Helpful prompts are always available.

Thomas Centolella is a former Stegner Fellow in Creative Writing at Stanford University. Among his honors are an American Book Award, a California Book Award, and a Lannan Literary Fellowship. He is the author of three books, and his work has been featured on NPR and in many anthologies.

6 Mondays, 5:30–8:30pm
June 16–July 21
The Redwoods
40 Camino Alto, Mill Valley
Fee $102
CRN# 65068 EC

WRITE ON! WORKSHOP: CREATIVE WRITING THAT NURTURES WELL-BEING THROUGH SELF-EXPRESSION

We write to reveal ourselves to ourselves and to others. WRITE ON! creates a non-judgmental context where a person’s deeper truths are uncovered and may be shared. Sensing, stretching, and breathing bring us into the moment. This creative learning and training process rekindles self-esteem, bringing us the confidence to lead a more effective life. While the focus of the workshops is not on writing techniques, students find their writing improves in depth and resonance.

Among the topics discussed are personal history, fictional derivatives of that history, loss, health/aging, birth/rebirth, the nature of love, and transitions. Constructive criticism has its place, but not in this class; here only positive reflections are shared.

Published poet Robert-Harry Rovin developed and has led WRITE ON! for nine years.

6 Saturdays, 2:10–4pm
June 21–July 26
Kentfield Campus, Fine Arts Center 201
Fee $102
CRN# 65069 EC

Passionate About Something?
SHARE YOUR TALENT AND SKILLS IN A CLASSROOM SETTING.

Community Education is now accepting new course proposals for the Winter/Spring 2015 quarters.
Current submission deadline: Friday, August 1, 2014.
Download application at www.marin.edu/CommunityEducation

A REGISTRATION FORM IS AT THE CENTER OF BOOKLET.
THE POETIC PILGRIMAGE: WRITING POETRY AS SPIRITUAL PRACTICE/ INTENSIVE

As we rush through our days, the urge to root ourselves in something deep and sustaining intensifies. The writing of poetry not only serves this urge, but has many similarities to traditional spiritual paths: focus on presence, development of compassion and detachment, sincere truth-telling, surrender to something beyond ourselves. In this intensive class we will use poems and sutras from various traditions to lead us into such topics as: The Inner Ear, Luminosity, Rhythm (& Blues), and The Art of Being Surprised by Our Own Poems. And we will read and write poems to our hearts’ content...every day of the week.

Prathee Sereno’s publications include Call from Paris, which won the 2007 Washington Prize in The Word Works’ national poetry competition. She is also author/illustrator of the poetry collection, Causing a Stir: The Secret Lives and Loves of Kitchen Utensils, bronze medalist in the 2008 national Independent Publisher’s Awards.

Monday–Thursday, 10:10am–1pm
June 23–26
Kentfield Campus,
Physical Education Center 61
Fee $65
CRN# 65070 EC

EMERITUS COLLEGE AT COM

LIFELONG LEARNING.
LIFELONG DOING.
LIFELONG FRIENDS.

LIFELONG LEARNING
• Classes on physical fitness, art, music, writing, history, film appreciation and foreign languages. Phone 415.485.9305 for more information or to obtain the latest Community Ed. Schedule.
• $15 Membership comes with joining as many of the stimulating and sheer fun Clubs as you wish, or start your own club – see inside back cover for current listings.
• Receive your monthly Emeritus Newsletter full of the latest Emeritus buzz, where you can submit an article, a short story or see your paintings or photographs hang in the Emeritus Gallery.
• Attend the HOOKED ON MARIN Speaker Series where Marin comes alive and into full focus. Visit www.HookedonMarin.com for details.

LIFELONG DOING
• Serve on the ESCOM Council, or various Committees that suit your interests. Sharpen your writing skills by helping to shape and UPDATE our Active Lifelong Learners’ website. Emeritus is where you can Volunteer Your Skills, the ones you always wanted to see valued. Become a shaker and mover for your community when you join the Emeritus Program. Or just experience Emeritus for the joy of it.

LIFELONG FRIENDS
EMERITUS CENTER
Kentfield Campus: Students Services Building Room 146. Phone 415.485.9652
Indian Valley Campus: 415.457-8811 ext. 8322
Emeritus College

Emeritus College is a unique program designed to meet the needs of the County’s lifelong learners who already have their degrees and/or are retired or considering retirement. Emeritus College classes and the Emeritus Students College of Marin (ESCOM) actively support the principles of quality of life, lifelong learning, and creative retirement.

Art
Watercolor Basics and Beyond ..............6
The Flow of Watercolor: .......................6

Film Appreciation
The Sixth Annual: To the Beat of My Heart; Music and Life.........................13

History
Asia Pacific War History.......................16
The Loire Valley Enchanted Castles-“Out Of The Usual Path”..........................16

Literature/Humanities
Three World Famous Legendary Actresses From The XIX and XX Centuries .........18
The Twenty-First Century Novel ..........19
A Poetic Journey: The Pleasures of Reading and Writing Poetry ......................19

Marin Adventures
Bird-Watching in Marin.........................20
Meandering in Marin .........................20
Easy Summer Evening Hikes .................20
Exploring Ship Operations In The Bay....21

Music
Musical Snapshots: Comedic Musicians...22

Personal Enrichment
Mikkyo Zen: How To Live In The Present Moment ........................................24

Physical Fitness
Transformational Feldenkrais ................26
Wild Goose Qigong ............................28
Joy of Tai Chi ....................................28
Zumba Gold ® I and II.........................29
Advanced Strength & Fitness Training.....31
Strength, Flexibility, Balance, Agility ......31
Aqua Exercise for Older Adults ............32

Writing
Elements of Creative Writing ..................33
WRITE ON! Workshop: Creative Writing...33
Poetic Pilgrimage: Spiritual Practice .......34

Emeritus Council is Looking for Writers, Artists, Accountants, Desk Volunteers and People Who Want to Lead.

Call 415.485.9652
Become a Member. Join ESCOM.

FOR MORE INFORMATION CALL 415.485.9305  35
Emeritus Students College of Marin (ESCOM)

A Student Organization for Marin’s Mature Adults
Join Emeritus Students of College of Marin (ESCOM), established in 1974, and discover a world of opportunity to support lifelong learning and network with like-minded individuals. Members are from all social and educational backgrounds.

EMERITUS CENTERS
Kentfield Campus: 415.485.9652
Indian Valley Campus: 415.457.8811, ext. 8322

Please visit the Emeritus Center on the Kentfield Campus or Emeritus North on the Indian Valley Campus. Both centers offer a lounge for ESCOM members and a place for ESCOM committees and clubs to meet. ESCOM volunteers welcome you at both locations. The Emeritus Center, Kentfield Campus, Student Services Building, Room 146, is open Monday through Friday, 9:30am-3:30pm, and is staffed by volunteers. Emeritus North, on the Indian Valley Campus, is located in the Administrative Services complex, Building 10, Room 140. To schedule use of Emeritus North, please call 415.883.7805.

ESCOM Tuition Grants
The ESCOM Council awards tuition grants to eligible students for any COM Community Education course. You must be a minimum of 55 years of age and submit a statement of financial need. Only partial grants are awarded due to limitations of funding.

To be eligible for a Tuition Grant, you must have registered and paid all registration fees. Please call 415.485.9652 to request to have the application procedures and an application mailed to you, or come to the Emeritus Center. Completed application forms must be received at the Emeritus Center on the Kentfield Campus no later than the end of the business day, Monday, June 9.

Registration Information

REGISTRATION BEGINS
Monday, May 12
For more information, call 415.485.9305.

To Apply
New/Returning Students
You may apply in person, fax or by mail by completing and submitting the Noncredit/Community Services Application for Admission, available on campus and found at the center of this Community Education schedule of classes. You can also print out the online form and bring it with you to pay in person.

To Register Online
Online registration is available for students who previously registered in a class and received their MyCOM username and password.

Set-Up
The first time that you register online, you will be asked for the Username and temporary Password that were sent to you when your application was processed. Enter your Username and temporary Password, then click the Submit button. Once you hit the Submit button, you will be alerted that your temporary Password has expired. Be prepared to enter a permanent Password from 8 to 20 characters and including at least 1 number. Example: Giselle16. The next step is to answer the security questions. Once you do that, your Set-Up is complete.

To Register for Classes
On the main screen that says: Welcome to MyCOM Portal (your MyCOM Portal home), there are tabs, including Home, Student, and Tutorials. Click the Student tab. On the left hand side of the screen, it gives you several options. Click: Register, Add or Drop Classes. Select a term. Example: Summer 2014 Community Ed. (Term must include words Community Ed.) Click Submit. The next screen will say Add or Drop and will give you 10 boxes in which to add classes. Enter the Course Registration Number (CRN) for each class selected. Once you have entered your classes, click on Submit Changes to register. Community Education classes may not be dropped online.
Register In Person
You may register in person for Community Education classes at the Admissions Offices on either campus.

Register by U.S. Mail
Please mail your registration at least eight (8) business days prior to the first class meeting to ensure that your name appears on the instructor’s roster. The mailing address is College of Marin, Community Education Registration, 835 College Ave., Kentfield, CA 94904.

Register by Fax
Fax your registration to 415.460.0773. Faxed registrations will be processed within five (5) business days.

Payment of Fees
For all registration methods, you may pay for classes with a MasterCard or Visa number; (American Express or Discover accepted online only); please include the expiration date. If you prefer to pay by check, please enroll in person or by U.S. Mail. Be advised that the college charges $15 for all returned checks. Fees are not transferable between quarters. Please see To Pay Registration Fees Online above.

Additional Information

Changes May Occur Without Notice
College of Marin has made every reasonable effort to determine that information stated in its publications is accurate, but the College reserves the right to alter fees, statements, and procedures contained herein without notice. Fees and procedures are subject to change at any time by the State Legislature and the College Board of Trustees. It is the student’s responsibility to meet and remain informed of College requirements. When changes occur they will be printed in the next regular publication of the schedule, or posted online at www.marin.edu/CommunityEducation. Classes may be cancelled for insufficient enrollment at the discretion of the College.

Materials and Special Fees
Materials fees cover the cost of supplies and duplicating distributed to students in class. Special fees cover additional costs and may include rental fees, other supplies, and in the case of computer classes, software licenses, computer replacement fund, and other equipment fees.

Confirmation of Enrollment
A confirmation of enrollment may be obtained during the current quarter through the MyCOM Portal at https://MyCOM.marin.edu.

Waitlist Procedures
If you attempt to register for a full class, your name will be placed on a waiting list and you will NOT be charged. If you mailed a check, it will be returned to you. Unless specified otherwise in the course description, you may attend the first class and check with the instructor for possible admittance. If you are allowed into the class by the instructor, please request an Authorization Code from the instructor and register with it, using any of the registration procedures described here.

Verification of Enrollment/Registration Policy
For verification of your enrollment/registration in classes, please go to: http://mycom.marin.edu during the current quarter and put in your log-in information. Click on the Student tab and find the center box that says: My Courses. Under My Courses, click where indicated to view the classes in which you are now registered. Print this and attach your fee payment information.
Registration Forms
A registration form is at the center of this schedule. Additional forms may be photocopied or downloaded from www.marin.edu/CommunityEducation. Click on Apply and Register. Registration forms are also available at the Office of Admissions and Records on either campus.

For All Methods of Registration
Please answer all questions on the registration form to be sure that your registration can be processed. Registrations are processed in the order received.

Early Registration Recommended
Early registration promotes successfully enrolled classes and avoids unnecessary cancellations. Register early to ensure your place in class.

To Register after Class Begins
If you would like to register for a class which has already begun, please go to the class and ask the instructor for an Authorization Code and reference the code when you register, whether online, in person, or through the mail. Your admission into the class is at the instructor’s discretion.

Textbooks
If an instructor wishes to recommended a textbook to students, that information will be included in the course description. If the instructor has requested, texts will be available at the College Bookstore, 415.485.9394, and are available to order online at http://marin.bncollege.com (Note: Select “C ED” under Department).

Faculty Evaluation Questionnaire
Evaluating faculty is an essential element in maintaining our high standards. You may be asked to spend a few minutes completing a faculty evaluation questionnaire in class. We appreciate your honest and thoughtful assessment of your instructor and of your experience with us.

Students Under 14
Minors 13 years of age and under must obtain the verbal consent of the instructor prior to registration. To contact an instructor or if you have questions, please call 415.485.9318.

Attendance at First Class Meeting
If you are registered but cannot attend the first class meeting, please call the Community Ed Office at 415.485.9318 or e-mail community.ed@marin.edu to get a message to the instructor.

Refund Policy
Classes canceled by College of Marin will be refunded in full. All refunds are disbursed in the form of a check mailed to the address you have on file with the college. Refunds take approximately six (6) weeks to process.

To Request a Refund: We will gladly process your request for a refund if it is received in our office at least three (3) business days (Mon.-Fri.) prior to the starting date of the class. For instance, if a class starts on a Monday, the refund request must be received in the Community Ed office by the end of Wednesday of the prior week. We cannot accept requests for refunds, regardless of the reason, if they are received less than three (3) business days prior to the class start date.

There is a $10 service fee for all processed refunds.

To request a refund, please submit a letter containing all pertinent information (name, address, daytime phone, student identification number, course title, course number, and your signature). Requests may be e-mailed to community.ed@marin.edu or faxed to 415.456.5065. Requests may also be mailed to: College of Marin, Refunds/Community Education, 835 College Ave., Kentfield, CA 94904. Requests sent by U.S. mail must be postmarked at least three (3) business days prior to the start date of the class. Refunds take approximately six (6) weeks to process.
Parking Information

Parking Permits are required all day for parking Monday through Friday. They are not required on Saturdays, Sundays, or holidays. You may purchase a permit for the day for $3 (subject to change) through Parking Permit dispensers located near the entrance to each lot. Or you may purchase a semester-length Parking Permit as described below. Except during summer, a semester encompasses two Community Ed quarters. No Parking Permits are required for disabled students provided they display a State of California Department of Motor Vehicles-issued disabled placard or license plate.

Purchase Your Parking Permit Online

**Summer 2014 Parking Permits are available now for online purchase only.** Please be advised that you must be enrolled for Summer 2014 classes in order to be eligible to purchase a student Parking Permit. A nominal processing fee of $3.50 applies to all online Parking Permit orders.

Follow these easy steps:
1. Click on the Parking Permit link in the Student Records Channel (bottom left corner of the portal page)
2. Fill out the form & follow directions
3. Print Temporary Parking Permit (paper)

You will receive your Term Parking Permit in the mail (decal). Please note: Discount for eligible financial aid students will be applied to online orders.

Directory

Community Education Main Office
415.485.9305

Intensive English Program
415.457.8811, ext. 8579

International Education Office
415.457.8811, ext. 7740

Admissions & Records Office
415.457.8811, ext. 8822

Emeritus Center, Kentfield
415.485.9652

Emeritus Center, Indian Valley Campus
415.457-8811, ext. 8322

Counseling
415.485.9432

Bookstore
415.485.9394

Library Services
415.485.9656

Media Center/Language Lab
415.485.9645

Disabled Students Program
415.485.9406

Community Education

College of Marin Superintendent/President
David Wain Coon, Ed.D.

Executive Dean
Indian Valley Campus & Workforce Development
Nanda Schorske, M.B.A.

Community Education Services Staff

Director, Community Education, Lifelong Learning, and International Education
Jason Lau, Ph.D.

Program Specialists
Cheryl Carlson, Jesse Klein

Intensive English Program (IEP) Coordinator
Sara Oser

Administrative Assistant
Valerie Marckwordt

Community Education Office Technician
Heather Peitz

International Education Office Technician
Rebecca Freeland

Intensive English Program (IEP) Office Aide
Brady Meyring

Work-Study Student
Yuliya Ghosh

The Community Education Schedule is published four times a year by College of Marin (a nonprofit organization), 835 College Ave., Kentfield, CA 94904-2590
Equal Opportunity Statement
The Marin Community College District is committed by policy not to discriminate on the basis of, or the perception of, race, ethnic group identification, ancestry, color, religion, age, gender, national origin, sexual orientation, disability (mental or physical), marital status, medical condition (cancer, genetic characteristics, or pregnancy), and status as a veteran in any of its educational and employment programs and activities, its policies, practices, and procedures. Students who believe that this policy has been violated have the right to file an internal complaint or a complaint with the Office of Civil Rights. The Marin Community College District makes every attempt to stay in compliance with the requirements of Title IX of the 1972 Education Amendments, the Equal Employment Opportunity Act of 1972 (Title VII of the Civil Rights Act of 1964 as amended), the Civil Rights Act of 1991, and Section 504 of the Rehabilitation Act of 1974, the Americans with Disabilities Act, the California Fair Employment and Housing Act of 1980, the California Fair Employment and Housing Commission Rules and Regulations, and the Vietnam Veteran’s Readjustment Act of 1974. College of Marin, under the Equity in Athletics Disclosure Act of 1994, provides information concerning the operation of its intercollegiate athletics program. A completed report is available in the Admissions and Records Office, the Library, and the Athletic Department for public review. College of Marin policy 5.004 prohibits verbal, physical, visual, and sexual harassment of any applicant, employee, or student by any District employee on the basis of any category or combination of discriminatory categories prohibited by state or federal law. Nonemployees while on District property are also expected to follow these guidelines. It is further the policy of this District to ensure equal opportunity in all of its programs and in all aspects of employment. The lack of English skills will not be a barrier to admission to and participation in vocational education programs.

Contacts
Equal Opportunity Employment/A.D.A. Compliance Officer—Executive Director, Human Resources (or Designee) Administrative Center, Kentfield Campus 415.485.9504
Title IX/Section 504 (Disability) Coordinator—Director of Student Affairs—Dr. Arnulfo Cedillo, SS Center, Rm. 251, Kentfield Campus 415.485.9375
Gender, Equity Coordinator—David Cook, Director of Financial Aid SS Center, Rm. 263, Kentfield Campus 415.485.9409

Open Enrollment Policy
It is the policy of College of Marin that every course section or class, for which attendance is reported for state aid, shall be fully open to enrollment and participation by any person who has been admitted to the college and who meets such prerequisites as may be established pursuant to Chapter II, Division 2, Part VI, Title V of the California Code.

Passionate About Something?
SHARE YOUR TALENT AND SKILLS IN A CLASSROOM SETTING.
Community Education is now accepting new course proposals for the Winter/Spring 2015 quarters.
Current submission deadline: Friday, August 1, 2014.
Download application at www.marin.edu/CommunityEducation
Kentfield Campus Map

Admissions and Records
SS 254; 415.457.8811 ext. 8822
Assessment and Testing Office
SS 238; 415.485.9469
Bookstore
LC, First Floor; 415.485.9394
CalWORKs
LC 160; 415.485.9605
CalWORKs Employment Counseling
LC 31; 415.485.8811 ext. 7616
Campus Police
TB 1, Rm. 105; Lost and Found and other non-emergencies 415.485.9455
In case of emergency, dial 911
Child Study Center
1144 Magnolia Ave. (see map below); 415.485.9468
Counseling
SS 212; 415.485.9432 (appointments) 415.485.9431
Disabled Students Program and Services (DSPS)
LC 115; 415.485.9406
Distance Education Support Center (DESC)
LC 121; 415.485.8811 ext. 7953

Emeritus (ESCOM)
SS 146; 415.485.9652
English as a Second Language (ESL)
AC 137; Credit/Noncredit ESL; 415.485.9642
English Lab/Writing Center
LRC 120; 415.485.9609
Extended Opportunity Programs and Services (EOPS)
LC 160; 415.485.9605
Financial Aid
SS 236; 415.485.9409
Food Service
SS 1st Floor; Fresh & Natural Café; 510.566.3339
Health Center
HS; 415.485.9458
Instructional Technology, Distance Education
LC 126; 415.485.9540
Intercollegiate Athletics
PE 16; 415.485.9580
International Student Admissions
SS 254; 415.883.2211 ext. 7719
Job Placement
SS 206; 415.485.9410
Library
LC 2nd Floor; 415.485.9656
Math Lab
SMN 129; 415.485.9608
Media Center/Language Lab
LC 110; 415.485.9645

Outreach and School Relations
SS 232; 415.485.9663
Puente Program
SS 241; 415.485.9375
Veterans Admissions Services
SS 254; 415.485.8811 ext. 7719

For More Information Call 415.485.9305

DIRECTIONS FROM HIGHWAY 101: Kentfield Campus, 835 College Ave., Kentfield
From Highway 101, take the San Anselmo exit (northbound) or the Sir Francis Drake Blvd. exit (southbound) and follow Sir Francis Drake Blvd. to College Ave. (seventh stoplight).

For Diamond Physical Education Center, Austin Center, Learning Resources Center (library and bookstore) and the Student Services Building (Admissions and Records), turn left on College Avenue. For Performing Arts Building (James Dunn Theatre and Fine Arts Gallery), Fine Arts Building, and Fusselman Hall, stay on Sir Francis Drake Blvd., turning left on Laurel Ave. Park in college parking lots.

For information about Parking Permits, please see page 39
Indian Valley Campus Map

Admissions and Records
Bldg. 27, East Hall, 1st Floor
415.457.8811 ext. 8822

Assessment and Testing Office
Bldg. 27, Rm. 125; 415.457.8811 ext. 7669

Bookstore
Bldg. 12, Rm. 105
415.457.8811 ext. 7394

CalWORKS
Bldg. 27, Rm. 104; 415.457.8811 ext. 7605

CalWORKS Employment Counseling
Bldg. 17, Rm. 101; 415.457.8811 ext. 7616

Campus Police
Bldg. 11, Rm. 103; Lost and Found and other non-emergencies 415.485.9696
In case of emergency, dial 911

Computer Lab
Career Study Center, Bldg. 17

Child Development Center
Bldg. 12, Rm. 105; 415.457.8811 ext. 8170

Counseling
Bldg. 27, Rm. 105 and 106
415.457.8811 ext. 7432

Disabled Students Program and Services (DSPS)
Bldg. 27, Rm. 104; 415.457.8811 ext. 7406

Early Head Start Infant Toddler Center
Bldg. 12, Rm. 120 and 121
415.457.8811 ext. 8171

Emeritus (ESCOM)
Bldg. 10; Rm. 140; 415.457.8811 ext. 8322

Extended Opportunity Programs and Services (EOPS)
Bldg. 27, Rm. 104; 415.457.8811 ext. 7605

Financial Aid
Bldg. 27, Rm. 107; 415.457.8811 ext. 8118

Food Service
Bldg. 27; Vending machines

Health Center
Bldg. 9, Rm. 121; 415.457.8811 ext. 7458

Intensive English Program (IEP)
Bldg. 3, Rm. 258; 415.457.8811 ext. 8579

International Student Admissions
Bldg. 27, 1st Floor East Hall
415.457.8811 ext. 8114

Job Placement
Bldg. 27, Rm. 103; 415.485.9410

Library
Bldg. 27, Rm. 124; 415.457.8811 ext. 8505

Media Center
Bldg. 27, Rm. 124; 415.457.8811 ext. 8505

Outreach and School Relations
Bldg. 17, Rm. 106; 415.457.8811 ext. 7663

Call for campus tours

Puente Program
Bldg. 27, Rm. 120; 415.485.9375
415.485.9432 counseling appointments

Student Affairs
Bldg. 27, Rm. 120; 415.457.8811 ext. 7676

Transfer and Career Center
Bldg. 27, Computer Area
415.457.8811 ext. 7671

Tutoring
Bldg. 17, 415.457.8811 ext. 7620

Veterans Admissions
Bldg. 27, East Hall, 1st Floor
415.457.8811 ext. 8114

Indian Valley Campus Map

DIRECTIONS FROM HIGHWAY 101: Indian Valley Campus, 1800 Ignacio Blvd., Novato
From Highway 101, take Ignacio Blvd. exit and continue on Ignacio Blvd. west (approx. two miles) to the Indian Valley Campus.

For Buildings 1, 2, 3, 4, 5, 6, 7 and 27 park in Lots 1 and 2.
For Fiscal Services, Buildings 8, 9, 10, 11, 12, 13, 14, 15, 16 and 17, park in Lots 3 and 4.
For Building 20, the pool, and the Organic Farm, park Lots 5 and 6.

For information about Parking Permits, please see page 39
College of Marin
Sports Camps

MARINERS YOUTH BASKETBALL CAMP
(8-13 YEARS OLD)
Session One: June 30 – July 3
Session Two: July 14 – July 17
Session Three: July 21 – July 24
Fee: $115.00/session
To Register: marin.edu/departments/Athletics

YOUTH BASEBALL CAMP
(9-13 YEARS OLD)
Session One: June 23 – June 26
Session Two: June 30 – July 3
Fee: $150.00/session
To Register: marinlearn.com

COM SUMMER SWIM 2014
OPEN RECREATIONAL & LAP SWIM

KENTFIELD CAMPUS POOL
June 16-Aug 17 (Closed July 4th)
Mon-Sun, 1-6 pm
August 23-31
Sat & Sun ONLY, 1-6 pm
415.485.9580

DAILY ADMISSION RATES
$6 Adults / $5 Students (w/ID)
Children under 13/Seniors (55+)/
Disabled: $4

MULTIPLE PURCHASE RATES
$50-10 Adult swims
$40-10 Students (w/ID)/Child swims
$30-10 Senior (55+)/Disabled swims

GROUP RATE
20 or more. $3 per participant per day
Purchase tickets at Swimming pool front gate prior to going to the pool. Cash & Check ONLY. Lifeguards will be on duty. Minors are required to complete wavier form signed by parent or guardian. No one under 14 is allowed in the pool w/o parent supervision.

Pool information call (415) 485-9578
Intensive ENGLISH PROGRAM

Academic English for new and transfer F-1 international students, au pairs, professionals, and Marin County non-native English speakers. Part-time and full-time options.

SPECIAL FEATURES
- TOEFL preparation
- Field trips around San Francisco Bay Area
- Peaceful learning environment and small class size for more practice time
- Easy transfer to credit program

WHEN
- Fall Semester 2014
  - Aug 19 to Dec 5, 2014
  - Application Deadline: July 17, 2014
- Spring Semester 2015
  - Jan 20 to May 15, 2015
  - Application Deadline: November 15, 2014

WHERE
- College of Marin
  - Indian Valley Campus
  - Novato, California, USA

CONTACT
- Sara Oser, IEP Coordinator
  - 415.883.2211, ext. 8579
  - www.marin.edu/iep
  - intensive.english@marin.edu

COST
- 8 week session $375 – $1175
- 16-week session $775 - $2,325
- F-1 students $2,500

SUMMER 2014
JUNE 16 - JULY 26